

**Note:**

**Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.**

## ***COURSE SYLLABUS***

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### **CEFS 601**

#### **MARRIAGE AND FAMILY COUNSELING I**

#### **COURSE DESCRIPTION**

This course considers the dynamics of marriage and family relationships from a systems perspective. The emphasis is on understanding family and other systems theories, the structure and function of marriage, various aspects of the marital relationship and family systems, and models of family and systemic interventions. Considerations from a historical perspective are presented along with current developments within marriage and family systemic models.

#### **RATIONALE**

This course is designed to cover the numerous and varied marriage and family theories as well as the history of marriage and family therapy. The information in this course is designed to equip counselor trainees for practice and to successfully complete the licensure exam.

CEFS 601 is a required course in the 48- and 60-hour licensure programs and is intended to introduce the student to the concept and philosophy of marriage and family therapy. The student will be required to understand the systems philosophy and six major theoretical frameworks within the marriage and family therapy field. The student will understand such core content areas as: marriage and family history, key theoretical figures, ethics and legal matters, counseling issues, some techniques, current trends, and future themes. This is the first marriage and family course; thus, it is designed to teach foundational materials necessary to pass state licensure examinations. For a more in-depth and deeper level of understanding, demonstration, and skill development, the CEFS 602 course may be taken when offered.

***Method of Instruction:*** This 8 week course is delivered in an online format, with *Blackboard®* as the primary instructional delivery method. Students complete one module per week over the duration of the course.

#### **Mission and Vision of the Center for Counseling & Family Studies**

**Liberty University** seeks to change the world by graduating students of competence, character, and wisdom, who model a grace-filled community and engage the larger culture. As a community of scholars and professionals who embrace a broad Christian worldview we in the Center for Counseling and Family Studies are committed to developing therapists who are competent clinicians and professionals, able to evaluate and apply personal and professional values to the practice of psychotherapy, and respectful of individuals and families and the cultural contexts that shape them.

#### **I. PREREQUISITE**

For information regarding prerequisites for this course, please refer to the [Academic Course Catalog](#).

**II. REQUIRED RESOURCE PURCHASE**

Click on the following link to view the required resource(s) for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

**III. ADDITIONAL MATERIALS FOR LEARNING**

- A. Computer with basic audio/video equipment
- B. Internet access (broadband recommended)
- C. Blackboard [recommended browsers](#)
- D. Microsoft Word
- E. GenoPro Software

The student will need this software to complete his/her Family Genogram Project. A university license for free downloads has been purchased for the CEFS 601 and COUN 504 student. The student will use the address below to download the software to his/her laptop or desktop computer:

[GenoPro Software](#)

Do not download the tree trial form the home page entrance to GenoPro, but use the .exe link found behind this blue hyperlink. This is a school license that has been purchased for all students taking this course.

GenoPro is a Windows platform software, but the student can run GenoPro on his/her Macintosh. However, the student will need special software. The minimal software requirements are Windows for Mac and Parallels or VMware Fusion. If the student has an old Mac, he/she can run GenoPro on Virtual PC. For complete directions on how to accomplish this, see the link below:

[GenoPro Software for Mac](#)

- F. The Holy Bible

**IV. MEASURABLE LEARNING OUTCOMES**

Upon successful completion of this course, the student will be able to:

**Common Core Courses Matrix of Student Competencies**

<i>F.2 Social and Cultural Diversity</i>	
<b>CACREP Standard</b>	<b>Course/Experience – Learning Experiences</b>
F.2.b. theories and models of multicultural counseling, cultural identity development, and social justice and advocacy	<a href="#">CEFS 601</a> Marriage and Family Therapy – Group DB Forum 3 activity discussion related to Culturally sensitivity, ethical behaviors and profession practice,
F.2.c. † multicultural counseling competencies	<a href="#">CEFS 601</a> Marriage and Family Therapy – Exam 1 (Ch 1-4); Exam 2 (Ch 5, 7-9); Exam 3 (Ch 10-12); Exam 4 (Ch 13 -15), Group Discussion Board 3

