

Liberty Intensive Packaged Meal Menus

- Because we can't always anticipate all dietary needs/restrictions, we wanted to provide sample menus for our Intensive guests. Please note that we will always attempt to work with your needs, but in some cases the meal options may be limited by said needs. Please also note that these menus are subject to change.
- Please note that based on the size of the student group we have each session we alter our meal planning and dining service. We are unable to confirm which meal service will apply until the week of the session.

Restaurant Menus (Applies for smaller groups of students)

Monday/Wednesday Night

Appetizers

Chicken Wings - BBQ, Teriyaki, Hot, or Mild

Maryland Crabcake Appetizer

Caesar Salad

Specialties

Blackened Chicken Sandwich w/ Belgian Fries

Atlantic Salmon w/Mashed Potatoes,

Grilled Asparagus, Buerre Blanc

All American Burger w/ Belgian Fries

Sweets

Old Homestead Creamery Brownie Sundae

Carrot Cake w/ Whipped Cream

Tuesday/Thursday Night

Appetizers

Daily Soup

Wedge Salad w/Bleu Cheese, Bacon, Egg, and Tomato

Chicken Wings - BBQ, Teriyaki, Hot, or Mild

Specialties

BLT w/ Lemon Pepper Mayo & Belgian Fries

Grilled Flat Iron Steak w/Mashed Potatoes,

Grilled Asparagus, and Red Wine Butter

Caesar Salad w/ Choice of Chicken, Steak or Salmon

Sweets

Belgian Waffle, Ice Cream, and Caramel Sauce

Brownie Sundae, Vanilla Ice Cream and Chocolate Sauce

Buffet Menus (Applies to larger groups of students)

Monday

Tuesday

Wednesday

Thursday

Chefs Choice Protein

Spaghetti & Meatballs

Turkey Breast w/ Gravy

Fried Chicken

Chefs Choice Protein

Chicken Parmesan

Grilled Hamsteaks w/ Fruit

Grilled Flat Irons

Salsa

Graves Mill Mac & Cheese

Vegetable Ratatouille

Garlic Mashed Potatoes

Scalloped Potatoes

Southern Style Green Beans

Italian Style Roasted Red

Broccoli & Cauliflower

Honey Roasted Carrots

Potatoes

Gratin

House Salad Bar

Caesar Salad

House Salad Bar

House Salad Bar

Assorted Cakes

Lemon Bars & Brownies

Assorted Cookies

Chefs Choice Desserts

Please note that family members are not able to eat from the buffets, and will be given a limited menu from which to order.