

**Important:** This degree plan is effective for those starting this degree program in fall 2024 through summer 2025. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

#### GENERAL EDUCATION/

#### FOUNDATIONAL SKILLS REQUIREMENTS (40-43 hours)

| Course   |                               | Hrs | Sem   | Grade |
|--|-------------------------------|-----|-------|-------|
| <b>Communication &amp; Information Literacy (12 hours)<sup>1</sup></b> |                               |     |       |       |
| ENGL 101   | Composition & Rhetoric        | 3   | _____ | _____ |
| _____  | Communications Elective       | 3   | _____ | _____ |
| _____  | Information Literacy Elective | 3   | _____ | _____ |
| _____  | Information Literacy Elective | 3   | _____ | _____ |

#### Technological Solutions & Quantitative Reasoning (4-7 hours)<sup>1</sup>

|            |                                    |     |       |       |
|------------|------------------------------------|-----|-------|-------|
| UNIV 101   | Foundational Skills                | 1   | _____ | _____ |
| MATH _____ | Math Elective (MATH 114 or higher) | 3   | _____ | _____ |
| _____      | Technology Competency <sup>2</sup> | 0-3 | _____ | _____ |

#### Critical Thinking (5 hours)<sup>1</sup>

|          |   |   |       |       |
|----------|---|---|-------|-------|
| RLGN 105 | Intr Bwvw/Contemp Moral Issues <sup>4</sup> | 2 | _____ | _____ |
| _____    | Critical Thinking Elective                  | 3 | _____ | _____ |

#### Civic & Global Engagement (5 hours)<sup>1</sup>

|          |  |   |       |       |
|----------|--|---|-------|-------|
| EVAN 101 | Evangelism & Christian Life <sup>3</sup> | 2 | _____ | _____ |
| _____    | Cultural Studies Elective                | 3 | _____ | _____ |

#### Social & Scientific Inquiry (6 hours)<sup>1</sup>

|       |                                      |   |       |       |
|-------|--------------------------------------|---|-------|-------|
| _____ | Natural Science Elective             | 3 | _____ | _____ |
| _____ | Social Science Elective <sup>4</sup> | 3 | _____ | _____ |

#### Christianity & Contexts (8 hours)<sup>1</sup>

|          |                                 |   |       |       |
|----------|---------------------------------|---|-------|-------|
| BIBL 105 | Old Testament Survey            | 2 | _____ | _____ |
| BIBL 110 | New Testament Survey            | 2 | _____ | _____ |
| THEO 201 | Theology Survey I <sup>3</sup>  | 2 | _____ | _____ |
| THEO 202 | Theology Survey II <sup>3</sup> | 2 | _____ | _____ |

#### Major Foundational Courses (4-18 hours)

| Course   |   | Hrs | Sem   | Grade |
|----------|---|-----|-------|-------|
| BIOL 203 | Introductory Microbiology <sup>5</sup>                | 4   | _____ | _____ |
| BIOL 213 | Human Anatomy & Physiology I <sup>5,6</sup>           | 3   | _____ | _____ |
| BIOL 214 | Human Anatomy & Physiology I Lab <sup>5,6</sup>       | 1   | _____ | _____ |
| BIOL 215 | Human Anatomy & Physiology II <sup>5,6</sup>          | 3   | _____ | _____ |
| BIOL 216 | Human Anatomy & Physiology II Lab <sup>5,6</sup>      | 1   | _____ | _____ |
| HLTH 216 | Personal Health <sup>5</sup>                          | 3   | _____ | _____ |
| MATH 201 | Introduction to Probability & Statistics <sup>5</sup> | 3   | _____ | _____ |

#### MAJOR

##### Core (22 hours)

|          |  |   |       |       |
|----------|--|---|-------|-------|
| CRST 290 | History of Life                        | 3 | _____ | _____ |
| HLTH 301 | Foundations of Public Health           | 3 | _____ | _____ |
| HLTH 350 | Intro. to Public & Community Health    | 3 | _____ | _____ |
| HLTH 370 | Intro. to Enviro. Hazards & Response   | 3 | _____ | _____ |
| HLTH 420 | Principles of Bhvr. Ch. & Hlth. Couns. | 3 | _____ | _____ |
| HLTH 444 | Principles of Epidemiology & Biostat.  | 3 | _____ | _____ |
| HLTH 453 | Program Planning & Eval. In Hlth. Ed.  | 3 | _____ | _____ |
| NURS 105 | Medical Terminology                    | 1 | _____ | _____ |

