

**Intern Program Manager:** Jonathan Nielsen, LCSW

**Internships Spots by Location:** Mesa, Arizona - 3; South Jordan, Utah - 3; Bountiful, Utah - 3

**Start Dates:** Our center (s) are able to provide internship opportunities year-round at all three of our locations! We interview and accept interns based on our total available intern spots, available supervisors, and fit.

**Intern Programs Accepted:** Interns must be actively engaged in a master's degree program or higher. All clinical interns must be pursuing a graduate degree in social work, clinical mental health counseling, marriage and family therapy, or related field.

**Application Process:** Interested applicants should email a copy of their resume to [humanresources@liveuncertain.com](mailto:humanresources@liveuncertain.com). One of our HR representatives will then contact you and provide you with an application to complete. Both your application and resume will be reviewed and selected applicants will be invited to interview for an internship.

### Company

The OCD and Anxiety Treatment Center has a true passion for bringing help and hope to some of the most underserved clinical populations. We strive to change the lives of individuals and their families who have been suffering from unrelenting anxiety, disturbing and terrifying thoughts, uncontrollable worry, exhausting behaviors and rituals, and avoidance that keeps them from living their lives. We are an evidence-based practice, which means we do what works, we stay up to date with scientific research, and we regularly attend international training to keep us at our very best.

**Website:** <https://www.theocdandanxietytreatmentcenter.com/>

### Summary

The aim of our IOP Master's level internship is to assist in developing competent and ethical entry-level clinicians who are confident in their ability to provide quality, specialized treatment to children, adolescents, and adults experiencing obsessive-compulsive, anxiety, and trauma related disorders. This internship is based within The OCD and Anxiety Treatment Center's Intensive Outpatient Program (IOP) where interns will obtain professional/clinical development related to individual and family psychotherapy, crisis management, various forms of group facilitation, and documentation. Interns will develop their practical understanding of evidence-based therapeutic interventions such as exposure and response prevention therapy (ERP), dialectical behavior therapy (DBT), cognitive behavior therapy (CBT), dialectical behavior therapy-prolonged exposure (DBT-PE), and crisis response planning. Interns may also have the opportunity to create a community and/or an organizational project working with our marketing, outreach, quality and assurance, or office management teams.

### Objectives:

- Supports and ensures the clinical team and clients function safely, effectively, and efficiently to promote the best quality and output standards
- Support scheduling, specific department task completion, communication, conflict resolution, critical thinking, and time and priority management
- Collaborate with their supervisor, associate clinical director, Clinical Director and Clinical Project Coordinator to ensure the maintenance of treatment fidelity, company policy and procedure, and client satisfaction
- Functions as a member of the interdisciplinary treatment team
- Takes an active role in supporting and modeling TOATC business processes that are both current and in development while supporting and cultivating a positive culture on their team
- Provides validation in a warm, safe environment and keeps clients motivated to work through distress and eliminate neutralizing behaviors
- Adheres to all company policies and procedures
- Presents self in a professional manner

**Primary Responsibilities:**

- Represents their title as an Intern in transparent and professional manner at all time with both employees and clients/families.
- Attends weekly group supervision, monthly individual supervision (individual/group supervision varies based on school requirements)
- Attends daily treatment team meetings
- Attends weekly therapist training
- Trains up to and maintains a caseload of IOP clients by providing and directing psychotherapeutic intervention during treatment for OCD and other mental health disorders which will include case conceptualizations, development of treatment plans, and perpetuating a skillful and organized IOP.
- Co-facilitates/Facilitates a IOP Process Group and IOP Family Skills Group
- Learns and conducts de-escalation techniques as well as crisis planning and management
- Maintains comprehensive documentation
- Case management related to client caseload
- Maintains communication between their associate clinical director and clinical assistant team
- Supports in maintaining client satisfaction
- Maintains all written documentation such as progress notes, group therapy notes, etc.
- Ensures clear communication about school expectations include holiday breaks to both their clinical team and to their clients in a timely, clear, conscious and professional manner.
- Assumes tasks related to clinical treatment that may consist of clerical, clinical assistant and or project development as needed.

**Required Qualifications:**

- Proficient knowledge of computers, including Microsoft Word, Excel, and other computer software
- Accurate and efficient electronic data entry
- Must be punctual and maintain excellent attendance
- Organized, detail-oriented, takes initiative, and completes job responsibilities independently
- Multitasking, problem-solving, interpersonal, and strong written and verbal communication skills
- Thrives in a changing work environment including inside, outside, and loud noise level
- Physical demands of the job include sitting at a desk or table for extended periods, bending, lifting, and walking
- Pass a full criminal background check

**Preferred Qualifications:**

- Internships requiring 16+ hours weekly
- Interns within their 2nd/final year in a social work or counseling masters program
- Prior clinical experience
- Experiencing with populations suffering from obsessive-compulsive, anxiety and trauma related disorders
- Cognitive behavioral therapy and/or dialectical behavior therapy experience

**Disclaimer:**

TOATC has not designed this description to contain a comprehensive list of activities, duties, or responsibilities required of the intern. Furthermore, TOATC reserves the right to change or assign new duties, responsibilities, and activities at any time with or without notice.