



ASUN Conference History

Men's Track & Field

ASUN Team Championships

Indoor (4): 2019, 2020, 2021, 2022

Outdoor (3): 2019, 2021, 2022

ASUN Individual Event Champions

Listed By Meet

2019 Indoor	200	Alejandro Perlaza Zapata	
	400	Alejandro Perlaza Zapata	
	5K	Azaria Kirwa	
	Long Jump	Branson Rolle	
	Triple Jump	Jonny Saintil	
	Pole Vault	Reilly Stroot	
	Shot Put	Jose Ballivian	
	Heptathlon	Kysheen Myrick	
	2019 Outdoor	200	Alejandro Perlaza Zapata
		400	Alejandro Perlaza Zapata
800		Michael Todd	
Steeplechase		Felix Kandie	
5K		Azaria Kirwa	
10K		Azaria Kirwa	
Pole Vault		Anders Janes	
Shot Put		Kyle Mitchell	
Javelin		Denzel Pratt	
Decathlon		Jeremy Davis	
2020 Indoor	60	Christian Lyon	
	200	Christian Lyon	
	Mile	Ryan Drew	
	3K	Ryan Drew	
	60 Hurdles	Jovaine Atkinson	
	Long Jump	Erick Johnson	
	Shot Put	Kyle Mitchell	
	Weight Throw	John Hicks	
	Heptathlon	Branson Rolle	
	2021 Indoor	60	Christian Lyon
3K		Ryan Drew	
5K		Felix Kandie	
60 Hurdles		Felix Lawrence	
Long Jump		Quinten Clay	
Weight Throw		John Hicks	
Heptathlon		Anthony Bryan	

2021 Outdoor	100	Diamantae Griffin
	200	Diamantae Griffin
	Steeplechase	Felix Kandie
	5K	Ryan Drew
	400 Hurdles	Felix Lawrence
	Long Jump	Quinten Clay
	High Jump	Quinten Clay
	Shot Put	Kyle Mitchell
	Discus	Jose Ballivian
	Javelin	Samuel Arter
	Hammer	John Hicks
2022 Indoor	60	Christian Lyon
	200	Diamantae Griffin
	Mile	Ryan Drew
	Long Jump	Quinten Clay
	Triple Jump	Quinten Clay
	High Jump	Kennedy Sauder
	Weight Throw	John Hicks
2022 Outdoor	100	Christian Lyon
	200	Diamantae Griffin
	Steeplechase	Felix Kandie
	110 Hurdles	Felix Lawrence
	400 Hurdles	Felix Lawrence
	Long Jump	Quinten Clay
	High Jump	Kennedy Sauder
	Shot Put	Kevin Nedrick
	Discus	Kevin Nedrick
	Hammer	John Hicks
Decathlon	Anthony Bryan	

Listed By Athlete

Samuel Arter	2021 Outdoor Javelin
Jovaine Atkinson	2020 Indoor 60 Hurdles
Jose Ballivian	2019 Indoor Shot Put
	2021 Outdoor Discus
Anthony Bryan	2021 Indoor Heptathlon
	2022 Outdoor Decathlon
Quinten Clay	2021 Indoor Long Jump
	2021 Outdoor Long Jump
	2021 Outdoor High Jump
	2022 Indoor Long Jump
	2022 Indoor Triple Jump
	2022 Outdoor Long Jump
Jeremy Davis	2019 Outdoor Decathlon
Ryan Drew	2020 Indoor Mile
	2020 Indoor 3K
	2021 Indoor 3K
	2021 Outdoor 5K
	2022 Indoor Mile
Diamantae Griffin	2021 Outdoor 100
	2021 Outdoor 200
	2022 Indoor 200
	2022 Outdoor 200
John Hicks	2020 Indoor Weight Throw
	2021 Indoor Weight Throw
	2021 Outdoor Hammer
	2022 Indoor Weight Throw
	2022 Outdoor Hammer
Anders Janes	2019 Outdoor Pole Vault

