

CANDLERS MTN 5K  
Lynchburg, VA FEBRUARY 21, 2009 9:00AM  
RESULTS

**Age Group Results**

**\*\*\*\*\* FEMALE 5K RUN OVERALL AWARDS\*\*\*\*\***

Place	Name	Ag City	St Time	Pace
1	Rachel Valliere	24 Lynchburg	VA 23:47	7:40
2	Sarah Gahagan	24 Lynchburg	VA 24:42	7:58
3	Sarah Kline	27 Lynchburg	VA 28:14	9:06

**\*\*\*\*\* MALE 5K RUN OVERALL AWARDS\*\*\*\*\***

Place	Name	Ag City	St Time	Pace
1	Jordan Whitlock	21 Lynchburg	VA 20:04	6:28
2	Andrew Rigler	17 Altavista	VA 20:43	6:41
3	Joe Parker	22 Lynchburg	VA 23:17	7:30

**\*\*\*\*\* FEMALE MASTERS RUN OVERALL AWARDS\*\*\*\*\***

Place	Name	Ag City	St Time	Pace
1	ryn morrison	44 South Boston	VA 31:22	10:06

**\*\*\*\*\* MALE MASTERS RUN OVERALL AWARDS\*\*\*\*\***

Place	Name	Ag City	St Time	Pace
1	Darrell Wargo	40 Lynchburg	VA 26:31	8:33

**MALE AGE GROUP: 13 and Under**

1	17 Peirce Saunders	12 Forest	VA 26:27
2	36 Ben May	12 Forest	VA 28:23
3	54 evin morrison	13 south boston	VA 31:03
4	137 Noah Waldo	10 Lynchburg	VA 59:38

**FEMALE AGE GROUP: 13 and Under**

1	37 Abby May	12 forest	VA 28:23
2	127 Lucy Wooldridge	11 Evington	VA 43:34

**MALE AGE GROUP: 14 - 19**

1	7 Matthias Dailey	18 Reston	VA 24:36
2	11 David Cedillo	14 Forest	VA 25:27
3	22 Jeff Thompson	18 Lynchburg	VA 26:58
4	41 Bobby White	14 Lynchburg	VA 29:14
5	46 Roy Francis	17 Brookneal	VA 29:58
6	60 Woll Vardeman	18 Lynchburg	VA 31:26
7	76 Toney Byrnside	19 Chosterfield	VA 33:49
8	80 nathan France	18 Lynchburg	VA 34:00
9	84 Chris Mason	18 Lynchburg	VA 34:59

**FEMALE AGE GROUP: 14 - 19**

1	62 Emily Molloy	19 Lynchburg	VA 32:14
2	71 Rebekah Turner	18 Col Heights	VA 32:40
3	103 Mary Kaitlyn Boone	18 Hardy	VA 37:12
4	109 Elise Mcintyre	19 Trumbull	CT 38:01
5	111 Meredith Weber	19 Lincoln university	PA 38:08
6	114 Christina Freyre	18 Evington	VA 39:59
7	115 Katelyn Bowers	19 Lynchburg	VA 39:59
8	138 Rachel Waldo	14 Lynchburg	VA 59:40

**MALE AGE GROUP: 20 - 29**

1	5 Thomas Syre	22 Lynchburg	VA 23:51
2	6 David Howe	22 Utica	NY 23:58
3	9 Nathan Carroll	21 Mechanicsville	VA 25:21
4	12 Sam Dange	21 Lynchburg	VA 25:28
5	13 Warrick Palmer	26 Forest	VA 25:40
6	14 Walker Wright	29 Bedford	VA 25:46
7	15 joseph alderson	27 lynchburg	VA 26:04
8	16 Robert Webster	20 Lynchburg	VA 26:14
9	21 Matthew Bryant	20 lynchburg	VA 26:55
10	25 Christopher Miller	29 Lynchburg	VA 27:14
11	26 Chris Montgomery	27 Wirtz	VA 27:24
12	27 Tim Duggin	24 Lynchburg	VA 27:45
13	34 Todd Hacker	29 Evington	VA 28:11
14	42 Joshua Earls	27 Lynchburg	VA 29:29
15	44 Ryan Earle	28 Lynchburg	VA 29:45
16	45 Derek Bennion	24 Lynchburg	VA 29:55
17	47 Jared Yeoman	27 Lynchburg	VA 30:09
18	52 tason sims	22 lynchburg	VA 31:00
19	53 Daniel Field	20 Roanoke	VA 31:03
20	56 Josiah Beal	20 Lynchburg	VA 31:12
21	58 Russell Darnell	29 Lynchburg	VA 31:18
22	67 dennis kinlan	26 lynchburg	VA 32:23
23	68 Steven Tuan	22 Forest	VA 32:26
24	81 Emmanuel Kwarfo	28 Lynchburg	VA 34:39
25	83 joshua austin	21 forest	VA 34:58
26	88 Ryan Perry	21 Centreville	VA 35:40
27	89 Michael Braddock	22 Lynchburg	VA 35:41
28	95 Levi Baker	21 Lynchburg	VA 36:04
29	110 Ryan Jeffers	24 Lynchburg	VA 38:05
30	112 Jimmy Kirshberger	26 Lynchburg	VA 38:53
31	113 Jimmy Reaves	27 Lynchburg	VA 38:54

