Important: This degree plan is effective for those starting this degree program in fall 2019 through summer 2020. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

## GENERAL EDUCATION/

## FOUNDATIONAL SKILLS REQUIREMENTS (44-47 hours)

| Course |  | $\underline{\mathrm{Hrs}}$ | Sem | Grade | Course |  | $\underline{\text { Hrs }}$ | Sem | Grade |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Communication \& Information Literacy (13 hours) ${ }^{\mathbf{1}}$ |  |  |  |  | Major Foundational Courses (4-8 hours) |  |  |  |  |
| ENGL 101 | Composition \& Rhetoric | 3 |  |  | BIOL 213 | Human Anatomy \& Physiology $\mathrm{I}^{6,7}$ | 3 |  |  |
| INQR 101 | Inquiry 101 | 1 |  |  | BIOL 214 | Human Anatomy \& Physiology I Lab ${ }^{6,7}$ | 1 |  |  |
|  | Communications Elective | 3 |  |  | BIOL 215 | Human Anatomy \& Physiology II ${ }^{6,7}$ | 3 |  |  |
|  | Information Literacy Elective | 3 |  |  | BIOL 216 | Human Anatomy \& Physiology II Lab ${ }^{6,7}$ | 1 |  |  |
|  | Information Literacy Elective | 3 |  |  |  |  |  |  |  |

## Technological Solutions \& Quantitative Reasoning (4-7 hours) ${ }^{1}$

| UNIV 101 | University Core Competencies | 1 |  |  |
| :--- | :--- | :---: | :--- | :--- |
| MATH $^{-}$ | Math Elective (MATH 114 or higher) ${ }^{\mathbf{2}}$ | 3 | - |  |
|  | Technology Competency ${ }^{3}$ | $0-3$ | - | - |

## Critical Thinking (8 hours) ${ }^{1}$

| RLGN 105 | Intr Bwvw/Contemp Moral Issues ${ }^{4}$ | 2 |  |  |
| :--- | :--- | :--- | :--- | :--- |
| RSCH 201 | Research 201 | 3 | - | - |
|  | Critical Thinking Elective | 3 | - | - |

Civic \& Global Engagement (5 hours) ${ }^{1}$

| EVAN 101 | Evangelism \& Christian Life ${ }^{4}$ <br>  <br> Cultural Studies Elective |
| :--- | :--- |

Social \& Scientific Inquiry (6 hours) ${ }^{1}$


## FREE ELECTIVES (9-16 hours)

[^0]Course Hrs Sem Grade
Major Foundational Courses (4-8 hours)

## MAJOR

CRST 290
HLTH 216
HLTH 301
HLTH 350
HLTH 370
HLTH 420
HLTH 444
HLTH 453
NURS 105

Core (25 hours)
History of Life
Personal Health
Foundations of Public Health Intro. to Public \& Community Health Intro. to Enviro. Hazards \& Response Principles of Bhvr. Ch. \& Hlth. Couns. Principles of Epidemiology \& Biostat. Program Planning \& Eval. In Hlth. Ed. Medical Terminology


Concentration (31 hours)
HLTH 330
HLTH 488
Human Nutrition

HLTH 498
or HLTH 499
Pro Internship in Health Promotion
HLTH
Health Elective ${ }^{8}$
College Algebra


## Notes

All applicable prerequisites must be met
${ }^{1}$ Refer to the list of approved general education electives at www.liberty.edu/gened before enrolling in foundational skill requirements
${ }^{2}$ MATH 201 is strongly recommended
${ }^{3}$ All students must pass the Computer Assessment OR complete applicable INFT course; refer to www.liberty.edu/computerassessment for more information
${ }^{4}$ Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 \& EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 \& THEO 202 waived
${ }^{5}$ PSYC 101 is strongly recommended
${ }^{6}$ Courses may also fulfill select General Education Requirements. Please refer to the list of approved general education electives at www.liberty.edu/gened
${ }^{7}$ A minimum grade of " C " is required in BIOL 213, 214, 215 \& 216
${ }^{8}$ Choose from a 300-400 level HLTH course not already required in the major
${ }^{9}$ Choose from BIOL 203 or 303, CHEM 121, 122, 301, 302, PHYS 201, or 202
Suggested Course Sequence on second page

