

**Important:** This degree plan is effective for those starting this degree program in fall 2018 through summer 2019. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

**GENERAL EDUCATION/**

**CORE COMPETENCY REQUIREMENTS (44-47 hours)**

Course		Hrs	Sem	Grade
<b>Communication (6 hours)<sup>1</sup></b>				
ENGL 101	Composition & Rhetoric	3	_____	_____
_____	Communications Elective	3	_____	_____
<b>Math, Science &amp; Technology (7-10 hours)<sup>1</sup></b>				
MATH _____	Math Elective (MATH 114 or higher) <sup>2</sup>	3	_____	_____
_____	Natural Science Elective	3	_____	_____
_____	Technology Competency <sup>3</sup>	0-3	_____	_____
UNIV 101	University Core Competencies	1	_____	_____
<b>Information Literacy (7 hours)<sup>1</sup></b>				
INQR 101	Inquiry 101	1	_____	_____
_____	Composition Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____
<b>Critical Thinking (12 hours)<sup>1</sup></b>				
RSCH 201	Research 201	3	_____	_____
_____	Literature OR Philosophy Elective	3	_____	_____
_____	Social Science Elective <sup>4</sup>	3	_____	_____
_____	Cultural Studies Elective	3	_____	_____
<b>Christian Life &amp; Thought (12 hours)<sup>1,5</sup></b>				
BIBL 105	Old Testament Survey	2	_____	_____
BIBL 110	New Testament Survey	2	_____	_____
EVAN 101	Evangelism & Christian Life	2	_____	_____
RLGN 105	Intr Bwvw/Contemp Moral Issues	2	_____	_____
THEO 201	Theology Survey I	2	_____	_____
THEO 202	Theology Survey II	2	_____	_____

**Major Foundational Courses (4-8 hours)<sup>6</sup>**

Course		Hrs	Sem	Grade
BIOL 213	Human Anatomy & Physiology I <sup>7</sup>	3	_____	_____
BIOL 214	Human Anatomy & Physiology I Lab <sup>7</sup>	1	_____	_____
BIOL 215	Human Anatomy & Physiology II <sup>7</sup>	3	_____	_____
BIOL 216	Human Anatomy & Physiology II Lab <sup>7</sup>	1	_____	_____

**MAJOR**

<u>Core (24-25 hours)</u>				
CRST 290	History of Life	2-3	_____	_____
HLTH 216	Personal Health	3	_____	_____
HLTH 301	Foundations of Public Health	3	_____	_____
HLTH 350	Intro. to Public & Community Health	3	_____	_____
HLTH 370	Intro. to Enviro. Hazards & Response	3	_____	_____
HLTH 420	Principles of Bhvr. Ch. & Hlth. Couns.	3	_____	_____
HLTH 444	Principles of Epidemiology & Biostat.	3	_____	_____
HLTH 453	Program Planning & Eval. In Hlth. Ed.	3	_____	_____
NURS 105	Medical Terminology	1	_____	_____

Concentration (32 hours)

BIOL 203	Introductory Microbiology	4	_____	_____
CHEM 107	Essentials of General and Organic Chem	4	_____	_____
EXSC 310	Physiology of Exercise	3	_____	_____
HLTH 252	Drugs in Society	3	_____	_____
HLTH 330	Human Nutrition	3	_____	_____
HLTH 452	Methods & Materials in Comm. Hlth Ed	3	_____	_____
HLTH 488	Chronic & Infectious Diseases	3	_____	_____
HLTH 499	Prof. Internship in Hlth. Promotion	3	_____	_____
HLTH _____	Health Elective <sup>8</sup>	3	_____	_____
HLTH _____	Health Elective <sup>8</sup>	3	_____	_____

**FREE ELECTIVES (8-16 hours)**

_____	_____	-	_____	_____
_____	_____	-	_____	_____
_____	_____	-	_____	_____

**Notes**

*All applicable prerequisites must be met*

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in core competency requirements

<sup>2</sup>MATH 201 is strongly recommended

<sup>3</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>4</sup>PSYC 101 is strongly recommended

<sup>5</sup>Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 & EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 & THEO 202 waived

<sup>6</sup>Major Foundational Courses can also fulfill General Education/Core Competency requirements as applicable

<sup>7</sup>A minimum grade of "C" is required in BIOL 213, 214, 215 & 216

<sup>8</sup>Choose from a 100-400 level HLTH course not already required in the major

*Suggested Course Sequence on second page*

**Graduation Requirements**

**120** Total Hours

**2.0** Overall grade point average

**30** Hours must be upper-level courses (300-400 level)

**Grade of 'C'** Minimum required for all upper-level courses in the major

**50%** Of major and concentration taken through Liberty University

**30** Hours must be completed through Liberty University

**Grad App** Submission of Graduation Application must be completed within the last semester of a student's anticipated graduation date

**CSER** All requirements must be satisfied before a degree will be awarded

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

First Semester		Second Semester	
BIBL 110	2	BIBL 105	2
ENGL 101	3	EVAN 101	2
INQR 101	1	Communications Elective <sup>1</sup>	3
RLGN 105	2	Natural Science Elective <sup>1</sup> [BIOL 213/214]	3/1
UNIV 101	1	CRST 290	2-3
Cultural Studies Elective <sup>1</sup>	3	NURS 105	1
Social Science Elective <sup>1,2</sup>	3	HLTH 216	3
CSER	<u>0</u>	CSER	<u>0</u>
Total	15	Total	17-18

### SOPHOMORE YEAR

BIOL 215	3	Information Literacy Elective <sup>1</sup>	3
BIOL 216	1	Literature <u>or</u> Philosophy Elective <sup>1</sup>	3
RSCH 201	3	CHEM 107	4
Technology Competency <sup>3</sup>	0-3	HLTH 301	3
HLTH 252	3	HLTH 370	3
HLTH 350	3	CSER	<u>0</u>
CSER	<u>0</u>	Total	16
Total	13-16		

### JUNIOR YEAR

THEO 201	2	Composition Elective <sup>1</sup>	3
Math Elective <sup>1,4</sup>	3	THEO 202	2
BIOL 203	4	HLTH 330	3
EXSC 310	3	HLTH 452	3
HLTH 420	3	HLTH 488	3
CSER	<u>0</u>	Elective	3
Total	15	CSER	<u>0</u>
		Total	17

### SENIOR YEAR

HLTH 444	3	HLTH 499	3
HLTH 453	3	Health Elective <sup>5</sup>	3
Health Elective <sup>5</sup>	3	Elective	3
Elective	3	Elective	3
Elective	3	CSER	<u>0</u>
CSER	<u>0</u>	Total	14
Total	15		

#### Notes

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