

2014 Arctic 5k Trail Race

Snow Flex, Lynchburg, VA
 January 25, 2014 9:00AM

Place	Name	No.	Age	S	City	St	Gun	Chip	Pace
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
7:51	1 Brandon Taylor	935	20	M	Delta	PA	24:21	24:21	
8:35	2 Micah Armbrose	982	22	M	Galena	OH	26:38	26:38	
8:38	3 Scott Miller	904	22	M	Millersville	MD	26:49	26:49	
8:59	4 Dakota Pellman	911	23	M	Lynchburg	VA	27:55	27:53	
9:33	5 Matthias Dailey	854	23	M	Lynchburg	VA	29:39	29:39	
9:35	6 Samantha Schreiber	958	16	F	Gladys	VA	29:46	29:46	
10:00	7 Hunter Burdette	839	19	M	Nitro	WV	31:02	31:02	
10:02	8 Lyndi Fielitz	979	23	F	Lynchburg	VA	31:14	31:09	
10:06	9 Benjamin Orth	910	18	M	Lynchburg	VA	31:26	31:22	
10:19	10 Jonathan Penn	912	21	M	Lynchburg	VA	32:04	32:02	
10:22	11 Benjamin White	977	22	M	Bedford	VA	32:13	32:13	
10:25	12 Sarah Quigg	966	20	F	Lynchburg	VA	32:22	32:20	
10:28	13 Tyler Mattner	899	21	M	Denver	NC	32:34	32:31	
10:45	14 Daniel Wernig	945	20	M	Delta	PA	33:27	33:24	
10:50	15 Darrell Wargo	943	45	M	Lynchburg	VA	33:40	33:40	
10:52	16 Lee Beaumont	836	45	M	Lynchburg	VA	33:46	33:45	
11:01	17 Jacob Cozart	980	19	M	Lynchburg	VA	34:20	34:14	
11:02	18 Josiah Williams	971	20	M	Narvon	PA	34:26	34:17	
11:02	19 David Clause	860	19	M	Monroe	NC	34:31	34:16	
11:10	20 Devante Lewis	895	21	M	Lynchburg	VA	34:40	34:40	
11:17	21 Michael Merholz	900	44	M	Lynchburg	VA	35:06	35:01	
11:19	22 Josiah Hale	879	19	M	Lynchburg	VA	35:11	35:08	
11:19	23 Megan Merryman	901	18	F	Lynchburg	VA	35:17	35:09	
11:22	24 Jonathan Freed	871	26	M	Lynchburg	VA	35:27	35:19	

11:33	25	Zane Harshman	882	32	M	Wingina	VA	35:54	35:52
11:34	26	Camp Daniel	856	22	M	Lynchburg	VA	35:58	35:55
11:38	27	Rick Foster	962	42	M	Lynchburgq	VA	36:08	36:07
11:41	28	Cody Underwood	941	21	M	Lynchburg	VA	36:18	36:17
11:39	29	Jason Nolt	969	20	M	Reinholds	PA	36:20	36:12
11:45	30	Sibande Sibande	1927	33	M	Lynchburg	VA	36:30	36:29
11:48	31	Jesus Castaneda	963	59	M	Lynchburg	VA	36:40	36:39
11:53	32	Jon Volcheck	975	20	M	Lynchburg	VA	37:04	36:55
12:06	33	Alissa Karle	999	18	F	Lynchburg	VA	37:39	37:35
12:09	34	Taylor Mastin	1000	19	F	Lynchburg	VA	37:49	37:45
12:11	35	Cody Duff	965	22	M	Madison Heights	VA	37:53	37:51
12:11	36	Dylan Nace	908	21	M	Lynchburg	VA	37:57	37:49
12:11	37	John Raysor	920	42	M	Lynchburg	VA	37:58	37:50
12:15	38	Miller Craig	851	62	M	Forest	VA	38:04	38:03
12:17	39	Mike Cannon	841	51	M	Manassas	VA	38:09	38:08
12:17	40	Tony Martin	976	44	M	Appomattox	VA	38:15	38:09
12:23	41	Cheyenne Craig	850	35	F	Forest	VA	38:29	38:27
12:23	42	Timothy Perry	914	50	M	Lynchburg	VA	38:31	38:27
12:29	43	Allison Babb	834	22	F	Bedford	VA	38:48	38:45
12:27	44	Kevin Snader	970	20	M	New Holland	PA	38:50	38:41
12:30	45	Robert Robinson	924	52	M	Appomattox	VA	38:52	38:49
12:34	46	Paul Hill	992	18	M	Mechanicsburg	PA	39:07	39:02
12:35	47	Cameran Monan	994	20	M	Springfield	IL	39:12	39:06
12:45	48	Andrew Chiricosta	846	21	M	Lynchburg	VA	39:37	39:34
12:42	49	Erin Aitcheson	830	24	F	Lynchburg	VA	39:38	39:27
12:51	50	Christopher Cannon	840	23	M	Lynchburg	VA	39:55	39:54
12:52	51	Ross Metts	903	27	M	Evington	VA	40:00	39:56
12:55	52	Ken Wickert	985	45	M	Rustburg	VA	40:10	40:08

