## **Health & Physical Education Endorsement Course Equivalency Guide**

Competency	Liberty <u>Online</u> Courses	Available Courses from: Straighterline Study.com Sophia Learning https://www.liberty.edu/online/transfer-partnerships/	Available College Level Exams:  CLEP  DSST/Dantes  or  Excelsior Exams  *all exams are 3 credit hours each unless noted otherwise
Personal Health, Safety, & Care of Athletic Injuries (3 hours)	UG Level:  HLTH 252/Drugs in Society  HLTH 330/Human Nutrition  HLTH 419/ Wellness & Behavior Change Theories for  Business  Grad Level:  HLTH 640/Principles of Nutrition  HLTH 642/Food-Borne Illness Prevention  HLTH 643/Nutrition & Chronic Disease	Straighterline: PE 101/Personal Fitness & Wellness MED 101/First Aid/CPR NUTRI 101/Intro to Nutrition  Study.com: Health 101/Principles of Health Nutrition 101/Science of Nutrition	DSST Exams accepted: Substance Abuse  Excelsior Exams accepted: Health Differences Across the Life Span I Health Differences Across the Life Span II Health Differences Across the Life Span III
Human Anatomy & Physiology (3 hours)	HLTH 211 / 212 (Applied Anatomy & Physiology I & II)  OR  HLTH 221 / 222 (Applied Anatomy & Physiology I & II)	Straighterline: BIO 201/Anatomy & Physiology I BIO 201L/Anatomy & Physiology I Lab BIO 202/Anatomy & Physiology II BIO 202L/Anatomy & Physiology II Lab  Study.com: Biology 105/Anatomy & Physiology (3 hrs.) Biology 201L/Anatomy & Physiology I w/Lab (4 hrs.) Biology 202L/Anatomy & Physiology II w/Lab (4 hrs.)	Excelsior Exams accepted: Anatomy & Physiology (6 hours)
Exercise Physiology (3 hours)	<b>Grad Level:</b> EXSC 510/Adv Exercise Physiology	No online courses are available for this section at this time	No exams are available for this section at this time

<sup>\*</sup>If you wish to take courses at another institution, please email <a href="mailto:contentcompevals@liberty.edu">contentcompevals@liberty.edu</a> for instructions and approval.

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Biomechanics of Human Movement/Kinesiology (3 hours)	Kinesiology: EXSC 505/Foundations of Human Performance EXSC 550/Adv Biomechanical Analysis	No online courses are available for this section at this time	No exams are available for this section at this time
General Health & PE Theory including planning, administration, and assessment principles (3 hours)	UG Level:  HLTH 105/Intro to the Health Professions HLTH 252/Drugs in Society HLTH 330/Human Nutrition HLTH 349/Public & Community Health for Business HLTH 380/Health Promotion for Aging Populations HLTH 419/ Wellness & Behavior Change Theories for Business  GRAD LEVEL HLTH 503/Prin of Epidemiology HLTH 505/Prin of Epidemiology HLTH 507/Public Health Administration HLTH 509/Social & Behavioral Theory Applications in Public Health HLTH 551/Issues in Public & Community Health HLTH 620/ Intro to Global Health HLTH 630/Principles of Community Health HLTH 630/Principles of Community Health HLTH 632/Health Programming Planning HLTH 642/Food-Borne Illness Prevention	Study.com:  Health 101/Principles of Health Health 301/Ethical & Legal Issues in Healthcare Health 302/Health Services Policy Health 303/Healthcare Organization & Management Health 308/Healthcare Quality & Outcome Measurements Health 310/HR Management in Healthcare	DSST Exams accepted: Substance Abuse  Excelsior Exams accepted: Health Differences Across the Life Span I Health Differences Across the Life Span II Health Differences Across the Life Span III
Secondary Physical Education (Instructional Methods & Skills) (3 hours)	No online courses are available for this section at this time  PHED 451/Secondary PE Methods  (This course is only offered Residentially at this time)	No online courses are available for this section at this time	No exams are available for this section at this time

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Elementary Physical Education (Concepts of Motor Learning, Instructional Methods & Skills) (3 hours)	No online courses are available for this section at this time  PHED 450/Elementary PE Methods  (This course is only offered Residentially at this time)	No online courses are available for this section at this time	No exams are available for this section at this time
School Health for Elementary & Secondary (Instructional Methods & Skills) (3 hours)	No online courses are available for this section at this time  HLTH 402/The School Health Program  (This course is only offered Residentially at this time)	No online courses are available for this section at this time	No exams are available for this section at this time
Health & PE Electives (can include team, individual, adaptive, cooperative activities, rhythms and dance) (9 hours)	UG Level:  HLTH 105/Intro to the Health Professions HLTH 252/Drugs in Society HLTH 330/Human Nutrition  HLTH 349/Public & Community Health for Business HLTH 380/Health Promotion for Aging Populations HLTH 419/ Wellness & Behavior Change Theories for Business  GRAD LEVEL  HLTH 503/Prin of Epidemiology HLTH 505/Prin of Epidemiology HLTH 507/Public Health Administration HLTH 509/Social & Behavioral Theory Applications in Public Health HLTH 551/Issues in Public & Community Health HLTH 620/ Intro to Global Health HLTH 622/Primary Healthcare in Developing Countries HLTH 630/Principles of Community Health HLTH 632/Health Programming Planning HLTH 642/Food-Borne Illness Prevention	Study.com:  Health 101/Principles of Health Health 301/Ethical & Legal Issues in Healthcare Health 302/Health Services Policy Health 303/Healthcare Organization & Management Health 308/Healthcare Quality & Outcome Measurements Health 310/HR Management in Healthcare	DSST Exams accepted: Substance Abuse  Excelsior Exams accepted: Health Differences Across the Life Span I Health Differences Across the Life Span III Health Differences Across the Life Span III
Instructional Methods & Strategies (for adapted physical education) (3 hours)	HLTH 632/Health Program Planning	No online courses are available for this section at this time	No exams are available for this section at this time

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Technology in Health & PE (3 hours)	No online courses are available for this section at this time  HLTH 440/Methods & Resources in Teaching Applied Sciences in Schools  (This course is only offered Residentially at this time)	<b>Study.com:</b> Health 309/Healthcare Informatics	No exams are available for this section at this time
Principles of Human Nutrition (3 hours)	UG Level:  HLTH 330/Human Nutrition  Grad Level:  HLTH 640/Principles of Nutrition  HLTH 642/Food-Borne Illness Prevention  HLTH 643/Nutrition & Chronic Disease	Straighterline:  NUTRI 101/Intro to Nutrition  Study.com  Nutrition 101/Science of Nutrition	No exams are available for this section at this time
Assessment & Evaluation (in the content areas) (3 hours)	HLTH 453/Program Planning & Evaluation in Health Education (This course is only offered Residentially at this time)  Grad Level:  HLTH 632 / Health Program Planning	No online courses are available for this section at this time	No exams are available for this section at this time

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**Note:** HLTH 632 can only be used for <u>one of the two sections</u>: Instructional Methods & Strategies (for adapted physical education) <u>OR</u> Assessment & Evaluation (in the content areas). Please email <u>contentcompevals@liberty.edu</u> and we would be happy to help answer any questions!