

# My First Steps



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**"Don't do this alone! Find someone you respect who also is a follower of Jesus Christ to help you with this booklet."**

# Congratulations

YOU, MY YOUNG FRIEND, if you truly and sincerely gave your life to Jesus Christ, have started the greatest adventure possible—knowing our Creator personally through His Son, the Lord Jesus Christ. You are now in God's family and are His child. As we will see in the booklet, God has adopted you and you are part of a new family! You had a spiritual birth, which Jesus said we all need (John 3:3), and that now makes you a spiritual baby. That's okay, because we all start out in life, whether our physical life or our spiritual life, as a baby. Just like in our physical life we need to grow, so in our spiritual life we need to grow. I mean, babies are cute, but who wants to stay a baby, right

The purpose of this booklet is so you can see the beginning of your new life, what it takes to grow in your new life in the Lord Jesus Christ, and to challenge you to be His disciple (or follower). Now, get a Bible (this booklet uses the New International Version), a pen, a quiet place to study, and pray that God will help you. If you do not have a Bible, go online to [www.bible.com](http://www.bible.com) or [www.biblegateway.com](http://www.biblegateway.com). This is a great resource for you. In addition, the answers are in the back of the booklet. Remember, your Bible is God's very words to us and they are perfect. The Bible is like a road map. It gives the answers to all our problems and questions.

As you go through this, lean on someone you respect who also is a follower of Jesus Christ. Maybe this is someone your age or maybe it is an adult. Have them help you with this booklet. Although your new relationship with God is based on you and Him, we still all need big brothers and sisters. The Bible calls this our spiritual family. As you work through this booklet, it is good to meet with this person you respect at least once a week so they can see how you are coming and can answer any questions you WILL have.

May you enter your new adventure with the Lord with the same desire as a brand new baby is hungry for their first meal (1 Peter 2:2)!!! Remember, starting out as a baby is a cool thing but we don't want you to stay that way! So let's get into God's WORD and get strong!

Date I received Christ: \_\_\_\_/\_\_\_\_/\_\_\_\_.

Person helping me with my booklet: \_\_\_\_\_

**"So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness."  
—Colossians 2:6-7**



# Pretty Gross, Huh?

BEFORE I RECEIVED JESUS into my life, the Bible explains many things about my sad condition. You probably weren't even aware of how bad off you were before Jesus came into your life. None of us are! Let's take a look at what you used to be. (Don't worry...it gets better. This is your past!!!)

## **1. I was spiritually lost.**

Jesus said of those who receive salvation in Luke 19:9-10: "...Today \_\_\_\_\_ has come to this house, for the Son of Man (Jesus Christ) came to seek and to \_\_\_\_\_ what was \_\_\_\_\_."

## **2. I was spiritually dead in my sins.**

The Bible says in Ephesians 2:1: "As for you, who were \_\_\_\_\_ in your transgressions and \_\_\_\_\_."

## **3. I was spiritually separated from God and His Son Jesus Christ.**

The Bible says in Isaiah 59:2: "But your iniquities (your sin) have separated you from your God." Also the Bible says in Ephesians 2:12: "remember that at that time (before you were saved) you were \_\_\_\_\_ from Christ."

## **4. I was the enemy of God.**

The Bible says in Colossians 1:21: "Once you were alienated from \_\_\_\_\_ and were \_\_\_\_\_ in your minds because of your \_\_\_\_\_ behavior."

## **5. I was a follower of Satan and belonged to Him.**

Whether we knew it or not, the Bible says in Ephesians 2:2: "in which you used to live when you followed the \_\_\_\_\_ of this world and of the \_\_\_\_\_ of the kingdom of the air, the spirit who is now at \_\_\_\_\_ in those who are disobedient."

## **6. I was hopeless of eternal life.**

The Bible says in 1 Thessalonians 4:13: "Brothers, we do not want you to be ignorant about those who fall \_\_\_\_\_ (pass away), or to grieve like the rest who have no \_\_\_\_\_."

## **7. I was in darkness.**

The Bible says in Ephesians 5:8: "For you were once \_\_\_\_\_, but now you are \_\_\_\_\_ in the Lord."