Erick Johnson	2020 Indoor Long Jump
Felix Kandie	2019 Outdoor Steeplechase
	2021 Indoor 5K
	2021 Outdoor Steeplechase
	2022 Outdoor Steeplechase
Azaria Kirwa	2019 Indoor 5K
	2019 Outdoor 5K
	2019 Outdoor 10K
Felix Lawrence	2021 Indoor 60 Hurdles
	2021 Outdoor 400 Hurdles
	2022 Outdoor 110 Hurdles
	2022 Outdoor 400 Hurdles
Christian Lyon	2020 Indoor 60
	2020 Indoor 200
	2021 Indoor 60
	2022 Indoor 60
	2022 Outdoor 100
Kyle Mitchell	2019 Outdoor Shot Put
	2020 Indoor Shot Put
	2021 Outdoor Shot Put
Kysheen Myrick	2019 Indoor Heptathlon
Kevin Nedrick	2022 Outdoor Shot Put
	2022 Outdoor Discus
A. Perlaza Zapata	2019 Indoor 200
	2019 Indoor 400
	2019 Outdoor 200
	2019 Outdoor 400
Denzel Pratt	2019 Outdoor Javelin
Branson Rolle	2019 Indoor Long Jump
	2020 Indoor Heptathlon
Jonny Saintil	2019 Indoor Triple Jump
Kennedy Sauder	2022 Indoor High Jump
	2022 Outdoor High Jump
Reilly Stroot	2019 Indoor Pole Vault
Michael Todd	2019 Outdoor 800

Listed By Event

Indoor 60	2020 – Christian Lyon
	2021 – Christian Lyon
	2022 – Christian Lyon
Outdoor 100	2021 – Diamantae Griffin
	2022 – Christian Lyon
Indoor 200	2019 – Alejandro Perlaza Zapata
	2020 – Christian Lyon
	2022 – Diamantae Griffin
Outdoor 200	2019 – Alejandro Perlaza Zapata
	2021 – Diamantae Griffin
	2022 – Diamantae Griffin
Indoor 400	2019 – Alejandro Perlaza Zapata
Outdoor 400	2019 – Alejandro Perlaza Zapata
Outdoor 800	2019 – Michael Todd
Indoor Mile	2020 – Ryan Drew
	2022 – Ryan Drew
Indoor 3K	2020 – Ryan Drew
	2021 – Ryan Drew
Outdoor Steeplechase	2019 – Felix Kandie
	2021 – Felix Kandie
	2022 – Felix Kandie

Indoor 5K	2019 – Azaria Kirwa 2021 – Felix Kandie
Outdoor 5K	2019 – Azaria Kirwa 2021 – Ryan Drew
Outdoor 10K	2019 – Azaria Kirwa
Indoor 60 Hurdles	2020 – Jovaine Atkinson 2021 – Felix Lawrence
Outdoor 110 Hurdles	2022 – Felix Lawrence
Outdoor 400 Hurdles	2021 – Felix Lawrence 2022 – Felix Lawrence
Indoor Long Jump	2019 – Branson Rolle 2020 – Erick Johnson 2021 – Quinten Clay 2022 – Quinten Clay
Outdoor Long Jump	2021 – Quinten Clay 2022 – Quinten Clay
Indoor Triple Jump	2019 – Jonny Saintil 2022 – Quinten Clay
Indoor High Jump	2022 – Kennedy Sauder
Outdoor High Jump	2021 – Quinten Clay 2022 – Kennedy Sauder
Indoor Pole Vault	2019 – Reilly Stroot
Outdoor Pole Vault	2019 – Anders Janes
Indoor Shot Put	2019 – Jose Ballivian 2020 – Kyle Mitchell
Outdoor Shot Put	2019 – Kyle Mitchell 2021 – Kyle Mitchell 2022 – Kevin Nedrick
Outdoor Discus	2021 – Jose Ballivian 2022 – Kevin Nedrick
Outdoor Javelin	2019 – Denzel Pratt 2021 – Samuel Arter
Indoor Weight Throw	2020 – John Hicks 2021 – John Hicks 2022 – John Hicks
Outdoor Hammer	2021 – John Hicks 2022 – John Hicks
Indoor Heptathlon	2019 – Kysheen Myrick 2020 – Branson Rolle 2021 – Anthony Bryan
Outdoor Decathlon	2019 – Jeremy Davis 2022 – Anthony Bryan

