Our mission is to develop highly competitive teams of individuals who represent Jesus Christ in athletics and daily life. Open to any and all entrants (limited only by number, age, grade level, and/or gender).

The longest tenured and most highly decorated head coach in the history of Liberty Athletics, Brant Tolsma serves as the head coach of the men’s and women’s cross country and track and field teams. The 55-time Big South Coach of the Year was brought to Liberty in 1986 and has guided his team to 82 Big South Conference Championship titles. Coach Tolsma’s passion is using athletics to glorify the Lord. He has authored the book *The Surrendered Christian Athlete.*

The 2014 Power 2 Excel Track and Field Camp caters to middle and high school students who seek to continue their development as serious track and field athletes. They will receive both group and individualized skill instruction, as well as learn what it takes to compete at the collegiate level. Girls and boys ages 12, up to the rising high school senior, are welcome. Training and skill instruction will be available for all event groups, including sprints, distance, hurdles, throws, and jumps.

**HEAD COACH**

The 2014 Power 2 Excel Track and Field Camp at Liberty University’s Luurtsema Center is June 18-21, ages 12-18. The camp is open to high school and middle school athletes who want to further their skills and experience with the top coaches in the southeastern region. The camp is being directed by cultural studies professor and head coach of the Liberty University men’s and women’s cross country and track and field teams, Brant Tolsma. Coach Tolsma has been selected as the Big South Conference Coach of the Year 55 times in the 20 years he has guided the Patriot track and field teams. Coach Tolsma’s passion is using athletics to glorify Jesus Christ. He has authored the book *The Surrendered Christian Athlete.*

**POWER 2 EXCEL TRACK AND FIELD CAMP**
Luurtsema Center
1971 University Blvd.
Lynchburg, Va. 24515

Please fill out the application and parental consent form, and return it with your deposit to reserve your space at camp.

**Please direct all questions to:**
Daniel Newell, Camp Director
dnewell@liberty.edu

Registration and Check-in: June 18 at noon
**Benefits**

- Skill instruction with Division I coaches
- Daily workouts
- Weight training and cross training
- State-of-the-art facilities
- Daily skill instructional talks
- Daily devotional talks
- Video analysis

**Cost**

The price for overnight campers is $350, which includes three nights lodging and all meals.

Price for day campers: $175 per person

**Registration**

Register by May 25 to receive a camp T-shirt and “swag kit.”

**Final registration deadline:** June 13

**Transportation**

Campers must provide their own transportation to and from the camp.

Lynchburg Regional Airport is serviced by US Airways. The bus service is Greyhound. Arrangements for pickups and drop-offs for campers need to be made with Daniel Newell at dnewell@liberty.edu.

**Medical information in case of emergency**

Contact name: ____________________________
Contact phone: ____________________________
Camper’s physician’s phone: ____________________________
Date of last tetanus toxoid: ____________________________
Does your child have allergies? □ Yes □ No
If yes, please specify: ____________________________
Medication presently taking: ____________________________
Past illness or other information that would be useful in the event treatment is necessary: ____________________________

Insurance company: ____________________________
Agent’s name: ____________________________
Policy number: ____________________________
Phone number: ____________________________
Additional insurance instructions: ____________________________

**Parental Consent Form**

This completed form will enable health facilities in Lynchburg and camp medical staff to provide prompt care to your minor son or daughter. All areas of this form must be completed prior to camp registration.

I the undersigned, hereby certify that I am the parent or legal guardian of the camper. I hereby give permission for the staff of the camp to seek, during the period of the camp, appropriate medical attention for the camper. This includes medical attention to be given in the event of an accident, injury, or illness. I will be responsible for any and all cost of medical attention and treatment. I, the undersigned, for myself and as guardian of (camper’s name) understand that track and field is an active, physical sport, and that injuries can take place during play.

I understand that, as with any sport, injuries can occur, and I hereby admit that my child is physically and mentally capable of participating in track and field and other camp activities. I represent that I have sought the opinion of my child’s pediatrician, ____________________________, and he concurs that he/she is fully capable of safely engaging in these activities.

I also understand that it is my responsibility in caring for the camper listed above, to assure that he/she is fully capable of engaging in this sports activity, and I am confident that he/she is able to engage in such sport.

Signature of parent or guardian: ____________________________
Date: ____________________________

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**Registration**

Please make a selection:

$350 (Overnight Camper) □ $175 (Day Camper) □

Required Deposit - $100

**Please return your nonrefundable deposit and application to:**

Power 2 Excel Track and Field Camp
Luurtsema Center
1971 University Blvd
Lynchburg, VA 24515

**Please make checks payable to Power 2 Excel**

(Please print)

Camper’s name: ____________________________
Address: ____________________________
Cell phone: ____________________________
High School (if applicable): ____________________________
Parent’s name: ____________________________
Cell phone: ____________________________
Male □ Female □ Age: __________
T-shirt size: Adult □ Youth □ (circle) S M L XL
Roommate preference: ____________________________

**Please include your email address to receive the confirmation letter.**

Email: ____________________________

Event(s) you are interested in:

Sprints/Hurdles □ Throws □ Jumps □ Distance □