Health Professions & Public/Community Health

Exercise Science
Cardiac Rehabilitation Specialist
Chiropractor**
Clinical Exercise Specialist*
Exercise Physiologist
Fitness Program Coordinator
Fitness Trainer
Group Fitness Instructor*
Health Fitness Specialist*
Inclusive Fitness Trainer*
Occupational Therapist**
Physical Therapist Assistant

Exercise Science (cont)
Physical Therapist**
Physician Assistant**
Sports Biomechanics Researcher**
Strength & Conditioning Coach*

Athletic Training
Sports Biomechanics Researcher**
Biomechanics**
Chiropractor**
Physician Assistant**

Kinesiology
Athletic Administrator
Athletic Coach
Athletic Marketing Specialist
Athletic Sales Representative
Fitness Instructor*
Health and Physical Education Teachers
Strength and Conditioning Coach*
Youth Camp or Sports Camp Director

Health Promotion
Corporate Health Educator
Community Health Worker Educator
Epidemiologist**
Global Health Educator
Social & Community Service Manager
Healthcare Educator
Occupational Therapist**
Physical Therapist**
Recreational Therapist

*may require additional certification  **may require graduate degree

Strategies for Success

• Sign up for an entry-level class to discover what you enjoy. Talk to professionals in the field(s) you are interested in to find out the best and most challenging aspects of a job. If you need help finding a professional, contact the Career Center.

• Set yourself apart from other job seekers by completing multiple relevant internships and volunteer opportunities. Develop strong oral and written communication skills as well as leadership, teamwork, and computer skills.

• Choose volunteer opportunities that allow you to work in a wide range of related fields and will give you a better understanding of possible careers.

• Supplement your program with advanced science or health courses, or minor in a science.

• Find out if your career field will require extra education or certifications. Common certifications, graduate, and doctoral degrees include: Doctor of Physical Therapy (D.P.T.), a master’s or doctorate in Occupational Therapy (M.S.O.T., O.T.D. respectively), Doctor of Chiropractic (D.C.), Master of Physician Assistant (M.P.A.), Master of Science in Kinesiology/Athletic Training, Master of Science in Sport Management, Master of Business Administration in Athletic Administration, and Certified Strength and Conditioning Specialist (N.A.S.M., N.S.C.A.).

Holland Codes

The Holland Code system connects individuals with the career field that best fits their personality. The system scores the test taker on six separate scales: Realistic (R), Investigative (I), Artistic (A), Social (S), Enterprising (E), and Conventional (C). The two or three highest scores represent an individuals’ strongest attributes. Here are a few examples of positions associated with this major:

- Fitness Trainer (SRE)
- Physical Therapist (SRI)
- Physician Assistant (ISA)
- Physical Therapist Assistant (SRC)
- Chiropractor (IRS)
- Athletic Coach (ERS)
- Occupational Therapist (SIC)
- Occupational Therapy Assistant (SRA)
- Athletic Trainer (SRI)
- Epidemiologists (IRS)

The FOCUS 2 Career Assessment utilizes these Holland Codes and is a free resource to Liberty students. Assessment results are matched to career options and majors offered at Liberty. To access this free resource visit www.Liberty.edu/Focus2.

Resources

On-Campus and Local Resources
- Visit the Christian Service web page to learn about potential volunteer opportunities. Students have volunteered in: athletics departments, local high school athletic departments, and summer camps.
- Opportunities in the Lynchburg community include the Blue Ridge Crisis Pregnancy Center, the Godparent Home, or Centra Health.

Online Resources
Visit the websites of the following organizations:
- ACSM Certification
- ACE Certifications
- Athletes in Action
- Gatorade Sport Science Institute
- National Commission for Health Education Credentialing
- National Academy of Sports Medicine

The Washington Fellowship
Consider spending a semester doing an internship with The Washington Fellowship. Potential internship sites may include the Washington Capitols, Washington Wizards, Washington Redskins, and The Verizon Center, among others. To learn more visit: www.Liberty.edu/Washington.

Sample Résumé
For a variety of sample résumés visit the Liberty University Career Center.

www.Liberty.edu/Careers • (434) 592-4109 • Careers@liberty.edu