

Master of Science in Human Performance (M.S.)

Fitness and Wellness Cognate

2022-2023 Degree Completion Plan

CORE COU	RSES (17 hours)	<u>Hrs</u>	<u>Sem</u>	<u>Grade</u>
EXSC 510	Advanced Exercise Physiology	3		
EXSC 511	Advanced Exercise Physiology Lab	1		
EXSC 520	Statistical Analysis in Exercise Science	3		
EXSC 525	Research Methods in Exercise Science	3		
EXSC 550	Advanced Biomechanical Analysis	3		
EXSC 551	Advanced Biomechanical Analysis Lab	1		
HLTH 645	Performance Nutrition for the Physically Active	3		
FITNESS &				
EXSC 633	Exercise & Phys. Activity for People with Disabilities	3		
EXSC 640	Public Health and Physical Activity	3		
EXSC 650	Promoting Physical Activity in the Community	3		
EXSC 660	Fitness Assessment & Programming	3		
THESIS OR	INTERNSHIP COURSES (6 hours) ¹			
EXSC 689	Thesis Proposal & Design ²	3		
EXSC 690	Thesis Defense	3		
	TOTAL HOURS	35		

Graduation Requirements

Complete 35 hours

A maximum of 50% of the program hours may be transferred if approved and allowable, including credit from an earned degree from Liberty University on the same academic level $\,$

3.0 GPA

No more than 2 grades of C may be applied to the degree (includes grades of C+&C-) No grade of D or below may be applied to the degree (includes grades of D+&D-) Liberty University course work that is more than 10 years old may not be applied towards this degree. Students are required to repeat the course if it has exceeded the age limit

Degree must be completed within 5 years

Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date

Offered in Resident and Online Format

Note

All applicable prerequisites must be met

¹Students may take EXSC 699 instead of EXSC 689 and 690

²Any thesis student who is not ready for enrollment in EXSC 690 after completing EXSC 689 may be required, as determined by the student's thesis chair, to repeat EXSC 689 until deemed ready for enrollment in EXSC 690

Suggested Course Sequence on second page

Revised: 02.16.2022 Effective: Catalog Term 2022.40

SUGGESTED COURSE SEQUENCE

First Semester		_	Second Semester		
EXSC 510		3	EXSC 550		3
EXSC 511 ¹		1	EXSC 551 ¹		1
EXSC 520		3	EXSC 640		3
EXSC 525		<u>3</u>	HLTH 645		3
	Total	10		Total	10

Third Semester			Fourth Semester		
EXSC 633		3	EXSC 660		3
EXSC 650		3	EXSC 690 ^{2, 3}		3
EXSC 689 ^{2, 3}		<u>3</u>		Total	6
	Total	9			

Notes

Revised: 02.16.2022 Effective: Catalog Term 202240

¹Course offered as an Intensive

 $^{^2}Students\ may\ take\ EXSC\ 699^4\ instead\ of\ EXSC\ 689\ and\ 690$

³Any thesis student who is not ready for enrollment in EXSC 690 after completing EXSC 689 may be required, as determined by the student's thesis chair, to repeat EXSC 689 until deemed ready for enrollment in EXSC 690

⁴EXSC 699 is one 6 credit course that should be completed in the final semester