



## BECOMING A LIBERTY UNIVERSITY CHEERLEADER

Updated May 2018

### **NO TRYOUT**

We no longer hold a traditional tryout but instead recruit directly to the team. In order to join the team, cheerleaders must fill out our Recruit Questionnaire at our website and then complete the steps listed below.

#### 1. ATTEND ONE OF OUR CLINICS.

It is vital for coaches to evaluate skills in person and to use the current team members to work with recruits. It is also important for recruits to meet their future teammates and see the current skill level of the team. Coaches will evaluate tumbling, partner stunting, and tosses at the clinics. This will be like a tryout for incoming cheerleaders, so prepare well! Please visit our website for clinic dates and information. If someone cannot attend a clinic because of a conflict, then he/she will need to set up another time to visit campus and meet with the coaches and team. The coaches will contact recruits after each clinic and inform them of their status in the recruiting process. This will be one of the following: 1) Coaches will contact top recruits about step 2 below. 2) Coaches will inform some that they will be placed on the Alternate List in case spots open up later in the year. 3) Coaches will inform others that they are no longer being recruited for a spot on the team.

#### 2. INTERVIEW WITH THE COACHES.

If the coaches wish to pursue next steps with a recruit, they will arrange for an interview with the recruit over the phone or in person. This may take place when a recruit is on campus for a clinic, or it may take place sometime before or after the clinic. The coaches will ask for references and transcripts beforehand and will send the recruits the current team handbook to read in preparation for the interview. Topics for discussion will include things like the recruit's Christian testimony (or spiritual beliefs), why the recruit wants to be a Liberty University cheerleader, the recruit's understanding of the policies in the team handbook, and the recruit's academic, athletic, and professional goals. The coaches are especially interested in recruits who will be a good fit for our cheerleading program. Skills are important, but skills must also be accompanied by Christian character.

#### 3. SIGN WITH THE TEAM!

Sometime after the interview, the coaches will contact the recruit and offer him/her a position on the team for the upcoming season. The offer may include a partial scholarship and further information about admission to the university, spring practice dates, and the due date for the commitment.

### **FURTHER INFORMATION**

- **ROSTER SIZE:** The 2019-2020 roster will have 24 men and 20 women.
- **COED ONLY:** We are only recruiting men and coed flyers (no female bases).
- **TUMBLING REQUIREMENT:** Women must have a minimum of a solid standing tuck, standing BHS tuck, and roundoff BHS tuck (fulls preferred). Standing and running tumbling is preferred for men.
- **STUNTING REQUIREMENT:** We are looking for those who can perform solid game-day stunts (e.g., extension, liberty, cupie) and who can learn elite stunts (e.g., inversions).
- **TOSSES:** Flyers must be able to learn and perform a minimum of a tuck basket.
- **ADDITIONAL QUALIFICATIONS:** We are seeking those with a high level of athleticism, a coachable attitude, a good work ethic, a competitive drive, a team-first mindset, and an outgoing personality and mature disposition. Liberty University cheerleaders must be both ambassadors for the university and ambassadors for Christ, and they must put the goals of the team above their personal goals.