

Virginia Wesleyan University

About our internships

Typically, graduate students selected for placement at VWU have at least one year of clinical experience prior to beginning their internship with us as we are a more advanced placement site. Our interns acquire an independent caseload within the first few weeks of placement. Our interns build individual caseloads of approximately 12-15 undergraduate students who seek services for a wide variety of reasons (i.e. depression, anxiety, trauma, grief, substance abuse, relationship issues, difficulty adjusting to college, etc.). Our interns have the opportunity to conduct biopsychosocial assessments, explore appropriate diagnoses, develop treatment plans, and provide individual therapy for our undergraduate students. We also support opportunities for our interns to host clinical and psychoeducation events for our undergraduate students.

We support our interns through one hour of individual supervision and one hour of group supervision per week. Our interns are also expected to coordinate audio recordings of sessions with client consent for a more observational supervision approach.

Email resume and cover letter to: achristman@vwu.edu.