Big South Conference History

Men’s Track & Field

**Big South Team Championships**


**Big South Individual Event Champions**

*Listed By Meet*

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200 Pete McFadden
400 Marlon Tanner
Mile Chris McGregor
3K Stephen Githuka
5K Josh Cox
55 Hurdles Marlon Tanner
High Jump James Johnson
1998 Outdoor
200 Pete McFadden
400 Cedric Pollard
1,500 Stephen Githuka
110 Hurdles Marlon Tanner
400 Hurdles Marlon Tanner
Steeplechase Brian Kiprono
Pole Vault Greg Benhase
Discus James Johnson
Javelin Brian Harrell
1999 Indoor
60 Jeremy Wagner
200 Michael Decker
400 Michael Decker
800 Chris Poluiakis
3K Stephen Githuka
5K Stephen Githuka
60 Hurdles Ken Howell
High Jump James Johnson
Pole Vault Greg Benhase
1999 Outdoor
200 Michael Decker
400 Michael Decker
800 Stephen Githuka
1,500 Stephen Githuka
10K Bruce Kite
110 Hurdles Ken Howell
400 Hurdles Marlon Tanner
Steeplechase Brian Kiprono
Pole Vault Greg Benhase
Discus James Johnson
2000 Indoor
60 Jeremy Wagner
200 Michael Decker
400 Michael Decker
800 Chris Poluiakis
3K Bruce Kite
60 Hurdles Brian Ballard
Long Jump Nick Anderson
Triple Jump Jeremy Howe
High Jump James Johnson
Pole Vault Ken Howell
2000 Outdoor
100 Jeremy Wagner
200 Michael Decker
400 Michael Decker
110 Hurdles Ken Howell
400 Hurdles Samuel Brunt
Triple Jump Jeremy Howe
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2005 Outdoor
800 Chris Lyons
5K Josh McDougal
10K Josh McDougal
400 Hurdles Brandon Hoskins
Long Jump Kevin Octave
Shot Put Dan Royal
Discus Dan Royal

2006 Indoor
Mile Josh McDougal
3K Josh McDougal
5K Jordan McDougal
Pole Vault Brandon Hoskins
Heptathlon Clarence Murray

2006 Outdoor
1,500 Josh McDougal
5K Jordan McDougal
10K Jordan McDougal
Decathlon Clarence Murray

2007 Indoor
800 Travis Campbell
Mile Josh McDougal
3K Josh McDougal
5K Jordan McDougal
Shot Put Jon Hart
Heptathlon Clarence Murray

2007 Outdoor
1,500 Josh McDougal
5K Josh McDougal
10K Josh McDougal
400 Hurdles Tim O'Donnell
Shot Put Jon Hart
Discus Clendon Henderson
Hammer Jon Hart
Decathlon Brandon Hoskins

2008 Indoor
Mile Josh McDougal
3K Josh McDougal
5K Jordan McDougal
Long Jump Matt Parker
Triple Jump Clarence Powell
High Jump Matt Parker
Pole Vault Kolby Shepherd
Shot Put Clendon Henderson
Weight Jon Hart
Heptathlon Brandon Hoskins

2008 Outdoor
5K Evans Kigen
Steeplechase Evans Kigen
Triple Jump Clarence Powell
Pole Vault Kolby Shepherd
Shot Put Jon Hart
Discus Clendon Henderson
Hammer Jon Hart
Decathlon Daniel Newell

2009 Indoor
60 Hurdles Matt Parker
Mile Sam Chelanga
High Jump Matt Parker
Pole Vault Kolby Shepherd
Shot Put Andrew Bartels
Heptathlon Geren Woodbridge
2009 Outdoor
1,500 Sam Chelanga
5K Sam Chelanga
400 Hurdles Tim O'Donnell
Long Jump Anthony Bryant
Triple Jump Anthony Bryant
High Jump Anthony Bryant
Discus John Talbert
Javelin Ryan Bell
Decathlon Daniel Newell

2010 Indoor
Mile Sam Chelanga
3K Sam Chelanga
Triple Jump Clarence Powell
High Jump Clarence Powell
Pole Vault Kolby Shepherd
Shot Put Ryan Smith
Heptathlon Geren Woodbridge

2010 Outdoor
5K Evans Kigen
Steeplechase Evans Kigen
Long Jump Clarence Powell
Pole Vault Cody Fridgen
Shot Put Ryan Smith
Discus Elliot Galeone

2011 Indoor
400 Taylor Courtney
Mile Sam Chelanga
3K Evans Kigen
5K Josh Edmonds
Triple Jump Clarence Powell
Shot Put Ryan Smith
Heptathlon Geren Woodbridge

2011 Outdoor
5K Evans Kigen
Steeplechase Evans Kigen
Triple Jump Chris Johnson
Pole Vault Kolby Shepherd
Shot Put Ryan Smith
Discus Elliot Galeone
Javelin Elliot Galeone
Decathlon Geren Woodbridge

2012 Indoor
400 Leonard Robbins
High Jump Kyle Wheeler
Pole Vault Kolby Shepherd
Shot Put Ryan Smith
Weight Throw Ryan Smith

2012 Outdoor
400 Leonard Robbins
10K Ngetich Kipchirchir
High Jump Kyle Wheeler
Pole Vault Kolby Shepherd
Shot Put Ryan Smith
Discus Ryan Smith
Decathlon Jacob DeValve

2013 Indoor
3K Caleb Edmonds
5K Josh MacDonald
High Jump Kyle Wheeler
Pole Vault Cody Bingham
Shot Put Ryan Smith
2013 Outdoor
800 Isaac Wendland
1,500 Isaac Wendland
5K Caleb Edmonds
10K David Ricksecker
400 Hurdles Andre Washington
Triple Jump Chris Johnson
Pole Vault Cody Bingham
Shot Put Ryan Smith

2013 Outdoor
High Jump Kyle Wheeler
Shot Put Fred Fulton

2014 Indoor
100 ConRoy Smith
1,500 Caleb Edmonds
400 Hurdles Ryan Davis
Steeplechase Josh MacDonald
Shot Put Jacob DeValve
Discus David Scouten

2014 Outdoor
200 Stephen Racanelli
400 Stephen Racanelli
Long Jump Aklesso Agama
Triple Jump Aklesso Agama
Weight Throw David Scouten

2015 Indoor
200 Stephen Racanelli
400 Stephen Racanelli
Long Jump Kyle Wheeler
Triple Jump Aklesso Agama
Pole Vault Ken Ritchey
Shot Put Fred Fulton
Discus Fred Fulton
Javelin Steve Feister
Decathlon Tevan McIntire

2015 Outdoor
400 Hurdles Ryan Davis
Long Jump Kyle Wheeler
Triple Jump Aklesso Agama
Pole Vault Ken Ritchey
Shot Put Fred Fulton
Discus Fred Fulton

2016 Indoor
200 Stephen Racanelli
400 Stephen Racanelli
800 Michael Todd
60 Hurdles Ryan Davis
Triple Jump Darrel Jones
Shot Put Fred Fulton
Weight Throw Fred Fulton
Heptathlon Zach Gilroy

