Miscellaneous Honors

Men’s Track & Field

Rock Royer/Mac Rivera Award
Bill Gillespie – 1983
Michael Prettyman – 1997
Ryan Werner – 1996

USTFCCCA Southeast District/Region Men’s Track Athlete of the Year
Josh McDougal – 2007 Outdoor, 2008 Indoor

USTFCCCA Southeast Region Men’s Assistant Coach of the Year
Lance Bingham – 2008 Outdoor

USATF Athlete of the Week

VaSID State Coach of the Year
Brant Tolsma – 2020 Indoor

VaSID 1st Team All-State
Jovaine Atkinson – 2020 Indoor
Christian Lyon – 2020 Indoor

VaSID 2nd Team All-State
Erick Johnson – 2020 Indoor
Kyle Mitchell – 2020 Indoor
4 x 400 Relay (Brad Smalley, Jahquez Durham, Felix Lawrence, Christian Lyon) – 2020 Indoor

CoSIDA Academic All-America
Jacob DeValve – 2014 – Second Team
Caleb Edmonds – 2014 – Second Team
Clendon Henderson – 2008 – First Team
Daniel Newell – 2009 – Third Team
David Scouten – 2016 – Third Team
John Sherret – 2015 – Third Team
USTFCCCA All-Academic Team
Samuel Arter – 2018
Jovaine Atkinson – 2018, 2019
Ryan Bell – 2009
Zach Davis – 2014, 2015
Jacob DeValve – 2012
Caleb Edmonds – 2013, 2014
Josh Edmonds – 2011
Steve Feister – 2015
Fred Fulton – 2014, 2015
Anders Janes – 2019
Azaria Kirwa – 2018
Daniel Newell – 2009
Matt Parker – 2008, 2009
Bradley Prentice – 2018
Ken Ritchey – 2015
ConRoy Smith – 2014
John Talbert – 2009
Isaac Wendland – 2010, 2013
Geren Woodbridge – 2011
Women’s Track & Field

Rock Royer/Mac Rivera Award
Sue Andrew – 1985
Lynn Attwood – 1990
Annie Hunt Fairchild – 1988
Jennifer Klugh – 2013
Danielle McNaney – 2005
Andrea Wildrick – 2001
Heather Sagan – 2002
Arlene Zelinskas – 2007

VaSID 1st Team All-State
Makenzy Mizera – 2020 Indoor

VaSID 2nd Team All-State
Taylen Langin – 2020 Indoor

CoSIDA Academic All-America
Kat Bouton – 2017 – Second Team
Holly Deem – 1998 – Third Team
Heather Sagan – 2002 – First Team
Cathy Williams – 1998 – Third Team
Arlene Zelinskas – 2007 – Second Team

USTFCCCA All-Academic Team
Andrea Beckles – 2009
Riley Brandon – 2015
Meghan Burggraf – 2014
Dacia Bushman – 2011
Olivia Charnuski – 2010
Mychelle Cumings – 2012, 2013
Cortney Dowling – 2018, 2019
Tanner Ealum – 2018, 2019
Jessie Glynn – 2018
Janae Jones – 2015
Taylen Langin – 2019
Delaney McDowell – 2018, 2019
Piper Newby – 2007
Ashley Osborne – 2007
Noel Palmer – 2018, 2019
Kylie Polsgrove – 2018, 2019
Rebekah Ricksecker – 2008
Brenna Smith – 2018