F.2.d. the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others	<a href="#">CEFS 601</a> Marriage and Family Therapy – Case Presentation, Ethics Application, Family Genogram Project, Family Counseling Approach Research Paper
F.2.h. strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination	<a href="#">CEFS 601</a> Marriage and Family Therapy – Family Genogram Project, Family Counseling Approach Research Paper
<i>F.3 Human Growth &amp; Development</i>	
F.3.a. theories of individual and family development across the life span	<a href="#">CEFS 601</a> Marriage and Family Therapy – Family Counseling Approach Research Paper
<i>F.5 Counseling and Helping Relationships</i>	
F.5.b. a systems approach to conceptualizing clients	<a href="#">CEFS 601</a> Marriage and Family Therapy – Family Genogram Project, Family Counseling Approach Research Paper

## V. COURSE REQUIREMENTS AND ASSIGNMENTS

### A. **Textbook readings and lecture presentations** (MLO: A, B, C, D, E, F, H, K)

See Appendix A.

### B. **Course Requirements Checklist**

After reading the Course Syllabus and [Student Expectations](#), the student will complete the related checklist found in Module/Week 1.

### C. **Group Discussion Board Forums (6)**

For this collaborative discussion board, the instructor will place the student into a group at the beginning of the course. Each group will be assigned based on alphabetically listed last names. The student will complete 6 Group Discussion Board Forums throughout this course. The student is required to create a thread in response to the provided prompt for each forum. Each thread must be at least 500 words and demonstrate course-related knowledge. In addition to the thread, the student is required to reply to 1 classmate's thread. Each reply must be at least 400 words. Each reply must cite at least 1 source. These discussion board activities are designed to allow the student to discuss, articulate, analyze, and integrate the various aspects of marriage and family counseling as well as learn how faith can be integrated within counseling (MLO: A, C, D, F, G, H, K, L). See Appendix B.

### D. **Family Genogram Project**

The student will use the GenoPro software and the McGoldrick et al. textbook to prepare a family genogram of at least 3 generations of his/her family system. The student will also write a 5-page paper in current APA format analyzing his/her genogram (MLO: C, D, E, F, G, I, L). See Appendix C.

### E. **Family Counseling Approach Research Paper**

The student will write a research paper/formal literature review on 1 of the specific approaches to family counseling. The research portion of the paper must be at least 6 pages in current APA format and must use a minimum of 12

scholarly references. This assignment must also include a personal integration section in which the student will integrate his/her own faith and family counseling approach. The personal integration section must be at least 4 pages and must maintain the same formatting as the research section (MLO: A, B, D, E, G). See Appendix D.

**F. Exams (4)**

Each exam will cover the Reading & Study material for the assigned modules/weeks. These exams will require the student to synthesize, compare and contrast, and demonstrate graduate-level integration of the materials covered in the course. Each exam will be open-book/open-notes, consist of 50 multiple-choice questions, and have a 1-hour and 30-minute time limit (MLO: A, B, C, D, E, F, H, K, L). See Appendix E.

**VI. COURSE GRADING AND POLICIES**

**A. Points**

Course Requirements Checklist	10
Group Discussion Board Forums (6 at 50 pts ea)	300
Family Genogram Project	150
Family Counseling Approach Research Paper	150
Exam 1 (Modules 1–2)	100
Exam 2 (Modules 3–4)	100
Exam 3 (Modules 5–6)	100
Exam 4 (Modules 7–8)	100
<b>Total</b>	<b>1010</b>

**B. Scale**

A = 940–1010 A- = 920–939 B+ = 900–919 B = 860–899 B- = 840–859  
 C+ = 820–839 C = 780–819 C- = 760–779 D+ = 740–759 D = 700–739  
 D- = 680–699 F = 0–679

**C. Dual Relationship**

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty is responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty does not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling, then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

**D. Limits of Confidentiality**

In the event of a student's disclosure, either verbally or in writing, of threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator, or supervisor will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of the appropriate program chair or online dean. The incident and action taken will become part of the student's permanent record.

**E. Notice of Non-Discrimination**

Liberty University does not engage in unlawful discrimination or harassment because of race, color, ancestry, religion, age, sex, national origin, pregnancy or childbirth, disability or military veteran status in its educational programs and activities. Liberty University maintains its Christian character and reserves its right to discriminate on the basis of religion to the extent that applicable law respects its right to act in furtherance of its religious objectives. The following persons have been designated to coordinate Liberty University's compliance with certain anti-discrimination laws: Coordinator of LU Online Disability Academic Support at (434) 592-5417 or [luoodas@liberty.edu](mailto:luoodas@liberty.edu); Director of Disability Academic Support (Residential) at (434) 582-2159 or [odas@liberty.edu](mailto:odas@liberty.edu); Title IX Coordinator at (434) 582-8948 or [TitleIX@liberty.edu](mailto:TitleIX@liberty.edu).