##### Concentration (32 hours)

|             |   |   |       |       |
|-------------|---|---|-------|-------|
| CHEM 107    | Essentials of General & Organic Chemistry | 4 | _____ | _____ |
| HLTH 252    | Drugs in Society                          | 3 | _____ | _____ |
| HLTH 330    | Human Nutrition                           | 3 | _____ | _____ |
| HLTH 332    | Principles of Food Preparation            | 4 | _____ | _____ |
| HLTH 332L   | Principles of Food Preparation Lab        | 0 | _____ | _____ |
| HLTH 334    | Life Cycle Nutrition                      | 3 | _____ | _____ |
| HLTH 430    | Community Nutrition                       | 3 | _____ | _____ |
| HLTH 432    | Preventative Nutrition                    | 3 | _____ | _____ |
| HLTH 488    | Chronic & Infectious Diseases             | 3 | _____ | _____ |
| HLTH 496    | Special Topics in Nutrition               | 3 | _____ | _____ |
| HLTH 498    | Public Health Senior Seminar              |   | _____ | _____ |
| or HLTH 499 | Pro Internship in Health Promotion        | 3 | _____ | _____ |

#### FREE ELECTIVES (5-22 hours)

|       |       |       |       |       |
|-------|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |

#### Notes

All applicable prerequisites must be met

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in foundational skills requirements

<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 & EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 & THEO 202 waived

<sup>4</sup>PSYC 101 is strongly recommended

<sup>5</sup>Courses may also fulfill select General Education Requirements. Please refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened)

<sup>6</sup>A minimum grade of "C" is required in BIOL 213, 214, 215, & 216

Suggested Course Sequence on second page

#### Graduation Requirements

120 Total Hours

2.0 Overall grade point average

30 Hours must be upper-level courses (300-400 level)

Grade of 'C' Minimum required for all upper-level courses in the major

50% Of major and concentration taken through Liberty University

30 Hours must be completed through Liberty University

Grad App Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

CSER All requirements must be satisfied before a degree will be awarded

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

| First Semester                                       |     | Second Semester                            |       |
|--|-----|--|-------|
| BIBL 105   | 2   | BIBL 110                                   | 2     |
| ENGL 101   | 3   | BIOL 215                                   | 3     |
| UNIV 101   | 1   | BIOL 216                                   | 1     |
| Information Literacy Elect. <sup>1</sup> [HLTH 216]  | 3   | RLGN 105                                   | 2     |
| Natural Science Elective <sup>1</sup> [BIOL 213/214] | 3/1 | Communications Elective <sup>1</sup>       | 3     |
| NURS 105   | 1   | Information Literacy Elective <sup>1</sup> | 3     |
| CSER   | 0   | Technology Competency <sup>2</sup>         | 0-3   |
| Total  | 14  | CSER                                       | 0     |
|  |     | Total                                      | 14-17 |

### SOPHOMORE YEAR

|                                       |    |   |    |
|---------------------------------------|----|---|----|
| THEO 201                              | 2  | Critical Thinking Elective <sup>1</sup> | 3  |
| Math Elective <sup>1</sup> [MATH 201] | 3  | THEO 202                                | 2  |
| HLTH 252                              | 3  | CHEM 107                                | 4  |
| HLTH 301                              | 3  | HLTH 330                                | 3  |
| Elective                              | 3  | HLTH 350                                | 3  |
| CSER                                  | 0  | CSER                                    | 0  |
| Total                                 | 14 | Total                                   | 15 |

### JUNIOR YEAR

|  |    |          |    |
|--|----|----------|----|
| Cultural Studies Elective <sup>1</sup> | 3  | BIOL 203 | 4  |
| Social Science Elective <sup>1,3</sup> | 3  | CRST 290 | 3  |
| HLTH 332                               | 4  | HLTH 334 | 3  |
| HLTH 332L                              | 0  | HLTH 430 | 3  |
| HLTH 370                               | 3  | HLTH 453 | 3  |
| HLTH 420                               | 3  | CSER     | 0  |
| CSER                                   | 0  | Total    | 16 |
| Total                                  | 16 |          |    |

### SENIOR YEAR

|          |    |                        |    |
|----------|----|------------------------|----|
| EVAN 101 | 2  | HLTH 432               | 3  |
| HLTH 444 | 3  | HLTH 498 <u>or</u> 499 | 3  |
| HLTH 488 | 3  | Elective               | 3  |
| HLTH 496 | 3  | Elective               | 3  |
| Elective | 3  | Elective               | 3  |
| Elective | 1  | CSER                   | 0  |
| CSER     | 0  | Total                  | 15 |
| Total    | 15 |                        |    |

#### Notes

*All applicable prerequisites must be met*

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<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>PSYC 101 is strongly recommended