**Let's turn this page fast so we can see who we are now that we are WITH Jesus Christ!**

# What Happened to Me?

WOW! YOU HAVE NO IDEA what happened to you the moment you received Jesus Christ into your life! That's okay if you don't yet know all the birthright facts. I don't think you remember too much when you were physically born either. Did you know your parents name, your home town, or how about the color of your eyes? I don't think so. Now that you have been born again, let's see what has changed!

## **1. I have become God's child!**

The Bible says in John 1:12: "Yet to \_\_\_\_\_ who received him (Christ), to those who believed in His name, he gave the right to become \_\_\_\_\_ of God."

## **2. I have been adopted by God!**

The Bible says in Ephesians 1:5: "He (God) predestined us to be \_\_\_\_\_ as his sons through \_\_\_\_\_, in accordance with his pleasure and will."

## **3. I have been forgiven of all my sin!**

The Bible says in Ephesians 1:7: "In him we have redemption through His \_\_\_\_\_, the \_\_\_\_\_ of sins, in accordance with the riches of God's \_\_\_\_\_."

## **4. I have been given eternal life in Heaven!**

The Bible says in John 3:15-16: "That \_\_\_\_\_ who believes in him (Christ) may have \_\_\_\_\_ life. For God so loved the world that he \_\_\_\_\_ his one and only Son, that whoever \_\_\_\_\_ in him shall not perish but have \_\_\_\_\_ life."

## **5. I have Christ living in me!**

The Bible says in Colossians 1:27: "To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is \_\_\_\_\_ in you, the hope of \_\_\_\_\_."



“ Yet to all who  
received Him...  
He gave the  
right to become  
children of God ”

—John 1:12



Therefore, if  
**anyone**  
is in  
**Christ,**  
he is a new  
**creation**  
—2 Corinthians 5:17

### **6. I have the Holy Spirit living in my body and I am His temple!**

The Bible says in Galatians 4:6: "Because you are sons, God sent the \_\_\_\_\_ of his Son into our hearts, the Spirit who call out Abba (Daddy), Father." And also in 1 Corinthians 6:19: "Do you not know that your \_\_\_\_\_ is a temple of the \_\_\_\_\_, who is \_\_\_\_\_ you, whom you have received from God? You are not own."

### **7. I have been made a new creation!**

The Bible says in 2 Corinthians 5:17: "Therefore, if anyone is in Christ, he is a new \_\_\_\_\_; the old has \_\_\_\_\_ the new has \_\_\_\_\_!"

### **8. I have God's guarantee He won't abandon me but will stay with me!**

The Bible says in Philippians 1:6: "Being \_\_\_\_\_ of this, that he who began a good work in you \_\_\_\_\_ carry it on to \_\_\_\_\_ until the day of Jesus Christ."

### **9. I have been given the righteousness of Jesus Christ covering me. This means, when God sees me, He sees the perfection of His Son covering me! What a trade!**

The Bible says in 2 Corinthians 5:21: "God made him who had no \_\_\_\_\_ (Jesus) to be sin for \_\_\_\_\_, so that in him we might become the \_\_\_\_\_ of God."

### **10. I have been put into a new family where God is my Father, Jesus is my stepbrother, and all believers are my brothers and sisters!**

The Bible says in Hebrews 2:11: "Both the one who makes men \_\_\_\_\_ (Jesus) and those who are made holy (all of us believers!) are of the same \_\_\_\_\_. So Jesus is not afraid to call them \_\_\_\_\_."

If you think that's a lot of great things that God has given you at salvation, you're just starting! Your new adventure with God as His child will show you even greater things as you continue to grow up in maturity!



# How Do I Grow?

WHAT DO YOU THINK a new born baby needs in order to grow up healthy and strong? Food? Sure, but what type of food? What else does a baby need? Attention? Of course there should be someone to take an interest and concern in the child. Anything else? How about someone to love and talk to the baby, to protect it, to watch over it and help it grow up so that one day the child will be an adult?

Let's take a look at some vital needs we all have as new born children of God in order for us to mature into a man or woman of God.

