

Health & Physical Education Endorsement Course Equivalency Guide

Competency	Liberty <u>Online</u> Courses	Available Courses from: Straighterline Study.com Sophia Learning https://www.liberty.edu/online/transfer-partnerships/	Available College Level Exams: CLEP or DSST/Dantes *all exams are 3 credit hours each unless noted otherwise
Personal Health, Safety, & Care of Athletic Injuries (3 hours)	UG Level: HLTH 252/Drugs in Society HLTH 330/Human Nutrition HLTH 419/ Wellness & Behavior Change Theories for Business Grad Level: HLTH 640/Principles of Nutrition HLTH 642/Food-Borne Illness Prevention HLTH 643/Nutrition & Chronic Disease	Straighterline: PE 101/Personal Fitness & Wellness MED 101/First Aid/CPR NUTRI 101/Intro to Nutrition Study.com: Health 101/Principles of Health Nutrition 101/Science of Nutrition Sophia: HLTH 1011/Health, Fitness, & Wellness HLTH 1010/Intro to Nutrition	DSST Exams accepted: Health & Human Development Substance Abuse
Human Anatomy & Physiology (3 hours)	HLTH 211 / 212 (Applied Anatomy & Physiology I & II) OR HLTH 221 / 222 (Applied Anatomy & Physiology I & II)	Straighterline: BIO 201/Anatomy & Physiology I BIO 201L/Anatomy & Physiology I Lab BIO 202/Anatomy & Physiology II BIO 202L/Anatomy & Physiology II Lab Study.com: Biology 105/Anatomy & Physiology (3 hrs.) Biology 201L/Anatomy & Physiology I w/Lab (4 hrs.) Biology 202L/Anatomy & Physiology II w/Lab (4 hrs.) Sophia: SCIE 1050/Anatomy & Physiology I SCIE 1051/Anatomy & Physiology I Lab SCIE 1055/Anatomy & Physiology II SCIE 1056/Anatomy & Physiology II Lab	No exams are available for this section at this time

*If you wish to take courses at another institution, please email contentcompevals@liberty.edu for instructions and approval.

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Exercise Physiology (3 hours)	Grad Level: EXSC 510/Adv Exercise Physiology	No online courses are available for this section at this time	No exams are available for this section at this time
Biomechanics of Human Movement/Kinesiology (3 hours)	GRAD Level: EXSC 505/Foundations of Human Performance EXSC 550/Adv Biomechanical Analysis	No online courses are available for this section at this time	No exams are available for this section at this time
General Health & PE Theory including planning, administration, and assessment principles (3 hours)	UG Level: HLTH 105/Intro to the Health Professions HLTH 252/Drugs in Society HLTH 330/Human Nutrition HLTH 349/Public & Community Health for Business HLTH 380/Health Promotion for Aging Populations HLTH 419/Wellness & Behavior Change Theories for Business GRAD LEVEL HLTH 503/Prin of Epidemiology HLTH 505/Prin of Epidemiology HLTH 507/Public Health Administration HLTH 509/Social & Behavioral Theory Applications in Public Health HLTH 551/Issues in Public & Community Health HLTH 620/Intro to Global Health HLTH 622/Primary Healthcare in Developing Countries HLTH 630/Principles of Community Health HLTH 632/Health Programming Planning HLTH 642/Food-Borne Illness Prevention	Study.com: Health 101/Principles of Health Health 301/Ethical & Legal Issues in Healthcare Health 302/Health Services Policy Health 303/Healthcare Organization & Management Health 308/Healthcare Quality & Outcome Measurements Health 310/HR Management in Healthcare	DSST Exams accepted: Health & Human Development Substance Abuse
Secondary Physical Education (Instructional Methods & Skills) (3 hours)	No online courses are available for this section at this time PHED 451/Secondary PE Methods (This course is only offered Residentially at this time)	No online courses are available for this section at this time <u>Please email our team as we have other online options available that cannot be listed on this form. Thank you!</u>	No exams are available for this section at this time