**F. Disability Assistance**

Students with a documented disability may contact the Liberty University Online Office of Disability Academic Support (ODAS) at [luoodas@liberty.edu](mailto:luoodas@liberty.edu) to make arrangements for academic accommodations. Further information can be found at [www.liberty.edu/disabilitysupport](http://www.liberty.edu/disabilitysupport).

**VII. BIBLIOGRAPHY**

- Balswick, J. O., & Balswick, J. K. (2007) *The family: A Christian perspective on the contemporary home*. Grand Rapids, MI: Baker Academic.
- Evans, J., & Evans, K. (2007). *Marriage on the rock: God's design for your dream marriage*. Ventura, CA: Regal Books.
- Kostenberger, A. J., & Jones, D. W. (2004). *God, marriage, and family: Rebuilding the biblical foundation*. Wheaton, IL: Crossway Books.
- Napier, A., & Whitaker, C. (1978). *The family crucible: The intense experience of family therapy*. New York, NY: Harper Perennial.
- Papp, P. (1994). *The process of change*. New York, NY: Guilford Press.
- Worthington, E. (1993). *Marriage counseling: A Christian approach to counseling couples*. Downers Grove, IL: InterVarsity Press.
- Yarhouse, M. A. & Sells, J. N., (2008). *Family therapy: A comprehensive Christian appraisal*. Downers Grove, IL: InterVarsity Press.

## ***COURSE SCHEDULE***

### **CEFS 601**

Textbooks: Goldenberg et al., *Family Therapy: An Overview* (2016).

McGoldrick et al., *Genograms: Assessment and Intervention* (2008).

Ripley & Worthington, *Couple Therapy: A New Hope-focused Approach* (2014).

<b>MODULE/ WEEK</b>	<b>READING &amp; STUDY</b>	<b>ASSIGNMENTS</b>	<b>POINTS</b>
<b>1</b>	Goldenberg et al.: chs. 1–2 McGoldrick et al.: chs. 1–2 Ripley & Worthington: chs. 1–4 2 presentations	Course Requirements Checklist Class Introductions Group DB Forum 1	10 0 50
<b>2</b>	Goldenberg et al.: chs. 3–4 McGoldrick et al.: chs. 3–4 Ripley & Worthington: chs. 5–7 1 presentation 1 study guide	Group DB Forum 2 Exam 1	50 100
<b>3</b>	Goldenberg et al.: chs. 5, 7 McGoldrick et al.: chs. 5–6 Ripley & Worthington: chs. 8–16 2 presentations 4 websites	Group DB Forum 3	50
<b>4</b>	Goldenberg et al.: chs. 8–9 McGoldrick et al.: chs. 7, 9 Ripley & Worthington: chs. 17–22 2 presentations 1 study guide	Group DB Forum 4 Exam 2	50 100
<b>5</b>	Goldenberg et al.: chs. 10–11 (pp. 283–301) Ripley & Worthington: chs. 23–27 1 presentation	Family Genogram Project	150
<b>6</b>	Goldenberg et al.: pp. 305–313, ch. 12 Ripley & Worthington: chs. 28–30 1 presentation 1 study guide 4 websites	Group DB Forum 5 Exam 3	50 100

<b>MODULE/ WEEK</b>	<b>READING &amp; STUDY</b>	<b>ASSIGNMENTS</b>	<b>POINTS</b>
<b>7</b>	Goldenberg et al.: chs. 13–14 1 presentation	Family Counseling Approach Research Paper	150
<b>8</b>	Goldenberg et al.: chs. 6, 15 1 presentation 1 study guide	Group DB Forum 6 Exam 4	50 100
<b>TOTAL</b>			<b>1010</b>

Group DB = Group Discussion Board

**NOTE:** Each course module/week begins on Monday morning at 12:00 a.m. (ET) and ends on Sunday night at 11:59 p.m. (ET). The final module/week ends at 11:59 p.m. (ET) on **Friday**.