

**Important:** This degree plan is effective for those starting this degree program in fall 2019 through summer 2020. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

**GENERAL EDUCATION/**

**FOUNDATIONAL SKILLS REQUIREMENTS (44-47 hours)**

| Course   |                               | Hrs | Sem   | Grade |
|--|-------------------------------|-----|-------|-------|
| <b>Communication &amp; Information Literacy (13 hours)<sup>1</sup></b> |                               |     |       |       |
| ENGL 101   | Composition & Rhetoric        | 3   | _____ | _____ |
| INQR 101   | Inquiry 101                   | 1   | _____ | _____ |
| _____  | Communications Elective       | 3   | _____ | _____ |
| _____  | Information Literacy Elective | 3   | _____ | _____ |
| _____  | Information Literacy Elective | 3   | _____ | _____ |

**Technological Solutions & Quantitative Reasoning (4-7 hours)<sup>1</sup>**

|           |   |     |       |       |
|-----------|---|-----|-------|-------|
| UNIV 101  | University Core Competencies                    | 1   | _____ | _____ |
| MATH ____ | Math Elective (MATH 114 or higher) <sup>2</sup> | 3   | _____ | _____ |
| _____     | Technology Competency <sup>3</sup>              | 0-3 | _____ | _____ |

**Critical Thinking (8 hours)<sup>1</sup>**

|          |   |   |       |       |
|----------|---|---|-------|-------|
| RLGN 105 | Intr Bwww/Contemp Moral Issues <sup>4</sup> | 2 | _____ | _____ |
| RSCH 201 | Research 201                                | 3 | _____ | _____ |
| _____    | Critical Thinking Elective                  | 3 | _____ | _____ |

**Civic & Global Engagement (5 hours)<sup>1</sup>**

|          |  |   |       |       |
|----------|--|---|-------|-------|
| EVAN 101 | Evangelism & Christian Life <sup>4</sup> | 2 | _____ | _____ |
| _____    | Cultural Studies Elective                | 3 | _____ | _____ |

**Social & Scientific Inquiry (6 hours)<sup>1</sup>**

|       |                                      |   |       |       |
|-------|--------------------------------------|---|-------|-------|
| _____ | Natural Science Elective             | 3 | _____ | _____ |
| _____ | Social Science Elective <sup>5</sup> | 3 | _____ | _____ |

**Christianity & Contexts (8 hours)<sup>1</sup>**

|          |                                 |   |       |       |
|----------|---------------------------------|---|-------|-------|
| BIBL 105 | Old Testament Survey            | 2 | _____ | _____ |
| BIBL 110 | New Testament Survey            | 2 | _____ | _____ |
| THEO 201 | Theology Survey I <sup>4</sup>  | 2 | _____ | _____ |
| THEO 202 | Theology Survey II <sup>4</sup> | 2 | _____ | _____ |

**Graduation Requirements**

- 120 Total Hours
- 2.0 Overall grade point average
- 30 Hours must be upper-level courses (300-400 level)
- Grade of 'C' Minimum required for all upper-level courses in the major
- 50% Of major and concentration taken through Liberty University
- 30 Hours must be completed through Liberty University
- Grad App Submission of Degree Completion Application must be completed within the last semester of a student's anticipated graduation date
- CSER All requirements must be satisfied before a degree will be awarded

| Course  |  | Hrs | Sem   | Grade |
|---|--|-----|-------|-------|
| <b>Major Foundational Courses (4-8 hours)</b> |  |     |       |       |
| BIOL 213                                      | Human Anatomy & Physiology I <sup>6,7</sup>      | 3   | _____ | _____ |
| BIOL 214                                      | Human Anatomy & Physiology I Lab <sup>6,7</sup>  | 1   | _____ | _____ |
| BIOL 215                                      | Human Anatomy & Physiology II <sup>6,7</sup>     | 3   | _____ | _____ |
| BIOL 216                                      | Human Anatomy & Physiology II Lab <sup>6,7</sup> | 1   | _____ | _____ |

**MAJOR**

|                        |  |   |       |       |
|------------------------|--|---|-------|-------|
| <b>Core (25 hours)</b> |  |   |       |       |
| CRST 290               | History of Life                        | 3 | _____ | _____ |
| HLTH 216               | Personal Health                        | 3 | _____ | _____ |
| HLTH 301               | Foundations of Public Health           | 3 | _____ | _____ |
| HLTH 350               | Intro. to Public & Community Health    | 3 | _____ | _____ |
| HLTH 370               | Intro. to Enviro. Hazards & Response   | 3 | _____ | _____ |
| HLTH 420               | Principles of Bhvr. Ch. & Hlth. Couns. | 3 | _____ | _____ |
| HLTH 444               | Principles of Epidemiology & Biostat.  | 3 | _____ | _____ |
| HLTH 453               | Program Planning & Eval. In Hlth. Ed.  | 3 | _____ | _____ |
| NURS 105               | Medical Terminology                    | 1 | _____ | _____ |