## 1. I need to read my Bible every day.

The Bible says in Acts 17:11: "Now the Bereans were of more noble character than the Thessalonians, for they \_\_\_\_\_ the message with great eagerness and \_\_\_\_\_ the Scriptures \_\_\_\_\_ to see if what Paul said was true."

## 2. I need to talk with God in prayer.

The Bible says in Colossians 4:2: "Devote yourselves to \_\_\_\_\_, being watchful and \_\_\_\_\_."

## 3. I need to spend time with other believers, both in a large group (church/youth group) and in small group times (personal relationships).

The Bible says we need both! For the Bible says in Acts 2:46: "Every \_\_\_\_\_ they continued to together in the temple courts (or church). They broke bread in their \_\_\_\_\_ (outside church) and ate together with glad and sincere hearts."

## 4. I need to share with others what Jesus has done for me.

The Bible says in Luke 8:38-39: "The man from whom the demons had gone out begged to go with him, but Jesus sent him away, saying, 'Return home and \_\_\_\_\_ how much God has done for you.' So the man went away and \_\_\_\_\_ all over \_\_\_\_\_ how much \_\_\_\_\_ had done for him."

“If you **REMAIN**  
in me, and my

**WORDS**

remain in you,

**ask**

whatever you wish,

and it will be

**GIVEN** you.”

—John 15:7





**5. I need to publicly identify with Jesus Christ by being baptized.**

The Bible says in Acts 2:41: "Those who accepted his (Peter's) message were \_\_\_\_\_, and about three thousand were added to their number that day."

**6. I need to do everything in my life that would be the way Jesus would do it.**

The Bible says in 1 John 2:6: "Whoever claims to live in him (Jesus) must \_\_\_\_\_ (live) as Jesus did."

This is our goal as a believer. We are to have a genuine, dynamic relationship with Jesus Christ and with His people so that we can carry on His work. We are His representatives and how people see us is how they see Jesus. All the world needs to know God's plan of salvation! And God has chosen us to be the ones to share His plan!

In closing, remember that like in any relationship, the only way to get closer is to spend time with that person and to do things to please them. Spend time with Jesus through the Word and prayer and do what He wants you to do to please Him. May God bless you in your new adventure as a follower of Jesus Christ!

# Suggested Resources and Helps

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Here are some online resources to help you in your faith in Jesus Christ.

## **“Questions about God?” (How do I know this is true?)**

[www.allaboutgod.com](http://www.allaboutgod.com) (basic to advanced)

[www.answersingenesis.org](http://www.answersingenesis.org) (basic to advanced)

[www.carm.org](http://www.carm.org) (moderate to advanced)

[www.summit.org/resource](http://www.summit.org/resource) (basic to advanced)

## **“Questions about Life?” (How do I grow as a follower of Christ?)**

[www.allaboutgod.com](http://www.allaboutgod.com) \*growth helps

[www.hutchcraft.com](http://www.hutchcraft.com) \*start with “Next Steps”

[www.troubledwith.com](http://www.troubledwith.com) \*breakdown of issues

## **“Hurting and want to talk with someone?”**

[www.teenhopeline.com](http://www.teenhopeline.com)

[www.troubledwith.com](http://www.troubledwith.com)

So many of these web sites have great links to other Christian ministries and organizations. Remember, the family of God is a big family and is here to help!

Don't forget to check out [www.scaremare.com](http://www.scaremare.com)!

# Scripture Verses With Answers

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## **Pretty Gross, Huh!**

1. salvation, seek, save
2. dead, sins
3. separate
4. God, enemies, evil
5. ways, ruler, work
6. asleep, hope
7. darkness, light

## **What Happened to Me?**

1. all, children
2. adopted, Jesus Christ
3. blood, forgiveness, grace
4. everyone, eternal, gave, believes, eternal
5. Christ, glory
6. Spirit, body, Holy Spirit, in
7. creation, gone, come
8. confident, will, completion
9. sin, us, righteousness
10. holy, family, brothers

## **How Can I Grow?**

1. received, examined, every day
2. prayer, thankful
3. day, homes
4. tell, told, town, Jesus
5. baptized
6. walk