ASUN Relay Champions

Outdoor 4 x 100	2022 – Brandon Letts, Donald McClinton, Christian Lyon, Diamantae Griffin
Indoor 4 x 400	2019 – Branson Rolle, Jahquez Durham, Michael Todd, A. Perlaza Zapata 2020 – Brad Smalley, Jahquez Durham, Felix Lawrence, Christian Lyon 2022 – Diamantae Griffin, Ally Kipchirchir, Michael Rose, Felix Lawrence
Outdoor 4 x 400	2019 – Nathaniel Kirk, Jahquez Durham, Michael Todd, A. Perlaza Zapata
Indoor DMR	2021 – Noah Tindale, Michael Rose, Tyler Modrzejewski, Ally Kipchirchir 2022 – Kyle Harkabus, Luke Anderson, Isaiah Schulties, Ryan Drew

Award Winners

ASUN Most Valuable Male Performer

Quinten Clay – 2021 Indoor, 2022 Indoor
Diamantae Griffin – 2021 Outdoor
Christian Lyon – 2020 Indoor
Kevin Nedrick – 2022 Outdoor

ASUN Men's Most Outstanding Track Performer

Christian Lyon – 2020 Indoor
Alejandro Perlaza Zapata – 2019 Indoor, 2019 Outdoor

ASUN Men's Most Outstanding Field Performer

Quinten Clay – 2021 Indoor, 2022 Indoor
Kyle Mitchell – 2020 Indoor, 2021 Outdoor
Kevin Nedrick – 2022 Outdoor

ASUN Men's Most Outstanding Freshman

Anthony Bryan – 2021 Indoor
Quinten Clay – 2021 Outdoor
Kennedy Sauder – 2022 Indoor, 2022 Outdoor

ASUN Men's Scholar-Athlete of the Year

Jovaine Atkinson – 2020 Indoor

ASUN Men's All-Academic Team

Samuel Arter – 2021 Outdoor
Jovaine Atkinson – 2019 Indoor, 2020 Indoor, 2021 Outdoor
Stuart Folkerts – 2021 Indoor, 2021 Outdoor
Juan Pablo Germain Ronco – 2021 Indoor
John Hicks – 2022 Indoor, 2022 Outdoor
Lane Hluch – 2021 Outdoor
Anders Janes – 2019 Outdoor, 2020 Indoor, 2021 Indoor, 2022 Indoor, 2022 Outdoor
Landon Miller – 2022 Outdoor
Bradley Prentice – 2020 Indoor
Jonny Saintil – 2019 Indoor, 2019 Outdoor
Joe Spitzer – 2021 Indoor
Reilly Stroot – 2019 Indoor

ASUN Coach of the Year

Lance Bingham – 2021 Indoor, 2021 Outdoor, 2022 Indoor, 2022 Outdoor
Brant Tolsma – 2019 Indoor, 2019 Outdoor, 2020 Indoor

ASUN All-Decade Team Members

Felix Kandie – 2010s
Azaria Kirwa – 2010s
Alejandro Perlaza Zapata – 2010s
Denzel Pratt – 2010s

