2015 Liberty Lacrosse Notes

No. 2 seed Liberty LADY FLAMES
(9-10, 5-2 Big South)

vs.

No. 1 seed Winthrop EAGLES
(16-3, 6-1 Big South)

May 3, 2015 - 1 p.m.
Eagle Field - Rock Hill, S.C.
Big South Championship Finals

Storylines
Liberty is making its first ever appearance in the Big South Championship finals game on Sunday at 1 p.m. at Eagle Field in Rock Hill, S.C. The Lady Flames advanced to the championship contest after defeating No. 3 seed Coastal Carolina, 14-8, in Friday’s semifinals match. The Eagles are making their first ever appearance in the Big South Championship finals game after erasing a six-goal difference to defeat No. 4 seed High Point by a score of 11-10 in the semifinals match. Sunday’s contest will be aired on ESPN3.

Sunday will mark the fourth contest in 15 days that Liberty has suited up to play at Eagle Field in Rock Hill, S.C.

Series History vs. Winthrop
Liberty is 1-2 all-time against the Eagles, including the Lady Flames’ most recent 17-6 loss at Eagle Field on April 21. Liberty is 1-1 against Winthrop when the contest is played in Rock Hill, S.C.

Liberty at a Glance
The Lady Flames defeated No. 3 seed Coastal Carolina, 14-8, on Friday afternoon to capture advance to the Big South Championship finals match for the first time in program history. The Lady Flames improved on their historic season, setting a new single season record for wins with nine.

Morgan Becker continues to pave the way for the Lady Flames’ attacking force. Becker enters the contest with 69 points on the season, a new program record for points in a single season. The redshirt senior has netted 37 goals while recording a program single-season record 32 assists.

Katy Pridemore leads the squad on the scoring end of things, having notched 51 goals this season. The freshman’s 51 goals set a new program single-season record for most goals scored, passing the previous mark of 41, last season, held by Sam Struss.

Juniors Colleen Ekert and Juliann Elmer anchor the Liberty defense this season. Ekert has picked up 44 ground balls and caused a program record 32 turnovers. Elmer stands in goal for Liberty, leading the nation in saves with 203. Elmer’s 203 saves broke the Liberty single-season record of 186 saves held by Kristen Masullo in 2011. Elmer leads the team in ground balls with 52, tying Jen Freymond for the most ground balls scooped up in a single season.

Liberty was well represented in Big South postseason honors this year. Ekert and co-captains Nina Dunay and Becker make up the Lady Flames’ first team all-conference. Pridemore, Struss and Kalie Britton earned a spot on the all-conference second team, while Elmer was an honorable mention all-conference nominee. Britton led the Lady Flames offensively in the Big South Championship semifinals, netting a Big South semifinals record six goals and recording eight points.

Winthrop at a Glance
The Eagles enter the contest having defeated No. 4 seed Campbell, 11-10 in Friday’s Big South Championship semifinals in Rock Hill, S.C. Despite facing a six-goal deficit, Winthrop erased the deficit to notch the first come-from-behind victory in program history.

Winthrop is led by Jenna Kasmarik, the nations leading goal scorer, who has recorded 72 goals and dished out five assists. The Eagles assists leader is Kristen Shriver as the freshman has tallied 26 assists, adding 30 goals to her repertoire.

Defensively, Winthrop is led by freshman of the year Alaina Girani as the goalkeeper is 16-3 overall. Girani has tallied 133 saves, 41 ground balls and three caused turnovers.

How to Follow the Game
Live stats and a live video stream of the game will be made available courtesy of the Winthrop Media Relations department and ESPN3. Both the live stats link and the live video link can be found by visiting the lacrosse schedule/results page on LibertyFlames.com. Fans can also follow the game through Twitter updates from @LibertyFlames and @libertywlax.
### 2015 Liberty Lacrosse Quick Facts

**General Information**
- **Name of School**: Liberty University
- **City/Zip**: Lynchburg, VA 24515
- **Foundation**: 1971
- **Affiliation**: NCAA Division I

