

Quick and broad overview of the changes and additions in APA 7th:

Page	Section	Summary
xviii		Chapter 1 introduces new guidelines for student papers, dissertations, and theses
xix		Chapter 2 includes a proposed sample student title page and paper; omitting the running head and restructuring the presentation of the title-page content
		Chapter 5 introduces the singular “they”
xx		Chapter 6 reverts to one space after closing punctuation “unless an instructor or publisher requests otherwise.”
		Chapter 8 = all citations with three or more authors now use the first author’s last name and et al.
xxi		Chapter 9 increases the number of authors named in the reference list to as many as 20 before using an ampersand (up from six). Omit the label “DOI” and use the hyperlink format; omit “Retrieved from” unless the retrieval date is also required. Formatting guidelines for annotated bibliographies are also included.
		Chapter 10 includes expanded reference examples for electronic sources, such as Ted Talks, PowerPoint presentations, YouTube videos
		CHAPTER 1
8	1.6	Literature Review Articles (brief summary of scope and focus/purpose)
9-10	1.10	<p>Student Papers Dissertations, and Theses</p> <p>Discusses “undergraduate” papers as including:</p> <ul style="list-style-type: none"> • Annotated bibliographies (discussed later) • Cause-and-effect • Comparative essays • Expository essays • Narrative essays • Persuasive essays • Response or reaction papers <p>And graduate papers as including dissertations and theses.</p> <p>“As mentioned in the introduction to this manual, most of the guidelines in the Publication Manual can be applied to student paper. However, because the scope of what constitutes a student paper is broad and flexible, and because students submit papers to their academic institutions rather than to an APA journal, we do not designate formal requirements for the nature or contents of an APA Style student paper. Thus, questions about paper length, required sections, and so forth are best answered by the instructor or institution setting the assignment. Students should follow the guidelines and requirements developed by their instructors, departments, and/or academic institutions when writing papers, including dissertations and theses; these guidelines and requirements may entail adaptation of or additions to the APA Style guidelines described in this manual. We encourage writers, instructors,</p>

		departments, and academic institutions using APA Style outside of the journal publication context to adapt APA Style to fit their needs.”
25	1.22	<p><u>Order of Authors</u> Professional-Student Collaborations = “... except under rare circumstances, the student should be listed as the principal author of any papers with multiple authors that are substantially based on their dissertation... Whether students merit principal authorship on papers based on their master’s-level or other predoctoral research will depend on their specific contribution to the research...”</p> <p>Group Student Assignments = names can be arranged in any order</p>
CHAPTER 2: Paper Elements and Format		
30	2.2	<p><u>Student Paper Required Elements</u> ¹ Student papers are suggested to have a student title page, body, and reference list. The abstract is no longer required “unless specifically requested by the instructor or institution.” The running head is omitted completely.</p>
	2.3	<p>Title Page <u>Professional Title Page</u></p> <ul style="list-style-type: none"> • Title of paper (bolded) • Name of each author • Affiliation • Author note • Running head (without the phrase “Running head:”) • Page number in top right corner of header <p><u>Student Title Page</u></p> <ul style="list-style-type: none"> • Title of paper (bolded) • Name of each author • Name of department and institution • Course number and name • Instructor name • Assignment due date (month day, year) • Page number in top right corner of header
31	2.4	<p><u>Title</u> No longer any limit on the title length (used to be no more than 12 words)</p>
32		<p><u>Format</u> Title case, bold, centered, and positioned in the upper half of the page (about 3-4 lines down from the top margin of the page)</p>
33	2.5	<p><u>Author Name</u> Format: one blank double-spaced line between the title and the author’s name</p>
34		Include department with name of institution

¹ Liberty University will use the student version for undergraduate students, and the professional version for graduate and doctoral students.