**FEMALE AGE GROUP: 20 - 29**

1	61 Christine Pettit	20 Lynchburg	VA 31:26
2	63 Hannah Hinkson	24 Forest	VA 32:15
3	65 Elise Girani	20 Wirtz	VA 32:18

4	69 Annie Lively	23 Lynchburg	VA	32:27
5	73 Julie Smith	21 Lynchburg	VA	33:03
6	77 Breanne Nalipa	20 Lynchburg	VA	33:49
7	87 allison misiano	25 lynchburg	VA	35:32
8	90 Heather Braddock	24 Lynchburg	VA	35:45
9	91 Amber Dubberke	21 Lynchburg	VA	35:47
10	94 Sarah Graley	20 Manassas	VA	36:04
11	97 Jamie Cambell	29 Lynchburg	VA	36:09
12	99 Ruthanne Cole	23 Raleigh	NC	36:12
13	102 Stephen Barrick	24 Lynchburg	VA	37:11
14	104 Erin Bromley	25 Lynchburg	VA	37:25
15	105 Tracy Baker	20 Lynchburg	VA	37:29
16	106 Katrina Williams	20 Lynchburg	VA	37:34
17	108 Kelsy Mittauer	28 Lynchburg	VA	37:54
18	116 Meagan Bell	21 Forest	VA	40:16
19	118 Colleen Graley	21 Manassas	VA	40:41
20	119 Emily Franks	22 Madison Heights	VA	41:04
21	121 dayna shesko	26 lynchburg	VA	41:50
22	123 Glory Jaden	21 Lynchburg	VA	42:46
23	124 jane thomas	25 appomattox	VA	42:48
24	126 Chelsea Davis	22 Lynchburg	VA	43:05
25	129 Rachel McCullough	21 Lynchburg	VA	43:58
26	130 Kirsten Buist	20 Suffolk	VA	44:59
27	133 Heather Cornett	26 Bedford	VA	48:15
28	136 Sonya Prosser	25 Lynchburg	VA	55:05

**MALE AGE GROUP: 30 - 39**

1	10 Marcus Little	32 Lynchburg	VA	25:26
2	20 Shawn Barber	38 Fayetteville	TN	26:45
3	24 matt rawlins	34 rustburg	VA	27:09
4	38 Chad Duff	36 Lynchburg	VA	28:24
5	39 kevin hansen	37 monroe	VA	28:55
6	40 Jay Parker	39 Lynchburg	VA	29:05
7	48 Thomas Nolen	34 Concord	VA	30:27
8	49 Jerrod Ruhl	33 Forest	VA	30:36
9	51 Christopher Hansen	35 Forest	VA	30:51
10	55 Josh Oppenheimer	34 Forest	VA	31:09
11	57 Steve Smith	36 Lynchburg	VA	31:15
12	66 karl Miller	32 Lynchburg	VA	32:20
13	82 David Beazley	33 monroe	VA	34:41
14	85 Bryan Carter	32 Lynchburg	VA	35:18
15	86 Paul Burgess	37 Madison Heights	VA	35:30

**FEMALE AGE GROUP: 30 - 39**

1	70 Jamie Smith	34 Lynchburg	VA	32:37
2	74 Erin Elwell	32 Lynchburg	VA	33:22
3	78 Kellie Hudson	35 Forest	VA	33:50

4	92 Jessica Tilley	32 Lynchburg	VA	35:55
5	93 Jennifer Walton	36 Pamplin	VA	36:01
6	96 Emily Darnell	30 Lynchburg	VA	36:05
7	98 Christy Howard	35 Lynchburg	VA	36:11
8	100 Tara Eskey	33 Lynchburg	VA	36:49
9	131 Lisa Drinkard	39 Forest	VA	45:32
10	134 Heather Childress	37 Forest	VA	48:15

