

Bachelor of Science – **EXERCISE SCIENCE: FITNESS SPECIALIST**  
SUGGESTED COURSE SEQUENCE

**FRESHMAN YEAR**

<u>First Semester</u>		<u>Second Semester</u>	
ENGL 101	3	ENGL 102	3
COMS 101	3	MATH _____ (above 110)	3
HUMN 101, THEA 101, ARTS 105, MUSC 103, or LANG*	3	EVAN 101	2
NAT SCI _____ [BIOL 213]	3	KINE 101	1
NAT SCI LAB [BIOL 214]	1	NAT SCI, MATH or BUSI 201 [BIOL 215]	3
BIBL 105 or ^205	3	NAT SCI LAB [BIOL 216]	1
EXSC 101	1	BIBL 110 or ^210	3
GNEC 101	1	GNEC 102	1
<b>TOTAL</b>	<b>18</b>	<b>TOTAL</b>	<b>17</b>

**SOPHOMORE YEAR**

ENGL 201, 202, 215, 216, 221, or 222	3	SOC SCI/HIST _____ [HLTH 216]	3
GOVT 200, PSYC 101 or 210, SOVI 200 or 201	3	PHIL 201	3
KINE _____ [KINE 210-240]	1	CRST 290	2-3
KINE 225	1	HIUS 221 or 222 or HIEU 201 or 202	3
EXSC 310	3	Elective	3
GEN ED ELECTIVE or LANG*	3	CSER	0
CSER	0	<b>TOTAL</b>	<b>14-15</b>
<b>TOTAL</b>	<b>14</b>		

**JUNIOR YEAR**

THEO 201	3	THEO 202	3
KINE 302	2	EXSC 340	3
EXSC 311	3	EXSC 410	3
EXSC 320	3	EXCS 411	1
Elective	3	EXSC 460	3
Elective	3	CSER	0
CSER	0	<b>TOTAL</b>	<b>13</b>
<b>TOTAL</b>	<b>17</b>		

**SENIOR YEAR**

EXSC 350	3	EXSC 499	4
EXSC 351	1	Elective	3
EXSC 421	1	Elective	3
EXSC 433	3	Elective	3
EXSC 485	1	CSER	0
KINE 461	3	<b>TOTAL</b>	<b>13</b>
FACS 333 (or HLTH 333)	3		
CSER	0		
<b>TOTAL</b>	<b>15</b>		

^Options available to Honors students

\*See DCP for LANG requirement

**GRADUATION REQUIREMENTS for B.S. in Exercise Science: Fitness Specialist**

**121 Total Hours**

1. 40 hours of upper level (300/400 courses)
2. 30 semester hours completed at Liberty
3. 50% of the major and the minor must be completed at Liberty

**Cumulative GPA must be 2.0 or higher**

4. Must have a "C" in the major and Directed Courses

**Christian/Community Service Assignments**

5. GNEC 101 & 102 must be completed by all freshmen and transfer students within the first and second semesters of a student's program. This is the Christian/Community Service (CSER) requirement for the first year at Liberty. After completing GNEC 101 & 102, students may choose a CSER from the 200, 300, 400, or 500 series.

**Graduation Application**

6. Submission of Graduation Application must be completed within the last semester of a student's anticipated graduation date.