2016 Outdoor
400 Stephen Racanelli
800 Bradley Prentice
Discus Fred Fulton
Javelin Steve Feister
Decathlon Zach Davis

2017 Indoor
200 Stephen Racanelli
400 Jahquez Durham
60 Hurdles Jovaine Atkinson
Pole Vault Carson Waters

2017 Outdoor
200 Stephen Racanelli
400 Stephen Racanelli
110 Hurdles Jovaine Atkinson
400 Hurdles Ryan Davis
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**Most Big South Men’s Individual Event Titles (By Meet)**

- 10 – 1999 Outdoor, 2000 Indoor, 2008 Indoor
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Clendon Henderson 2007 Outdoor Discus
2008 Indoor Shot Put
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Brandon Hoskins 2005 Outdoor 400 Hurdles
2006 Indoor Pole Vault
2007 Outdoor Decathlon
2008 Indoor Heptathlon
Jeremy Howe 2000 Indoor Triple Jump
2000 Outdoor Triple Jump
Ken Howell 1999 Indoor 60 Hurdles
1999 Outdoor 110 Hurdles
2000 Indoor Pole Vault
2000 Outdoor 110 Hurdles
2000 Outdoor Pole Vault
2000 Outdoor Javelin
Chris Johnson 2011 Outdoor Triple Jump
2013 Outdoor Triple Jump
James Johnson 1998 Indoor High Jump
1998 Outdoor Discus
1999 Indoor High Jump
1999 Outdoor Discus
2000 Indoor High Jump
2000 Outdoor Discus
Darrel Jones 2016 Indoor Triple Jump
2017 Outdoor Triple Jump
2018 Indoor Triple Jump
2018 Outdoor Triple Jump
Sean Keys 1994 Outdoor 110 Hurdles
Evans Kigen 2008 Outdoor 5K
2008 Outdoor Steeplechase
2010 Outdoor 5K
2010 Outdoor Steeplechase
2011 Indoor 3K
2011 Outdoor 5K
2011 Outdoor Steeplechase
Ngetich Kipchirchir 2012 Outdoor 10K
Brian Kiprono 1998 Outdoor Steeplechase
1999 Outdoor Steeplechase
Bruce Kite 1999 Outdoor 10K
2000 Indoor 3K
Mike Lucas 1994 Outdoor Discus
1994 Outdoor Javelin
1996 Outdoor Discus
Chuck Lyngaas 1996 Outdoor 800
1997 Outdoor 800
Chris Lyons 2005 Indoor 800
2005 Outdoor 800
Josh MacDonald 2013 Indoor 5K
2014 Outdoor Steeplechase
John Marriott 1995 Outdoor Triple Jump
Lamech Marsh 2003 Indoor Pole Vault
Jordan McDougal 2006 Indoor 5K
2006 Outdoor 5K
2006 Outdoor 10K
2007 Indoor 5K
2008 Indoor 5K
Josh McDougal  2005 Indoor 3K
2005 Outdoor 5K
2005 Outdoor 10K
2006 Indoor Mile
2006 Indoor 3K
2006 Outdoor 1,500
2007 Indoor Mile
2007 Indoor 3K
2007 Outdoor 1,500
2007 Outdoor 5K
2007 Outdoor 10K
2008 Indoor Mile
2008 Indoor 3K

Carlton McDuffie  1997 Outdoor 100

Pete McFadden  1996 Outdoor 100
1996 Outdoor 200
1998 Indoor 55
1998 Indoor 200
1998 Outdoor 200

Chris McGregor  1995 Outdoor Steeplechase
1996 Outdoor 1,500
1998 Indoor Mile

Tevan McIntire  2015 Outdoor Decathlon

Josiah Melly  2003 Indoor 3K

Ramsey Moore  2001 Outdoor Pole Vault

Clarence Murray  2006 Indoor Heptathlon
2006 Outdoor Decathlon
2007 Indoor Heptathlon

Andy Musser  2004 Outdoor Shot Put

Daniel Newell  2008 Outdoor Decathlon
2009 Outdoor Decathlon

Kevin Octave  2002 Indoor Long Jump
2003 Indoor Long Jump
2003 Outdoor Long Jump
2005 Outdoor Long Jump

Tim O'Donnell  2007 Outdoor 400 Hurdles
2009 Outdoor 400 Hurdles

Matt Parker  2008 Indoor Long Jump
2008 Indoor High Jump
2009 Indoor 60 Hurdles
2009 Indoor High Jump

William Partridge  2018 Outdoor Shot Put

A. Perlaza Zapata  2018 Indoor 200
2018 Indoor 400
2018 Outdoor 200
2018 Outdoor 400

Todd Pettyjohn  1994 Outdoor Pole Vault

Cedric Pollard  1998 Outdoor 400

Chris Poluikis  1999 Indoor 800
2000 Indoor 800

Clarence Powell  2008 Indoor Triple Jump
2008 Outdoor Triple Jump
2010 Indoor Triple Jump
2010 Indoor High Jump
2010 Outdoor Long Jump
2011 Indoor Triple Jump

Denzel Pratt  2017 Outdoor Javelin
2018 Outdoor Javelin

Bradley Prentice  2016 Outdoor 800
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<td>Andre Washington</td>
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Carson Waters 2017 Indoor Pole Vault
2017 Outdoor Pole Vault
2018 Indoor Pole Vault
2018 Outdoor Pole Vault

Isaac Wendland 2013 Outdoor 800
2013 Outdoor 1,500

Ryan Werner 1995 Outdoor Pole Vault
1995 Outdoor Javelin
1996 Outdoor Javelin

Kyle Wheeler 2012 Indoor High Jump
2012 Outdoor High Jump
2013 Indoor High Jump
2014 Indoor High Jump
2015 Outdoor Long Jump

Adam Williams 2001 Indoor Pole Vault
2002 Indoor Pole Vault
2002 Outdoor Pole Vault

Bob Williams 1994 Outdoor Shot Put

Lauren Williams 2003 Indoor 60 Hurdles
2003 Indoor Triple Jump

Chad Wilson 2001 Indoor Long Jump
2001 Outdoor Triple Jump
2002 Outdoor 400
2002 Outdoor Triple Jump
2004 Indoor Long Jump
2004 Indoor Triple Jump
2004 Outdoor Long Jump
2004 Outdoor Triple Jump

Geren Woodbridge 2009 Indoor Heptathlon
2010 Indoor Heptathlon
2011 Indoor Heptathlon
2011 Outdoor Decathlon

Nathan Young 2000 Outdoor Shot Put

Josh Zealand 2001 Indoor 5K

**Most Big South Men’s Individual Event Titles (By Athlete)**
13 – Josh McDougal
12 – Mike Decker
10 – Ryan Smith
9 – Stephen Racanelli
8 – Chad Wilson
7 – Stephen Githuka, Evans Kigen, Kolby Shepherd
Listed By Event

Indoor 55/60
1998 – Pete McFadden (55)
1999 – Jeremy Wagner
2000 – Jeremy Wagner
2002 – Guifaly Christolin
2018 – Jovaine Atkinson