37	2.8	<p>Running Head</p> <p>“Running heads are required only for manuscripts being submitted for publication. Running heads are not required for student papers unless the instructor or institution requests them; thus, the header for a student paper includes only the page number.”</p> <p>If the title is 50 characters or less, the entire title can now be used as the running head (<i>used to require a shortened title in all cases</i>). Running head is now the same on every page --- in ALL CAPS left-justified, without the phrase “Running head:” on the title page.</p>
38	2.9	<p>Abstract</p> <p>When included, the term Abstract is now bolded. It is limited to no more than 250 words, with no lower word-count mandates.</p>
39	2.11	<p>Text (Body)</p> <p>APA 7th specifies that “both professional and student authors should follow the content and formatting guidelines described in this chapter and the citation principles described in Chapters 8 and 9.”</p> <p>Title of the paper should also be bolded.</p>
40	2.12	<p>Reference List</p> <p><u>Format</u></p> <p>Bold the word References.</p>
	2.13	<p>APA 7th now invites students to incorporate footnotes either at the bottom of each page, or in the form of endnotes on a page following the reference list. <i>Liberty University recommends that students include footnotes, when used, at the bottom of the page.</i></p>
	2.14	<p>Appendices</p> <p>Bold the section title of each</p>
42	2.15	<p>Supplemental Materials</p> <p>“Student papers do not typically include supplemental materials.”</p>
43	2.17	<p><u>Order of Pages</u></p> <ul style="list-style-type: none"> • Title page • Abstract • Text/body • References • Footnotes • Tables (bottom of p. 43 gives option to include in the body) • Figures (bottom of p. 43 gives option to include in the body) • Appendices
44	2.19	<p>Font</p> <p>APA no longer requires or recommends any font or size. It mentions several options, ranging in size from 8 to 14 point, but instead recommends “using word count rather than page count to gauge paper length.”</p>
45	2.21	<p>Line Spacing</p>

		<ul style="list-style-type: none"> • Add an extra blank double-spaced line on the title page between the title and author's name • Table and figures may be single-, 1-1/2, or double-spaced • Footnotes at the bottom of the page should be single-spaced. If they are on a separate page after the reference list, they should be double-spaced. • Equations can be triple- or quadruple-spaced. <p>APA specifies to leave a heading at the bottom of the page, separated from its content, if it falls that way.</p>
	2.23	Paragraph Alignment APA 7 th advises not to insert line breaks into long DOIs or URLs.
47	2.27	Heading Levels Few changes from 6 th : still five levels and do not use Introduction as a heading. The title is now named as a “de facto Level 1 heading” and any subheadings in the introductory section should be presented as Level 2 headings. Levels 4 and 5 are now in title case (but still end with periods).
		CHAPTER 3
73	3.3	Abstract Standards
75	3.4	Introduction Standards “The body of a paper always opens with an introduction.” This differs from 6 th edition, which used to allow the author to go right into a Level 1 heading under the title of the paper. Section 2.27 of the 7 th edition, however, specifies that the title of the paper is a “de facto Level 1 heading” and must have content for the introduction under it before going to the next Level 1 heading.
		CHAPTER 4: Writing Style and Grammar
		Chapter in general includes expanded grammar explanations (i.e., who versus that; that versus which)
118	4.14	Active and Passive Voice Allows use of both, though limited for the latter
120	4.18	Singular “They” Complete new section mandating this.
		CHAPTER 5: Bias-free Language Guidelines
		Chapter in general includes expanded discussion of avoiding bias (i.e., age, disabilities, gender, SES)
133	5.2	“Be sensitive to labels: Respect the language people use to describe themselves; that is, call people what they call themselves.”
		CHAPTER 6: Mechanics of Style
154	6.1	Only one space after closing punctuation now (not two).
161	6.11	Preferred Spelling <ul style="list-style-type: none"> • Spelling should conform to Merriam-Webster.com

		<ul style="list-style-type: none"> Spelling of psychological terms should conform to APA Dictionary of Psychology (https://dictionary.apa.org) If these two sources conflict, the latter is superior.
165	6.13	“Do not capitalize a personal name that begins with a lowercase letter when the name begins a sentence.” Likewise, for proper nouns and statistical terms.
167	6.17	Use title case for all heading levels.
170	6.22	Italicize webpages
170-171		Do not italicize the punctuation mark after an italicized word or phrase, except when part of a book title or heading
173	6.25	“If a citation accompanies an abbreviation, include the citation after the abbreviation, separated with a semicolon. Do not use nested or back-to-back parentheses.”
		“Define abbreviations used in tables and figures within each table and figure, even if the abbreviations have already been defined in the text.”
178-179	6.32-6.33	Numbers in abstracts follow standard number/word rules (as opposed to all numbers in the abstract being written out numerically per APA-6 section 4.31). Also use numbers for estimations (approximately 3 years ago)
179	6.35	Suffixes of ordinal numbers can be presented with or without superscript (i.e., 4 th or 4th)
182	6.43	Italicize the abbreviations for <i>LL</i> and <i>UL</i> (lower limits <i>and</i> upper limits, <i>respectively</i>)
187	6.44	Use currency symbol only when accompanied by a numeral
189	6.47	“Equation 3” rather than <i>Equation 3</i>
189	6.51	Use numbered lists for items that are complete sentences or paragraphs; use lettered or bulleted lists for phrases.
190-191	6.52	Expands and explains rules for using complete sentences versus phrases in seriation, including how to punctuate all options.
		CHAPTER 7: Tables and Figures
		Expanded discussion on these elements. Not discussed in detail here because very few academic papers include these elements.
		CHAPTER 8: Works Credited in the Text
254	8.1	APA 7th does not require citations to be included for every instance. Instead, only cite a source in a paragraph “in the first sentence in which it is relevant and do not repeat the citation in subsequent sentences [of that same paragraph] as long as the source remains clear and unchanged (see Section 8.24).”
256	8.3	Self-plagiarism “I have previously discussed” (with a citation to the prior class paper). <i>Note that Liberty University has restrictions on students’ use of previous coursework, however, since class papers earn grades.</i>
258	8.6	Primary and Secondary Sources “If the year of publication of the primary source is known, also include it in the text.”
259	8.8	Classroom or Intranet Resources