13:04	53	Hannah MacDonald	896	20	F	Lynchburg	VA	40:44	40:36
13:07	54	Matt Ramsey	917	31	M	Amherst	VA	40:59	40:45
13:08	55	Sarah Snyder	929	22	F	Evington	VA	41:05	40:46
13:24	56	Bryant Jamerson	2000	28	M	Appomattox	VA	41:38	41:37
13:25	57	Chris Hass	2001	22	M	Lynchburg	VA	41:42	41:41
13:27	58	Bill Hutter	959	61	M	Lynchburg	VA	41:51	41:47
13:27	59	Nathan Cantu	842	22	M	Lynchburg	VA	41:53	41:46
13:31	60	Katie Harshman	881	27	F	Wingina	VA	42:02	42:00
12:45	61	Carl Adams	927	28	M	Lynchburg	VA	42:11	39:36
13:34	62	Miriam Brighton	838	19	F	Lynchburg	VA	42:11	42:09
13:29	63	Brian Keefer	968	27	M	Forest	VA	42:12	41:53
13:32	64	Darrell Childress	845	50	M	Forest	VA	42:13	42:01
13:29	65	Jonathan Espinoza	866	24	M	Calexico	CA	42:14	41:52
13:44	66	Courtney Tschantz	938	19	F	Smithville	OH	42:42	42:40
13:54	67	Hal Morgan	906	23	M	Lynchburg	VA	43:18	43:10
13:56	68	Craig Harner	960	39	M	Lynchburg	VA	43:19	43:16
13:57	69	Jordan McDaniel	983	21	F	Lynchburg	VA	43:31	43:19
13:59	70	Mary Kendall	998	20	F	Sumpter	SC	43:37	43:26
14:02	71	Laura Tovar	993	19	F	Lynchburg	VA	43:43	43:36
14:03	72	Lance Knight	893	58	M	Lynchburg	VA	43:45	43:40
14:08	73	Jess Gibson	874	19	F	Ottawa		43:54	43:53
14:12	74	Joshua Dawson	859	13	M	Halifax	VA	44:05	44:05
14:11	75	Jonathan Watson	944	30	M	Appomattox	VA	44:07	44:02
14:16	76	Debbie Grishaw	955	42	F	Forest	VA	44:22	44:20
14:16	77	Nate Crookshank	852	21	M	King George	VA	44:38	44:18
14:26	78	Kathleen Schreiber	956	20	F	Gladys	VA	44:54	44:49
14:29	79	Aurora Frejosky	872	18	F	Lynchburg	VA	45:06	44:58
14:30	80	Beverly Schreiber	957	50	F	Gladys	VA	45:07	45:03

