

**Important:** This degree plan is effective for those starting this degree program in fall 2023 through summer 2024. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

## GENERAL EDUCATION/

### FOUNDATIONAL SKILLS REQUIREMENTS (44-47 hours)

Course		Hrs	Sem	Grade
<b>Communication &amp; Information Literacy (13 hours)<sup>1</sup></b>				
ENGL 101	Composition & Rhetoric	3	_____	_____
INQR 101	Inquiry 101	1	_____	_____
_____	Communications Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____

### **Technological Solutions & Quantitative Reasoning (4-7 hours)<sup>1</sup>**

UNIV 101	Foundational Skills	1	_____	_____
MATH _____	Math Elective (MATH 114 or higher)	3	_____	_____
_____	Technology Competency <sup>2</sup>	0-3	_____	_____

### **Critical Thinking (8 hours)<sup>1</sup>**

RLGN 105	Intr Bwvw/Contemp Moral Issues <sup>4</sup>	2	_____	_____
RSCH 201	Research 201	3	_____	_____
_____	Critical Thinking Elective	3	_____	_____

### **Civic & Global Engagement (5 hours)<sup>1</sup>**

EVAN 101	Evangelism & Christian Life <sup>3</sup>	2	_____	_____
_____	Cultural Studies Elective	3	_____	_____

### **Social & Scientific Inquiry (6 hours)<sup>1</sup>**

_____	Natural Science Elective	3	_____	_____
_____	Social Science Elective <sup>4</sup>	3	_____	_____

### **Christianity & Contexts (8 hours)<sup>1</sup>**

BIBL 105	Old Testament Survey	2	_____	_____
BIBL 110	New Testament Survey	2	_____	_____
THEO 201	Theology Survey I <sup>3</sup>	2	_____	_____
THEO 202	Theology Survey II <sup>3</sup>	2	_____	_____

BIOL 203	Introductory Microbiology <sup>5</sup>	4	_____	_____
BIOL 213	Human Anatomy & Physiology I <sup>5,6</sup>	3	_____	_____
BIOL 214	Human Anatomy & Physiology I Lab <sup>5,6</sup>	1	_____	_____
BIOL 215	Human Anatomy & Physiology II <sup>5,6</sup>	3	_____	_____
BIOL 216	Human Anatomy & Physiology II Lab <sup>5,6</sup>	1	_____	_____
HLTH 216	Personal Health <sup>5</sup>	3	_____	_____
MATH 201	Introduction to Probability & Statistics <sup>5</sup>	3	_____	_____

Course		Hrs	Sem	Grade
<b>Major Foundational Courses (4-18 hours)</b>				

### MAJOR

#### Core (22 hours)

CRST 290	History of Life	3	_____	_____
HLTH 301	Foundations of Public Health	3	_____	_____
HLTH 350	Intro. to Public & Community Health	3	_____	_____
HLTH 370	Intro. to Enviro. Hazards & Response	3	_____	_____
HLTH 420	Principles of Bhvr. Ch. & Hlth. Couns.	3	_____	_____
HLTH 444	Principles of Epidemiology & Biostat.	3	_____	_____
HLTH 453	Program Planning & Eval. In Hlth. Ed.	3	_____	_____
NURS 105	Medical Terminology	1	_____	_____

#### Concentration (32 hours)

CHEM 107	Essentials of General & Organic Chemistry	4	_____	_____
HLTH 252	Drugs in Society	3	_____	_____
HLTH 330	Human Nutrition	3	_____	_____
HLTH 332	Principles of Food Preparation	4	_____	_____
HLTH 332L	Principles of Food Preparation Lab	0	_____	_____
HLTH 334	Life Cycle Nutrition	3	_____	_____
HLTH 430	Community Nutrition	3	_____	_____
HLTH 432	Preventative Nutrition	3	_____	_____
HLTH 488	Chronic & Infectious Diseases	3	_____	_____
HLTH 496	Special Topics in Nutrition	3	_____	_____
HLTH 498	Public Health Senior Seminar	3	_____	_____
or HLTH 499	Pro Internship in Health Promotion	3	_____	_____

### FREE ELECTIVES (1-18 hours)

_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

#### Notes

All applicable prerequisites must be met

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in foundational skills requirements

<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 & EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 & THEO 202 waived

<sup>4</sup>PSYC 101 is strongly recommended

<sup>5</sup>Courses may also fulfill select General Education Requirements. Please refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened)

<sup>6</sup>A minimum grade of "C" is required in BIOL 213, 214, 215, & 216

*Suggested Course Sequence on second page*

#### **Graduation Requirements**

**120** Total Hours

**2.0** Overall grade point average

**30** Hours must be upper-level courses (300-400 level)

**Grade of 'C'** Minimum required for all upper-level courses in the major

**50%** Of major and concentration taken through Liberty University

**30** Hours must be completed through Liberty University

**Grad App** Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

**CSER** All requirements must be satisfied before a degree will be awarded

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

First Semester		Second Semester	
BIBL 105	2	BIBL 110	2
ENGL 101	3	BIOL 215	3
INQR 101	1	BIOL 216	1
UNIV 101	1	RLGN 105	2
Information Literacy Elect. <sup>1</sup> [HLTH 216]	3	Communications Elective <sup>1</sup>	3
Natural Science Elective <sup>1</sup> [BIOL 213/214]	3/1	Information Literacy Elective <sup>1</sup>	3
NURS 105	1	Technology Competency <sup>2</sup>	0-3
CSER	<u>0</u>	CSER	<u>0</u>
Total	15	Total	14-17

### SOPHOMORE YEAR

RSCH 201	3	Critical Thinking Elective <sup>1</sup>	3
THEO 201	2	THEO 202	2
Math Elective <sup>1</sup> [MATH 201]	3	CHEM 107	4
HLTH 252	3	HLTH 330	3
HLTH 301	3	HLTH 350	3
CSER	<u>0</u>	CSER	<u>0</u>
Total	14	Total	15

### JUNIOR YEAR

Cultural Studies Elective <sup>1</sup>	3	BIOL 203	4
Social Science Elective <sup>1,3</sup>	3	CRST 290	3
HLTH 332	4	HLTH 334	3
HLTH 332L	0	HLTH 430	3
HLTH 370	3	HLTH 453	3
HLTH 420	3	CSER	<u>0</u>
CSER	<u>0</u>	Total	16
Total	16		

### SENIOR YEAR

EVAN 101	2	HLTH 432	3
HLTH 444	3	HLTH 498 <u>or</u> 499	3
HLTH 488	3	Elective	3
HLTH 496	3	Elective	3
Elective	3	Elective	3
Elective	1	CSER	<u>0</u>
CSER	<u>0</u>	Total	15
Total	15		

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<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>PSYC 101 is strongly recommended