**MALE AGE GROUP: 40 - 49**

1	19 Norris welfare	49 Monroe	VA	26:42
2	28 Brad Palmer	49 Forest	VA	27:47
3	30 Lee Eagle	47 Danville	VA	27:55
4	32 Paul Francis	45 Brookneal	VA	28:09
5	43 Ted Allen	41 Forest	VA	29:40
6	64 Steve Letterman	49 appomattox	VA	32:18
7	72 Steve Hammer	43 Forest	VA	32:40
8	107 Jerry Price	47 Lynchburg	VA	37:43

**FEMALE AGE GROUP: 40 - 49**

1	120 Sharon Civis	47 Forest	VA	41:39
2	125 Rhonda Cornwell	44 Forest	VA	43:02
3	128 Kim Mullis	46 Forest	VA	43:55
4	135 Suzanne Kuhn	40 Evington	VA	54:11

**MALE AGE GROUP: 50 - 59**

1	23 Don Lucy	59 Lynchburg	VA	27:03
2	31 Dave Civis	52 Forest	VA	28:01
3	50 Steve Pettit	50 Lynchburg	VA	30:43
4	75 Stephen Hamilton	55 Lynchburg	VA	33:26
5	79 Jeff Webster	50 Elon	NC	33:53

**FEMALE AGE GROUP: 50 - 59**

1	117 Nancy Blackwell	56 Lynchburg	VA	40:18
2	122 Donna Nash	50 Lynchburg	VA	42:16
3	132 Dianne Wright	53 Appomattox	VA	45:40

**MALE AGE GROUP: 60 - 99**

1	29 Walter Allen	60 Lynchburg	VA	27:51
2	33 Daniel Turner	61 Col Heights	VA	28:10
3	101 Russ Daubert	63 Forest	VA	37:04

**Overall Results**

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Place	Name	Age	Sex	City	St	Time	Pace
1	Jordan Whitlock	21	M	lynchburg	VA	20:04	6:29
2	Andrew Rigler	17	M	Altavista	VA	20:43	6:41
3	Joe Parker	22	M	Lynchburg	VA	23:17	7:31

4 Rachel Valliere	24 F	lynchburg	VA	23:47	7:41
5 Thomas Syre	22 M	Lynchburg	VA	23:51	7:42
6 David Howe	22 M	Utica	NY	23:58	7:44
7 Matthias Dailey	18 M	Reston	VA	24:36	7:57
8 Sarah Gahagan	24 F	Lynchburg	VA	24:42	7:59
9 Nathan Carroll	21 M	Mechanicsville	VA	25:21	8:11
10 Marcus Little	32 M	Lynchburg	VA	25:26	8:13
11 David Cedillo	14 M	Forest	VA	25:27	8:13
12 Sam Dange	21 M	Lynchburg	VA	25:28	8:13
13 Warrick Palmer	26 M	Forest	VA	25:40	8:17
14 Walker Wright	29 M	Bedford	VA	25:46	8:19
15 joseph alderson	27 M	lynchburg	VA	26:04	8:25
16 Robert Webster	20 M	Lynchburg	VA	26:14	8:28
17 Peirce Saunders	12 M	Forest	VA	26:27	8:32
18 Darrell Wargo	40 M	Lynchburg	VA	26:31	8:34
19 Norris welfare	49 M	Monroe	VA	26:42	8:37
20 Shawn Barber	38 M	Fayetteville	TN	26:45	8:38
21 Matthew Bryant	20 M	lynchburg	VA	26:55	8:41
22 Jeff Thompson	18 M	Lynchburg	VA	26:58	8:42
23 Don Lucy	59 M	Lynchburg	VA	27:03	8:44
24 matt rawlins	34 M	rustburg	VA	27:09	8:46
25 Christopher Miller	29 M	Lynchburg	VA	27:14	8:48