**Conference**
- Big South

**School Colors**: Red, White & Blue

**Home Field**: Liberty Lacrosse Field

**Capacity**: 790

**President**: Dr. Jerry Falwell

**Affiliation**: NCAA Division I Conference - Big South

**Grad Asst./LAX Contact**: Meghan Harkey (Christopher Newport, '11)

**Assistant Coach**: Annie McGinley (Rutgers, '13)

**Head Coach**: Kelly Nangle

**Assistant Director**: Jen Tapken (Liberty, '10)

**Certified Athletic Trainer**: Annie McGuire (Rutgers, '13)

**Athletic Trainer**: Meghan Harkey (Christopher Newport, '11)

**Athletics Dept. Phone**: (434) 582-2100

**Athletics Dept. Fax**: (434) 582-2100

**Website**: [Athletics Website](#)

### 2015 Lacrosse Team Roster

<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
<th>Cl.</th>
<th>Pos.</th>
<th>Hometown/High School (Prev. School)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Courtney Brown</td>
<td>So.</td>
<td>M</td>
<td>Ladera Ranch, Calif. / Tesoro HS</td>
</tr>
<tr>
<td>2</td>
<td>Morgan Becker</td>
<td>R-Sr.</td>
<td>A</td>
<td>Round Hill, Va. / Loudon Valley</td>
</tr>
<tr>
<td>3</td>
<td>Melanie Via</td>
<td>Jr.</td>
<td>D</td>
<td>Blacksburg, Va. / Blacksburg HS</td>
</tr>
<tr>
<td>4</td>
<td>Olivia Becker</td>
<td>So.</td>
<td>A</td>
<td>Round Hill, Va. / Woodgrove HS</td>
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<tr>
<td>5</td>
<td>Anna Browne</td>
<td>Fr.</td>
<td>D</td>
<td>Naples, Fla. / Barron Collier HS</td>
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<tr>
<td>6</td>
<td>Caroline Smith</td>
<td>Jr.</td>
<td>A</td>
<td>Palm City, Fla. / Martin County HS</td>
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<tr>
<td>7</td>
<td>Kelly Garrett</td>
<td>Jr.</td>
<td>M</td>
<td>Winter Springs, Fla / Winter Springs HS</td>
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<tr>
<td>8</td>
<td>Faith Wells</td>
<td>So.</td>
<td>D</td>
<td>Haymarket, Va. / Battlefield HS</td>
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<tr>
<td>9</td>
<td>Meghan Hammond</td>
<td>Jr.</td>
<td>D</td>
<td>Cranston, R.I. / Cranston HS West</td>
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<tr>
<td>10</td>
<td>Colleen Eckert</td>
<td>R-Jr.</td>
<td>D</td>
<td>Smithtown, N.Y. / Commack HS (Rutgers)</td>
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<tr>
<td>11</td>
<td>Katy Pridemore</td>
<td>Fr.</td>
<td>A</td>
<td>Vero Beach, Fla. / Vero Beach HS</td>
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<tr>
<td>12</td>
<td>Casey Thate</td>
<td>Jr.</td>
<td>D</td>
<td>Gambrell, Md. / South River HS</td>
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<td>Jr.</td>
<td>M</td>
<td>Kings Park, N.Y. / Kings Park HS</td>
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<tr>
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<td>Victoria Tickle</td>
<td>So.</td>
<td>D</td>
<td>Fairfax, Va. / chantilly HS</td>
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<tr>
<td>15</td>
<td>Kaityn Cassidy-Fischetti</td>
<td>Fr.</td>
<td>A</td>
<td>Toms River, N.J. / Toms River HS North</td>
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<tr>
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<td>Michaela Rich</td>
<td>So.</td>
<td>D</td>
<td>Monrovia, Md. / Longanore HS</td>
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<tr>
<td>17</td>
<td>Sam Strauss</td>
<td>Sr.</td>
<td>A</td>
<td>Evans City, Pa. / Seneca Valley Senior HS</td>
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<tr>
<td>18</td>
<td>Kelly Belue</td>
<td>Jr.</td>
<td>M</td>
<td>Waxhaw, N.C. / Chuckerton HS</td>
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<tr>
<td>19</td>
<td>Kathryn Milwitz</td>
<td>So.</td>
<td>D</td>
<td>Fallston, Md. / Fallston HS</td>
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<tr>
<td>20</td>
<td>Abigail Brant</td>
<td>Fr.</td>
<td>M</td>
<td>Overland Park, Kan. / Blue Valley Northwest HS</td>
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<tr>
<td>21</td>
<td>Alyssa Kidder</td>
<td>Jr.</td>
<td>A</td>
<td>Carthage, N.Y. / Carthage Central HS</td>
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<tr>
<td>22</td>
<td>Erin Cornell</td>
<td>Fr.</td>
<td>A</td>
<td>Apex, N.C. / Apex HS</td>
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<tr>
<td>23</td>
<td>Nina Dunay</td>
<td>R-Sr.</td>
<td>M</td>
<td>Ashburn, Va. / Broad Run HS</td>
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<tr>
<td>24</td>
<td>Lindsey McNamara</td>
<td>Fr.</td>
<td>D</td>
<td>Orlando, Fla. / Olympia HS</td>
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<td>25</td>
<td>Ashlyn Altiere</td>
<td>So.</td>
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<td>Frisco, Texas / Wakeshield HS (Mount Olive)</td>
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<tr>
<td>26</td>
<td>Eden Bayuk</td>
<td>So.</td>
<td>M</td>
<td>Indian Trail, N.C. / Sun Valley HS (Columbia College)</td>
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<tr>
<td>27</td>
<td>Kristen Boland</td>
<td>Sr.</td>
<td>G</td>
<td>Rochester, N.Y. / Churchville-Chili HS</td>
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<tr>
<td>28</td>
<td>Julann Elmer</td>
<td>Jr.</td>
<td>G</td>
<td>Phoenix, Md. / Dulaneys HS</td>
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<tr>
<td>29</td>
<td>Mercedes Cox</td>
<td>Sr.</td>
<td>G</td>
<td>Manassas, Va. / Osbourn Park HS</td>
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</tbody>
</table>

