

Central Virginia Counselor Development Symposium



Liberty University

Lynchburg, VA | October 7-8, 2020



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APT Approved Provider 19-591

Table of Contents

- Symposium Schedule
- Detailed Schedule with Tracks Identified
 - Clinical
 - Educators
 - Special Topics
 - General Topics
- Keynote Presenter Dr. S. Kent Butler Biography
- Presenter Biographies

Symposium Schedule

October 7, 2020

8:45am - 12:30pm

[Play Therapy Workshops](#) or General Topics

12:45pm

Poster Presentations

1:30pm – 5:00pm

[Play Therapy Workshops](#) or General Topics

6:00pm

Keynote Speaker

Dr. S. Kent Butler



October 8, 2020

8:45am - 12:30pm

Track Sessions:

Clinical

Educators

Special Topics

12:45pm

Poster sessions

1:30pm – 5:00pm

Track Sessions:

Clinical

Educators

Special Topics

October 7, 2020

Session 1 – 9:00am – 10:00am

General Topic: Providing TeleMental Health for clients: Impact on Supervisors and Practicum and Internship Students

Presenters: Dr. April Crable, Dr. Nivischi Edwards, Dr. Mike Takacs, and Dr. Lynn Bohecker

COVID-19 significantly impacted master's level counseling field experience student engagements with clients. This impact also affected traditional supervision strategies for site and faculty supervisors. In this presentation, participants will learn ethical and legal implications of TeleMental health during COVID-19 and the emotional impact on-site supervisors, faculty, and students while implementing new protocols to supervise novice counselors. *1 CE hour.*

Play Therapy: Adlerian Play Therapy (AdPT) and Post-Traumatic Stress Disorder

Presenters: Dr. Courtney Evans-Thompson

Literature related to application of Play therapy with traumatized children is still relatively limited. This study evaluated the effectiveness of Adlerian play therapy (AdPT) when working with children who were diagnosed with Post-Traumatic Stress Disorder (PTSD). When used appropriately by a trained clinician, AdPT may be an effective treatment for this population. *1 Non-contact CE hour.*

Session 2 – 10:15am – 12:30pm

General Topic: Exploring Spirituality through Bibliodrama

Presenters: Dr. Denise Daniel, Dr. Joy Mwendwa, and Derek Parker

Join others in learning and exploring your own spirituality through participation in a group bibliodrama. This interactive workshop will teach you a creative technique for exploring spiritual issues in a group setting. *2 CE hours.*

Play Therapy: Creative Techniques in Play Therapy

Presenter: Dr. Robyn Simmons

This workshop will provide an overview of the benefits of creative techniques in play therapy for children and adolescents (and even adults). The discussion will focus on how this modality of counseling can help nonverbal or hesitant clients process unresolved or subconscious materials. Specific techniques will be discussed and demonstrated. *2 Contact CE hours.*

Poster Presentations - 12:45-1:30 PM

Location	Presenter	Poster Name
1	Kevin Hooker, Dr. Christina Villarreal- Davis	The Psychology of Esports and Streaming
2	Dr. Caitlyn Royal	Friend and Spouse: Does the Level of a Close-Knit, Same Sex Friend Affect Marital Intimacy?
3	Derek J. Parker, William G. Carroll, Katlyn V. Greene, Frimpong K. Nyanor, Krystoffer L. Bowman	Imposter on the Screen: Feelings Associated with Self-Evaluation in Online Supervision
4	Jeridith Lord, Maria Moore, Dr. Joy Mwendwa	Career Counseling for Military Spouses

October 7, 2020

Session 4 – 1:30- 2:30 PM

General Topic: CREATE(ing) Effective Counselor Supervision: An Orienting Device to Guide the Supervision Journey

Presenters: Dr. Steve Johnson, Dr. Karin Dumont, and Dr. Henry Bruns

This program assists supervisors in CREATE(ing) a memorable framework and guidance in achieving program-learning outcomes by facilitating the transfer of knowledge to skill development. The CREATE model is designed to enhance supervisor self-efficacy, competence, and effectiveness. Counseling students will gain insights and perspectives on identifying effective site supervisors. *1 CE hour.*

Play Therapy: Multiculturalism and Diversity in Play Therapy

Presenters: Dr. Christina Villarreal-Davis

This presentation will combine Sessions 4 and 5, running from 1:30-3:30pm. This workshop will provide an overview of multiculturalism and diversity in play therapy. Cultural issues in play therapy will be explored, including areas to be addressed in becoming culturally competent, three distinct levels of responsiveness, and how to make a playroom culturally inclusive. Cultural considerations to special populations will also be discussed. *2 Contact CE hours.*

Session 5 – 2:45- 3:45 PM

General Topic: Promoting Student Wellness and Counselor Self-Efficacy through Mindfulness

Presenters: Dr. Laura Daniel

The presenter will review a research project exploring the integration of mindfulness practice into clinical supervision of Practicum students. The relationship between student wellness and outcomes in counselor training will be addressed as well as the use of mindfulness practice as one coping strategy within a larger student wellness plan. *1 CE hour.*