14:30	81	Freda Spencer	964	53	F	Forest	VA	45:09	45:03
14:30	82	Joshua Frejosky	873	39	M	Lynchburg	VA	45:11	45:02
14:36	83	Wade Stout	932	36	M	Lynchburg	VA	45:23	45:20
14:48	84	Stephen Heermance	885	21	M	Simsbury	CT	46:06	45:58
14:52	85	Amanda West	946	38	F	Rustburg	VA	46:22	46:11
14:55	86	Hillary Bliss	837	19	F	Lynchburg	VA	46:34	46:19
15:01	87	Melissa Wolf	950	30	F	Goode	VA	46:38	46:37
14:57	88	Corey Wilson	996	26	M	Lynchburg	VA	46:45	46:25
15:01	89	Kerri Grove	981	42	M	Lynchburg	VA	46:46	46:39
15:02	90	Jaclyn Clement	984	31	F	Lynchburg	VA	46:48	46:40
15:01	91	Kate Powell	997	19	F	Newport News	VA	46:48	46:37
15:04	92	Jennifer Epps	865	36	F	Haifax	VA	46:48	46:48
15:05	93	Dacy Ayres	833	34	F	Lynchburg	VA	46:50	46:49
15:03	94	Justin Hammerberg	880	20	M	Lynchburg	VA	46:51	46:46
15:02	95	Hannah Read	921	19	F	Lynchburg	VA	46:52	46:41
15:05	96	Stacey Reighard	922	35	F	Forest	VA	46:52	46:51
15:04	97	Scott Carpenter	843	51	M	Lynchburg	VA	46:57	46:47
15:04	98	Rebecca Rodgers	978	19	F	West Chester	PA	46:59	46:46
15:07	99	Russell Franklin	869	45	M	appomattox	VA	47:00	46:57
15:04	100	Nathan Gerbe	995	20	M	East Auroa	NY	47:07	46:47
15:04	101	Jenna Holman	886	20	F	Lynchburg	VA	47:07	46:48
15:08	102	Pamela Shirey	926	48	F	Lynchburg	VA	47:15	47:01
15:11	103	Karen Crosby	853	43	F	Madison Heights	VA	47:23	47:09
15:19	104	Elaine Maddy	897	45	F	Rustburg	VA	47:41	47:33
15:23	105	Xana Emery	864	22	F	Apex	NC	48:01	47:45
15:24	106	Morgan Green	990	20	F	Lynchburg	VA	48:06	47:49
15:31	107	Sara Landrum	894	20	F	Roanoke	VA	48:26	48:11
15:43	108	Rachel Merryman	902	20	F	Fairfax	VA	49:05	48:48

15:47	109	Turner Jean	891	44	F	Amherst	VA	49:10	49:01
15:47	110	Jordan Nickerson	909	21	M	Lynchburg	VA	49:15	49:02
15:52	111	Leah Durham	863	20	F	Lynchburg	VA	49:24	49:17
15:50	112	Joseph Wilson	949	46	M	Lynchburg	VA	49:24	49:11
15:52	113	Jeanine Wilson	948	44	F	Lynchburg	VA	49:29	49:16
15:53	114	Jonathan Pfenninger	915	21	M	Forest	VA	49:37	49:19
15:53	115	Emily Abel	829	23	F	Lynchburg	VA	49:37	49:19
16:00	116	Anna Clark	847	20	F	Lynchburg	VA	49:49	49:42
16:02	117	Corey James	890	19	M	Lynchburg	VA	49:50	49:47
15:58	118	Angie Tonkin	937	20	F	Newville	PA	49:54	49:36
16:04	119	Ben Bauserman	835	12	M	Lynchburg	VA	49:59	49:55
16:01	120	Maryl Deputy	861	19	F	East Berlin	PA	50:03	49:46
16:04	121	Jonathan McQuin	844	26	M	Lynchburg	VA	50:12	49:53
16:10	122	Robert Perri	954	28	M	Lynchburg	VA	50:19	50:13
16:09	123	Bailey Riggins	923	20	F	Lynchburg	VA	50:24	50:09
16:09	124	Hannah Wilson	930	18	F	Carlisle	PA	50:25	50:09
16:15	125	Jenna Fraser	870	21	F	Grand Blanc	MI	50:42	50:27
16:18	126	Adriane Guy	878	20	F	Fort Belvoir	VA	50:54	50:38
16:25	127	Katherine Gregg	876	21	F	Lynchburg	VA	51:02	51:00
16:27	128	Kimberly Hawk	884	45	F	Charlottesville	VA	51:13	51:04
16:35	129	Dakota Zook	953	25	M	Lynchburg	VA	51:44	51:31
16:35	130	Jonathan Micol	987	29	M	Lynchburg	VA	51:44	51:31
16:51	131	Alexandra Westcott	947	18	F	Lynchburg	VA	52:29	52:21
16:58	132	Christa Fields	961	36	F	Montvale	VA	52:49	52:42
16:56	133	Rebecca Mahlburg	974	61	F	Lynchburg	VA	52:49	52:34
17:00	134	Taylor Breinich	989	18	F	Allentown	PA	53:04	52:47
17:26	135	Don Doebler	862	53	M	Lynchburg	VA	54:22	54:08
17:47	136	Peter Amato	832	47	M	Lynchburg	VA	55:19	55:15