### 2015 Liberty Big South Postseason Awards

- **First-Team All-Conference**:
  - Nina Dunay (Junior)
  - Colleen Eckert
  - Morgan Becker

- **Second-Team All-Conference**:
  - Katy Pridemore
  - Sam Struss

### Weekly Awards

- **Feb. 24, 2015 - Morgan Becker records her 22nd assist of the season, passing Sam Struss' mark of 21 set in 2014.**

### Big South Standings

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### RISE - A Timeline of the Liberty Lacrosse Program

- **May 2, 2008 - Liberty Director of Athletics Jeff Barber announced the Athletics Department will make lacrosse its 19th NCAA Division I sponsored program.**
- **March 3, 2010 - Liberty makes its lacrosse debut at Longwood, falling to the Lancers, 21-3. Kristin Crowley notched the first goal in program history.**
- **March 6, 2010 - The Lady Flames defeat Howard, 17-16, for the first win in program history.**
- **March 20, 2010 - Liberty holds its first-ever home contest at Osborne Stadium, falling to Anne Arundel by a score of 17-7.**
- **May 11, 2011 - Liberty Athletics announces the breaking of the ground for the East Campus Multi-Sport Complex that will hold a field hockey field and the lacrosse pitch.**
- **June 8, 2011 - Big South announces that it will sponsor women’s lacrosse as a championship sport for the 2013 season.**

### 2015 Liberty Big South Weekly Awards

- **Feb. 10, 2015 - Morgan Becker** (Offensive)
- **March 3, 2015 - Katy Pridemore** (Freshman)
- **March 23, 2015 - Julieann Elmer** (Defensive)
- **April 6, 2015 - Morgan Becker** (Offensive)
- **April 14, 2015 - Katy Pridemore** (Freshman)

### Career Record:

- **Record at Liberty**: 11-26, 6-8 Big South (2nd Year)
- **Career Record**: 27-44

### 1971 - 2015 Big South Record

- **First Season of Lacrosse**: 1971
- **2015 Big South Championship**: Lynchburg, Va. 24515
- **2015 NCAA Tournament Appearances**: 4
- **Starters Returning/Lost**: 97
- **Week One Ratings/Lost**: 204
- **Week Two Ratings/Lost**: 194
- **Week Three Ratings/Lost**: 187
- **Week Four Ratings/Lost**: 171
- **Week Five Ratings/Lost**: 157
- **Week Six Ratings/Lost**: 145
- **Week Seven Ratings/Lost**: 133
- **Week Eight Ratings/Lost**: 120
- **Week Nine Ratings/Lost**: 106
- **Week Ten Ratings/Lost**: 92
- **Week Eleven Ratings/Lost**: 77
- **Week Twelve Ratings/Lost**: 62
- **Week Thirteen Ratings/Lost**: 47
- **Week Fourteen Ratings/Lost**: 32
- **Week Fifteen Ratings/Lost**: 17
- **Week Sixteen Ratings/Lost**: 4
- **Week Seventeen Ratings/Lost**: 1

