

**Important:** This degree plan is effective for those starting this degree program in fall 2019 through summer 2020. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

#### GENERAL EDUCATION/

#### FOUNDATIONAL SKILLS REQUIREMENTS (44-47 hours)

Course		Hrs	Sem	Grade
<b>Communication &amp; Information Literacy (13 hours)<sup>1</sup></b>				
ENGL 101	Composition & Rhetoric	3	_____	_____
INQR 101	Inquiry 101	1	_____	_____
_____	Communications Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____
_____	Information Literacy Elective	3	_____	_____

#### Technological Solutions & Quantitative Reasoning (4-7 hours)<sup>1</sup>

UNIV 101	University Core Competencies	1	_____	_____
MATH _____	Math Elective (MATH 114 or higher)	3	_____	_____
_____	Technology Competency <sup>2</sup>	0-3	_____	_____

#### Critical Thinking (8 hours)<sup>1</sup>

RLGN 105	Intr Bwvw/Contemp Moral Issues <sup>3</sup>	2	_____	_____
RSCH 201	Research 201	3	_____	_____
_____	Critical Thinking Elective	3	_____	_____

#### Civic & Global Engagement (5 hours)<sup>1</sup>

EVAN 101	Evangelism & Christian Life <sup>3</sup>	2	_____	_____
_____	Cultural Studies Elective	3	_____	_____

#### Social & Scientific Inquiry (6 hours)<sup>1</sup>

_____	Natural Science Elective	3	_____	_____
_____	Social Science Elective	3	_____	_____

#### Christianity & Contexts (8 hours)<sup>1</sup>

BIBL 105	Old Testament Survey	2	_____	_____
BIBL 110	New Testament Survey	2	_____	_____
THEO 201	Theology Survey I <sup>3</sup>	2	_____	_____
THEO 202	Theology Survey II <sup>3</sup>	2	_____	_____

#### Major Foundational Courses (4-11 hours)

Course		Hrs	Sem	Grade
BIOL 213	Human Anatomy & Physiology I <sup>4,5</sup>	3	_____	_____
BIOL 214	Human Anatomy & Physiology I Lab <sup>4,5</sup>	1	_____	_____
BIOL 215	Human Anatomy & Physiology II <sup>4,5</sup>	3	_____	_____
BIOL 216	Human Anatomy & Physiology II Lab <sup>4,5</sup>	1	_____	_____
PSYC 210	Developmental Psychology <sup>4</sup>	3	_____	_____

#### MAJOR

<b>Core (27 hours)</b>				
CRST 290	History of Life	3	_____	_____
EXSC 310	Physiology of Exercise	3	_____	_____
EXSC 311	Analysis of Human Movement	3	_____	_____
EXSC 320	Measurement & Eval. in Health & Kine.	3	_____	_____
HLTH 216	Personal Health	3	_____	_____
HLTH 330	Human Nutrition	3	_____	_____
PHED 101	Physical Fitness	1	_____	_____
PHED 208	Motor Learning	2	_____	_____
PHED 209	Motor Learning Lab	1	_____	_____
PHED 225	Weight Training/Conditioning	1	_____	_____
PHED 335	Adapted Physical Activity	2	_____	_____
PHED 336	Adapted Physical Activity Lab	1	_____	_____
PHED _____	Physical Education Elective <sup>6</sup>	1	_____	_____

#### Concentration (29 hours)

HLTH 252	Drugs in Society	3	_____	_____
HLTH 402	The School Health Program <sup>7</sup>	3	_____	_____
HLTH 440	Methods/Res in Teach App. Sci. in Sch. <sup>8</sup>	2	_____	_____
PHED 200	Basketball/Soccer	1	_____	_____
PHED 201	Track & Field/Flag Football <sup>7</sup>	1	_____	_____
PHED 202	Racquet Sports <sup>7</sup>	1	_____	_____
PHED 203	Tumbling & Rhythmic Activities	1	_____	_____
PHED 204	Softball/Volleyball	1	_____	_____
PHED 205	Innovative Games <sup>8</sup>	1	_____	_____
PHED 207	History & Foundations of Physical Ed. <sup>8</sup>	2	_____	_____
PHED 245	PE Observations in Schools	1	_____	_____
PHED 405	Admin./Org. of PE Exercise/Fitness <sup>8</sup>	3	_____	_____
PHED 450	Elementary Physical Education Methods <sup>7</sup>	3	_____	_____
PHED 451	Secondary Physical Education Methods <sup>8</sup>	3	_____	_____
SMGT 300	Introduction to Coaching	3	_____	_____

#### Additional Requirements

First Aid/CPR Certification	Date Completed: _____
Swimming Proficiency	Date Completed: _____

