

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: (Ray House)

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: Yes

General Information

Name: The Opportunity Alliance
Address: 50 Lydia Lane, South Portland, Maine 04106
Telephone: (207) 874-1175
Website: www.opportunityalliance.org
Contact: Patty Mann
 People Operations Generalist
 (207) 523-5019 or patty.mann@opportunityalliance.org

Agency Administration

Joe Everett	President/CEO
Dawn Ouellette	Chief Financial Officer
Sally Maxwell	Chief Operating Officer
Lily Lynch	Vice President, Development & Communications
Angela Hansen	Vice President, People Operations
Louise Marsden	Vice President, Programs
Kristin Ricciardone	Vice President, Programs
Karen Turgeon	Vice President, Programs

Agency Description

We are the Community Action Agency for Cumberland County, Maine. We work diligently to keep families intact, in stable homes, and integrated into a neighborhood community where all members can thrive and pursue their aspirations. We believe that the pathway to healthier individuals and families is created through an integrated continuum of formal and informal supports that addresses the fundamental factors that place communities at risk, such as poverty, mental illness, high rates of substance abuse, and child neglect and abuse. That's why, as much as possible, we work in partnership with residents to identify and address barriers to a strong community fabric and place a particularly high value on services that empower families and individuals to connect with natural supports and resources within their communities. To that end, we have developed working partnerships with a broad range of people, organizations, and community institutions including schools, faith communities, law enforcement, businesses, social services agencies and other non-profits.

Internship Opportunity

General Information

Name and location of program: Helen Winslow Ray House

50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Julia Foster, LCSW

Field Instructor telephone number: (207) 772-0732

Field Instructor email address: Julia.foster@opportunityalliance.org

of positions available for Summer: 1

of positions available for Fall: 1

Adequate space for student: Yes

Type of placement: MSW

Summer placement available: Yes

Evening /weekend hours allowed: No

Staff meeting required: Preferred
Every other Tuesday 2p-330p

Car required: No but desired.

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: Background checks, Immunizations, MANDT, CPR, First Aid and other program specific requirements in accordance with state licensing regulations.

Program and Placement Description

Population served: The Helen Winslow Ray House Residential Program, with a capacity of eight residents, provides trauma-informed treatment and support services to adults living with mental illness. Often our clients have co-occurring conditions, such as chronic health problems and/or substance use disorders.

In a supportive, safe, and secure environment, we address the complex needs of clients with an integrated, individualized, and client-centered approach facilitated 24 hours a day. The staff

are trained in trauma-informed care, mental health, and substance use treatment, crisis intervention, and other best practices.

Through an integrated health model of care the program recognizes the unique needs of each resident, seeks creative ways to offer a variety of empowering experiences and connections to the community, and works to provide an environment where clients can maintain individuality and dignity. We believe these services and supports are necessary for the residents to remain in the community of their choice and maximize their potential for obtaining and maintaining optimal mental health and wellness.

Size of staff: 16

Therapeutic model or practice: Multidisciplinary; Strengths based generalist;
Biopsychosocial

Characteristics desired in intern: Ability to recognize appropriate boundaries. Ability to keep client information confidential. Strong desire to work with adults living with mental illness and/or substance abuse issues. Interest in crisis intervention and stabilization services. Desire to be a part of a multidisciplinary team.

Would a student who needs a highly structured learning environment do well in this placement? Yes **Other comments:** No telehealth options available

What intern will learn:

- Learn suicide assessment and crisis intervention skills.
- Gain knowledge of community resources.
- Participate in treatment planning.
- Develop clinical documentation skills.
- Facilitate psychoeducational groups.
- Crisis Case Management skills
- Working in a multidisciplinary team setting
- Develop advocacy skills.
- Support clients with goal attainment and connection to appropriate community resources.
- Learn clinical documentation skills. Formalize psychosocial assessment and treatment plan in accordance with DHHS regulations.
- Gain first hand experience is working with individuals living with mental illness, substance abuse, and/or childhood trauma.
- Learn the role of the milieu in psychosocial rehabilitation.
- Individual counseling and family work - MSW, LCPC interns only.

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: Ocean Street

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: Yes

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Internship Opportunity

General Information

Name and location of program: Ocean Street: 521 Ocean Street South Portland Maine

50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Catherine Mullen, LCSW

Field Instructor telephone number: (207) 553-5885

Field Instructor email address: Catherine.mullen@opportunityalliance.org

of positions available for Summer: 1

of positions available for Fall: 1

Adequate space for student: Yes

Type of placement: MSW

Summer placement available: Yes

Evening /weekend hours allowed: Yes

Staff meeting required: Yes
Every Wednesday 9-11

Car required: No but desired.

