

Liberty Twilight

May 3rd, 2023
Matthes-Hopkins Outdoor Track



Meet Information

Important Dates:

Date	Time	Deadline
Saturday, April 1st	12:00 AM EST	Entries Open on Direct Athletics (www.directathletics.com)
Monday, May 1st	9:00 PM EST	Entry Deadline
Tuesday, May 2nd	5:00 PM EST	Performance List Posted

Entries:

All teams must email the Meet Director, Mark Fairley (libertymeets@gmail.com) in order to receive an invitation to the meet in Direct Athletics. Entries will only be accepted through Direct Athletics at www.directathletics.com.

Entry Limit: Three entries per team/per event. Please be considerate and use accurate seeding marks to improve overall meet quality. *There can be an exception to the three entries per team/per event rule. Please email libertymeets@gmail.com to request that specific change.

100m Dash, 110m Hurdles, and 100m Hurdles

Only the top 32 entries will be accepted for these events. Please only use verifiable marks for entry, as speculative marks will be dismissed. Comments will be allowed in Direct Athletics and it will be up to the Meet Director's discretion on entry.

Entry Fee: \$400/team or \$800 men and women's team. Individual entries will be \$20 per athlete. Entry fees will be charged based upon online entry at deadline, not upon participation.

Payment Process: Individual entry fees MUST be paid online. Team payments can be accepted online, or, by check. Checks must be received prior to May 1st, 2023. No entry fees will be taken at the competition site.

Checks payable to: Liberty University

Checks can be mailed to:

Liberty University Track & Field Office
Att: Mark Fairley
1971 University Blvd
Lynchburg, VA 24515

Declarations:

Athletes/Coaches will need to Declare at the check in Table for 200,400,400H once they get to the meet or they will be scratched from the event.

Facility:

Location: Liberty University Osborne Stadium,

1971 University Blvd. Lynchburg, VA 24515

[Google Maps Address](#)

Facility Layout: The track has eight 48" lanes on both the oval and the straightaway. It is surfaced with Beynon BSS2000, the same surface used at the 2012 US Olympic Trials. The facility seats 1,000.

Takeoff boards:

Long Jump 9' 10"

Women's Triple Jump 34' 1" and 29'

Men's Triple Jump 41'

Runway Length:

Long Jump 170' 1"

Women's Triple Jump 145' 10" and 150' 11"

Men's Triple Jump 138' 11"

Athletic Trainers:

A Certified Athletic Trainer will be available for limited services. If you are unable to travel with your team please email nawilson1@liberty.edu at least one week in advance. Also please send a kit along with your team if you cannot attend. For those that do make the trip, heat and ice will be available. (Modalities available when requests are made in advance).

Parking:

Parking information will be emailed to the coaches the week of the meet.

https://www.liberty.edu/media/1911/football/gameday/2019/FB19_Parking_Map.pdf

Drop off/Park in Bailey lot (See map in above link)

Implements:

Implement weigh in will take place in the building at the north end of the track. All implements must be checked in an hour before the event starts in order to be used. All implements must meet the NCAA rules.

Scoring and Seeding:

To comply with recent NCAA Division I legislation, all Division I teams will be scored separately from all other competitors. All competitors in running and field events will be seeded together.

Results:

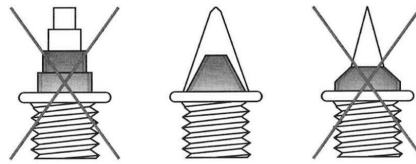
Meet results will be posted online at www.blueridgetiming.com

Athlete Check-In:

Running event athletes must check in at the tent on the south side of the track at least 45 minutes prior to the scheduled start time of their event. Final heats will be drawn after declaration cut-off time. Field event athletes will check in at their event location.

Spikes:

¼ Inch pyramids are the only acceptable spikes. Spikes will be checked at the check-in site.



Tape:

Only athletic tape may be used as markers for the jumps. NO chalk or other type of tape allowed.

Further Information: Contact Mark Fairley at (libertymeets@gmail.com)

Liberty Twilight Meet

May 3rd, 2023 *Tentative* Time Schedule



Running Events

All Running Events will be run Men followed by Women	
1:55 PM	National Anthem and Prayer
2:00 PM	100m Prelims
2:25 PM	100m Hurdle Prelims Women
2:40 PM	110m Hurdle Prelims Men
2:55 PM	100m Finals
3:10 PM	110m Hurdle Finals Men
3:20 PM	100m Hurdle Finals Women
3:35 PM	200m Finals
Dinner Break	
5:15 PM	Senior Recognition
5:30 PM	4X100m Relay
5:45 PM	1500m Run (<i>Men-3:57 and above, Women- 4:34 and above</i>)
6:10 PM	400m Dash
6:30 PM	800m Run
7:05 PM	400m Hurdles
7:25 PM	3000m Steeplechase
7:55 PM	4x400m Relay
8:15 PM	5000m Run Men
8:40 PM	5000m Run Women
9:05 PM	1500m Run (Fast Sections-2 Men's Sections, 1 Women section)

Field Events

*Implement Weigh-In will be open between 10am-4pm	
11:30 AM	Discus (Women followed by Men) *Infield of the Track*
12:00 PM	Shot Put (Men followed by Women) *Infield of the Track*
	Pole Vault (Women- A Section- 3.77m and above)
	Long Jump (Men followed by Women)
2:30 PM	Pole Vault (Men following Women's A section)
3:00 PM	Hammer (Women followed by Men) *Throwing Ring by Indoor Track after completion of Women's Shot Put*
4:00 PM	Triple Jump (Men followed by Women)
5:00 PM	High Jump (Men followed by Women)
5:30 PM	Javelin (Women followed by Men)
	Pole Vault (Women- B Section- 3.76m and Below)