

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

PSYC 309

HEALTHY SEXUALITY

COURSE DESCRIPTION

This course provides a foundational understanding of healthy sexuality based on a psychological and Scriptural foundation. Special attention is given to foundations of sexual development, sexual enrichment, challenges, and brokenness, and controversial issues surrounding healthy sexuality.

RATIONALE

Our pressing concern at the inception of class is that *God cares about how we perceive, understand, and behave in regards to our sexuality*. This course seeks to meet that challenge by equipping students to biblically guide individuals towards healthy sexuality.

I. PREREQUISITE

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

II. REQUIRED RESOURCE PURCHASE

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio/video output equipment
- B. Internet access (broadband recommended)
- C. Microsoft Word
(Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Identify the major sexual problems facing today's churches and the origins of modern sexual distortions.
- B. Describe God's plan for a person's love life from first attraction through each married season of life.
- C. Recognize the miracle of sexuality and reproduction, and understand the basic biology of sexual differentiation.
- D. Understand the biblical and theological parameters that attend to adolescent sexuality, romantic relationships, and dating.
- E. Recognize the categories and specific diagnoses of sexual dysfunction.

- F. Identify and implement intervention strategies for sex offenders and victims.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and lecture presentations/notes

- B. Course Requirements Checklist

After reading the Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

- C. Discussion Board Forums (6)

The student will complete 6 Discussion Board Forums that specifically relate to the weekly reading. Each Forum will be completed in 2 parts: 1) the student will submit a thread in answer to the question provided no later than 11:59 p.m. (ET) on Friday of the module/week assigned (350 word minimum), and 2) the student will then post replies to at least 2 other classmates' threads no later than 11:59 p.m. (ET) on Monday of the same module/week (200 word minimum each). The only exception is in Module/Week 8 when the replies are due by 11:59 p.m. on Friday. All initial posts and replies should cite the course materials or external research for full credit.

MLO's A, B, C, D, E, F

- D. Perspectives on Sexuality Paper

The student will write a 3-4 page paper outlining their views on healthy sexuality. Specifically, what are the essential elements that characterize healthy sexuality and in what ways do they contribute to an individual's wholeness and wellbeing? The student should support their perspectives with content presented within the class (textbook, presentations, etc.) and 5 external sources. Papers should be written in APA format, including a title page, abstract, and reference page. This paper will be due by 11:59 p.m. (ET) on Monday of Module/Week 4.

MLO's B, C, D

- E. Healthy Sexuality Research Paper

The student will identify a topic on sexuality from the content presented in class. Using 10 current peer reviewed/ scholarly articles on the topic, the student will write a 6-8 page paper. The paper will concisely summarize each article, compare and contrast with the course material, and provide practical applications for the therapeutic context. Papers should be written in APA format, including a title page, abstract, and reference page. This paper will be due by 11:59 p.m. (ET) on Monday of Module/Week 7.

MLO's A, D, E, F

- F. Exams (5)

The student will complete 5 exams which cover the material presented in the presentations and lecture notes. Each exam is open book/open notes and comprised of 40 multiple-choice and true/false questions. All exams will be due by 11:59 p.m. (ET) on Monday of the assigned module/week with the exception of Exam 5, which will be due by 11:59 p.m. on Friday of Module/Week 8.

VI. COURSE GRADING AND POLICIES

- A. Points

Course Requirements Checklist	10
Discussion Board Forums (6 at 50 pts ea)	300
Perspectives on Sexuality Paper	100
Healthy Sexuality Research Paper	200
Exams (5 at 80 pts ea)	400
Total	1010

B. Scale

A = 900–1010 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport

COURSE SCHEDULE

PSYC 309

Textbook: Balswick & Balswick, *Authentic Human Sexuality* (2008).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Balswick & Balswick: chs. 1–2 4 presentations 1 lecture notes	Course Requirements Checklist DB Forum 1	10 50
2	Balswick & Balswick: chs. 3–4 4 presentations 2 lecture notes	DB Forum 2 Exam 1	50 80
3	Balswick & Balswick: chs. 5–6 4 presentations 1 lecture notes	DB Forum 3 Exam 2	50 80
4	Balswick & Balswick: chs. 7–8 4 presentations 1 lecture notes	Perspectives on Sexuality Paper	100
5	Balswick & Balswick: chs. 9–10 4 presentations 2 lecture notes	DB Forum 4 Exam 3	50 80
6	Balswick & Balswick: chs. 11–12 4 presentations 1 lecture notes	DB Forum 5 Exam 4	50 80
7	Balswick & Balswick: chs. 13–14 4 presentations 1 lecture notes	Healthy Sexuality Research Paper	200
8	Balswick & Balswick: chs. 15–16 2 presentations 1 lecture notes	DB Forum 6 Exam 5	50 80
TOTAL			1010

DB = Discussion Board

NOTE: Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.