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: Background checks, Immunizations, MANDT, CPR, First Aid and other program specific requirements in accordance with state licensing regulations.

Program and Placement Description

Population served: The Ocean Street Residential Program, with a capacity of 8 residents, provides trauma informed treatment and support services to adults living with mental illness complicated by comorbid chronic health conditions who may also have a substance use disorder. In a supportive, safe, and secure environment, the program meets the needs of individuals who have a major mental illness by providing psychosocial rehabilitation services and personal care services. Through an integrated health model of care, the program recognizes the unique needs of each resident, seeks creative ways to offer life affirming and empowering experiences, and works

to provide an environment where clients can maintain individuality and dignity, access to community opportunities and enhance their independence and quality of life. The services and supports provided are necessary for the residents with severe and persistent mental illness to remain in the community and maximize their potential for leading stable, pleasurable, and productive lives.

The program will work to address the complex needs of the clients, utilizing an integrated, individualized, client centered approach, 24 hours a day by staff trained in trauma informed care, mental health and substance use treatment, crisis intervention, and other best practices. To help individuals stabilize and develop goals that will move them toward the most independent, supportive, living situation possible, staff and clients will work together to develop individual care plans.

Population served: adults who have been diagnosed with a major mental illness, living with comorbid chronic health conditions who may also have a substance use disorder

Size of staff: 17

Therapeutic model or practice: Multidisciplinary; Strengths based generalist; Biopsychosocial

Characteristics desired in intern: Ability to recognize appropriate boundaries. Ability to keep client information confidential. Strong desire to work with adults living with mental illness and/or substance abuse issues. Interest in crisis intervention and stabilization services. Desire to be a part of a multidisciplinary team.

Would a student who needs a highly structured learning environment do well in this placement? Yes Other comments:

What intern will learn:

- Learn suicide assessment and crisis intervention skills.
- Gain knowledge of community resources.
- Participate in treatment planning.
- Develop clinical documentation skills.
- Facilitate psychoeducational groups.
- Crisis Case Management skills
- Working in a multidisciplinary team setting
- Develop advocacy skills.
- Support clients with goal attainment and connection to appropriate community resources.
- Learn clinical documentation skills. Formalize psychosocial assessment and treatment plan in accordance with DHHS regulations.
- Gain first hand experience is working with individuals living with mental illness, substance abuse, and/or childhood trauma.
- Learn the role of the milieu in psychosocial rehabilitation.
- Individual counseling and family work – MSW interns only.

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: Morrison Place

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: No

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Internship Opportunity

General Information

Name and location of program: Morrison Place

50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Nick Sweeney, LCSW, LADC

Field Instructor telephone number: (207) 780-8551

Field Instructor email address: Nicholas.sweeney@opportunityalliance.org

of positions available for Summer: 0

of positions available for Fall: 2

Adequate space for student: Yes

Type of placement: MSW, LCPC, or BSW

Summer placement available: No

Evening /weekend hours allowed: Yes

Staff meeting required: Yes
Every other Wednesday 1-4

Car required: No but desired.

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: Background checks, Immunizations, MANDT, CPR, First Aid and other program specific requirements in accordance with state licensing regulations.

Program and Placement Description

Population served: Adults with major mental illness and substance use disorder

Size of staff: 12

Therapeutic model or practice: Multidisciplinary; Strengths based generalist;
Biopsychosocial

Characteristics desired in intern: Ability to recognize appropriate boundaries. Ability to keep client information confidential. Strong desire to work with adults living with mental illness and/or substance use issues. Interest in crisis intervention and stabilization services. Desire to be a part of a multidisciplinary team.

Would a student who needs a highly structured learning environment do well in this placement? Yes Other comments:

What intern will learn:

- Learn suicide assessment and crisis intervention skills.
- Gain knowledge of community resources.
- Participate in treatment planning.
- Develop clinical documentation skills.
- Facilitate psychoeducational groups.
- Crisis Case Management skills
- Working in a multidisciplinary team setting
- Develop advocacy skills.
- Support clients with goal attainment and connection to appropriate community resources.
- Learn clinical documentation skills. Formalize psychosocial assessment and treatment plan in accordance with DHHS regulations.
- Gain first hand experience is working with individuals living with mental illness, substance abuse, and/or childhood trauma.
- Learn the role of the milieu in psychosocial rehabilitation.
- Individual counseling and family work - MSW, LCPC interns only.