Outdoor 100
1996 – Pete McFadden
1997 – Carlton McDuffie
2000 – Jeremy Wagner
2001 – Jeremy Wagner
2002 – Guifaly Christolin
2014 – ConRoy Smith

Indoor 200
1998 – Pete McFadden
1999 – Michael Decker
2000 – Michael Decker
2001 – Michael Decker
2003 – Jeremy Wagner
2015 – Stephen Racanelli
2016 – Stephen Racanelli
2017 – Stephen Racanelli
2018 – Alejandro Perlaza Zapata

Outdoor 200
1996 – Pete McFadden
1998 – Pete McFadden
1999 – Michael Decker
2000 – Michael Decker
2001 – Michael Decker
2002 – Guifaly Christolin
2017 – Stephen Racanelli
2018 – Alejandro Perlaza Zapata

Indoor 400
1998 – Marlon Tanner
1999 – Michael Decker
2000 – Michael Decker
2001 – Michael Decker
2003 – Jon DeBogory
2011 – Taylor Courtney
2012 – Leonard Robbins
2015 – Stephen Racanelli
2016 – Stephen Racanelli
2017 – Jahquez Durham
2018 – Alejandro Perlaza Zapata

Outdoor 400
1994 – Mike Reed
1996 – Hosein Burch
1997 – Hosein Burch
1998 – Cedric Pollard
1999 – Michael Decker
2000 – Michael Decker
2001 – Michael Decker
2002 – Chad Wilson
2012 – Leonard Robbins
2015 – Stephen Racanelli
2016 – Stephen Racanelli
2017 – Stephen Racanelli
2018 – Alejandro Perlaza Zapata

Indoor 800
1999 – Chris Poluiakis
2000 – Chris Poluiakis
2005 – Chris Lyons
2007 – Travis Campbell
2016 – Michael Todd
Outdoor 800
1996 – Chuck Lyngaas
1997 – Chuck Lyngaas
1999 – Stephen Githuka
2005 – Chris Lyons
2013 – Isaac Wendland
2016 – Bradley Prentice

Indoor Mile
1998 – Chris McGregor
2005 – Dan Rabe
2006 – Josh McDougal
2007 – Josh McDougal
2008 – Josh McDougal
2009 – Sam Chelanga
2010 – Sam Chelanga
2011 – Sam Chelanga

Outdoor 1,500
1996 – Chris McGregor
1997 – Josh Cox
1998 – Stephen Githuka
1999 – Stephen Githuka
2006 – Josh McDougal
2007 – Josh McDougal
2009 – Sam Chelanga
2013 – Isaac Wendland
2014 – Caleb Edmonds

Indoor 3K
1998 – Stephen Githuka
1999 – Stephen Githuka
2000 – Bruce Kite
2002 – Dan Rabe
2003 – Josiah Melly
2005 – Josh McDougal
2006 – Josh McDougal
2007 – Josh McDougal
2008 – Josh McDougal
2010 – Sam Chelanga
2011 – Evans Kigen
2013 – Caleb Edmonds

Indoor 5K
1998 – Josh Cox
1999 – Stephen Githuka
2001 – Josh Zealand
2004 – Evan Falat
2005 – Evan Falat
2006 – Jordan McDougal
2007 – Jordan McDougal
2008 – Jordan McDougal
2011 – Josh Edmonds
2013 – Josh MacDonald

Outdoor 5K
2005 – Josh McDougal
2006 – Jordan McDougal
2007 – Josh McDougal
2008 – Evans Kigen
2009 – Sam Chelanga
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2011 – Evans Kigen
2013 – Caleb Edmonds
Outdoor 10K
1997 – Stephen Githuka
1999 – Bruce Kite
2005 – Josh McDougal
2006 – Jordan McDougal
2007 – Josh McDougal
2012 – Ngetich Kipchirchir
2013 – David Ricksecker

Indoor 55/60 Hurdles
1998 – Marlon Tanner
1999 – Ken Howell
2000 – Brian Ballard
2001 – Jeremy Brewer
2002 – Jeremy Graves
2003 – Lauren Williams
2009 – Matt Parker
2016 – Ryan Davis
2017 – Jovaine Atkinson
2018 – Jovaine Atkinson

Outdoor 110 Hurdles
1994 – Sean Keys
1998 – Marlon Tanner
1999 – Ken Howell
2000 – Ken Howell
2002 – Micah Brinkley
2003 – Micah Brinkley
2004 – Micah Brinkley
2017 – Jovaine Atkinson

Outdoor 400 Hurdles
1994 – Mike Reed
1995 – Mike Reed
1997 – Marlon Tanner
1998 – Marlon Tanner
1999 – Marlon Tanner
2000 – Samuel Brunt
2005 – Brandon Hoskins
2007 – Tim O'Donnell
2009 – Tim O'Donnell
2013 – Andre Washington
2014 – Ryan Davis
2015 – Ryan Davis
2017 – Ryan Davis
2018 – Branson Rolle

Outdoor Steeplechase
1995 – Chris McGregor
1996 – Daniel Bentley
1997 – Daniel Bentley
1998 – Brian Kiprono
1999 – Brian Kiprono
2008 – Evans Kigen
2010 – Evans Kigen
2011 – Evans Kigen
2014 – Josh MacDonald

Indoor Long Jump
2000 – Nick Anderson
2001 – Chad Wilson
2002 – Kevin Octave
2003 – Kevin Octave
2004 – Chad Wilson
2008 – Matt Parker
2015 – Aklesso Agama
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Indoor Pole Vault 1999 – Greg Benhase
2000 – Ken Howell
2001 – Adam Williams
2002 – Adam Williams
2003 – Lamech Marsh
2006 – Brandon Hoskins
2008 – Kolby Shepherd
2009 – Kolby Shepherd
2010 – Kolby Shepherd
2012 – Kolby Shepherd
2013 – Cody Bingham
2017 – Carson Waters
2018 – Carson Waters

Indoor Shot Put 2007 – Jon Hart
2008 – Clendon Henderson
2009 – Andrew Bartels
2010 – Ryan Smith
2011 – Ryan Smith
2012 – Ryan Smith
2013 – Ryan Smith
2014 – Fred Fulton
2016 – Fred Fulton

Outdoor Pole Vault 1994 – Todd Pettyjohn
1995 – Ryan Werner
1996 – Michael Prettyman
1997 – Michael Prettyman
1998 – Greg Benhase
1999 – Greg Benhase
2000 – Ken Howell
2001 – Ramsey Moore
2002 – Adam Williams
2008 – Kolby Shepherd
2010 – Cody Fridgen
2011 – Kolby Shepherd
2012 – Kolby Shepherd
2013 – Cody Bingham
2015 – Ken Ritchey
2017 – Carson Waters
2018 – Carson Waters

