STUDENT RESOURCE HUB

Intellectual Wellness Physical Wellness

Group Exercise

Classes

Rock Climbing

Emotional Wellness

<u>LU Counseling and</u> <u>Psychological</u> Services

Student Health and Wellness

Liberty Mountain Equestrian Center

> LU Shepherd Counseling

24/7 Prayer

Challenging your Health Mindset

Montview Game room

Confidence Advocate

Global Center for Mental Health, Addiction, and Recovery

TRBC Counseling

Office of Spiritual Development

Spiritual

Wellness

Campus Community Archive

<u>CSER</u>

Find a Local Church

Meet your LU Shepherd

Appointment with Pastoral Counseling

> LU Shepherd Counseling

24/7 Prayer

TRBC Counseling

Tutoring Services

Jerry Falwell Library

<u>Challenging Your</u> <u>Health</u> Mindset Podcast

Student Writing Center

Student Advising Appointment

CASAS

LU Writing Style Formatting Guide

Library Book Club

Academic Peer-Mentor

Academic Success Courses

<u>Liberty Registrar's</u> <u>Office</u>

Creative Writing and Fiction Club

Academic Success Workshops Club

LU Swing Dancing

Intramural Sports

Liberty University Dining Nutrition

LU Dining Options

Lynchburg Community Market

LU Health and Wellness Nutrition <u>Resources</u>

Commuter Food Pantry

LU Trail Races

Gross' Farms

Student Health Center

LU Aquatics

David's Place



Scientific Research Society

Technical Studies Program

LU Honor Societies

LU Research Week

Virtual/Online Learning Tips & Techniques for Academic Success

Art Gallery

Student Art Clubs

<u>Center for</u> <u>Professional and</u> <u>Continuing Education</u>

LU Philosophy Club

<u>Hydaway Trail</u> <u>System</u>

<u>Challenge Ropes</u> <u>Course</u>

Personal Training/Trainers

Liberty Running Club

Cabin and Campsite <u>Rentals</u>

LU Powerlifting Club

Campus Rec Workout Tutorials

Equestrian Center



Environmental	Financial	Digital	Occupational	Social
Wellness	Wellness	Wellness	Wellness	Wellness
Environmental Health & Safety Liberty University Police Departme Snowflex Hydaway Campus Recreation Emergency Information	Financial LiteracyOffered GrantsStudent financial servicesScholarship search seminarsFinacial Literacy CourseFinancial Peer Mentorship	IT Helpdesk Digital Wellness Tips Challenging Your Health Podcast Online Engagement	Career Services Compass (Student Counseling Scheduling) Create a LinkedIn Profile Job Search - Handshake Washington Fellowship Program	Student Life on YammerOnline Student LifeStudent ActivitiesGirls Bible StudyAeronautics ClubsStudent Art ClubsMathematics ClubsArmy ROTC ClubsStudent Societies & Clubs



Follow Our Socials:

(a) liberty university (a) libertyosd (a) libertydining *ⓐ* libertycampusrec (a) delight liberty (a) libertyuniversityide (a) libertyudiv (a) lunaticsliberty (a) libertylaw1971 (a) lu events (a) libertysa (*a*) libertyusga (a) libertyucareers (a) lufellowships (a) libertyalumni (a) helmsschoolofgovernment (a) libertyubusiness (a) libertyunursing (a) libertylaw1971 (a) libertyfootball (a) libertymbb (a) libertymenslax (a) libertywyb *ⓐ* libertyworshipcollective (a) libertybaseball (a) libertymsoccer (a) libertycheerleading (a) lumocktrial (a) libertyreslife (a) libertywhky (a) libertywbb (a) experiencelu (a) sga senate @ libertymyb (a) libertyfh (a) libertyudanceteam (a) libertyulibrary (a) libertymtennis (a) libertyhockey d2 (a) lumensswimming (a) libertysb (a) libertywsoccer (a) libertyusca

(a) lutowertheater

(a) libertywlax(a) libertymedicine(a) libertyuniversityfacs

(a) luchampionnews

- @ libertywbb
- @ libertysa
- @ libertyhockey
- @ liberty_xctf
- @ luautoshow
- @ libertyu_bts
- @ lumootcourt
- @ lu_houseofdelegates
- @ lu_afrotc_det890
- @ lu_dwellingplace
- @ libertyustudenthealthandwellness
- @ libertycommunitylife
- @ lu_public_safety
- @ libertyubusiness
- @ lucommencement
- @ liberty_university_bjj
 - @ lumocktrial