165 Tammy Fore	868 50 F Concord	VA 1:40:27 1:40:10
32:15		
166 Ericka Haskins	883 36 F Madiosn Heights	VA 1:41:08 1:40:49
32:27		

2014 Arctic 5k Trail Race
 Snow Flex, Lynchburg, VA
 January 25, 2014 9:00AM

***** AWARDS LIST *****

***** MALE 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Brandon Taylor	20	Delta	PA	24:21	24:21	7:51
2	Micah Armbrrose	22	Galena	OH	26:38	26:38	8:35
3	Scott Miller	22	Millersville	MD	26:49	26:49	8:38

***** FEMALE 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Samantha Schreiber	16	Gladys	VA	29:46	29:46	9:35
2	Lyndi Fielitz	23	Lynchburg	VA	31:14	31:09	10:02
3	Sarah Quigg	20	Lynchburg	VA	32:22	32:20	10:25

***** MALE MASTERS 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Darrell Wargo	45	Lynchburg	VA	33:40	33:40	10:50

***** FEMALE MASTERS 5K RUN OVERALL AWARDS*****

Place	Name	Age	City	St	Gun	Chip	Pace
1	Debbie Grishaw	42	Forest	VA	44:22	44:20	14:16

MALE AGE GROUP: 1 - 13

1	75	Joshua Dawson	13	Halifax	VA	44:05	44:05
2	121	Ben Bauserman	12	Lynchburg	VA	49:59	49:55

FEMALE AGE GROUP: 1 - 13

NO FINISHERS

MALE AGE GROUP: 14 - 19

1	7	Hunter Burdette	19	Nitro	WV	31:02	31:02
2	9	Benjamin Orth	18	Lynchburg	VA	31:26	31:22
3	17	Jacob Cozart	19	Lynchburg	VA	34:20	34:14
4	18	David Clause	19	Monroe	NC	34:31	34:16
5	22	Josiah Hale	19	Lynchburg	VA	35:11	35:08
6	46	Paul Hill	18	Mechanicsbur	PA	39:07	39:02
7	119	Corey James	19	Lynchburg	VA	49:50	49:47
8	144	Joey Davis	18	Mocksville	NC	57:40	57:34
9	155	Jordan Johnson	19	Rock Hill	MD	59:24	59:09