Outdoor Shot Put 1994 – Bob Williams
2000 – Nathan Young
2004 – Andy Musser
2005 – Dan Royal
2007 – Jon Hart
2008 – Jon Hart
2010 – Ryan Smith
2011 – Ryan Smith
2012 – Ryan Smith
2013 – Ryan Smith
2014 – Jacob DeValve
2015 – Fred Fulton
2018 – William Partridge
Outdoor Discus
1994 – Mike Lucas
1996 – Mike Lucas
1997 – Micah Gaudio
1998 – James Johnson
1999 – James Johnson
2000 – James Johnson
2005 – Dan Royal
2007 – Clendon Henderson
2008 – Clendon Henderson
2009 – John Talbert
2010 – Elliot Galeone
2011 – Elliot Galeone
2012 – Ryan Smith
2014 – David Scouten
2015 – Fred Fulton
2016 – Fred Fulton

Outdoor Javelin
1994 – Mike Lucas
1995 – Ryan Werner
1996 – Ryan Werner
1997 – Michael Prettyman
1998 – Brian Harrell
2000 – Ken Howell
2001 – Clint Gore
2009 – Ryan Bell
2011 – Elliot Galeone
2015 – Steve Feister
2016 – Steve Feister
2017 – Denzel Pratt
2018 – Denzel Pratt

Indoor Weight
2004 – Tyler Biggins
2008 – Jon Hart
2012 – Ryan Smith
2015 – David Scouten
2016 – Fred Fulton

Outdoor Hammer
1997 – Pete Brown
2007 – Jon Hart
2008 – Jon Hart

Indoor Heptathlon
2006 – Clarence Murray
2007 – Clarence Murray
2008 – Brandon Hoskins
2009 – Geren Woodbridge
2010 – Geren Woodbridge
2011 – Geren Woodbridge
2016 – Zach Gilroy

Outdoor Decathlon
2001 – Eric Beck
2002 – Jordan Crawford
2004 – Jordan Crawford
2006 – Clarence Murray
2007 – Brandon Hoskins
2008 – Daniel Newell
2009 – Daniel Newell
2011 – Geren Woodbridge
2012 – Jacob DeValve
2015 – Tevan McIntire
2016 – Zach Davis
2017 – Zach Davis
Most Big South Men’s Individual Event Titles (By Event)
17 – Outdoor Pole Vault
16 – Outdoor Discus
14 – Outdoor 400 Hurdles
13 – Indoor Pole Vault, Outdoor 400, Outdoor Shot Put, Outdoor Javelin
12 – Indoor 3K, Outdoor Triple Jump, Outdoor Decathlon
## Big South Relay Champions

### Outdoor 4 x 100

<table>
<thead>
<tr>
<th>Year</th>
<th>Team Members</th>
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<tr>
<td>1994</td>
<td>Mike Reed, Jacob Swinton, Randy Bishop, James McKnight</td>
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<td>Pete McFadden, Kevin Coley, Carlton McDuffie, Cedric Pollard</td>
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<td>1998</td>
<td>Grover Gaddy, Pete McFadden, Cedric Pollard, Marlon Tanner</td>
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<tr>
<td>1999</td>
<td>Brian Sale, Michael Decker, Marlon Tanner, Jeremy Wagner</td>
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<tr>
<td>2000</td>
<td>Grover Gaddy, Michael Decker, Brannan Duncan, Jeremy Wagner</td>
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<tr>
<td>2001</td>
<td>Grover Gaddy, Michael Decker, Guifaly Christolin, Jeremy Wagner</td>
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<td>2005</td>
<td>Don Wood, Ravanno Ferguson, Kevin Octave, Alonzo Phillips</td>
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<tr>
<td>2018</td>
<td>Travis Henderson, A. Peraza Zapata, Greg Edwards, Jahquez Durham</td>
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### Outdoor 4 x 400

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<td>Dennis Johnson, Marlon Tanner, Cedric Pollard, Hosein Burch</td>
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<tr>
<td>1997</td>
<td>Drew Ellenburg, Andrew Prantner, Cedric Pollard, Hosein Burch</td>
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<td>1998</td>
<td>Drew Ellenburg, Chris Poluikis, Marlon Tanner, Cedric Pollard</td>
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<td>1999</td>
<td>Marlon Tanner, Brian Sale, Jeremy Wagner, Michael Decker</td>
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<td>2001</td>
<td>Brannon Duncan, Chad Wilson, Jeremy Wagner, Michael Decker</td>
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<td>2017</td>
<td>Michael Todd, Jahquez Durham, Bradley Prentice, Stephen Racanelli</td>
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<td>A. Peraza Zapata, Michael Todd, Jeff Jacobs, Jahquez Durham</td>
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### Indoor 4 x 400

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<td>Chad Wilson, Jon DeBogory, Jeremy Wagner, Michael Decker</td>
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<td>Jon DeBogory, Stephen Meier, Chad Wilson, Guifaly Christolin</td>
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<td>Daniel Newell, Chris Best, Matt Parker, Phil Leineweber</td>
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<td>2013</td>
<td>Andre Washington, Tyler Weigandt, Kyle Gill, Paul Arslain</td>
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<tr>
<td>2015</td>
<td>Ryan Davis, Jeff Jacobs, John Sherret, Ryan Versen</td>
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<td>2016</td>
<td>Ryan Davis, Michael Todd, Jeff Jacobs, Stephen Racanelli</td>
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<tr>
<td>2017</td>
<td>Jahquez Durham, Michael Todd, Jeff Jacobs, Stephen Racanelli</td>
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### Indoor DMR

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<td>1999</td>
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<td>Josh Zealand, Jeremy Pritchard, Jon DeBogory, Bruce Kite</td>
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<td>2003</td>
<td>Chris Lyons, Eric Beck, Travis Campbell, Jason Brown</td>
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<td>2005</td>
<td>Jason Brown, Richard Arkell, Kevin Correa, Drew Ponder</td>
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<tr>
<td>2008</td>
<td>Mark Hopely, Tim O'Donnell, Kevon Correa, Jordan McDougal</td>
</tr>
<tr>
<td>2010</td>
<td>Will Reeves, Chris Herbst, Paul Arslain, Sam Chelanga</td>
</tr>
</tbody>
</table>
Award Winners

**Big South Hall of Fame**
Ryan Werner – Class of 2007

**Howard Bagwell Male Student-Athlete of the Year (All Sports)**
Sam Chelanga – 2009, 2010 & 2011

**Big South Scholar-Athlete of the Year (All Sports)**
Bruce Kite – 2001

**Christenberry Award (All Sports)**
Jeremy Graves – 2004
Graham Hansel – 2018

**Big South Men’s Track & Field Athlete of the Year (Overall)**
Greg Benhase – 1998
Sam Chelanga – 2009, 2010 & 2011
Kolby Shepherd – 2012

**Big South Men’s Field Athlete of the Year (Overall)**
Markus Ballengee – 2018
Carson Waters – 2017

**Big South Most Outstanding Athlete**
Greg Benhase – 1998 Outdoor
Kevin Coley – 1996 Outdoor
Michael Decker – 1999 Outdoor, 2000 Indoor
Ken Howell – 2000 Outdoor
Mike Reed – 1994 Outdoor

