



## All-Time Honors

### ASUN Conference

#### First Team All-Conference

Keyen Green, 2020

#### Second Team All-Conference

Bridgette Rettstatt, 2019

#### All-Freshman Team

Asia Todd, 2020

#### All-Academic Team

Ashtyn Baker, 2020

Tatyana Crowder, 2019

Mya McMillian, 2020

#### All-Tournament

Kierra Johnson-Graham, 2019

Emily Lytle, 2019-20

Asia Todd, 2020

### Big South Conference

#### First Team All-Conference

Devon Brown, 2010-11-12-13

Allyson Fasnacht, 2006

Katie Feenstra, 2003-04-05

Meribeth Feenstra, 2002

Megan Frazee, 2007-08-09

Moriah Frazee, 2008

Michelle Fricke, 2001

Keyen Green, 2018

Ginny Holloway, 1995

Elena Kisseleva, 1997-98-99-2000

Tolu Omotola, 2013

Ashley Rininger, 2014-15

Kristal Tharp, 2003-05

Avery Warley, 2010-11-12

Jeri Wiley, 1992

Sharon Wilkerson, 1997-98-99-2000

**Second Team All-Conference**

Anna Barrington, 1993  
Karly Buer, 2015  
Michelle Fricke, 2000  
Keyen Green, 2017  
Ginny Holloway, 1994  
Catherine Kearney, 2016  
Rima Margeviciute, 2005  
Daina Staugaitiene, 2005  
Courtney Watkins, 2008  
Sarah Wilkerson, 1997-98-99-2000  
Rachel Young, 2001

**Honorable Mention All-Conference**

KK Barbour, 2018  
Sadalia Ellis, 2016  
Ashley Rininger, 2016

**Player of the Year**

Katie Feenstra, 2003-04-05  
Megan Frazee, 2008-09  
Keyen Green, 2018  
Elena Kisseleva, 1998-99  
Sharon Wilkerson, 2000

**Defensive Player of the Year**

Roli-Ann Nikagbatse, 2006  
Avery Warley, 2011

**Freshman of the Year**

Ashtyn Baker, 2018  
Michelle Fricke, 2000  
Keyen Green, 2017  
Angie Johnson, 1992  
Elena Kisseleva, 1997  
Kristal Tharp, 2002

**All-Freshman Team**

Jelena Antic, 2010  
Ashtyn Baker, 2018  
Kylee Beecher, 2009  
Simone Brown, 2014  
Allyson Fasnacht, 2005  
Katie Feenstra, 2002  
Moriah Frazee, 2006  
Emily Frazier, 2011  
Michelle Fricke, 2000  
Keyen Green, 2017  
Iva Ilic, 2017  
Elena Kisseleva, 1997  
Monique Leonard, 2001  
Ola Makurat, 2017  
Reagan Miller, 2012  
Kristina Palaimaite, 2001  
Ashley Rininger, 2013  
Mickayla Sanders, 2014  
Irene Sloof, 1998  
Kristal Tharp, 2002  
Stephanie Walker, 2002  
Sharon Wilkerson, 1997  
Michelle Wyms, 1994  
Rachel Young, 1999

**All-Academic Team**

Kylee Beecher, 2010  
Becky Blesch, 2001  
Brittany Campbell, 2013  
Allyson Fasnacht, 2006-08  
Meribeth Feenstra, 2002  
Megan Frazee, 2007-09  
Elena Kisseleva, 1998-99-2000  
Terika Lunsford, 2012  
Rachel McLeod, 2011  
Molly Reagan, 2018  
Audrey Rettstatt, 2017  
Ashley Rininger, 2014-15-16  
Kristal Tharp, 2003-04-05  
Flori Willie, 1997

**Scholar-Athlete of the Year**

Allyson Fasnacht, 2008  
Megan Frazee, 2009  
Elena Kisseleva, 1998  
Ashley Rininger, 2014-15-16  
Kristal Tharp, 2004-05