#### Graduation Requirements

- 126 Total Hours
- 2.0 Overall grade point average
- 31.5 Hours must be upper-level courses (300-400 level)
- Grade of 'C' Minimum required for all upper-level courses in the major
- 50% Of major and concentration taken through Liberty University
- 31.5 Hours must be completed through Liberty University
- Grad App Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
- CSER All requirements must be satisfied before a degree will be awarded

**This degree requires Teacher Licensure. See second page for specific course information**

#### Notes

All applicable prerequisites must be met

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in foundational skill requirements

<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 & EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 & THEO 202 waived

<sup>4</sup>Courses may also fulfill select General Education Requirements. Please refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened)

<sup>5</sup>Minimum grade of "C" is required

<sup>6</sup>Choose from PHED 216-240

<sup>7</sup>Course offered in spring only

<sup>8</sup>Course offered in fall only

*Suggested Course Sequence on third page*

**TEACHER LICENSURE (22 hours)<sup>1</sup>**

<b><u>Course</u></b>		<b><u>Hrs</u></b>	<b><u>Sem</u></b>	<b><u>Grade</u></b>
EDUC 125	Introduction to Education	1	_____	_____
EDUC 221	Content Area Read/Differentiated Teaching and Learning	2	_____	_____
EDUC 240	Introduction to Applied Educational Technology Practicum	2	_____	_____
EDUC 360	Foundations of Education	2	_____	_____
EDUC 476	Student Teaching I	5	_____	_____
EDUC 477	Student Teaching II	5	_____	_____
HLTH 441	Methods/Res. in Teaching Applied Sci. in School Practicum <sup>2</sup>	1	_____	_____
PHED 322	PE Student Aide: Elementary <sup>3</sup>	1	_____	_____
PHED 325	PE Student Aide: Secondary <sup>2</sup>	1	_____	_____
PHED 435	Seminar for Student Teachers	2	_____	_____

<sup>1</sup> Refer to [www.liberty.edu/uguide](http://www.liberty.edu/uguide) for licensure information. 3.0 GPA required for Teacher Licensure

<sup>2</sup> Offered fall semester only

<sup>3</sup> Offered spring semester only

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

First Semester		Second Semester	
BIBL 110	2	BIBL 105	2
ENGL 101	3	BIOL 215	3
INQR 101	1	BIOL 216	1
UNIV 101	1	RLGN 105	2
Natural Science Elective <sup>1</sup> [BIOL 213/214]	3/1	Communications Elective <sup>1</sup>	3
EDUC 125	1	Information Literacy Elective <sup>1</sup>	3
HLTH 216	3	EDUC 221	2
PHED 101	1	PHED 225	1
PHED 207 <sup>2</sup>	2	CSER	0
CSER	0		
		Total	17
Total	18		

### SOPHOMORE YEAR

EVAN 101	2	THEO 202	2
THEO 201	2	Information Literacy Elective <sup>1</sup>	3
RSCH 201	3	Social Science Elective <sup>1</sup> [PSYC 210]	3
Critical Thinking Elective <sup>1</sup>	3	EDUC 240	2
Math Elective <sup>1</sup>	3	HLTH 252	3
Technology Competency <sup>3</sup>	0-3	PHED 208	2
CSER	0	PHED 209	1
		CSER	0
Total 13-16		Total	16

### JUNIOR YEAR

EDUC 360	2	EXSC 311	3
CRST 290	3	EXSC 320	3
EXSC 310	3	HLTH 330	3
PHED 200	1	HLTH 402 <sup>4</sup>	3
PHED 204	1	PHED 201 <sup>4</sup>	1
PHED 205 <sup>2</sup>	1	PHED 202 <sup>4</sup>	1
PHED 245	1	PHED 322 <sup>4</sup>	1
PHED 335	2	PHED 450 <sup>4</sup>	3
PHED 336	1	CSER	0
CSER	0		
Total	15	Total	18

### SENIOR YEAR

Cultural Studies Elective <sup>1</sup>	3	EDUC 476	5
HLTH 440 <sup>2</sup>	2	EDUC 477	5
HLTH 441 <sup>2</sup>	1	PHED 435	2
PHED 203	1	CSER	0
PHED 325 <sup>2</sup>	1		
PHED 405 <sup>2</sup>	3	Total	12
PHED 451 <sup>2</sup>	3		
SMGT 300	3		
PHED Elective <sup>5</sup>	1		
CSER	0		
Total	18		

#### Notes

*All applicable prerequisites must be met*

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in core competency requirements

<sup>2</sup>Course offered in fall only

<sup>3</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>4</sup>Course offered in spring only

<sup>5</sup>Choose from PHED 216-240