**Big South Most Outstanding Track Performer**
Jovaine Atkinson – 2018 Indoor
Guifaly Christolin – 2002 Outdoor
Michael Decker – 2001 Outdoor
Evans Kigen – 2010 Outdoor
Josh MacDonald – 2014 Outdoor
Alejandro Perlaza Zapata – 2018 Outdoor
Stephen Racanelli – 2016 Indoor, 2017 Outdoor

**Big South Most Outstanding Field Performer**
Aklello Agama – 2015 Indoor
Nick Anderson – 2001 Outdoor, 2002 Indoor
Anthony Bryant – 2009 Outdoor
Fred Fulton – 2015 Outdoor
Elliot Galeone – 2011 Outdoor
Matt Parker – 2008 Indoor
Clarence Powell – 2010 Indoor, 2010 Outdoor
Denzel Pratt – 2017 Outdoor
Ryan Smith – 2011 Indoor, 2012 Outdoor & 2013 Outdoor
Carson Waters – 2017 Indoor
Chad Wilson – 2001 Indoor, 2004 Outdoor
**Big South Freshman of the Year**
Josh Edmonds – 2007 Indoor
Clarence Powell – 2008 Indoor, 2008 Outdoor
Kevin Reddington – 2010 Indoor
Leonard Robbins – 2012 Indoor
John Talbert – 2009 Outdoor
Michael Todd – 2016 Indoor
Kyle Wheeler – 2012 Indoor, 2012 Outdoor

**Big South Scholar-Athlete of the Year**
Jovaine Atkinson – 2018 Indoor
Clendon Henderson – 2008 Indoor, 2008 Outdoor
Ken Howell – 1999 Outdoor
Bruce Kite – 2001 Indoor, 2001 Outdoor
Phil Leineweber – 2009 Outdoor
Chris McGregor – 1998 Indoor
Daniel Newell – 2009 Indoor
David Scouten – 2015 Outdoor
Ryan Werner – 1995 Outdoor, 1996 Outdoor
Adam Williams – 2003 Indoor

**Big South Coach of the Year**
Women's Track & Field

Team Championships


Big South Individual Event Champions

**Listed by Meet**

<table>
<thead>
<tr>
<th>Year</th>
<th>Meet</th>
<th>Event</th>
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<td>Fadhila Samuel</td>
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<tr>
<td></td>
<td>400</td>
<td>400</td>
<td>Fadhila Samuel</td>
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<tr>
<td></td>
<td>Long Jump</td>
<td>Shauna Hutchenson</td>
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<td>Triple Jump</td>
<td>Anna-Kate Jarman</td>
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<tr>
<td>1995 Outdoor</td>
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<tr>
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<td>Wanda Browning</td>
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<td>800</td>
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<td>J'Aime Cowan</td>
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<td>3K</td>
<td>3K</td>
<td>Tabitha Kemerling</td>
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<tr>
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<td>Holly Mays-Deem</td>
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<td>Long Jump</td>
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<td>Mari Kong</td>
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<td>Anna-Kate Jarman</td>
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<td>Amy Rodriguez</td>
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<td>Hammer</td>
<td>Amy Rodriguez</td>
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<td>Triple Jump</td>
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<td>Shot Put</td>
<td>Amy Rodriguez</td>
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<td></td>
<td>Pole Vault</td>
<td>Elisabeth Robertson</td>
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</table>
1999 Outdoor  
200  Panthera Seymour  
400  Jaquay Reid  
10K  Tammi Green  
400 Hurdles  Robin Williams  
Long Jump  Robin Williams  
Triple Jump  Amy Sturgill  
Pole Vault  Elisabeth Robertson  
Shot Put  Amy Rodriguez  
Javelin  Becky Scott  

2000 Indoor  
400  Kodi Pollard  
800  Heather Sagan  
Mile  Heather Sagan  
60 Hurdles  Robin Williams  
Long Jump  Robin Williams  
Pole Vault  Elisabeth Robertson  

2000 Outdoor  
100  Panthera Seymour  
800  Heather Sagan  
1,500  Heather Sagan  
10K  Tammi Green  
100 Hurdles  Robin Williams  
400 Hurdles  Robin Williams  
Long Jump  Robin Williams  
Pole Vault  Andrea Wildrick  

2001 Indoor  
200  Panthera Seymour  
400  Kodi Pollard  
800  Heather Sagan  
Mile  Heather Sagan  
Pole Vault  Andrea Wildrick  

2001 Outdoor  
400  Kodi Pollard  
800  Heather Sagan  
1,500  Amy Teer  
400 Hurdles  Robin Williams  
Long Jump  Robin Williams  
Pole Vault  Andrea Wildrick  
Javelin  Kylene Helman  

2002 Indoor  
800  Heather Sagan  
1,500  Heather Sagan  
5K  Samantha Pelletier  
60 Hurdles  Marianne Mulkey  
Long Jump  Danielle McNanay  
Pole Vault  Andrea Wildrick  

2002 Outdoor  
800  Heather Sagan  
1,500  Heather Sagan  
5K  Heather Sagan  
100 Hurdles  Danielle McNanay  
High Jump  Danielle McNanay  
Pole Vault  Andrea Wildrick  
Javelin  Kylene Helman  
Heptathlon  Britton Bennett  

2003 Indoor  
60 Hurdles  Marianne Mulkey  
Triple Jump  Jonisha Saunders  
High Jump  Kena Butts  

2003 Outdoor  
100 Hurdles  Danielle McNanay  
400 Hurdles  Danielle McNanay  
Long Jump  Danielle McNanay  
High Jump  Kena Butts  
Pole Vault  Aimee Riley  
Heptathlon  Danielle McNanay
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<th>Year</th>
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<td>2008 Indoor</td>
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<td>Mia Aghaji</td>
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<td>Katie Albright</td>
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<td>Ashley Osborne</td>
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<td>Christina Mitchell</td>
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</table>
2011 Indoor
800  Meghan Burggraf
Mile   Jennifer Klugh
3K     Jennifer Klugh
5K     Dacia Bushman
Long Jump  Alyssa Pegues
Triple Jump Mia Aghaji
Pole Vault  Shelley Parker
Pentathlon Christina Mitchell

2011 Outdoor
800  Meghan Burggraf
1,500 Jennifer Klugh
5K     Dacia Bushman
10K    Dacia Bushman
100 Hurdles  Olivia Charnuski
Triple Jump Mia Aghaji
Pole Vault  Shelley Parker
Heptathlon Christina Mitchell

2012 Indoor
Mile   Jennifer Klugh
3K     Jennifer Klugh
5K     Kristina Kanagy
Shot Put Mychelle Cumings

2012 Outdoor
1,500 Jennifer Klugh
5K     Jennifer Klugh
Triple Jump Mia Aghaji
Shot Put Mychelle Cumings
Discus  Mychelle Cumings
Javelin Christina Mitchell
Hammer  Melinda Bendik
Heptathlon Christina Mitchell

2013 Indoor
3K     Jacy Christiansen
High Jump  Kristen Willeford
Shot Put  Mychelle Cumings

2013 Outdoor
Shot Put Mychelle Cumings
Discus  Mychelle Cumings
Javelin Christina Mitchell
Heptathlon Christina Mitchell

2014 Indoor
60     Oasis Hernandez
800    Meghan Burggraf
Shot Put  Mychelle Cumings
Weight Throw Jocelyn Williams
Pentathlon Riley Brandon

