

Name _____ ID _____

CORE COMPETENCY REQUIREMENTS¹ (36-42 hours)

Course	Hrs	Semester	Grade
Communication (6-9 hours)			
ENGL 101	3	_____	_____
_____	3/6	_____	_____
Math. Science & Technology (9-12 hours)			
_____	3	_____	_____
_____	3	_____	_____
_____	3	_____	_____
_____	0-3	_____	_____
Information Literacy (6 hours)			
_____	3	_____	_____
_____	3	_____	_____
Critical Thinking (15 hours)			
PHIL 201	3	_____	_____
_____	3	_____	_____
_____	3	_____	_____
Choose one of the following:			
General Education Option (6 hours)			
_____	3	_____	_____
_____	3	_____	_____
OR			
Language Option³ (6 hours)			
_____	3	_____	_____
_____	3	_____	_____

CHRISTIAN LIFE & THOUGHT (22-23 hours)

BIBL 105	3	_____	_____
BIBL 110	3	_____	_____
BWVW 101	1	_____	_____
BWVW 102	1	_____	_____
CRST 290	2-3	_____	_____
EVAN 101	2	_____	_____
PSYC 150	3	_____	_____
THEO 201	3	_____	_____
THEO 202	3	_____	_____
UNIV 101	1	_____	_____

MAJOR (46 hours)

Course	Hrs	Semester	Grade
Core (46 hours)			
EXSC 101	1	_____	_____
EXSC 302	2	_____	_____
EXSC 310	3	_____	_____
EXSC 311	3	_____	_____
EXSC 315	2	_____	_____
EXSC 320	3	_____	_____
EXSC 340	3	_____	_____
EXSC 350	3	_____	_____
EXSC 351	1	_____	_____
EXSC 410	3	_____	_____
EXSC 411	1	_____	_____
EXSC 421	1	_____	_____
EXSC 433	3	_____	_____
EXSC 460	3	_____	_____
EXSC 461	3	_____	_____
EXSC 485	1	_____	_____
EXSC 499	4	_____	_____
HLTH 333	3	_____	_____
KINE 101	1	_____	_____
KINE 225	1	_____	_____
KINE _____	1	_____	_____

DIRECTED COURSES⁸ (2-11 hours)

BIOL 213	3	_____	_____
BIOL 214	1	_____	_____
BIOL 215	3	_____	_____
BIOL 216	1	_____	_____
HLTH 216	3	_____	_____

FREE ELECTIVES^{9, 10} (0-16 hours)

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

ADDITIONAL MAJOR REQUIREMENTS

First Aid/ CPR Certification Date Completed: _____
 ACSM Health/Fitness Specialist Exam⁶ Date Completed: _____

GRADUATION REQUIREMENTS

122 Total Hours
40 Hours must be upper-level (300-400 level)
2.0 Overall Grade Point Average
50% Of the major must be completed through Liberty
31 Hours must be completed through LU (Online and/or Residential)
Grade of "C" Minimum required for **all** courses in major and directed courses
NSSR 101 New Student Seminar
CSER All requirements must be satisfied before a degree will be awarded
Grad App Submission of Graduation Application must be completed within the last semester of a student's anticipated graduate date

NOTES

¹Please refer to the list of Approved General Education and Integrative Courses at www.liberty.edu/gened before enrolling in Core Competency Requirements.
²All students must pass the Computer Assessment OR complete applicable INFT course. Please refer to <http://www.liberty.edu/inft> for more information.
³Must be the same language
⁴Honors Program students may take BIBL 205 and 210 in place of BIBL 105 and 110
⁵BWVW 101 and 102 must be completed by all freshmen and transfer students within the first year. These courses meet the CSER requirement for the first year at Liberty.
⁶Must be completed after all EXSC courses, but prior to EXSC 499; minimum score of 480
⁷Choose from: KINE 216-240
⁸These are approved General Education courses and may be counted in the CCRs
⁹Minors are included as elective hours
¹⁰Honors Program students must take HONR 395 in Fall of Junior year