**Coach of the Year**

Carey Green, 2000-03-06-08-09  
Rick Reeves, 1993 (Co-Coach), 1997-98

**All-Tournament**

Jelena Antic, 2011  
Ashtyn Baker, 2018  
KK Barbour, 2018  
Devon Brown, 2010-12-13  
Brittany Campbell, 2013  
Sadalia Ellis, 2016  
Allyson Fasnacht, 2006  
Katie Feenstra, 2002-03-04-05  
Megan Frazee, 2007-08-09  
Molly Frazee, 2008  
Moriah Frazee, 2009  
Emily Frazier, 2015  
Michelle Fricke, 2001  
Rachel Hammond, 2006  
Ginny Holloway, 1993  
Wendy Johnson, 1992  
Catherine Kearney, 2016  
Elena Kisseleva, 1997-98-99-2000  
Rima Margeviciute, 2005  
Amber Mays, 2010  
Tolu Omotola, 2013  
Kristina Palaimaite, 2001, 2004  
Ashley Rininger, 2015  
Dania Staugaitiene, 2005  
Kristal Tharp, 2002-03  
Avery Warley, 2011-12  
Jeri Wiley, 1992  
Sarah Wilkerson, 1997-98-99-2000  
Sharon Wilkerson, 1997-98-99  
Rachel Young, 2001

**Tournament MVP**

KK Barbour, 2018  
Devon Brown, 2010-13  
Allyson Fasnacht, 2006  
Katie Feenstra, 2003-04-05  
Megan Frazee, 2008-09  
Michelle Fricke, 2001  
Elena Kisseleva, 1997-99-2000  
Ashley Rininger, 2015  
Avery Warley, 2012

**Big South Female Student-Athlete of the Year**

Katie Feenstra, 2004-05  
Megan Frazee, 2008-09

**Big South Female Scholar-Athlete of the Year**

Megan Frazee, 2009  
Ashley Rininger, 2016

**Big South Woman of the Year**

Allyson Fasnacht, 2008  
Ashley Rininger, 2016

**Big South 1990-99 All-Decade Team Members**

Elena Kisseleva  
Sharon Wilkerson

**Big South 2000-09 All-Decade Team Members**

Katie Feenstra  
Megan Frazee  
Carey Green – Head Coach

**Big South 2010-19 All-Decade Team Members**

Devon Brown  
Keyen Green  
Ashley Rininger  
Avery Warley  
Carey Green – Head Coach

**Mason-Dixon Conference****Second Team All-Conference**

Harriett Blair, 1986  
Sharon Freet, 1986  
Patti Gallant, 1985  
Kristi Mercer, 1988  
Annetta Paraham, 1988  
Pam Wilder, 1987

**Coach of the Year**

Mike Goad, 1987

**VaSID First Team All-State**

Devon Brown, 2010-12-13  
Katie Feenstra, 2003-04-05  
Megan Frazee, 2007-08-09  
Avery Warley, 2011

**VaSID Player of the Year**

Devon Brown, 2013  
Katie Feenstra, 2004  
Megan Frazee, 2009 (Co-Player)

**VaSID Rookie of the Year**

Devon Brown, 2010  
Keyen Green, 2017  
Reagan Miller, 2012  
Avery Warley, 2009

**VaSID Coach of the Year**

Carey Green, 2003-05-06-13-18

## **Virginia All-State**

### **First Team**

Katie Feenstra, 2004  
Elena Kisseleva, 1998

### **Second Team**

Michelle Fricke, 2001  
Wendy Johnson, 1992  
Elena Kisseleva, 1997-99-2000  
Sharon Wilkerson, 2000

### **Honorable Mention**

Cheri Yates, 1989

### **Coach of the Year**

Rick Reeves, 1998

### ***Richmond Times-Dispatch* State Player of the Year**

Devon Brown, 2013  
Katie Feenstra, 2004  
Megan Frazee, 2008-09

### ***Richmond Times-Dispatch* State Coach of the Year**

Carey Green, 2006

### **Kodak/WBCA All-America Region II Team**

Katie Feenstra, 2004

### **Associated Press Honorable Mention All-America Team**

Katie Feenstra, 2004-05  
Megan Frazee, 2009

### **CoSIDA Academic All-District III First Team**

Allyson Fasnacht, 2007  
Megan Frazee, 2007-08-09  
Moriah Frazee, 2008  
Ashley Rininger, 2015-16  
Kristal Tharp, 2003-04-05

### **CoSIDA Academic All-District III Second Team**

Allyson Fasnacht, 2008  
Katie Feenstra, 2004-05  
Moriah Frazee, 2009  
Rachel Hammond, 2009

### **CoSIDA Academic All-America First Team**

Megan Frazee, 2009  
Ashley Rininger, 2015-16

### **CoSIDA Academic All-America Second Team**

Megan Frazee, 2008  
Kristal Tharp, 2005