FEMALE AGE GROUP: 14 - 19

1	23	Megan Merryman	18	Lynchburg	VA	35:17	35:09
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2	33	Alissa Karle	18	Lynchburg	VA	37:39	37:35
3	34	Taylor Mastin	19	Lynchburg	VA	37:49	37:45
4	65	Miriam Brighton	19	Lynchburg	VA	42:11	42:09
5	66	Courtney Tschantz	19	Smithville	OH	42:42	42:40
6	71	Laura Tovar	19	Lynchburg	VA	43:43	43:36
7	73	Jess Gibson	19	Ottawa		43:54	43:53
8	79	Aurora Frejosky	18	Lynchburg	VA	45:06	44:58
9	86	Hillary Bliss	19	Lynchburg	VA	46:34	46:19
10	88	Kate Powell	19	Newport News	VA	46:48	46:37
11	92	Hannah Read	19	Lynchburg	VA	46:52	46:41
12	94	Rebecca Rodgers	19	West Chester	PA	46:59	46:46
13	118	Maryl Deputy	19	East Berlin	PA	50:03	49:46
14	123	Hannah Wilson	18	Carlisle	PA	50:25	50:09
15	131	Alexandra Westcott	18	Lynchburg	VA	52:29	52:21
16	134	Taylor Breinich	18	Allentown	PA	53:04	52:47
17	137	Jack Hoover	19	Statesville	NC	55:36	55:30
18	143	Kari Gottfried	19	Mahanoy City	PA	57:40	57:31
19	145	Ana Rodriguez	19	Lynchburg	VA	58:06	57:48
20	146	Waverly Walk	18	Lynchburg	VA	58:11	57:54

MALE AGE GROUP: 20 - 29

1	4	Dakota Pellman	23	Lynchburg	VA	27:55	27:53
2	5	Matthias Dailey	23	Lynchburg	VA	29:39	29:39
3	10	Jonathan Penn	21	Lynchburg	VA	32:04	32:02
4	11	Benjamin White	22	Bedford	VA	32:13	32:13
5	13	Tyler Mattner	21	Denver	NC	32:34	32:31
6	14	Daniel Wernig	20	Delta	PA	33:27	33:24
7	19	Josiah Williams	20	Narvon	PA	34:26	34:17
8	20	Devante Lewis	21	Lynchburg	VA	34:40	34:40
9	24	Jonathan Freed	26	Lynchburg	VA	35:27	35:19
10	26	Camp Daniel	22	Lynchburg	VA	35:58	35:55
11	28	Jason Nolt	20	Reinholds	PA	36:20	36:12
12	29	Cody Underwood	21	Lynchburg	VA	36:18	36:17
13	32	Jon Volcheck	20	Lynchburg	VA	37:04	36:55
14	35	Dylan Nace	21	Lynchburg	VA	37:57	37:49
15	37	Cody Duff	22	Madison Heig	VA	37:53	37:51
16	43	Kevin Snader	20	New Holland	PA	38:50	38:41
17	47	Cameran Monan	20	Springfield	IL	39:12	39:06
18	49	Andrew Chiricosta	21	Lynchburg	VA	39:37	39:34
19	50	Carl Adams	28	Lynchburg	VA	42:11	39:36
20	51	Christopher Cannon	23	Lynchburg	VA	39:55	39:54
21	52	Ross Metts	27	Evington	VA	40:00	39:56
22	57	Bryant Jamerson	28	Appomattox	VA	41:38	41:37
23	58	Chris Hass	22	Lynchburg	VA	41:42	41:41
24	59	Nathan Cantu	22	Lynchburg	VA	41:53	41:46
25	61	Jonathan Espinoza	24	Calexico	CA	42:14	41:52
26	62	Brian Keefer	27	Forest	VA	42:12	41:53
27	67	Hal Morgan	23	Lynchburg	VA	43:18	43:10
28	76	Nate Crookshank	21	King George	VA	44:38	44:18
29	84	Stephen Heermance	21	Simsbury	CT	46:06	45:58
30	87	Corey Wilson	26	Lynchburg	VA	46:45	46:25
31	93	Justin Hammerberg	20	Lynchburg	VA	46:51	46:46
32	95	Nathan Gerbe	20	East Auroa	NY	47:07	46:47
33	110	Jordan Nickerson	21	Lynchburg	VA	49:15	49:02
34	114	Jonathan Pfenninger	21	Forest	VA	49:37	49:19
35	120	Jonathan McQuin	26	Lynchburg	VA	50:12	49:53
36	124	Robert Perri	28	Lynchburg	VA	50:19	50:13