		Include URL to login page (myLU.liberty.edu, in the case of a class on Blackboard)
263	8.12	<p>Citing Multiple Works</p> <ul style="list-style-type: none"> • “In the case of multiple works in which some author names have been abbreviated to ‘et al.’ (see Section 8.17), place the citation in chronological order (regardless of the order in which they appear in the reference list). (Carraway et al., 2013, 2014, 2019)” • “To highlight the work(s) most directly relevant to your point in a given sentence, place those citations first within parentheses in alphabetical order and then insert a semicolon and a phrase, such as ‘see also,’ before the first of the remaining citations... (Sampson & Hughes, 2020; see also Augustine, 2018; Melara et al., 2018).”
264	8.13	<p>Citing Specific Parts of a Source</p> <p>No longer limited to just page or paragraph; now includes page, paragraph, section, tables, figures, footnotes, chapters, forewords, timestamps of videos, and slide numbers in PowerPoint presentations.</p>
	8.14	<p>Unknown or Anonymous Author</p> <p>If the title of the work is italicized in the reference list, it should be in the in-text citation, too. If it is not italicized in the reference list, it should be encapsulated in quotation marks in the in-text citation.</p>
265	8.15	<p>Translated, Reprinted, Republished, and Reissued Dates</p> <p>Include original date and final publication date: Piaget (1966/2000)</p>
265-266	8.16	<p>Omitting the Year in Repeated Narrative Citations</p> <p>APA 7th makes this exception clearer. The year should be omitted for the second+ <u>narrative</u> citation(s) of the same resource <i>in the same paragraph</i>; all parenthetical citations must include the year, no matter how many times that source is cited in a paragraph.</p>
266	8.17	<p>Number of Authors to Include in In-Text Citations</p> <p>For all resources with three or more authors, name the first author and add et al.</p>
267	8.19	<p>Works With the Same Author and Same Date</p> <p>Demonstrates but fails to explain APA’s special rule requiring a hyphen before the lowercase letter for resources that are in publication or have no date known. NOTE: this is explained better in section 9.47 on p. 305</p>
	8.20	<p>Authors With the Same Surname</p> <p>If two or more of the first-named authors have the same surname, include the initials: (J. M. Taylor & Neimeyer, 2015; T. Taylor, 2014).</p>
268	8.21	<p>Abbreviating Group Authors</p> <p>Expands discussion and provides clear examples of how to denote an abbreviation in conjunction with a citation</p>
271	8.25	<p>Principles of Direct Quotation</p> <p>“Regardless of quotation length, do not insert an ellipsis at the beginning and/or end of a quotation unless the original source includes an ellipsis.”</p>