2014 Outdoor
800    Meghan Burggraf
5K     Jacy Christiansen
Triple Jump Janae Jones
Discus  Jennifer Nicholson
Heptathlon Riley Brandon

2015 Indoor
60     Abigail Flower
200    Abigail Flower
3K     Ednah Kurgat
Pentathlon Riley Brandon

2015 Outdoor
100    Abigail Flower
200    Abigail Flower
Triple Jump Janae Jones
Shot Put Mychelle Cumings
Discus  Jennifer Smith
Heptathlon Erika Jackson
2016 Indoor
400 Erin Edmond
800 Delaney McDowell
Mile Ednah Kurgat
3K Ednah Kurgat
Shot Put Mychelle Cumings
Pentathlon Erika Jackson

2016 Outdoor
400 Erin Edmond
800 Ansley Gebben
10K Ednah Kurgat
Shot Put Mychelle Cumings
Heptathlon Erika Jackson

2017 Indoor
400 Tanner Ealum
800 Delaney McDowell
Triple Jump Janae Jones
High Jump Erin Zappia
Pole Vault Jessie Glynn
Shot Put Dasiana Larson
Pentathlon Kylie Polsgrove

2017 Outdoor
400 Tanner Ealum
800 Delaney McDowell
5K Anna Van Wyk
Shot Put Dasiana Larson
Javelin Brenna Smith
Heptathlon Kylie Polsgrove

2018 Indoor
200 Kimone Green
400 Kimone Green
800 Delaney McDowell
High Jump Kylie Polsgrove
Shot Put Naomi Mojica
Weight Throw Dasiana Larson
Pentathlon Kylie Polsgrove

2018 Outdoor
100 Ty'Asia Dansbury
200 Ty'Asia Dansbury
400 Cortney Dowling
800 Tanner Ealum
100 Hurdles Kylie Polsgrove
400 Hurdles Kimone Green
High Jump Erin Zappia
Pole Vault Jessie Glynn
Shot Put Naomi Mojica
Discus Patria Vaimaona
Hammer Dasiana Larson
Javelin Brenna Smith
Heptathlon Kylie Polsgrove

Most Big South Women’s Individual Event Titles (By Meet)
13 – 2018 Outdoor
10 – 1995 Outdoor
9 – 1999 Outdoor
2011 Indoor, 2011 Outdoor, 2012 Outdoor
<table>
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<tr>
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<td>Jennifer (Nicholson) Smith</td>
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<td>Amy Teer</td>
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<td>Anna Van Wyk</td>
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<td>Jaime Watson</td>
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<td>Jaime Watson</td>
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Kristen Willeford 2013 Indoor High Jump
Jocelyn Williams 2014 Indoor Weight Throw
Marie Williams 2007 Indoor Pentathlon
  2007 Outdoor Heptathlon
  2009 Indoor Pentathlon
  2009 Outdoor Heptathlon
Robin Williams 1998 Outdoor Long Jump
  1999 Outdoor 400 Hurdles
  1999 Outdoor Long Jump
  2000 Indoor 60 Hurdles
  2000 Indoor Long Jump
  2000 Outdoor 100 Hurdles
  2000 Outdoor 400 Hurdles
  2000 Outdoor Long Jump
  2001 Outdoor 400 Hurdles
  2001 Outdoor Long Jump
Erin Zappia 2017 Indoor High Jump
  2018 Outdoor High Jump
Arlene Zelinskas 2006 Indoor 60 Hurdles
  2006 Indoor High Jump
  2006 Indoor Pentathlon
  2007 Indoor 60 Hurdles
  2007 Indoor High Jump
  2007 Outdoor 400 Hurdles
  2007 Outdoor High Jump

*Most Big South Women's Individual Event Titles (By Athlete)*
13 – Danielle McNaney
12 – Heather Sagan
10 – Mychelle Cumings, Robin Williams
8 – Kena Butts, Jaime Watson
### Listed by Event

**Indoor 60**
- 2014 – Oasis Hernandez
- 2015 – Abigail Flower

**Outdoor 100**
- 1994 – Fadhila Samuel
- 1995 – Ardra Samuel
- 1996 – Ardra Samuel
- 1997 – Ardra Samuel
- 2000 – Panthera Seymour
- 2015 – Abigail Flower
- 2018 – Ty'Asia Dansbury

**Indoor 200**
- 2001 – Panthera Seymour
- 2015 – Abigail Flower
- 2018 – Kimone Green

**Outdoor 200**
- 1994 – Fadhila Samuel
- 1995 – Ardra Samuel
- 1996 – Ardra Samuel
- 1997 – Ardra Samuel
- 1999 – Panthera Seymour
- 2015 – Abigail Flower
- 2018 – Ty'Asia Dansbury

**Indoor 400**
- 2000 – Kodi Pollard
- 2001 – Kodi Pollard
- 2010 – Jaime Watson
- 2016 – Erin Edmond
- 2017 – Tanner Ealum
- 2018 – Kimone Green

**Outdoor 400**
- 1994 – Fadhila Samuel
- 1995 – Wanda Browning
- 1996 – Regina McFarland
- 1997 – Kay Chandler
- 1998 – Holly Mays-Deem
- 1999 – Jaquay Reid
- 2001 – Kodi Pollard
- 2010 – Jaime Watson
- 2016 – Erin Edmond
- 2017 – Tanner Ealum
- 2018 – Cortney Dowling

**Indoor 800**
- 1999 – Amy Teer
- 2000 – Heather Sagan
- 2001 – Heather Sagan
- 2002 – Heather Sagan
- 2008 – Jaime Watson
- 2009 – Jaime Watson
- 2010 – Jaime Watson
- 2011 – Meghan Burggraf
- 2014 – Meghan Burggraf
- 2016 – Delaney McDowell
- 2017 – Delaney McDowell
- 2018 – Delaney McDowell
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| Outdoor 800  | 1995 – J’Aime Cowan  
1998 – Amy Teer  
2000 – Heather Sagan  
2001 – Heather Sagan  
2002 – Heather Sagan  
2006 – Jaime Watson  
2007 – Jaime Watson  
2008 – Jaime Watson  
2010 – Meghan Burggraf  
2011 – Meghan Burggraf  
2014 – Meghan Burggraf  
2016 – Ansley Gebben  
2017 – Delaney McDowell  
2018 – Tanner Ealum |
| Indoor Mile  | 2000 – Heather Sagan  
2001 – Heather Sagan  
2002 – Heather Sagan  
2009 – Katie Albright  
2010 – Rebekah Ricksecker  
2011 – Jennifer Klugh  
2012 – Jennifer Klugh  
2016 – Ednah Kurgat |
| Outdoor 1,500| 2000 – Heather Sagan  
2001 – Amy Teer  
2002 – Heather Sagan  
2007 – Rebekah Ricksecker  
2008 – Rebekah Ricksecker  
2010 – Rebekah Ricksecker  
2011 – Jennifer Klugh  
2012 – Jennifer Klugh |
| Indoor 3K    | 2009 – Ashley Osborne  
2010 – Rebekah Ricksecker  
2011 – Jennifer Klugh  
2012 – Jennifer Klugh  
2013 – Jacy Christiansen  
2015 – Ednah Kurgat  
2016 – Ednah Kurgat |
| Outdoor 3K   | 1995 – Tabitha Kemerling  
1996 – Jennifer Hodges |
| Indoor 5K    | 2002 – Samantha Pelletier  
2006 – Carol Jefferson  
2007 – Carol Jefferson  
2009 – Ashley Osborne  
2011 – Dacia Bushman  
2012 – Khristina Kanagy |
| Outdoor 5K   | 2002 – Heather Sagan  
2006 – Carol Jefferson  
2007 – Carol Jefferson  
2010 – Ashley Osborne  
2011 – Dacia Bushman  
2012 – Jennifer Klugh  
2014 – Jacy Christiansen  
2017 – Anna Van Wyk |
Outdoor 10K
1999 – Tammi Green
2000 – Tammi Green
2006 – Carol Jefferson
2007 – Carol Jefferson
2010 – Ashley Osborne
2011 – Dacia Bushman
2016 – Ednah Kurgat