<b>Place Name</b>	<b>Age</b>	<b>Sex</b>	<b>City</b>	<b>St</b>	<b>Time</b>	<b>Pace</b>
26 Chris Montgomery	27 M	Wirtz	VA	27:24	8:51	
27 Tim Duggin	24 M	Lynchburg	VA	27:45	8:58	
28 Brad Palmer	49 M	Forest	VA	27:47	8:58	
29 Walter Allen	60 M	Lynchburg	VA	27:51	9:00	
30 Lee Eagle	47 M	Danville	VA	27:55	9:01	
31 Dave Civis	52 M	Forest	VA	28:01	9:03	
32 Paul Francis	45 M	Brookneal	VA	28:09	9:05	
33 Daniel Turner	61 M	Col Heights	VA	28:10	9:06	
34 Todd Hacker	29 M	Evington	VA	28:11	9:06	
35 Sarah Kline	27 F	Lynchburg	VA	28:14	9:07	
36 Ben May	12 M	Forest	VA	28:23	9:10	
37 Abby May	12 F	forest	VA	28:23	9:10	
38 Chad Duff	36 M	Lynchburg	VA	28:24	9:10	
39 kevin hansen	37 M	monroe	VA	28:55	9:20	
40 Jay Parker	39 M	Lynchburg	VA	29:05	9:23	
41 Bobby White	14 M	Lynchburg	VA	29:14	9:26	
42 Joshua Earls	27 M	Lynchburg	VA	29:29	9:31	
43 Ted Allen	41 M	Forest	VA	29:40	9:35	
44 Ryan Earle	28 M	Lynchburg	VA	29:45	9:36	
45 Derek Bennion	24 M	Lynchburg	VA	29:55	9:40	
46 Roy Francis	17 M	Brookneal	VA	29:58	9:40	
47 Jared Yeoman	27 M	Lynchburg	VA	30:09	9:44	
48 Thomas Nolen	34 M	Concord	VA	30:27	9:50	
49 Jerrod Ruhl	33 M	Forest	VA	30:36	9:53	

50	Steve Pettit	50	M	Lynchburg	VA	30:43	9:55
<b>Place</b>	<b>Name</b>	<b>Age</b>	<b>Sex</b>	<b>City</b>	<b>St</b>	<b>Time</b>	<b>Pace</b>
51	Christopher Hansen	35	M	Forest	VA	30:51	9:58
52	tason sims	22	M	lynchburg	VA	31:00	10:00
53	Daniel Field	20	M	Roanoke	VA	31:03	10:01
54	evin morrison	13	M	south boston	VA	31:03	10:01
55	Josh Oppenheimer	34	M	Forest	VA	31:09	10:03
56	Josiah Beal	20	M	Lynchburg	VA	31:12	10:04
57	Steve Smith	36	M	Lynchburg	VA	31:15	10:05
58	Russell Darnell	29	M	Lynchburg	VA	31:18	10:06
59	ryn morrison	44	F	south boston	VA	31:22	10:08
60	Woll Vardeman	18	M	Lynchburg	VA	31:26	10:09
61	Christine Pettit	20	F	Lynchburg	VA	31:26	10:09
62	Emily Molloy	19	F	Lynchburg	VA	32:14	10:24
63	Hannah Hinkson	24	F	Forest	VA	32:15	10:25
64	Steve Letterman	49	M	appomattox	VA	32:18	10:26
65	Elise Girani	20	F	Wirtz	VA	32:18	10:26
66	karl Miller	32	M	Lynchburg	VA	32:20	10:26
67	dennis kinlan	26	M	lynchburg	VA	32:23	10:27
68	Steven Tuan	22	M	Forest	VA	32:26	10:28
69	Annie Lively	23	F	Lynchburg	VA	32:27	10:29
70	Jamie Smith	34	F	Lynchburg	VA	32:37	10:32
71	Rebekah Turner	18	F	Col Heights	VA	32:40	10:33
72	Steve Hammer	43	M	Forest	VA	32:40	10:33
73	Julie Smith	21	F	Lynchburg	VA	33:03	10:40
74	Erin Elwell	32	F	Lynchburg	VA	33:22	10:46
75	Stephen Hamilton	55	M	Lynchburg	VA	33:26	10:48
<b>Place</b>	<b>Name</b>	<b>Age</b>	<b>Sex</b>	<b>City</b>	<b>St</b>	<b>Time</b>	<b>Pace</b>
76	Toney Byrnside	19	M	Chosterfield	VA	33:49	10:55
77	Breanne Nalipa	20	F	Lynchburg	VA	33:49	10:55
78	Kellie Hudson	35	F	Forest	VA	33:50	10:55
79	Jeff Webster	50	M	Elon	NC	33:53	10:56
80	nathan France	18	M	Lynchburg	VA	34:00	10:59
81	Emmanuel Kwarfo	28	M	Lynchburg	VA	34:39	11:11
82	David Beazley	33	M	monroe	VA	34:41	11:12
83	joshua austin	21	M	forest	VA	34:58	11:17
84	Chris Mason	18	M	Lynchburg	VA	34:59	11:18
85	Bryan Carter	32	M	Lynchburg	VA	35:18	11:24
86	Paul Burgess	37	M	Madison Heights	VA	35:30	11:28
87	allison misiano	25	F	lynchburg	VA	35:32	11:28
88	Ryan Perry	21	M	Centreville	VA	35:40	11:31
89	Michael Braddock	22	M	Lynchburg	VA	35:41	11:31
90	Heather Braddock	24	F	Lynchburg	VA	35:45	11:32
91	Amber Dubberke	21	F	Lynchburg	VA	35:47	11:33
92	Jessica Tilley	32	F	Lynchburg	VA	35:55	11:36
93	Jennifer Walton	36	F	Pamplin	VA	36:01	11:38
94	Sarah Graley	20	F	Manassas	VA	36:04	11:39