37	129	Dakota Zook	25	Lynchburg	VA	51:44	51:31
38	130	Jonathan Micol	29	Lynchburg	VA	51:44	51:31
39	140	Brad Sweeney	22	Norfolk	VA	56:14	56:01
40	142	Drew Taylor	27	Lynchburg	VA	56:50	56:42
41	149	Jeffrey Guill, Jr	28	Concord	VA	58:44	58:25

FEMALE AGE GROUP: 20 - 29

1	44	Allison Babb	22	Bedford	VA	38:48	38:45
2	48	Erin Aitcheson	24	Lynchburg	VA	39:38	39:27
3	54	Hannah MacDonald	20	Lynchburg	VA	40:44	40:36
4	56	Sarah Snyder	22	Evington	VA	41:05	40:46
5	63	Katie Harshman	27	Wingina	VA	42:02	42:00
6	69	Jordan McDaniel	21	Lynchburg	VA	43:31	43:19
7	70	Mary Kendall	20	Sumpter	SC	43:37	43:26
8	78	Kathleen Schreiber	20	Gladys	VA	44:54	44:49
9	97	Jenna Holman	20	Lynchburg	VA	47:07	46:48
10	105	Xana Emery	22	Apex	NC	48:01	47:45
11	106	Morgan Green	20	Lynchburg	VA	48:06	47:49
12	107	Sara Landrum	20	Roanoke	VA	48:26	48:11
13	108	Rachel Merryman	20	Fairfax	VA	49:05	48:48
14	113	Leah Durham	20	Lynchburg	VA	49:24	49:17
15	115	Emily Abel	23	Lynchburg	VA	49:37	49:19
16	116	Angie Tonkin	20	Newville	PA	49:54	49:36
17	117	Anna Clark	20	Lynchburg	VA	49:49	49:42
18	122	Bailey Riggins	20	Lynchburg	VA	50:24	50:09
19	125	Jenna Fraser	21	Grand Blanc	MI	50:42	50:27
20	126	Adriane Guy	20	Fort Belvoir	VA	50:54	50:38
21	127	Katherine Gregg	21	Lynchburg	VA	51:02	51:00
22	138	Courtney Tate	26	Lynchburg	VA	56:08	55:50
23	139	Rachael Smith	22	Norfolk	VA	56:14	56:01
24	147	Alexandria Strader	21	Kensington	OH	58:13	57:55
25	151	Danielle Ferrario	21	Lynchburg	VA	58:59	58:47
26	153	Amanda Raub	20	Brewerton	NY	59:15	59:01
27	154	Courtney Morgan	20	Ruckersville	VA	59:23	59:08
28	158	Elizabeth Magill	23	Lynchburg	VA	1:01:53	1:01:49
29	159	Elizabeth Guion	22	Lynchburg	VA	1:02:07	1:01:55

MALE AGE GROUP: 30 - 39

1	25	Zane Harshman	32	Wingina	VA	35:54	35:52
2	30	Sibande Sibande	33	Lynchburg	VA	36:30	36:29
3	55	Matt Ramsey	31	Amherst	VA	40:59	40:45
4	68	Craig Harner	39	Lynchburg	VA	43:19	43:16
5	74	Jonathan Watson	30	Appomattox	VA	44:07	44:02
6	80	Joshua Frejosky	39	Lynchburg	VA	45:11	45:02
7	83	Wade Stout	36	Lynchburg	VA	45:23	45:20
8	150	Wyatt Almond	37	Lynchburg	VA	58:46	58:35