Women's Track & Field

ASUN Team Championships

Indoor (3): 2019, 2020, 2022

Outdoor (2): 2019, 2021

ASUN Individual Event Champions

Listed by Meet

2019 Indoor	60 Hurdles	Jada Thomas
	Pole Vault	Taylen Langin
	Shot Put	Naomi Mojica
	Weight Throw	Chelsea Igberaese
2019 Outdoor	400	Ty'Asia Dansbury
	800	Delaney McDowell
	1,500	Calli Parlier Doan
	100 Hurdles	Jada Thomas
	400 Hurdles	Kylie Polsgrove
	Shot Put	Naomi Mojica
	Javelin	Mackenzie Hainley
	Hammer	Chelsea Igberaese
	Heptathlon	Kylie Polsgrove
2020 Indoor	400	Cortney Dowling Strohman
	800	Tanner Ealum
	Mile	Calli Parlier Doan
	Long Jump	Makenzy Mizera
	Shot Put	Naomi Mojica
2021 Indoor	60	Abby Pantlitz
	200	Abby Pantlitz
	Mile	Calli Parlier Doan
	5K	Adelyn Ackley
	Long Jump	Ayanna Johnson
	Shot Put	Naomi Mojica
	Weight Throw	Chelsea Igberaese
2021 Outdoor	100	Abby Pantlitz
	200	Abby Pantlitz
	Steeplechase	Calli Parlier Doan
	5K	Adelyn Ackley
	Pole Vault	Taylen Langin
	Shot Put	Naomi Mojica
	Discus	Chelsea Igberaese
	Javelin	Mackenzie Hainley
	Hammer	Chelsea Igberaese
2022 Indoor	5K	Adelyn Ackley
	Shot Put	Naomi Mojica
	Weight Throw	Grace Artis
	Pentathlon	Meredith Engle
2022 Outdoor	100	Isis Brooks
	Pole Vault	Taylen Langin
	Shot Put	Naomi Mojica
	Hammer	Naomi Mojica

Listed by Athlete

Adelyn Ackley	2021 Indoor 5K
	2021 Outdoor 5K
	2022 Indoor 5K
Grace Artis	2022 Indoor Weight Throw
Isis Brooks	2022 Outdoor 100
Ty'Asia Dansbury	2019 Outdoor 400

Calli Parlier Doan	2019 Outdoor 1,500 2020 Indoor Mile 2021 Indoor Mile 2021 Outdoor Steeplechase
Tanner Ealum	2020 Indoor 800
Meredith Engle	2022 Indoor Pentathlon
Mackenzie Hainley	2019 Outdoor Javelin 2021 Outdoor Javelin
Chelsea Igberaese	2019 Indoor Weight Throw 2019 Outdoor Hammer 2021 Indoor Weight Throw 2021 Outdoor Discus 2021 Outdoor Hammer
Ayanna Johnson	2021 Indoor Long Jump
Taylen Langin	2019 Indoor Pole Vault 2021 Outdoor Pole Vault 2022 Outdoor Pole Vault
Delaney McDowell	2019 Outdoor 800
Makenzy Mizera	2020 Indoor Long Jump
Naomi Mojica	2019 Indoor Shot Put 2019 Outdoor Shot Put 2020 Indoor Shot Put 2021 Indoor Shot Put 2021 Outdoor Shot Put 2022 Indoor Shot Put 2022 Outdoor Shot Put 2022 Outdoor Hammer
Abby Pantlitz	2021 Indoor 60 2021 Indoor 200 2021 Outdoor 100 2021 Outdoor 200
Kylie Polsgrove	2019 Outdoor 400 Hurdles 2019 Outdoor Heptathlon
C. Dowling Strohman	2020 Indoor 400
Jada Thomas	2019 Indoor 60 Hurdles 2019 Outdoor 100 Hurdles

Listed by Event

Indoor 60	2021 – Abby Pantlitz
Outdoor 100	2021 – Abby Pantlitz 2022 – Isis Brooks
Indoor 200	2021 – Abby Pantlitz
Outdoor 200	2021 – Abby Pantlitz
Indoor 400	2020 – Cortney Dowling Strohman
Outdoor 400	2019 – Ty’Asia Dansbury
Indoor 800	2020 – Tanner Ealum
Outdoor 800	2019 – Delaney McDowell
Outdoor 1,500	2019 – Calli Parlier Doan
Indoor Mile	2020 – Calli Parlier Doan 2021 – Calli Parlier Doan
Outdoor Steeplechase	2021 – Calli Parlier Doan
Indoor 5K	2021 – Adelyn Ackley 2022 – Adelyn Ackley
Outdoor 5K	2021 – Adelyn Ackley
Indoor 60 Hurdles	2019 – Jada Thomas
Outdoor 100 Hurdles	2019 – Jada Thomas
Outdoor 400 Hurdles	2019 – Kylie Polsgrove
Indoor Long Jump	2020 – Makenzy Mizera 2021 – Ayanna Johnson