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: (MOBILE)

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: Yes

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Internship Opportunity

General Information

Name and location of program: Mobile Crisis

50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Michelle Hansen LADC; CCS; LCSW
Carrie Swarthout LMFT

Field Instructor telephone number: (207) 542-4439

Field Instructor email address: michelle.hansen@opportunityalliance.org

of positions available for Summer: 3 positions open after May

of positions available for Fall: At this point, we have 3 positions open after May – number of fall interns we could take would depend on how long summer interns plan to stay on.

Adequate space for student: Yes

Type of placement: Bachelor and Master's level mental health/social work related degrees who can have either LMFT or LCSW as a supervisor

Summer placement available: Yes

Evening /weekend hours allowed: Yes

Staff meeting required: Can attend, not absolutely necessary – can also zoom in.
Wednesdays at 1pm.

Car required: No but desired.

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: Background checks, Immunizations, MANDT, CPR, First Aid and other program specific requirements in accordance with state licensing regulations.

Program and Placement Description

Population served: individuals/families located in Cumberland County who are experiencing a crisis

Size of staff:

12

Therapeutic model or practice:

Multidisciplinary; Strengths based generalist;
Biopsychosocial

Characteristics desired in intern: Ability to recognize appropriate boundaries. Ability to keep client information confidential. Strong desire to work with adults living with mental illness and/or substance abuse issues. Interest in crisis intervention and stabilization services. Desire to be a part of a multidisciplinary team.

Would a student who needs a highly structured learning environment do well in this placement? Students are expected to have some ability to work independently and to communicate about their learning and supervision needs as they arise. Things are somewhat structured, but are also dynamic and unpredictable at times. Other comments:

What intern will learn:

- Learn suicide assessment and crisis intervention skills.
- Gain knowledge of community resources.
- Participate in treatment planning.
- Develop clinical documentation skills.
- Facilitate psychoeducational groups.
- Crisis Case Management skills
- Working in a multidisciplinary team setting
- Develop advocacy skills.
- Support clients with goal attainment and connection to appropriate community resources.
- Learn clinical documentation skills. Formalize psychosocial assessment and treatment plan in accordance with DHHS regulations.
- Gain first hand experience is working with individuals living with mental illness, substance abuse, and/or childhood trauma.
- Learn the role of the milieu in psychosocial rehabilitation.
- Individual counseling and family work - MSW, LCPC interns only.
- Will have opportunity to gain MHRT-CSP certification.

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: Development and Communications

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: Yes

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Internship Opportunity

General Information

Name and location of program: Development and Communications

50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Lily Lynch, VP Development & Communications

Field Instructor telephone number: (207) 523-5030

Field Instructor email address: lily.lynch@opportunityalliance.org

of positions available for Summer: 1

of positions available for Fall: 1

Adequate space for student: Yes

Type of placement: Communications internship

Summer placement available: Yes

Evening /weekend hours allowed: No

Staff meeting required: Not required, but preferred
Every Monday 11am-12pm

Car required: No

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: *No specific requirements for Development & Communications department.

Program and Placement Description

Population served: Please see Program Description

Size of staff: 4

Therapeutic model or practice:

Characteristics desired in intern: Dynamic, self-starter to assist the agency's marketing, communications, events, and outreach efforts.

Would a student who needs a highly structured learning environment do well in this placement? Yes Other comments:

What intern will learn:

- Nonprofit fundraising and communications best practices
- How to write and edit for nonprofits- content for newsletters, website, reports, and more
- Social Media strategies
- Public relations and media outreach
- Event planning and execution
- Grant writing
- Scholarship management

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: (Broadway Crossings)

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: Yes

General Information

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Address: 50 Lydia Lane, South Portland, Maine 04106
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Internship Opportunity

General Information

Name and location of program: Broadway Crossings

50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Kim Lavoie, LCPC

Field Instructor telephone number: (207) 799-4160

Field Instructor email address: kim.lavoie@opportunityalliance.org

of positions available for Summer: 1

of positions available for Fall: 1

Adequate space for student: Yes

Type of placement: LCPC

Summer placement available: Yes

Evening /weekend hours allowed: Tuesday – Friday is preferable, weekend hours may be possible additionally

Staff meeting required: Yes
Every Tuesday 8a-10a

Car required: Yes

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: Background checks, Immunizations, MANDT (provided), CPR/First Aid (provided) and other program specific requirements in accordance with state licensing regulations.