Indoor 60 Hurdles
2000 – Robin Williams
2002 – Marianne Mulkey
2003 – Marianne Mulkey
2004 – Danielle McNaney
2005 – Danielle McNaney
2006 – Arlene Zelinskas
2007 – Arlene Zelinskas

Outdoor 100 Hurdles
1995 – Holly Mays-Deem
1996 – Holly Mays-Deem
1998 – Holly Mays-Deem
2000 – Robin Williams
2002 – Danielle McNaney
2003 – Danielle McNaney
2004 – Danielle McNaney
2005 – Danielle McNaney
2011 – Olivia Charnuski
2018 – Kylie Polsgrove

Outdoor 400 Hurdles
1995 – Holly Mays-Deem
1996 – Audrey Ebanks
1997 – Holly Mays-Deem
1998 – Holly Mays-Deem
1999 – Robin Williams
2000 – Robin Williams
2001 – Robin Williams
2003 – Danielle McNaney
2007 – Arlene Zelinskas
2018 – Kimone Green

Outdoor Steeplechase
2007 – Piper Newby
2010 – Hailey Neal

Indoor Long Jump
2000 – Robin Williams
2002 – Danielle McNaney
2004 – Kena Butts
2011 – Alyssa Pegues

Outdoor Long Jump
1994 – Shauna Hutchenson
1995 – Anna-Kate Jarman
1998 – Robin Williams
1999 – Robin Williams
2000 – Robin Williams
2001 – Robin Williams
2003 – Danielle McNaney

Indoor Triple Jump
1998 – Amy Sturgill
2003 – Jonisha Saunders
2011 – Mia Aghaji
2017 – Janae Jones
Outdoor Triple Jump
1994 – Anna-Kate Jarman
1995 – Anna-Kate Jarman
1996 – Anna-Kate Jarman
1997 – Anna-Kate Jarman
1998 – Amy Sturgill
1999 – Amy Sturgill
2010 – Mia Aghaji
2011 – Mia Aghaji
2012 – Mia Aghaji
2014 – Janae Jones
2015 – Janae Jones

Indoor High Jump
1998 – Wendy Heath
2003 – Kena Butts
2004 – Kena Butts
2005 – Kena Butts
2006 – Kena Butts & Arlene Zelinskas
2007 – Arlene Zelinskas
2008 – Mia Aghaji
2009 – Christina Mitchell
2013 – Kristen Willeford
2017 – Erin Zappia
2018 – Kylie Polsgrove

Outdoor High Jump
1996 – Anna-Kate Jarman
1997 – Lora Randolph
2002 – Danielle McNaney
2003 – Kena Butts
2005 – Kena Butts
2006 – Kena Butts
2007 – Arlene Zelinskas
2008 – Mia Aghaji
2018 – Erin Zappia

Indoor Pole Vault
1998 – Elisabeth Robertson
1999 – Elisabeth Robertson
2000 – Elisabeth Robertson
2001 – Andrea Wildrick
2002 – Andrea Wildrick
2005 – Aimee Riley
2011 – Shelley Parker
2017 – Jessie Glynn

Outdoor Pole Vault
1999 – Elisabeth Robertson
2000 – Andrea Wildrick
2001 – Andrea Wildrick
2002 – Andrea Wildrick
2003 – Aimee Riley
2005 – Aimee Riley
2011 – Shelley Parker
2018 – Jessie Glynn

Indoor Shot Put
2012 – Mychelle Cumings
2013 – Mychelle Cumings
2014 – Mychelle Cumings
2016 – Mychelle Cumings
2017 – Dasiana Larson
2018 – Naomi Mojica
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| Outdoor Shot Put          | 1997 – Amy Rodriguez  
                          | 1998 – Amy Rodriguez  
                          | 1999 – Amy Rodriguez  
                          | 2012 – Mychelle Cumings  
                          | 2013 – Mychelle Cumings  
                          | 2015 – Mychelle Cumings  
                          | 2016 – Mychelle Cumings  
                          | 2017 – Dasiana Larson  
                          | 2018 – Naomi Mojica  |
| Outdoor Discus             | 2012 – Mychelle Cumings  
                          | 2013 – Mychelle Cumings  
                          | 2014 – Jennifer Nicholson  
                          | 2015 – Jennifer (Nicholson) Smith  
                          | 2018 – Patria Vaimaona  |
| Outdoor Javelin            | 1995 – Mari Kong  
                          | 1999 – Becky Scott  
                          | 2001 – Kylene Helman  
                          | 2002 – Kylene Helman  
                          | 2005 – Danielle McNaney  
                          | 2012 – Christina Mitchell  
                          | 2013 – Christina Mitchell  
                          | 2017 – Brenna Smith  
                          | 2018 – Brenna Smith  |
| Indoor Weight Throw       | 2014 – Jocelyn Williams  
                          | 2018 – Dasiana Larson  |
| Outdoor Hammer             | 1997 – Amy Rodriguez  
                          | 2012 – Melinda Bendik  
                          | 2018 – Dasiana Larson  |
| Indoor Pentathlon          | 2006 – Arlene Zelinskas  
                          | 2007 – Marie Williams  
                          | 2008 – Krystle Matthews  
                          | 2009 – Marie Williams  
                          | 2011 – Christina Mitchell  
                          | 2014 – Riley Brandon  
                          | 2015 – Riley Brandon  
                          | 2016 – Erika Jackson  
                          | 2017 – Kylie Polsgrove  
                          | 2018 – Kylie Polsgrove  |
| Outdoor Heptathlon         | 2002 – Britton Bennett  
                          | 2003 – Danielle McNaney  
                          | 2004 – Danielle McNaney  
                          | 2007 – Marie Williams  
                          | 2009 – Marie Williams  
                          | 2010 – Krystle Matthews  
                          | 2011 – Christina Mitchell  
                          | 2012 – Christina Mitchell  
                          | 2013 – Christina Mitchell  
                          | 2014 – Riley Brandon  
                          | 2015 – Erika Jackson  
                          | 2016 – Erika Jackson  
                          | 2017 – Kylie Polsgrove  
                          | 2018 – Kylie Polsgrove  |