|                                 |                                    |   |       |       |
|---------------------------------|------------------------------------|---|-------|-------|
| <b>Concentration (31 hours)</b> |                                    |   |       |       |
| HLTH 330                        | Human Nutrition                    | 3 | _____ | _____ |
| HLTH 488                        | Chronic & Infectious Diseases      | 3 | _____ | _____ |
| HLTH 498                        | Public Health Senior Seminar       |   |       |       |
| or HLTH 499                     | Pro Internship in Health Promotion | 3 | _____ | _____ |
| HLTH ____                       | Health Elective <sup>8</sup>       | 3 | _____ | _____ |
| MATH 121                        | College Algebra                    | 3 | _____ | _____ |
| _____                           | _____                              | 9 | 4     | _____ |
| _____                           | _____                              | 9 | 4     | _____ |
| _____                           | _____                              | 9 | 4     | _____ |
| _____                           | _____                              | 9 | 4     | _____ |

**FREE ELECTIVES (9-16 hours)**

|       |       |   |       |       |
|-------|-------|---|-------|-------|
| _____ | _____ | - | _____ | _____ |
| _____ | _____ | - | _____ | _____ |
| _____ | _____ | - | _____ | _____ |

**Notes**

- All applicable prerequisites must be met*
- <sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in foundational skill requirements
  - <sup>2</sup>MATH 201 is strongly recommended
  - <sup>3</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information
  - <sup>4</sup>Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 & EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 & THEO 202 waived
  - <sup>5</sup>PSYC 101 is strongly recommended
  - <sup>6</sup>Courses may also fulfill select General Education Requirements. Please refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened)
  - <sup>7</sup>A minimum grade of "C" is required in BIOL 213, 214, 215 & 216
  - <sup>8</sup>Choose from a 300-400 level HLTH course not already required in the major
  - <sup>9</sup>Choose from BIOL 203 or 303, CHEM 121, 122, 301, 302, PHYS 201, or 202
- Suggested Course Sequence on second page*

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

| First Semester                                       |          | Second Semester                            |          |
|--|----------|--|----------|
| BIBL 105   | 2        | BIBL 110                                   | 2        |
| ENGL 101   | 3        | BIOL 215                                   | 3        |
| INQR 101   | 1        | BIOL 216                                   | 1        |
| UNIV 101   | 1        | RLGN 105                                   | 2        |
| Natural Science Elective <sup>1</sup> [BIOL 213/214] | 3/1      | Communications Elective <sup>1</sup>       | 3        |
| HLTH 216   | 3        | Information Literacy Elective <sup>1</sup> | 3        |
| NURS 105   | 1        | Technology Competency <sup>2</sup>         | 0-3      |
| CSER   | <u>0</u> | CSER                                       | <u>0</u> |
| Total  | 15       | Total                                      | 14-17    |

### SOPHOMORE YEAR

|                               |          |   |          |
|-------------------------------|----------|---|----------|
| RSCH 201                      | 3        | THEO 202                                | 2        |
| THEO 201                      | 2        | Critical Thinking Elective <sup>1</sup> | 3        |
| Math Elective <sup>1,3</sup>  | 3        | HLTH 350                                | 3        |
| HLTH 301                      | 3        | MATH 121                                | 3        |
| Science Elective <sup>4</sup> | 4        | Science Elective <sup>4</sup>           | 4        |
| CSER                          | <u>0</u> | CSER                                    | <u>0</u> |
| Total                         | 15       | Total                                   | 15       |

### JUNIOR YEAR

|  |          |  |          |
|--|----------|--|----------|
| Information Literacy Elective <sup>1</sup> | 3        | EVAN 101                               | 2        |
| Social Science Elective <sup>4,5</sup>     | 3        | Cultural Studies Elective <sup>1</sup> | 3        |
| HLTH 370                                   | 3        | HLTH 330                               | 3        |
| HLTH 420                                   | 3        | HLTH 453                               | 3        |
| Science Elective <sup>4</sup>              | 4        | Science Elective <sup>4</sup>          | 4        |
| CSER                                       | <u>0</u> | CSER                                   | <u>0</u> |
| Total                                      | 16       | Total                                  | 15       |

### SENIOR YEAR

|                              |          |                        |          |
|------------------------------|----------|------------------------|----------|
| CRST 290                     | 3        | HLTH 498 <u>or</u> 499 | 3        |
| HLTH 444                     | 3        | Elective               | 3        |
| HLTH 488                     | 3        | Elective               | 3        |
| Health Elective <sup>6</sup> | 3        | Elective               | 3        |
| Elective                     | 3        | Elective               | 3        |
| CSER                         | <u>0</u> | CSER                   | <u>0</u> |
| Total                        | 15       | Total                  | 15       |

#### Notes

*All applicable prerequisites must be met*

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in core competency requirements

<sup>2</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to [www.liberty.edu/computerassessment](http://www.liberty.edu/computerassessment) for more information

<sup>3</sup>MATH 201 is strongly recommended

<sup>4</sup>Choose from BIOL 203 or 303, CHEM 121, 122, 301, 302, PHYS 201, or 202

<sup>5</sup>PSYC 101 is strongly recommended

<sup>6</sup>Choose from a 300-400 level HLTH course not already required in the major