Program and Placement Description

Population served: Broadway Crossings is a voluntary, 8 bed, short-term crisis residential program where adults experiencing a mental health and/or substance use disorder crisis can obtain stabilization services as an alternative to inpatient psychiatric hospitalization.

Size of staff: 12

Therapeutic model or practice: Motivational Interviewing; Trauma Informed Care; Crisis Stabilization; Harm Reduction

Characteristics desired in intern: Interest in acute setting work with co-occurring population. Interest in crisis intervention and stabilization services. Interest in individual and group work. Desire to be a part of a multidisciplinary team in a fast paced environment. Self awareness, strong boundaries and professionalism.

Would a student who needs a highly structured learning environment do well in this placement? No Other comments:

What intern will learn:

- Gain experience working with individuals living with acute mental illness, trauma and substance use disorders.
- Learn suicide/risk assessment, triaging skills and crisis intervention.
- Learn Motivational Interviewing and Trauma Informed Care basics
- Support clients one on one and facilitate psychoeducational groups
- Gain knowledge of the crisis system, community resources and system of services.
- Develop clinical documentation skills and treatment planning.
- Crisis Case Management skills
- Develop consultation and coordination skills.
- Observe and learn about diagnosis of a wide variety of presentations.
- Learn the role of the milieu in psychosocial rehabilitation

The Opportunity Alliance Agency and Program Profile for Undergraduate and Graduate Student Intern Placement: Resident Led Community Building

Internship available for academic year Fall 2022 - Spring 2023: Yes

Summer placement available for 2022: Yes

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Internship Opportunity

General Information

Name and location of program: So Portland Resource Hub,
50 Lydia Lane, South Portland ME 04106

Contact: Patty Mann
Human Resources Generalist
(207) 523-5019 or patty.mann@opportunityalliance.org

Field Instructor: Merrie V.Allen, BSW

Field Instructor telephone number: (207) 347-4194

Field Instructor email address: merrie.allen@opportunityalliance.org

of positions available for Summer: 1

of positions available for Fall: 1

Adequate space for student: Yes

Type of placement: BSW

Summer placement available: Yes

Evening /weekend hours allowed: Yes

Staff meeting required: Yes
Weekly Fridays at 10am

Car required: No but desired.

Mileage reimbursable: Yes when used for agency business.

Handicapped accessible: Yes

Agency requirements: Background checks and other program specific requirements in accordance with state licensing regulations.

Program and Placement Description

Population served: The RLCB Intern serves in a local capacity building role in the Resident Led Community Building (RLCB) at TOA. RLCB is a transformative, place-based initiative that strengthens community by providing opportunities for connection, access to services, and empowering resident led change and leadership. The RLCB program employs a social-ecological approach to address complex challenges faced by individuals and families in neighborhoods where neighbors/residents are most impacted by the conditions of poverty.

RLCB partners closely with social service professionals, faith ministries, local business, schools and caring neighbors to design, govern and deliver a continuum of care and support for children, youth, parents and individuals in order that they remain living safe and healthy lives within their own communities.

The position serves in a local capacity building role, working out of the Neighborhood Hub in South Portland's Redbank/Brickhill Neighborhood. The RLCB Hub Intern will have opportunities to build on the strengths of neighbors, connect individuals and families to resources, and help foster neighborhood leadership.

This position attends RLCB Community Building team meetings on a weekly basis and participates in other meetings as needed.

Assignments are performed, reviewed, and evaluated under the supervision of the project coordinator. All intern positions established will be with an affiliated college and part of an academic requirement.

Size of staff: 4

Therapeutic model or practice: Multidisciplinary; Strengths based generalist.

Characteristics desired in intern: Ability to recognize appropriate boundaries. Ability to keep client information confidential. Strong desire to work with adults, children & teens – families and neighbors. Interest in community-based work.

Would a student who needs a highly structured learning environment do well in this placement? No **Other comments:**

What intern will learn:

- Gain knowledge of community resources.
- Facilitate various social groups.
- Working in a multidisciplinary team setting
- Develop advocacy skills.

- Support clients with goal attainment and connection to appropriate community resources.
- Gain first hand experience is working with individuals in neighborhood.
- Network & develop community partnerships.
- Develop relationships based on empathic listening.
- Contribute to developing place-based welcoming Hub.