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Elementary Physical Education (Concepts of Motor Learning, Instructional Methods & Skills) (3 hours)	No online courses are available for this section at this time PHED 450/Elementary PE Methods (This course is only offered Residentially at this time)	No online courses are available for this section at this time <u>Please email our team as we have other online options available that cannot be listed on this form. Thank you!</u>	No exams are available for this section at this time
School Health for Elementary & Secondary (Instructional Methods & Skills) (3 hours)	No online courses are available for this section at this time HLTH 402/The School Health Program (This course is only offered Residentially at this time)	No online courses are available for this section at this time <u>Please email our team as we have other online options available that cannot be listed on this form. Thank you!</u>	No exams are available for this section at this time
Health & PE Electives (can include team, individual, adaptive, cooperative activities, rhythms and dance) (9 hours)	UG Level: HLTH 105/Intro to the Health Professions HLTH 252/Drugs in Society HLTH 330/Human Nutrition HLTH 349/Public & Community Health for Business HLTH 380/Health Promotion for Aging Populations HLTH 419/ Wellness & Behavior Change Theories for Business GRAD LEVEL HLTH 503/Prin of Epidemiology HLTH 505/Prin of Epidemiology HLTH 507/Public Health Administration HLTH 509/Social & Behavioral Theory Applications in Public Health HLTH 551/Issues in Public & Community Health HLTH 620/ Intro to Global Health HLTH 622/Primary Healthcare in Developing Countries HLTH 630/Principles of Community Health HLTH 642/Food-Borne Illness Prevention	Study.com: Health 101/Principles of Health Health 301/Ethical & Legal Issues in Healthcare Health 302/Health Services Policy Health 303/Healthcare Organization & Management Health 308/Healthcare Quality & Outcome Measurements Health 310/HR Management in Healthcare Sophia: HLTH 1011/Health, Fitness, & Wellness HLTH 1010/Intro to Nutrition HLTH 1020/Lifespan Development	DSST Exams accepted: Health & Human Development Substance Abuse
Instructional Methods & Strategies (for adapted physical education) (3 hours)	EXSC 510/Advanced Exercise Physiology (must be Advanced) EXSC 665/Physiology of Sport Performance & Conditioning	No online courses are available for this section at this time	No exams are available for this section at this time

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Technology in Health & PE (3 hours)	INFO 320/Healthcare Informatics (online) HLTH 440/Methods & Resources in Teaching Applied Sciences in Schools (This course is only offered Residentially at this time)	Study.com: Health 309/Healthcare Informatics	No exams are available for this section at this time
Principles of Human Nutrition (3 hours)	UG Level: HLTH 330/Human Nutrition Grad Level: HLTH 640/Principles of Nutrition HLTH 642/Food-Borne Illness Prevention HLTH 643/Nutrition & Chronic Disease	Straighterline: NUTRI 101/Intro to Nutrition Study.com Nutrition 101/Science of Nutrition Sophia: HLTH 1010/Intro to Nutrition	No exams are available for this section at this time
Assessment & Evaluation (in the content areas) (3 hours)	HLTH 453/Program Planning & Evaluation in Health Education (This course is only offered Residentially at this time) Grad Level: HLTH 632 / Health Program Planning	No online courses are available for this section at this time	No exams are available for this section at this time

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Note: The following courses can only be used to fulfill one content area. These courses cannot fulfill two sections at the same time.

HLTH 632 can only be used for one of the two sections: General Health & PE Theory **OR** Assessment & Evaluation (in the content areas).

EXSC 510 can only be used for one of the two sections: Exercise Physiology **OR** Instructional Methods & Strategies (Adapted PE).

****Please email our team for additional course options to fulfill some of these requirements. Because these options are from another Institution, we cannot list them on our equivalency guide. ****

Please email contentcompevals@liberty.edu and we would be happy to help answer any questions!

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