

## Direct Client Contact Hours (CEFS Practicum)

*Direct Client Contact is when students meet directly with their clients to begin, continue, and terminate counseling as students are working through the therapeutic process with their clients. Students may have the role of a solo therapist, co-therapist (student is leading the therapy process accompanied by approved supervisor), family therapist, or group therapist.*

### **Minimum hour requirement: 40 hours**

- Direct Client Contact is to be **clinical in nature** using the counseling skills learned in CEFS 505, 512, and 602 as well as other counseling courses.
- Student can earn **no more than 25%** of their direct client contact hours as intake interviews and assessments. Anything beyond this may count as related hours.
- Student can earn **no more than 50%** of their direct client contact hours as group counseling. This is to ensure that students are diversifying their clinical experience.

### *Psychoeducational Group Requirement*

This CACREP requirement will be met in the practicum class. Students are encouraged to lead or co-lead a group with their approved site supervisor who will take responsibility for supervising the group.

To determine whether a specific counseling or psychoeducational group qualifies for this requirement, the group experience should be one that the site supervisor believes will contribute to the student's direct client contact hours.

The fulfillment of this requirement can be recorded as Direct Client Contact, not to exceed 5 hours.