95	Levi Baker	21	M	Lynchburg	VA	36:04	11:39
96	Emily Darnell	30	F	Lynchburg	VA	36:05	11:39
97	Jamie Cambell	29	F	Lynchburg	VA	36:09	11:40
98	Christy Howard	35	F	Lynchburg	VA	36:11	11:41
99	Ruthanne Cole	23	F	Raleigh	NC	36:12	11:41
100	Tara Eskey	33	F	Lynchburg	VA	36:49	11:53

Place	Name	Age	Sex	City	St	Time	Pace
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101	Russ Daubert	63	M	Forest	VA	37:04	11:58
102	Stephen Barrick	24	F	Lynchburg	VA	37:11	12:00
103	Mary Kaitlyn Boone	18	F	Hardy	VA	37:12	12:00
104	Erin Bromley	25	F	Lynchburg	VA	37:25	12:05
105	Tracy Baker	20	F	Lynchburg	VA	37:29	12:06
106	Katrina Williams	20	F	Lynchburg	VA	37:34	12:08
107	Jerry Price	47	M	Lynchburg	VA	37:43	12:10
108	Kelsy Mittauer	28	F	Lynchburg	VA	37:54	12:14
109	Elise Mcintyre	19	F	Trumbull	CT	38:01	12:16
110	Ryan Jeffers	24	M	Lynchburg	VA	38:05	12:18
111	Meredith Weber	19	F	Lincoln univers	PA	38:08	12:19
112	Jimmy Kirshberger	26	M	Lynchburg	VA	38:53	12:33
113	Jimmy Reaves	27	M	Lynchburg	VA	38:54	12:33
114	Christina Freyre	18	F	Evington	VA	39:59	12:54
115	Katelyn Bowers	19	F	Lynchburg	VA	39:59	12:54
116	Meagan Bell	21	F	Forest	VA	40:16	13:00
117	Nancy Blackwell	56	F	Lynchburg	VA	40:18	13:00
118	Colleen Graley	21	F	Manassas	VA	40:41	13:08
119	Emily Franks	22	F	Madison Heights	VA	41:04	13:15
120	Sharon Cavis	47	F	Forest	VA	41:39	13:27
121	dayna shesko	26	F	lynchburg	VA	41:50	13:30
122	Donna Nash	50	F	Lynchburg	VA	42:16	13:39
123	Glory Jaden	21	F	Lynchburg	VA	42:46	13:48
124	jane thomas	25	F	appomattox	VA	42:48	13:49
125	Rhonda Cornwell	44	F	Forest	VA	43:02	13:53

Place	Name	Age	Sex	City	St	Time	Pace
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126	Chelsea Davis	22	F	Lynchburg	VA	43:05	13:54
127	Lucy Wooldridge	11	F	Evington	VA	43:34	14:04
128	Kim Mullis	46	F	Forest	VA	43:55	14:10
129	Rachel McCullough	21	F	Lynchburg	VA	43:58	14:11
130	Kirsten Buist	20	F	Suffolk	VA	44:59	14:31
131	Lisa Drinkard	39	F	Forest	VA	45:32	14:42
132	Dianne Wright	53	F	Appomattox	VA	45:40	14:44
133	Heather Cornett	26	F	Bedford	VA	48:15	15:34
134	Heather Childress	37	F	Forest	VA	48:15	15:34
135	Suzanne Kuhn	40	F	Evington	VA	54:11	17:29
136	Sonya Prosser	25	F	Lynchburg	VA	55:05	17:47
137	Noah Waldo	10	M	Lynchburg	VA	59:38	19:15
138	Rachel Waldo	14	F	Lynchburg	VA	59:40	19:15