### 2015 Liberty Big South Letterwinners Returning/Lost

- **Corinne Brown**: 15
- **Natalie Silvers**: 13
- **Casey Thate**: 10
- **Katy Pridemore**: 7
- **Morgan Becker**: 5
- **Nina Dunay**: 4

### 2015 Liberty Big South Record

- **Career Record**: 27-44 (4 years)
- **Record at School**: 11-26, 6-8 Big South (2nd Year)
- **Record at Liberty**: 11-26, 6-8 Big South (2nd Year)

### 2015 Liberty Big South Conference Record

- **Record at Liberty**: 11-26, 6-8 Big South (2nd Year)
Fantastic Freshman

Liberty is led offensively by freshman standout Katy Pridemore. Pridemore had originally committed to play at Florida prior to the season. With a change of circumstances, the Vero Beach, Fla., native decided to reconsider her college choice, committing to Liberty. In her first collegiate contest, Pridemore found the back of the net three times and assisted on two goals in a 15-11 loss to Virginia Tech. For the season, Pridemore has tallied 51 goals, a new program single-season record. The three-time Big South Freshman of the Week adds 10 assists to her repertoire.

Setting History

Liberty has seen 18 records broken this season, including seven individual records and 11 team records, beginning with Pridemore’s 51 goals to set a new single-season record. Morgan Becker and Pridemore have both broken the single-season points record of 50, set by Sam Struss, as Becker has 69 points and Pridemore enters with 66. Becker has also recorded 32 assists, passing Struss’ previous record of 21 assists set back in 2013. Pridemore has shattered the previous record for the most shots in a single season with 199, surpassing Karis Walborn’s previous mark of 79 shots. The next record broken is that of saves in a single season. The previous mark was 186 saves by Kristen Masullo. Juliann Elmer enters the Big South Championship semifinals with 203 saves on the season. Most recently, Colleen Ekert set the new single season record for caused turnovers with 36, passing Jen Freymond’s previous mark of 30 set in 2012. In addition to Ekert’s record, the junior defender joins 10 other Lady Flames to play in 19 contests in a single season, setting a new record for games played.

This year, Liberty set 11 new team records beginning with two games records in a 23-4 victory at Gardner-Webb, scoring 23 goals and recording 38 points. The Lady Flames also broke two games records in a 21-11 victory against Campbell, taking 49 shots and winning 24 draw controls. The final seven records are all team season records. On the season, the Lady Flames have netted 235 goals, recorded 115 assists and collected 350 points. Liberty has also picked up a record 434 ground balls and won 252 draw controls. The final two records set by the Lady Flames are 186 caused turnovers and 496 taken this season.

Poster Athletes

This year, Sam Struss, Morgan Becker and Nina Dunay were featured on the Liberty Lacrosse poster as the three key seniors to watch for. The three seniors recorded 115 assists and collected 350 points. Liberty has also seen 18 records broken this season, including seven individual records and 11 team records, beginning with Pridemore’s 51 goals to set a new single-season record. Morgan Becker and Pridemore have both broken the single-season points record of 50, set by Sam Struss, as Becker has 69 points and Pridemore enters with 66. Becker has also recorded 32 assists, passing Struss’ previous record of 21 assists set back in 2013. Pridemore has shattered the previous record for the most shots in a single season with 199, surpassing Karis Walborn’s previous mark of 79 shots. The next record broken is that of saves in a single season. The previous mark was 186 saves by Kristen Masullo. Juliann Elmer enters the Big South Championship semifinals with 203 saves on the season. Most recently, Colleen Ekert set the new single season record for caused turnovers with 36, passing Jen Freymond’s previous mark of 30 set in 2012. In addition to Ekert’s record, the junior defender joins 10 other Lady Flames to play in 19 contests in a single season, setting a new record for games played.

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To watch for:

Liberty needs three free position goals to set the team record for the most free position goals in a single season. With 36. The Lady Flames are also 11 saves shy of setting the all-time mark for team saves in a single season.

As for individual records, Juliann Elmer enters just one ground ball to pass Jen Freymond for the most ground balls in a single season with 53. As for individual records, Juliann Elmer needs just one ground ball to pass Jen Freymond for the most ground balls in a single season with 36. The Lady Flames are also 11 saves shy of setting the all-time mark for team saves in a single season.