**Most Big South Women’s Individual Event Titles (By Event)**

- 14 – Outdoor 800, Outdoor Heptathlon
- 12 – Indoor 800
- 11 – Indoor High Jump, Outdoor 400, Outdoor Triple Jump
- 10 – Indoor Pentathlon, Outdoor 100 Hurdles, Outdoor 400 Hurdles
### Big South Relay Champions

| Outdoor 4 x 100 | 1994 – Audrey Ebanks, Stacy Wilson, Sarah Harford, Fadhila Samuel  
| 1995 – Mari Kong, Anna-Kate Jarman, Amanda Holbrook, Ardra Samuel  
| 1996 – Mari Kong, Christi Barefield, Anna-Kate Jarman, Ardra Samuel  
| 1997 – Anna-Kate Jarman, Sarah Harford, Mari Kong, Ardra Samuel  
| 2000 – Janelle Shiffer, Kodi Pollard, Christina Schlesinger, Panthera Seymour  
| 2001 – Janelle Shiffer, Kodi Pollard, Christina Schlesinger, Panthera Seymour  
| 2007 – Andrea Beckles, Charlene Hibbert, Tra’ Screen, Arlene Zelinskas  
| 2015 – Dana Mercer, Abigail Flower, Olivia Davis, Kate Flower  
| 2016 – Nicole Leonzo, Kate Flower, Dana Mercer, Erin Edmond  
| 2018 – Alexis Wilson, Ty’Asia Dansbury, Kimone Green, Cortney Dowling |

| Outdoor 4 x 400 | 1994 – Audrey Ebanks, Esther Mills, Lisa Prantner, JoAnn Wolfson  
| 1995 – Wanda Browning, Audrey Ebanks, JoAnn Wolfson, Regina McFarland  
| 1997 – Holly Deem, JoAnn Wolfson, Regina McFarland, Kay Chandler  
| 1998 – Robin Williams, Kay Chandler, Tina Hall, Jaquay Reid  
| 2000 – Christina Schlesinger, Jaquay Reid, Robin Williams, Kodi Pollard  
| 2001 – Christina Schlesinger, Danelle DeKrey, Robin Williams, Kodi Pollard  
| 2004 – Aniska Strachan, Andrea Andrews, Kena Butts, Mynique Robinson  
| 2016 – Corinn Bedell, Ansley Gebben, Olivia Behymer, Erin Edmond  
| 2017 – Tanner Ealum, Delaney McDowell, Nicole Leonzo, Olivia Behymer  
| 2018 – Kimone Green, Tanner Ealum, Cortney Dowling, Ty’Asia Dansbury |

| Indoor 4 x 400 | 1998 – Holly Deem, Kay Chandler, Tina Hall, Jaquay Reid  
| 1999 – Christina Schlesinger, Danelle DeKrey, Robin Williams, Jaquay Reid  
| 2001 – Christina Schlesinger, Danelle DeKrey, Robin Williams, Kodi Pollard  
| 2002 – Danelle DeKrey, Christina Henry, Erica Gaesser, Sarah Pettit  
| 2004 – Mynique Robinson, Kena Butts, Aniska Strachan, Danielle McNaney  
| 2005 – Mynique Robinson, Kena Butts, Erica Gaesser, Charlene Hibbert  
| 2008 – Chenoa Freeman, Mia Aghaji, Charlene Hibbert, Jaime Watson  
| 2016 – Corinn Bedell, Nicole Leonzo, Ansley Gebben, Erin Edmond  
| 2017 – Nicole Leonzo, Mary Witmer, Delaney McDowell, Tanner Ealum  
| 2018 – Kimone Green, Ty’Asia Dansbury, Olivia Behymer, Tanner Ealum |

| Indoor DMR | 2000 – Sarah Pettit, Katie Butler, Becky Shepler, Rebecca Parsons  
| 2002 – Melissa Blackstone, Britton Bennett, Katie Butler, Sarah Pettit  
| 2006 – JoAnn Welch, Jennifer Ward, Sarah Roberts, Reyna Quiroz  
| 2011 – Katie Russo, Kylie McMichael, Meghan Burggraf, Betel Yosef  
| 2014 – Hannah Scherlacher, Mary Witmer, Meghan Burggraf, Katie Russo  
| 2016 – Torree Scull, Bailey Reeves, Delaney McDowell, Hannah Scherlacher  
| 2018 – Alyssa Karle, Tanner Ealum, Delaney McDowell, Anna Van Wyk |
Award Winners

Female Student-Athlete of the Year (All Sports)
Ednah Kurgat – 2016
Heather Sagan – 2002

Big South Scholar-Athlete of the Year (All Sports)
Danielle McNaney – 2005

Christenberry Award (All Sports)
Holly Deem – 1998
Danielle McNaney – 2005
Jessie Proehl – 2017
Audrey Rabe – 2017
Lora Randolph – 1997
Cathy Williams – 1999

Big South Women’s Track & Field Athlete of the Year (Overall)
Heather Sagan – 2002

Big South Women’s Runner of the Year (Overall)
Ednah Kurgat – 2016

Big South Most Outstanding Athlete
Ardra Samuel – 1995 Outdoor
Robin Williams – 2000 Outdoor

Big South Most Outstanding Track Performer
Kimone Green – 2018 Indoor
Jennifer Klugh – 2011 Indoor, 2012 Indoor
Danielle McNaney – 2003 Outdoor
Ashley Osborne – 2009 Indoor
Heather Sagan – 2001 Indoor, 2002 Outdoor
Jaime Watson – 2010 Indoor
Arlene Zelinskas – 2006 Indoor, 2007 Indoor

Big South Most Outstanding Field Performer
Mychelle Cumings – 2013 Indoor, 2013 Outdoor, 2014 Indoor
Andrea Wildrick – 2002 Outdoor
Marie Williams – 2009 Outdoor

Big South Freshman of the Year
Meghan Burggraf – 2010 Outdoor
Mychelle Cumings – 2012 Outdoor
Ty’Asia Dansbury – 2018 Outdoor
Tanner Ealum – 2017 Indoor
Ednah Kurgat – 2015 Indoor, 2015 Outdoor
Delaney McDowell – 2016 Indoor
Kylie Polsgrove – 2016 Outdoor

Big South Scholar-Athlete of the Year
Danielle McNaney – 2005 Indoor, 2005 Outdoor
Audrey Rabe – 2017 Indoor
Rebekah Ricksecker – 2010 Indoor, 2010 Outdoor
Heather Sagan – 2001 Indoor, 2001 Outdoor
Amy Sturgill – 2000 Outdoor
Cathy Williams – 1999 Outdoor
Arlene Zelinskas – 2006 Outdoor, 2007 Outdoor
Big South Coach of the Year