

# LIBERTY UNIVERSITY

College of Arts and Sciences  
Degree Completion Plan (DCP)

**B.S. in  
Kinesiology: Health & Phy. Ed.,  
Teacher Licensure**

Name \_\_\_\_\_ ID \_\_\_\_\_

**GENERAL EDUCATION REQUIREMENTS** (55-57 hours)  
**ALL GENERAL EDUCATION COURSES MUST BE CHOSEN FROM THE LIST OF "APPROVED RESIDENTIAL GENERAL EDUCATION & INTEGRATIVE COURSES."** ([www.liberty.edu/gened](http://www.liberty.edu/gened))

**FOUNDATIONAL STUDIES** (16 hours)  
**MUST** be completed within the first 45 hours of a student's program.  
Transfer students must complete within their first year at Liberty.

Course	Hrs.	Sem.	Taken	Grade
ENGL 101 Composition and Rhetoric	3			
ENGL 102 Composition and Literature	3			
COMS 101 Speech Communication	3			
MATH _____ (above 110)	3			
GNEI 101 Contemporary Issues I	1			
GNEI 102 Contemporary Issues II	1			
EVAN 101 Evangelism and Christian Life	2			

Technology Competency Sem. Passed \_\_\_\_\_

**INVESTIGATIVE STUDIES** (39-41 hours)

ENGL 201, 202, 215, 216, 221, or 222	3			
NAT SCI _____	3			
NAT SCI, MATH or ISYS 201	3			
HIUS 221 or 222 or HIEU 201 or 202	3			
GOVT 200, PSYC 101 or 210, SOCI 200 or 201	3			
SOC SCI/HIST _____	3			
HUMN 101, THEA 101, VCAR 105, or MUSC 103 <b>AND</b>	3			
*GEN ED ELECTIVE (non-language)	3			
	<b>OR</b>			
**LANG _____ <b>AND</b>	3			
**LANG _____	3			
PHIL 201 Phil./Contemporary Ideas	3			
THEO 201 Theology Survey I	3			
THEO 202 Theology Survey II	3			
BIBL 105 Old Testament Survey OR ^BIBL 205 Old Testament Life/Literature	3			
BIBL 110 New Testament Survey OR ^BIBL 210 New Testament Life/Literature	3			

\*Choose from Fine Arts/Nat Sci/Math or CSCI/Soc Sci/

ISYS 201/VCAR 105

\*\*Must be the same language

^Options available to Honors students

**ADDITIONAL REQUIREMENTS FOR MAJOR**

First Aid/CPR Certification: Date Completed \_\_\_\_\_  
Swimming Proficiency: Date Completed \_\_\_\_\_

Refer to [www.liberty.edu/uguide](http://www.liberty.edu/uguide) for licensure information.

1/18/10

**MAJOR: KINESIOLOGY: HEALTH & PHY. ED., TL** (50 hours)

**CORE** (21 hours)

Course	Hrs.	Sem.	Taken	Grade
KINE 101 Physical Fitness	1			
KINE 208 Motor Learning	3			
KINE _____ (Choose from KINE 210-240)	1			
KINE 225 Weight Training/Conditioning	1			
KINE 310 Physiology of Exercise	3			
KINE 311 Analysis of Human Movement	3			
KINE 320 Measurement/Evaluation in Health and Kinesiology	3			
KINE 333 Adapted Phy. Activity	3			
FACS 330 Human Nutrition	3			

**SPECIALIZATION: Health & Phy. Ed., TL** (29 hours)

KINE 207 History/Foundations of Phy. Ed.	2			
KINE 210 Softball/Volleyball	1			
KINE 211 Basketball/Soccer	1			
KINE 212 Innovative Games	1			
KINE 213 Racquet Sports	1			
KINE 214 Tumbling/Rhythmic Activities	1			
KINE 215 Track and Field/Flag Football	1			
KINE 245 PE Observations in Schools	1			
KINE 404 Administration/Organization of Phy. Ed., Exercise/Fitness	3			
KINE 450 Elementary Phy. Ed. Methods	3			
KINE 451 Secondary Phy. Ed. Methods	3			
HLTH 252 Drugs in Society	3			
HLTH 402 The School Health Program	3			
HLTH 440 Methods/Resources in Teaching Applied Sciences in Schools	2			
SMGT 300 Introduction to Coaching	3			

**NOTES: 2.5 or higher cumulative GPA is required. Honors students must take HONR 395 in Fall of Junior year.**

**DIRECTED COURSES (REQUIRED)** (0-14 hours) These courses are approved General Education courses and may be counted in Foundational/Investigative Studies.

~BIOL 211 Human Anatomy/Physiology I	4			
~BIOL 212 Human Anatomy/Physiology II	4			
PSYC 210 Developmental Psychology	3			
HLTH 216 Personal Health	3			
~"C" or better is required.				

**TEACHER LICENSURE REQUIREMENTS** (21 hours)

EDUC 125/126 Introduction to Education/ Practicum	1/1			
EDUC 221 Content Area Reading/Differentiated Teaching/Learning (Secondary)	2			
EDUC 360 Foundations of Education	2			
EDUC 476/477 Student Teaching I/II	5/5			
HLTH 441 Methods/Resources in Teaching Applied Sciences in Schools Practicum	1			
KINE 322 PE Student Aide: Elementary	1			
KINE 326 PE Student Aide: Secondary	1			
KINE 435 Seminar for Student Teachers	2			

**GRADUATION REQUIREMENTS** (2 hours minimum)

CRST 290 History of Life	2-3			
FRSM 101 Freshman Seminar	REQ. _____ MET _____			

**TOTAL** – 130 hours minimum required. (Of this total, at least 49 hours must be 300-400 level.)