

Planned Program of Study  
Clinical Mental Health Counseling

Student Name:	Faculty Advisor Mentor (FAM):
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Students, please consult the [Clinical Mental Health Program Handbook](#) for assistance with completing your PPS to ensure appropriate sequencing of coursework and prerequisite requirements. Reach out to your Faculty Advisor Mentor (FAM) with any specific questions. Please follow the suggested course sequencing, as much as possible. This can be found on the second page of your degree completion plan. An example of the information you will need to fill in is provided below in the first row.

**{B & D Term=8 Weeks; A Term=16 Weeks (residential/synchronous); J Term (Intensives) 16 Weeks}**  
***Please note: the Winter J-term on the Academic Calendar is not applicable to this program.***

Course Code	Course Title	Prerequisites & Course Notes	Recommended Semester of Study	Planned Semester & Term of Study
<b>EXMP 999</b>	<b><i>Example Clinical Course</i></b>	<b><i>None</i></b>	<b><i>First Semester</i></b>	<b><i>Summer 2030 D Term</i></b>
COUC 500	Orientation to Counselor Professional Identity and Function	None	First Semester	
COUC 501	Ethical and Legal Issues in Counseling	None	First Semester	
COUC 502	Human Growth and Development	COUC 500, 501, 503, 505, 510	Second Semester	
COUC 503	Gate 1 – Counseling Foundations and Orientation to the Program	None	First Semester	
COUC 504	Multicultural Counseling	COUC 500, 501, 503, 505, 510	Second Semester	

COUC 505	Counseling Techniques	None  Course offered in J-term only  *Required on-campus intensive starting Fall 2026	First Semester	
COUC 506	Integration of Spirituality and Counseling	COUC 500, 501, 503, 505, 510	Fourth Semester	
COUC 508	Gate 2 – Field Placement Preparation and Professional Readiness	COUC 500, 501, 503, 505, 510	Second Semester	
COUC 510	Theories	None	First Semester	
COUC 515	Research and Program Evaluation	Students must successfully complete three hours of undergraduate coursework in statistics.  Those who did not complete this course in their undergraduate program may fulfill this requirement during the first two semesters in the Program. <i>Call Academic Advising for suggested Statistics Courses to meet this prerequisite.</i>	Third Semester	
COUC 512	Group Counseling	COUC 500, 501, 502, 503, 504, 505, 508, 510, 521, 546  Course offered in the J term only  *Required on-campus intensive starting Fall 2026	Third Semester	

COUC 521	Assessment Techniques in Counseling	COUC 500, 501, 503, 505, 510	Second Semester	
COUC 522	Career Development and Counseling	COUC 500, 501, 502, 503, 504, 505, 508, 510, 512, 521, 546, 601, 667	Fourth Semester	
COUC 546	Psychopathology	COUC 500, 501, 503, 505, 510	Second Semester	
COUC 601	Theories of Family Systems	COUC 500, 501, 502, 503, 504, 505, 508, 510, 521, 546	Third Semester	
COUC 667	Clinical Diagnosis and Treatment Planning	COUC 500, 501, 502, 503, 504, 505, 508, 510, 521, 546	Third Semester	
COUC 650	Gate 3 – Practicum Application and Fieldwork Readiness	COUC 500, 501, 502, 503, 504, 505, 508, 510, 521, 546,	Third Semester	
COUC 691	Substance Abuse: Diagnosis, Treatment, and Prevention	COUC 500, 501, 502, 503, 504, 505, 508, 510, 512, 515, 521, 546, 601, 650, 667	Fourth Semester	

COUC 692	Practicum	COUC 500, 501, 502, 503, 504, 505, 508, 510, 512, 521, 522, 546, 601, 650, and 667.	Fourth Semester	
COUC 685	Gate 4 – Internship I Application and Career Readiness	COUC, 500, 501, 502, 503, 504, 505, 508, 510, 512, 515, 521, 546, 601, 650, 667	Fourth Semester	
COUC 604	Crisis Counseling	COUC 500, 501, 502, 503, 504, 505, 508, 510, 512, 515, 521, 546	Fifth Semester	
CEFS 670	Comprehensive Exam – CPCE	Counseling Comprehensive Exam prerequisites: COUC 500, 501, 502, 503, 504, 505, 506, 508, 510, 512, 515, 521, 522, 546, 650, 601, 667, 685, 691, 692 *CEFS 670/671 must be taken in the same semester	Fifth Semester	
CEFS 671	Comprehensive Exam - Integration	Counseling Comprehensive Exam prerequisites: COUC 500, 501, 502, 503, 504, 505, 506, 508, 510, 512, 515, 521, 522, 546, 650, 601, 667, 685, 691, 692 *CEFS 670/671 must be taken in the same semester	Fifth Semester	
COUC 690	Gate 5 – Internship II Application and Future Planning	COUC, 500, 501, 502, 503, 504, 505, 506, 508, 510, 512, 515, 521, 522, 546, 601, 604, 650, 667, 685, 692	Fifth Semester	

COUC 693	Internship 1	COUC 500, 501, 502, 503, 504, 505, 506, 508, 510, 512, 515, 521, 522, 546, 601, 604, 650, 667, 685, 692	Fifth Semester	
COUC 694	Internship 2	COUC 500, 501, 502, 503, 504, 505, 506, 508, 510, 512, 515, 521, 522, 546, 601, 604, 650, 667, 685, 692, 693	Sixth Semester	
Elective	Choose from any of the other level 500 -700 courses in our programs		Sixth Semester	