

**Important:** This minor plan is effective for those starting in the fall 2024 through summer 2025. This minor plan will remain in effect for students who do not break enrollment or who do not change minors.

#### REQUIRED COURSES (15 hours)

|   |   | <u>Hrs</u> | <u>Sem</u> | <u>Grade</u> |
|---|---|------------|------------|--------------|
| EXSC 302                                      | Exercise & Sports Injuries                  | 2          | _____      | _____        |
| PHED 101                                      | Physical Fitness                            | 1          | _____      | _____        |
| PHED 208                                      | Motor Learning                              | 2          | _____      | _____        |
| PHED 209                                      | Motor Learning Lab                          | 1          | _____      | _____        |
| PHED 225                                      | Weight Training & Conditioning              | 1          | _____      | _____        |
| PHED _____                                    | Physical Education Elective (300-400 level) | 3          | _____      | _____        |
| SMGT 300                                      | Introduction to Coaching                    | 3          | _____      | _____        |
| <i>Choose two courses from the following:</i> |   |            |            |              |
| PHED 200                                      | Basketball/Soccer                           | 1          | _____      | _____        |
| PHED 201                                      | Track & Field/Flag Football                 | 1          | _____      | _____        |
| PHED 202                                      | Racquet Sports                              | 1          | _____      | _____        |
| PHED 203                                      | Tumbling & Rhythmic Activities              | 1          | _____      | _____        |
| PHED 204                                      | Softball/Volleyball                         | 1          | _____      | _____        |
| PHED 205                                      | Innovative Games                            | 1          | _____      | _____        |
| <b>TOTAL HOURS</b>                            |   | <b>15</b>  |            |              |

#### **Completion Requirements**

15 total hours

25% of the minor must be taken through Liberty University

Minimum grade of 'C' required for all upper-level courses in the Minor

#### **Notes**

*All applicable prerequisites must be met*