

# Internship with Social Strides

An internship with Social Strides is comprised of working with various populations, conducting group therapy sessions, individual therapy sessions, completing administration duties associated with working in a mental health office, lesson planning, and clinical and peer supervision.

You will need to be available to attend group sessions, group supervision and availability to schedule individual therapy sessions and individual supervision. Groups are on Monday's and Thursday's from 4-8pm; Group Supervision is Thursday's at 12pm.

## Clinical-Direct Hours

- Your direct hours will be from working with the Social Strides Groups and conducting individual therapy sessions.
  - You will be able to earn 8 direct hours per week from the group therapy sessions.
  - Additional hours will be from individual therapy sessions, parent consultations and group intake sessions.

## Indirect Hours

- Indirect hours are available in completing the following duties:
  - Creating Lesson Plans
  - Filing
  - Writing Progress Notes
  - Creating Treatment Plans
  - Organizing & Closing Charts
  - Research
  - Insurance Authorizations
  - Writing Monthly Newsletter

## Supervision:

You will be able to receive two hours of clinical supervision each week.

- You will receive one hour of group supervision each week, and one hour of individual supervision each week.

## Populations You Will Be Working With:

- **Group Therapy**
  - Children ages 4-12
  - Adolescents ages 13-18
  - Adults ages 19-26
- **Individual Therapy**
  - Populations will vary; you will have the opportunity to request clients based on age and service; i.e. couples, families, etc.