

DRESS CODE

To foster a welcoming and respectful environment for all guests, individuals are required to follow the guidelines below at all times:

MODEST CLOTHING

- All workout attire should provide sufficient coverage to maintain modesty throughout all activities within the facility, including on the workout floor, in fitness studios and other shared spaces.
- Clothing should be designed to avoid any unnecessary exposure
- No exposed buttons, metal rivets, or zippers likely to damage equipment

ATHLETIC SHOES

- Must be worn at all times
- Must be closed-toe with a rubber sole
- No spikes, turf shoes, or cleats
- No sandals or flip flops outside of locker rooms
- No muddy or dirty shoes

SWIMSUITS

- Women: Modest one-piece or tankini; no bare midsection
- Men: Modest short-style bottoms/jammers; no briefs/speedos

CAMPUS RECREATION STAFF MAY DETERMINE ANY ITEM OF CLOTHING UNACCEPTABLE AND WILL ADDRESS POTENTIAL VIOLATIONS OF THESE RULES WITH FACILITY USERS. CONCERNS ABOUT THE RULE OR ITS ENFORCEMENT MAY BE ADDRESSED TO LAHAYEREC@LIBERTY.EDU.

THE LIBERTY WAY MUST BE FOLLOWED AT ALL TIMES.