

Directions to Tolsma Track Center once in Lynchburg:

From 460 W:

Take exit for Liberty University
At stop light, go straight
At end of road, turn right
Continue through guard shack and park in lot.
Enter building through Student Entrance.
Follow signs for Indoor Track

From 460 E:

Take Candler's Mountain Road/Liberty University Exit
Take a right onto Candler's Mountain Road.
At light, take a left onto University Blvd.
At next light, take a right.
At end of road, turn right
Continue through guard shack and park in lot.
Enter building through Student Entrance.
Follow Signs for Indoor Track

From 29 S:

Take Liberty University Exit
Bear Right onto Candler's Mountain Road
Turn Right onto University Blvd (second light).
At next light, take a right.
At end of road, turn right
Continue through guard shack and park in lot.
Enter building through Student Entrance.
Follow signs for Indoor Track

From 29N:

Get onto 460 E. and follow directions from 460 E.