		NOTE: Page 271 includes a statement that a parenthetical citation should follow “either immediately after the quotation or at the end of the sentence.” However, the second example on p. 272 shows the citation for the direct-quoted material falling at the end of the sentence, rather than after the direct quote itself. APA has confirmed that either option is acceptable in APA-7th.
274	8.28	<p>Direct Quotation of Material without Page Numbers</p> <ul style="list-style-type: none"> • Includes Bible under the “Works With Canonically Numbered Sections” • Spell out name of version fully; include the original and republished year of publication, and the chapter/verse: • The person vowed to “set me as a seal upon thine heart” (King James Bible, 1769/2017, Song of Solomon 8:6).
277	8.35	Epigraphs
CHAPTER 9: Reference List		
286	9.8	<p>Format of the Author Element</p> <ul style="list-style-type: none"> • “Provide surnames and initials for up to and including 20 authors.” • “When there are 21 or more authors, include the first 19 authors’ names, insert and ellipse (but no ampersand), and then add the final author’s name.” • “When the @ symbol is part of a username, include that symbol with the username in brackets (see Chapter 10, Examples 103-108).”
288	9.11	<p>Group Authors</p> <p>When individuals are named as authors along with a corporate group, include the corporate name after the name of the resource (see Chapter 10, Examples 51-52).</p>
289	9.13	<p>Definition of Date</p> <p>“Do not use a copyright date from a webpage or website footer because this date may not indicate when the content on the site was published. If a note indicates the ‘last updated’ date of the page, use that date if it applies to the content you are citing.” Otherwise, use n.d.</p>
290	9.16	<p>Retrieval Dates</p> <p>Include a retrieval date for sources where content is likely to have changed or been updated (i.e., wikis, Facebook, Twitter, maps on Google).</p>
293-294	9.24	<p>Format of the Source Element</p> <p>Now omit the word <i>Author</i> (special rule in 6th ed.) in the publisher’s place when it is the same as the author. See clarification in 6th bullet on p. 296.</p>
295	9.28	<p>Edited Book Chapter and Reference Work Entry Sources</p> <p>New rules for dictionary entries: follow the same format for dictionary entries as you do chapters in edited books. See example #47 on p. 328 (note that it specifies to include the retrieval date there in that section for such content):</p> <p>Merriam-Webster. (n.d.). Self-report. In <i>Merriam-Webster.com dictionary</i>. Retrieved July 12, 2019, from https://www.merriam-webster.com/dictionary/self-report</p>
	9.29	<p>Publisher Sources</p> <p>OMIT the city and state of the publisher from all reference entries.</p>

296-297	9.30	Database and Archive Sources <ul style="list-style-type: none"> Do not include database URLs that require log-on credentials. “Provide database or other online archive information in a reference only when it is necessary for readers to retrieve the cited work from that exact database or archive.” “Provide the name of the database or archive when it publishes original, proprietary works available only in that database or archive.” (i.e., ERIC or ProQuest)
297	9.31	Works With Specific Locations Include the city and two-letter state abbreviation “for works associated with a specific location, such as conference presentations.”
298	9.32	Social Media Sources Only cite a social media source if it is the primary source for that content.
	9.33	Website Sources When the webpage has an author that is not the same as the overall website, provide the website name in title case with no italics after the name of the webpage (note to OMIT “Retrieved from”): Doe, J. (n.d.). Name of webpage. BBC News. https://URL
298-299	9.34	When to Include DOIs and URLs <ul style="list-style-type: none"> Use a DOI whenever available (no URL if there is a DOI) Use a URL for online resources with no DOI Do not use a URL for print resources that have no DOI <u>For works from academic databases, do not include a URL or database information because these works are widely available.</u>
299	9.35	Format of DOIs and URLs <ul style="list-style-type: none"> Present both as hyperlinks: https://doi.org/10.1037/0000092-001 or https://www.website.com Omit “Retrieved from” or “Accessed from” Acceptable to use either blue underlined or plain text that is not underlined Links should be live. Do not manually add line breaks to the hyperlink ... but “the typesetter may break hyperlinks after punctuation to improve page flow.”
300	9.36	DOI or URL Shortener May use shortDOIs or shortened URLs
	9.37	No Source Classroom lectures and intranet sources should be cited as among personal communications, as they are nonrecoverable to outside readers
302-303	9.42	Religious and Classical Works <ul style="list-style-type: none"> Cite like books. Religious works are treated as having no author. An annotated version of a religious work would be treated as having an editor. Include publication dates for the Bible and other classical works. See section 8.28 on p. 274 for more details

		<ul style="list-style-type: none"> NOTE that section 8.28 specifically discusses direct quotes. APA has clarified that citations and references are required for paraphrases, too.
303	9.43	Format of the Reference List Word “References” should be bolded
306	9.49	Order of Works with No Author or an Anonymous Author Alphabetize numerals as though they were spelled out (i.e., 22 = <i>t</i> for twenty-two)
307	9.51	Annotated Bibliographies New section altogether. Follow formatting rules for block quotes (if second paragraph, indent it ½”)