

Case Conceptualization & School Counseling Services Plan

Practicum/Intern Student Name _____

Practicum/Intern Site: ___ Elementary School ___ Middle School ___ High School ___ Clinical

Student/Client Pseudonym _____ Session ___ of ___

Please note:

The K-12 student/client’s actual name **will not** be used in this assignment for confidentiality purposes. A pseudonym only is to be used to protect the identity of the K-12 student/client.

<p>Case Conceptualization & School Counseling Services Plan Individual counseling is a direct, responsive service that involves one-to-one counseling with a student. (Be sure to address the questions/comments for each component)</p>
<p>Component #1: Case Conceptualization and Appraisal</p> <ul style="list-style-type: none"> • Explain procedures for addressing confidentiality and the limits to confidentiality. • Was the parent/guardian contacted to obtain parental permission for school counseling services? Why or why not? • Based on the student/client’s observable behaviors, what concerns might you have as a school counselor? • How will you go about obtaining additional information (a more holistic view) to address your concerns? • What counseling services will you provide to the student/client that are within the scope of school counseling practices? • Are there services you might consider outside the scope of school counseling (referral) that you believe would be beneficial to the student/client? • Based on the student/client’s observable behaviors, what counseling goals might you identify? • How will you involve the student/client in establishing additional counseling goals?
<p>Component #2: Developmental, Ethical, and Multicultural Considerations</p> <ul style="list-style-type: none"> • Identify the student/client’s culture/ethnicity. • What factors appear to be influencing the student/client’s (academic, career, social, emotional) development? • Identify family, school, community, and/or other institutional/environmental barriers that may be interfering with the academic, career, and/or social/emotional development of this student/client. • Identify multi-social/cultural considerations in this case (potential barriers/and or strengths.) Support your response with a <i>peer-reviewed journal</i>. • Specifically indicate ASCA ethical standards that apply in this case. Include, but do not limit yourself to scope of practice, referral, and supervision.

Component #3: *Counseling Theory & Techniques*

- What theoretical orientation(s)/technique(s) will you use to counsel this student/client? Support your choice with regard to culture, developmental age/level, and presenting issues with a *peer-reviewed journal*.
- What specific interventions will you use to assist this student in mediating issues, building resilience, identifying strengths, and developing a plan for wellness? (examples: small group, individual counseling, play therapy, peer programs, etc.) Support your choice(s) with a *peer-reviewed journal*.
- Identify possible family/home/community/school supports that would be useful to help this student/client.

Component #4: *Individual Appraisal and Outcomes Assessment*

- How will you assess student functioning?
- Identify how your approach is culturally sensitive and takes into account background, ability, and language.
- How will you assess student/client's strengths and seek to build resilience?
- How will you measure student/client progress toward counseling goals?
- What methods will be used to assess the effectiveness of your counseling sessions with this student/client?

Component #5: *Professional/Scholarly Writing*

Correct grammar, punctuation, sentence structure, spelling, and APA citations. Student includes a references section with proper APA formatting.