

2019 ASUN Conference ITF Championship

SCHEDULE OF EVENTS

Friday, February 22

- 9:30 am Men's Heptathlon – 60 Meters
Men's Heptathlon – Long Jump - A
Men's Heptathlon – Shot Put
Men's Heptathlon – High Jump
- 9:45 am Women's Pentathlon – 60 Hurdles
Women's Pentathlon – High Jump
Women's Pentathlon – Shot Put
Women's Pentathlon – Long Jump - B
Women's Pentathlon – 800 Meters
- 2:15 pm Men's Long Jump – **FINAL**
- 2:45 pm Men's Shot Put – **FINAL**
- 3:30 pm Men's 3000 Meters – **FINAL**
- 4:00 pm. Women's 3000 Meters - **FINAL**
Men's Pole Vault – **FINAL**
- 4:15 pm Women's Long Jump – **FINAL**
- 4:30 pm Men's 60 Hurdles – **TRIALS**
- 4:45 pm Women's 60 Hurdles – **TRIALS**
- 4:45 pm Women's Shot Put – **FINAL**
- 5:00 pm Men's 60 Meters – **TRIALS**
- 5:15 pm Men's High Jump – **FINAL**
- 5:15 pm Women's 60 Meters – **TRIALS**
- 5:30 pm Men's DMR – **FINAL**
- 6:00 pm Women's DMR – **FINAL**

Saturday, February 23

- 9:45 am Men's Heptathlon – 60 Hurdles
Men's Heptathlon – Pole Vault - B
Men's Heptathlon – 1000 Meters
- 10:30 am Women's Weight Throw - **FINAL**
- 10:30 am Women's Pole Vault - **Final**
- 11:30 am Women's Triple Jump – **FINAL - A**
- 12:30 pm. Men's Mile – **FINAL**
- 12:45 pm Women's Mile – **FINAL**
- 1:00 pm Men's Weight Throw – **FINAL**
- 1:15 pm Men's 60 Hurdles – **FINAL**
- 1:30 pm Women's 60 Hurdles – **FINAL**
- 1:45 pm Men's 400 Meters – **FINAL**
- 2:00 pm Women's 400 Meters – **FINAL**
- 2:15 pm Men's 60 Meters – **FINAL**
- 2:30 pm Women's 60 Meters - **FINAL**
- 2:30 pm Men's Triple Jump – **FINAL**
- 2:30 pm Women's High Jump – **FINAL**
- 2:45 pm Men's 800 Meters – **FINAL**
- 3:00 pm Women's 800 Meters – **FINAL**
- 3:15 pm Men's 200 Meters – **FINAL**
- 3:30 pm Women's 200 Meters – **FINAL**
- 3:45 pm Men's 5000 Meters – **FINAL**
- 4:15 pm Women's 5000 Meters – **FINAL**
- 4:45 pm. Men's 4x400 Relay – **FINAL**
- 5:00 pm Women's 4x400 Relay – **FINAL**
- 5:30 pm Awards Presentation

Note: For the combined events at least 30 mins. shall be allowed between each event.