## SUGGESTED COURSE SEQUENCE

## FRESHMAN YEAR

| First Semester |  | Second Semester |  |
| :---: | :---: | :---: | :---: |
| BIBL 105 | 2 | BIBL 110 | 2 |
| ENGL 101 | 3 | BIOL 215 | 3 |
| INQR 101 | 1 | BIOL 216 | 1 |
| UNIV 101 | 1 | RLGN 105 | 2 |
| Natural Science Elective ${ }^{1}$ [BIOL 213/214] | 3/1 | Communications Elective ${ }^{1}$ | 3 |
| HLTH 216 | 3 | Information Literacy Elective ${ }^{1}$ | 3 |
| NURS 105 | 1 | Technology Competency ${ }^{2}$ | 0-3 |
| CSER | $\underline{0}$ | CSER | $\underline{0}$ |
| Total | 15 |  | Total 14-17 |

## SOPHOMORE YEAR

| RSCH 201 | 3 | THEO 202 | 2 |
| :--- | :--- | :--- | :--- |
| THEO 201 | 2 | Critical Thinking Elective ${ }^{\mathbf{1}}$ | 3 |
| Math Elective ${ }^{\mathbf{1 , 3}}$ | 3 | HLTH 350 | 3 |
| HLTH 301 | 3 | MATH 121 | 3 |
| Science Elective ${ }^{4}$ | 4 | Science Elective ${ }^{4}$ | 4 |
| CSER | $\underline{0}$ | CSER | $\underline{0}$ |
|  | Total | 15 |  |

## JUNIOR YEAR

| Information Literacy Elective ${ }^{1}$ |  | 3 | EVAN 101 |  | 2 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Social Science Elective ${ }^{1,5}$ |  | 3 | Cultural Studies Elective ${ }^{1}$ |  | 3 |
| HLTH 370 |  | 3 | HLTH 330 |  | 3 |
| HLTH 420 |  | 3 | HLTH 453 |  | 3 |
| Science Elective ${ }^{4}$ |  | 4 | Science Elective ${ }^{4}$ |  | 4 |
| CSER |  | $\underline{0}$ | CSER |  | $\underline{0}$ |
|  | Total | 16 |  | Total | 15 |


| CRST 290 |  | 3 | HLTH 498 or 499 |
| :--- | :--- | :--- | :--- |
| HLTH 444 | 3 | Elective | 3 |
| HLTH 488 | 3 | Elective | 3 |
| Health Elective ${ }^{6}$ | 3 | Elective | 3 |
| Elective | 3 | Elective | 3 |
| CSER | $\underline{0}$ | CSER | 3 |
|  | Total | 15 |  |
| $\underline{0}$ |  |  |  |

[^1]
[^0]:    Graduation Requirements
    120 Total Hours
    2.0 Overall grade point average

    30 Hours must be upper-level courses (300-400 level)
    Grade of ' $\mathbf{C}$ ' Minimum required for all upper-level courses in the major
    $\mathbf{5 0 \%}$ Of major and concentration taken through Liberty University
    30 Hours must be completed through Liberty University
    Grad App Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
    CSER All requirements must be satisfied before a degree will be awarded

[^1]:    Notes
    All applicable prerequisites must be met
    ${ }^{1}$ Refer to the list of approved general education electives at www.liberty.edu/gened before enrolling in core competency requirements
    ${ }^{2}$ All students must pass the Computer Assessment OR complete applicable INFT course; refer to www.liberty.edu/computerassessment for more information
    ${ }^{3}$ MATH 201 is strongly recommended
    ${ }^{4}$ Choose from BIOL 203 or 303, CHEM 121, 122, 301, 302, PHYS 201, or 202
    ${ }^{5}$ PSYC 101 is strongly recommended
    ${ }^{6}$ Choose from a 300-400 level HLTH course not already required in the major