FEMALE AGE GROUP: 30 - 39

1	41	Cheyenne Craig	35	Forest	VA	38:29	38:27
2	85	Amanda West	38	Rustburg	VA	46:22	46:11
3	89	Melissa Wolf	30	Goode	VA	46:38	46:37
4	91	Jaclyn Clement	31	Lynchburg	VA	46:48	46:40
5	98	Jennifer Epps	36	Haifax	VA	46:48	46:48
6	99	Dacy Ayres	34	Lynchburg	VA	46:50	46:49
7	100	Stacey Reighard	35	Forest	VA	46:52	46:51
8	133	Christa Fields	36	Montvale	VA	52:49	52:42
9	152	Kassia Mayo	35	Lynchburg	VA	59:02	58:49

10	156	Melissa Ramsey	30	Amherst	VA	59:27	59:13
11	166	Ericka Haskins	36	Madiosn Heig	VA	1:41:08	1:40:49

MALE AGE GROUP: 40 - 49

1	16	Lee Beaumont	45	Lynchburg	VA	33:46	33:45
2	21	Michael Merholz	44	Lynchburg	VA	35:06	35:01
3	27	Rick Foster	42	Lynchburgq	VA	36:08	36:07
4	36	John Raysor	42	Lynchburg	VA	37:58	37:50
5	40	Tony Martin	44	Appomattox	VA	38:15	38:09
6	53	Ken Wickert	45	Rustburg	VA	40:10	40:08
7	90	Kerri Grove	42	Lynchburg	VA	46:46	46:39
8	101	Russell Franklin	45	appomattox	VA	47:00	46:57
9	111	Joseph Wilson	46	Lynchburg	VA	49:24	49:11
10	136	Peter Amato	47	Lynchburg	VA	55:19	55:15
11	148	Robert Allen	42	Goode	VA	58:17	58:05

FEMALE AGE GROUP: 40 - 49

1	102	Pamela Shirey	48	Lynchburg	VA	47:15	47:01
2	103	Karen Crosby	43	Madison Heig	VA	47:23	47:09
3	104	Elaine Maddy	45	Rustburg	VA	47:41	47:33
4	109	Turner Jean	44	Amherst	VA	49:10	49:01
5	112	Jeanine Wilson	44	Lynchburg	VA	49:29	49:16
6	128	Kimberly Hawk	45	Charlottesvi	VA	51:13	51:04
7	141	Mattie Howell	43	Farmville	VA	56:24	56:14
8	157	Leah Morrell	47	Forest	VA	1:01:06	1:00:53
9	160	Kim Umstadter	46	Charlottesvi	VA	1:04:41	1:04:30
10	162	Dena Perez	43	Palmyra	VA	1:08:55	1:08:45

MALE AGE GROUP: 50 - 59

1	31	Jesus Castaneda	59	Lynchburg	VA	36:40	36:39
2	39	Mike Cannon	51	Manassas	VA	38:09	38:08
3	42	Timothy Perry	50	Lynchburg	VA	38:31	38:27
4	45	Robert Robinson	52	Appomattox	VA	38:52	38:49
5	64	Darrell Childress	50	Forest	VA	42:13	42:01
6	72	Lance Knight	58	Lynchburg	VA	43:45	43:40
7	96	Scott Carpenter	51	Lynchburg	VA	46:57	46:47
8	135	Don Doebler	53	Lynchburg	VA	54:22	54:08

FEMALE AGE GROUP: 50 - 59

1	81	Beverly Schreiber	50	Gladys	VA	45:07	45:03
2	82	Freda Spencer	53	Forest	VA	45:09	45:03
3	161	Kim Price	54	Amherst	VA	1:08:56	1:08:40
4	165	Tammy Fore	50	Concord	VA	1:40:27	1:40:10

MALE AGE GROUP: 60 - 99

1	38	Miller Craig	62	Forest	VA	38:04	38:03
2	60	Bill Hutter	61	Lynchburg	VA	41:51	41:47
3	163	Steve Howell	61	Farmville	VA	1:09:52	1:09:30
4	164	Richard Daniel	72	Madiosn Heig	VA	1:16:59	1:16:40

FEMALE AGE GROUP: 60 - 99

1	132	Rebecca Mahlburg	61	Lynchburg	VA	52:49	52:34
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