Indoor Pole Vault	2019 – Taylen Langin
Outdoor Pole Vault	2021 – Taylen Langin
	2022 – Taylen Langin
Indoor Shot Put	2019 – Naomi Mojica
	2020 – Naomi Mojica
	2021 – Naomi Mojica
	2022 – Naomi Mojica
Outdoor Shot Put	2019 – Naomi Mojica
	2021 – Naomi Mojica
	2022 – Naomi Mojica
Outdoor Discus	2021 – Chelsea Igberaese
Outdoor Javelin	2019 – Mackenzie Hainley
	2021 – Mackenzie Hainley
Indoor Weight Throw	2019 – Chelsea Igberaese
	2021 – Chelsea Igberaese
	2022 – Grace Artis
Outdoor Hammer	2019 – Chelsea Igberaese
	2021 – Chelsea Igberaese
	2022 – Naomi Mojica
Indoor Pentathlon	2022 – Meredith Engle
Outdoor Heptathlon	2019 – Kylie Polsgrove

ASUN Relay Champions

Indoor 4 x 400	2019 – Cortney Dowling Strohman, Delaney McDowell, Tanner Ealum, Ty'Asia Dansbury
Indoor DMR	2019 – Naomi Bowser Armstrong, Tanner Ealum, Delaney McDowell, Calli Parlier Doan
	2020 – Naomi Bowser Armstrong, Cortney Dowling Strohman, Tanner Ealum, Calli Parlier Doan
	2021 – Naomi Bowser Armstrong, Megan Hinzman, Itzel Santos, Calli Parlier Doan

Award Winners

ASUN Most Valuable Female Performer

Meredith Engle – 2022 Indoor

Chelsea Igberaese – 2021 Outdoor

Abby Pantlitz – 2021 Indoor

ASUN Women's Most Outstanding Track Performer

Abby Pantlitz – 2021 Indoor

ASUN Women's Most Outstanding Field Performer

Meredith Engle – 2022 Indoor

Chelsea Igberaese – 2021 Indoor, 2021 Outdoor

Naomi Mojica – 2022 Outdoor

ASUN Women's Most Outstanding Freshman

Abby Pantlitz – 2021 Outdoor

ASUN Women's All-Academic Team

Naomi Bowser Armstrong – 2021 Indoor, 2022 Indoor

Isis Brooks – 2022 Outdoor

Brittany Carnathan – 2021 Outdoor

Calli Parlier Doan – 2021 Indoor, 2021 Outdoor

Grace Dwyer – 2021 Outdoor, 2022 Outdoor

Tanner Ealum – 2020 Indoor

Mackenzie Hainley – 2021 Outdoor, 2022 Outdoor

Anna Hostetler – 2022 Indoor

Taylen Langin – 2021 Indoor, 2021 Outdoor, 2022 Indoor, 2022 Outdoor

Delaney McDowell – 2019 Indoor

Rachel Milnes – 2019 Outdoor, 2020 Indoor, 2021 Indoor

Makenzy Mizera – 2021 Indoor

Noel Palmer – 2019 Outdoor, 2020 Indoor, 2021 Indoor, 2021 Outdoor, 2022 Indoor

Kylie Polsgrove – 2019 Outdoor

Cortney Dowling Strohman – 2020 Indoor

ASUN Coach of the Year

Lance Bingham – 2021 Outdoor, 2022 Indoor

Brant Tolsma – 2019 Indoor, 2019 Outdoor, 2020 Indoor

ASUN All-Decade Team Members

Chelsea Igberaese – 2010s

Naomi Mojica – 2010s