

Safe and Drug-Free SCHOOLS AND COMMUNITIES

Alcohol and other substances, like marijuana, heroin, and over-the-counter drugs, have become extremely prevalent on college campuses across the United States (DualDiagnosis.org). Liberty University seeks to educate its students, faculty, and staff about the effects these substances have on college students.

FACTS AND STATS

Alcohol, marijuana, prescription medications (including stimulants such as Ritalin, Adderall, etc., central nervous system depressants, and narcotics), over-the-counter drugs, cocaine, heroin, and Ecstasy are the most commonly abused substances on college campuses (DualDiagnosis.org).

College students make up one of the largest groups of drug abusers nationwide (AddictionCenter.com).

Young people (ages 18 to 24) are already at a heightened risk of addiction (AddictionCenter.com).

Over 1,800 college students between the ages of 18 and 24 die each year from unintentional alcohol-related injuries (NIAAA.NIH.gov).

Daily marijuana use among college-aged young adults is at its highest since 1980, surpassing daily cigarette smoking for the first time in 2014 (Drugabuse.org).

Marijuana use may have a wide range of physical and mental effects, including: breathing illnesses, possible harm to a fetus's brain in pregnant users, hallucinations, and paranoia (Drugabuse.org).

Over 60 percent of admissions to emergency rooms are due to drug or alcohol usage (Fit.edu/CAPS).

Over 50 percent of all traffic accidents involve the use of drugs or alcohol, and many of these accidents are fatal (Fit.edu/CAPS).

LIBERTY UNIVERSITY

OFFICE *of* COMMUNITY LIFE

If you or someone you know needs help overcoming a substance-related problem, please see the resources listed below.

NEXT STEPS

Liberty University Resources

Celebrate Recovery

Thursdays at 7 p.m.

DeMoss Hall, Room 1113

CelebrateRecovery@liberty.edu

LU Shepherd Office Residence

Hall 17 LUShepherd@liberty.edu

Student Counseling Services

Green Hall, Room 1830

StudentCounselingServices@liberty.edu

(434) 582-2651

Resources in Lynchburg

AA in Central Virginia

(434) 847-4733

Celebrate Recovery – Blue Ridge Community Church

Sundays, 4:30-6:30 p.m.

2361 New London Rd., Forest, Va. 24551

(434) 525-7481

Counseling Services at Thomas Road Baptist Church

(434) 592-5630

Roads to Recovery

(434) 455-0053