

**Important:** This degree plan is effective for those starting this degree program in fall 2017 through summer 2018. This degree plan will remain in effect for students who do not break enrollment or who do not change degree programs, concentrations or cognates.

**GENERAL EDUCATION/  
CORE COMPETENCY REQUIREMENTS (44-47 hours)**

Course	Hrs	Sem	Grade
<b>Communication (6 hours)<sup>1</sup></b>			
ENGL 101	3	_____	_____
_____	3	_____	_____

Course	Hrs	Sem	Grade
<b>Math, Science &amp; Technology (7-10 hours)<sup>1</sup></b>			
MATH _____	3	_____	_____
_____	3	_____	_____
_____	0-3	_____	_____
UNIV 101	1	_____	_____

Course	Hrs	Sem	Grade
<b>Information Literacy (7 hours)<sup>1</sup></b>			
INQR 101	1	_____	_____
_____	3	_____	_____
_____	3	_____	_____

Course	Hrs	Sem	Grade
<b>Critical Thinking (12 hours)<sup>1</sup></b>			
RSCH 201	3	_____	_____
_____	3	_____	_____
_____	3	_____	_____
_____	3	_____	_____

Course	Hrs	Sem	Grade
<b>Christian Life &amp; Thought (12 hours)<sup>1,3</sup></b>			
BIBL 105	2	_____	_____
BIBL 110	2	_____	_____
EVAN 101	2	_____	_____
RLGN 105	2	_____	_____
THEO 201	2	_____	_____
THEO 202	2	_____	_____

Course	Hrs	Sem	Grade
<b>Major Foundational Courses (4-8 hours)<sup>4</sup></b>			
BIOL 213	3	_____	_____
BIOL 214	1	_____	_____
BIOL 215	3	_____	_____
BIOL 216	1	_____	_____

Course	Hrs	Sem	Grade
<b>MAJOR</b>			
<u>Core (26-27 hours)</u>			
CRST 290	2-3	_____	_____
EXSC 310	3	_____	_____
EXSC 311	3	_____	_____
EXSC 320	3	_____	_____
HLTH 216	3	_____	_____
HLTH 330	3	_____	_____
KINE 101	1	_____	_____
KINE 208	2	_____	_____
KINE 209	1	_____	_____
KINE 225	1	_____	_____
KINE 333	2	_____	_____
KINE 334	1	_____	_____
KINE _____	1	_____	_____

Course	Hrs	Sem	Grade
<u>Concentration (29 hours)</u>			
HLTH 252	3	_____	_____
HLTH 402	3	_____	_____
HLTH 440	2	_____	_____
KINE 207	2	_____	_____
KINE 210	1	_____	_____
KINE 211	1	_____	_____
KINE 212	1	_____	_____
KINE 213	1	_____	_____
KINE 214	1	_____	_____
KINE 215	1	_____	_____
KINE 245	1	_____	_____
KINE 404	3	_____	_____
KINE 450	3	_____	_____
KINE 451	3	_____	_____
SMGT 300	3	_____	_____

**FREE ELECTIVES (9-17 hours)<sup>7</sup>**

<b>Additional Requirements</b>	
First Aid/CPR Certification	Date Completed: _____
Swimming Proficiency	Date Completed: _____

<b>Graduation Requirements</b>	
120 Total Hours	
2.0 Overall grade point average	
30 Hours must be upper-level courses (300-400 level)	
Grade of 'C' Minimum required for all upper-level courses in the major	
50% Of major and concentration taken through Liberty University	
30 Hours must be completed through Liberty University	
Grad App Submission of Graduation Application must be completed within the last semester of a student's anticipated graduation date	
CSER All requirements must be satisfied before a degree will be awarded	

<b>Notes</b>
<i>All applicable prerequisites must be met</i>
<sup>1</sup> Refer to the list of approved general education electives at <a href="http://www.liberty.edu/gened">www.liberty.edu/gened</a> before enrolling in core competency requirements
<sup>2</sup> All students must pass the Computer Assessment OR complete applicable INFT course; refer to <a href="http://www.liberty.edu/generalstudies/inft">http://www.liberty.edu/generalstudies/inft</a> for more information
<sup>3</sup> Students transferring in 45 or more UG credit hours will have the requirements of RLGN 105 and EVAN 101 waived; Students transferring in 60 or more UG credit hours will also have the requirements of THEO 201 and THEO 202 waived
<sup>4</sup> Major Foundational Courses can also fulfill General Education/Core Competency requirements as applicable
<sup>5</sup> Minimum grade of "C" is required
<sup>6</sup> Choose from KINE 216-240
<sup>7</sup> Honors Program students must take HONR 395 in the fall of junior year
<i>Suggested Course Sequence on second page</i>

## SUGGESTED COURSE SEQUENCE

### FRESHMAN YEAR

First Semester		Second Semester	
BIBL 110	2	BIBL 105	2
INQR 101	1	ENGL 101	3
RLGN 105	2	EVAN 101	2
THEO 202	2	Social Science Elective <sup>1</sup>	3
UNIV 101	1	HLTH 216	3
Math Elective <sup>1</sup>	3	KINE 211	1
KINE 101	1	Elective	3
KINE 207 <sup>2</sup>	2	CSER	0
CSER	0		Total 17
Total	14		

### SOPHOMORE YEAR

RSCH 201	3	THEO 202	2
THEO 201	2	Communications Elective <sup>1</sup>	3
Composition Elective <sup>1</sup>	3	Information Literacy Elective <sup>1</sup>	3
Literature or Philosophy Elective <sup>1</sup>	3	Natural Science Elective <sup>1</sup> [BIOL 215/216]	3-4
Natural Science Elective <sup>1</sup> [BIOL 213/214]	3-4	KINE 208	2
Technology Competency <sup>3</sup>	0-3	KINE 209	1
CSER	0	KINE 225	1
Total	14-18	CSER	0
			Total 14

### JUNIOR YEAR

Cultural Studies Elective <sup>1</sup>	3	EXSC 310	3
HLTH 252	3	HLTH 330	3
KINE 212 <sup>2</sup>	1	HLTH 402	3
KINE 214	1	KINE 213 <sup>4</sup>	1
KINE 245 <sup>2</sup>	1	KINE 215 <sup>4</sup>	1
KINE 333	2	KINE 210	1
KINE 334	1	KINE 450 <sup>4</sup>	3
Elective	3	CSER	0
CSER	0		Total 15
Total	15		

### SENIOR YEAR

CRST 290	2-3	EXSC 311	3
HLTH 440 <sup>2</sup>	2	EXSC 320	3
KINE 404 <sup>2</sup>	3	SMGT 300	3
KINE 451 <sup>2</sup>	3	Elective	3
Kinesiology Elective <sup>5</sup>	1	Elective	3
Elective <sup>6</sup>	3	Elective	2
CSER	0	CSER	0
Total	14-15		Total 17

#### Notes

*All applicable prerequisites must be met*

<sup>1</sup>Refer to the list of approved general education electives at [www.liberty.edu/gened](http://www.liberty.edu/gened) before enrolling in core competency requirements

<sup>2</sup>Course offered in fall only

<sup>3</sup>All students must pass the Computer Assessment OR complete applicable INFT course; refer to <http://www.liberty.edu/generalstudies/inft> for more information

<sup>4</sup>Course offered in spring only

<sup>5</sup>Choose from KINE 216-240

<sup>6</sup>Honors Program students must take HONR 395 in the fall of junior year