

# Safe and Drug-Free SCHOOLS AND COMMUNITIES

Alcohol and other substances, like marijuana, heroin, and over-the-counter drugs, have become extremely prevalent on college campuses across the United States ([DualDiagnosis.org](http://DualDiagnosis.org)). Liberty University seeks to educate its students, faculty, and staff about the effects these substances have on college students.

## FACTS AND STATS

Alcohol, marijuana, prescription medications (including stimulants such as Ritalin, Adderall, etc., central nervous system depressants, and narcotics), over-the-counter drugs, cocaine, heroin, and Ecstasy are the most commonly abused substances on college campuses ([DualDiagnosis.org](http://DualDiagnosis.org)).

College students make up one of the largest groups of drug abusers nationwide ([AddictionCenter.com](http://AddictionCenter.com)).

Young people (ages 18 to 24) are already at a heightened risk of addiction ([AddictionCenter.com](http://AddictionCenter.com)).

Over 1,800 college students between the ages of 18 and 24 die each year from unintentional alcohol-related injuries ([NIAAA.NIH.gov](http://NIAAA.NIH.gov)).

Daily marijuana use among college-aged young adults is at its highest since 1980, surpassing daily cigarette smoking for the first time in 2014 ([Drugabuse.org](http://Drugabuse.org)).

Marijuana use may have a wide range of physical and mental effects, including: breathing illnesses, possible harm to a fetus's brain in pregnant users, hallucinations, and paranoia ([Drugabuse.org](http://Drugabuse.org)).

Over 60 percent of admissions to emergency rooms are due to drug or alcohol usage ([Fit.edu/CAPS](http://Fit.edu/CAPS)).

Over 50 percent of all traffic accidents involve the use of drugs or alcohol, and many of these accidents are fatal ([Fit.edu/CAPS](http://Fit.edu/CAPS)).

# LIBERTY UNIVERSITY

OFFICE *of* COMMUNITY LIFE

If you or someone you know needs help overcoming a substance-related problem, please see the resources listed below.

## NEXT STEPS

### ***Liberty University Resources***

#### **Celebrate Recovery**

Thursdays at 7 p.m.

DeMoss Hall, Room 1113

CelebrateRecovery@liberty.edu

#### **LU Shepherd Office Residence**

Hall 17 LUShepherd@liberty.edu

#### **Student Counseling Services**

Green Hall, Room 1830

StudentCounselingServices@liberty.edu

(434) 582-2651

### ***Resources in Lynchburg***

#### **AA in Central Virginia**

(434) 847-4733

#### **Celebrate Recovery – Blue Ridge Community Church**

Sundays, 4:30-6:30 p.m.

2361 New London Rd., Forest, Va. 24551

(434) 525-7481

#### **Counseling Services at Thomas Road Baptist Church**

(434) 592-5630

#### **Roads to Recovery**

(434) 455-0053