Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should <u>not</u> be used to purchase course materials.

COURSE SYLLABUS

MILT 325
RESILIENT MARRIAGE AND FAMILY

COURSE DESCRIPTION

This course addresses precepts essential to the development of healthy and resilient military marriages and families. Topics include pre-deployment preparation, deployment, and post-deployment reintegration. Special emphasis is given to the stresses, challenges, and therapeutic needs of military families.

RATIONALE

Work and family are two significant life domains. The course covers the relationship between the work organization and the family in the United States military. Counselors and other mental health professionals are increasingly encountering client populations that are impacted by concerns related to military operations. Service members and their families have been subjected to frequent and extended deployments during wars that have had far-reaching influence on the military families and society as a whole. A bio-psycho-social-spiritual framework will be used for understanding military families and the Service members who defend our nation.

I. **PREREQUISITE**

   For information regarding prerequisites for this course, please refer to the Academic Course Catalog.

II. **REQUIRED RESOURCE PURCHASE**

   Click on the following link to view the required resource(s) for the term in which you are registered: http://bookstore.mbsdirect.net/liberty.htm

III. **RECOMMENDED RESOURCES**

   Monetti, T., & Monetti, P. (2011). *Called to serve: Encouragement, support, and inspiration for military families*. Discovery House Publishers.

IV. **ADDITIONAL MATERIALS FOR LEARNING**

   A. Computer with basic audio/video output equipment

   B. Internet access (broadband recommended)

   C. Microsoft Office

V. **MEASURABLE LEARNING OUTCOMES**

   Upon successful completion of this course, the student will be able to:

   A. Identify the key constructs in the marriage and family literature and connect them to military couples and families.

B.   Analyze a military family stress or challenge using the literature and a biblical worldview and formulate appropriate interventions and strategies.

C.   Construct an effective prevention program using the literature and a biblical worldview to help military families with deployment issues.

D.   Synthesize the relevant information on a particular stress or challenge of military families.

VI.   **COURSE REQUIREMENTS AND ASSIGNMENTS**

A.   Textbook readings and lecture presentations

B.   Course Requirements Checklist

After reading the Course Syllabus and <u>Student Expectations</u>, the student will complete the related checklist found in Module/Week 1.

C.   Discussion Board Forums (4)

Discussion boards are collaborative learning experiences. Therefore, the student will complete 4 Discussion Board Forums throughout the course. Threads to the prompt must be a minimum 350 words, and replies to at least 1 classmate's thread must be a minimum of 200 words. (Relates to Learning Outcomes A, B, C, and D)

D.   Project Presentation Topic Submission

In preparation for the Project Presentation that is due later in the course, the student will explore topic ideas relating to military families that he/she would like to use for his/her presentation and identify a specific topic for the presentation. (Relates to Learning Outcome A)

E.   Project Presentation Outline

In preparation for the Project Presentation that is due later in the course, the student will complete an outline of the presentation for the instructor to review and provide feedback. (Relates to Learning Outcomes B, C, and D)

F.   Policy Paper

The student will write a Policy Paper regarding military family policy based on relevant research. The student must present evidence bearing all sides of the policy and make a recommendation on the basis of the weight of the evidence. (Relates to Learning Outcome B)

G.   Project Presentation

The student will create a presentation on a topic relating to military families. The project must include the use of PowerPoint and a document that outlines how the presentation would be given. (Relates to Learning Outcomes A, B, C, and D)

H.   Reading Report

Required reading is essential for successfully accomplishing the objectives of this course. Recommended reading can further enhance the student's knowledge base and prepare him/her for a more meaningful career but is not required to be

included in the reading report. The student will submit an estimate of a percentage of the required reading that he/she has completed for the course. (Relates to Learning Outcome A)

I.   Exams (3)

There will be 3 objective exams throughout the course. The exams will consist of multiple-choice and true/false questions. The student is NOT permitted to consult with anyone on the exams, take the exams in groups, or share answers. Integrity, professionalism, and godly comportment are expected. (Relates to Learning Outcome A)

VII.   COURSE GRADING AND POLICIES

A.   Points

Course Requirements Checklist		10
Discussion Board Forums (4 at 50 pts ea)		200
Project Presentation Topic Submission		25
Project Presentation Outline		100
Policy Paper		175
Project Presentation		250
Reading Report		100
Exam 1	(Modules 1–2)	50
Exam 2	(Modules 3–4)	50
Exam 3	(Modules 5–8)	50
	Total	1010

B.   Scale

A = 900–1010   B = 800–899   C = 700–799   D = 600–699   F = 0–599

C.   Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport

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COURSE SCHEDULE

MILT 325

Textbooks: DeCarvalho & Whealin, *Healing Stress in Military Families* (2012).
Moore, *Handbook of Counseling Military Couples* (2012).
Petty, *Deployment Strategies for Working with Kids in Military Families* (2009).

MODULE/ WEEK	READING & STUDY	ASSIGNMENTS	POINTS
1	Moore: intro; chs. 2–3, 8, 17 4 presentations	Course Requirements Checklist DB Introductions Forum DB Forum 1	10 0 50
2	DeCarvalho & Whealin: intro; chs. 1–4 2 presentations 1 website	Project Presentation Topic Submission Exam 1	25 50
3	DeCarvalho & Whealin: intro; chs. 5–8 1 presentations 1 website	Project Presentation Outline	100
4	Moore: chs. 10–11, 14–15 1 presentation	DB Forum 2 Exam 2	50 50
5	Moore: chs. 9, 12–13, 18 1 presentation 3 websites	Policy Paper	175
6	Petty: chs. 1–5 2 presentations	DB Forum 3	50
7	Petty: chs. 6–9, afterword 1 presentation	Project Presentation	250
8	Moore: chs. 4–7 1 presentation 1 website	DB Forum 4 Reading Report Exam 3	50 100 50
		TOTAL	1010

DB = Discussion Board

NOTE: Each course module/week (except Module/Week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.