Session 6 – 4:00- 5:00 PM

General Topic: Collective Trauma: Finding Meaning During a Worldwide Pandemic

Presenters: Dr. Sonya Cheyne, Dr. Jonna Byars, Denise Hughes, Angela Waggoner

The novel COVID-19 (coronavirus) pandemic has emerged worldwide collective trauma. While a current phenomenon, the virus' direct and indirect impacts reflect those of PTSD. This presentation explores how meaning is discovered amidst global collective trauma and the complexities of meaning formation during unprecedented and unpredictable times. *1 CE hour.*

Play Therapy: Play Therapy and Self-Representation in Children on the Autism Spectrum

Presenter: Dr. Kevin Hull

One of the particular developmental challenges of Autism Spectrum Disorder (ASD) is a lack of self-representation. Specific elements of self-representation include a sense of self-worth and self-awareness, resulting in confidence to represent oneself to the world and demonstrate competency in relationships and achievements. The neurodevelopmental challenges of ASD, particularly in the area of autobiographical memory, can create delays in the development of self-representation. Play therapy is a useful intervention in helping develop self-representation for ASD children. *1 Non-contact CE hour.*

October 8, 2020

Session 1 – 9:00am – 10:00am

All Sessions Include 1 CE hour

Clinical: From Victim to Survivor: Keys to Disclosure and Recovery

Presenters: Dr. Jama Davis and Dr. Rebecca Taylor

Sexual abuse changes a person and often leads to feelings of shame, uncertainty, and loss of hope along with unanswered questions, body memories and emotional triggers. This presentation will focus on empirically-based intervention phases to address sexual abuse trauma, thus moving the individual from victim to survivor.

Educators: School Connectedness - Understanding and Application based on this Key Resiliency Factor

Presenter: Dr. Rick Albright

This engaging presentation is designed to heighten school counselors' awareness of a critically important construct to measure and monitor in their work – school connectedness. The session will review various approaches for measuring and enhancing school connectedness and provide an opportunity for participants to share their relevant experiences.

Special Topic: Counseling women who manage chronic conditions: Clinical interventions and spiritual integration

Presenter: Dr. Daria White

More than 40% of people in the USA, about 133 million, struggle with chronic illnesses. This presentation explores the most common chronic conditions in women. It outlines evidence-based treatments and therapies that engage the body for better coping. It explores the connection between spiritual practices, hope, joy, and increased well-being.

Session 2 – 10:15 – 11:15am

All Sessions Include 1 CE hour

Clinical: Social Media's Impact on Self-Disclosure in Counseling

Presenter: Dr. Laurel Shaler

In an internet-driven society, clients may desire to learn all they can about counselors before and during the counseling process. This can result in self-disclosure that may impact the therapeutic relationship. Never the less, it is possible for counselors to maintain an online presence and effectively work with clients.

Educators: Building Resiliency by Mentoring CITs in Professional Identity Development

Presenters: Dr. Summer Kuba, Dr. Capri Brooks, Dr. Patricia Kimball, and Dr. Kristy Ford

In this session, participants will explore the barriers to mentoring counselors in training in professional identity development. Participants will examine a resource developed by the presenters for engaging counselors in training in professional publication and presentation processes. This presentation will equip participants with the knowledge and skills to move the counseling profession forward through engaging counselors in training in research, presentations and publications.

Special Topic: Resiliency Training in Military Families

Presenter: Dr. Candace McLain

Military families understand ambiguity. These families face ongoing stressors and challenges that require immense resiliency training. Utilizing the Master Resiliency training is beneficial for service members and families alike. This presentation offers a look into the lives of military families and applying MRT with a clinical integrative focus.

Session 3 – 11:30am – 12:30pm

All Sessions Include 1 CE hour

Clinical: Social Anxiety Disorder: Implications for Career Counseling

Presenter: Dr. Brad Imhoff

Social Anxiety affects 13% of the population and the counseling literature highlights its damaging effect on occupational functioning. This presentation provides a detailed understanding of the disorder, its manifestation in work and career, and how to help clients manage the disorder on their way to fulfilling personal and work lives.

Educators: Building Resiliency: The Art of Becoming a School Counselor

Presenters: Dr. Denise Ebersole, Dr. Laura Martin

Join us for an engaging discussion designed to support school counseling graduate students who want to build resiliency while preparing to successfully transition into a school counseling position! Seize this opportunity to learn specific and practical recommendations to help you transition from being a student to becoming a school counselor!

Special Topic: Moving Beyond Risk Factors: Counseling for Youth in the Juvenile Justice System

Presenters: Miranda Nicholson, Faculty Sponsor: Dr. Krista Kirk

This round-table discussion, targeted toward current and future counselors, educators, and clinicians will examine the ineffectiveness of the juvenile justice system in lowering youth recidivism rates. The presenters will actively encourage a collective dialogue where participants are free to ask questions or share their own experiences as it pertains to this field. The shortcomings and challenges present in juvenile intervention programs will be highlighted, along with areas in need of further investigation.

Poster Presentations - 12:45-1:30 PM

Location	Presenter/s	Poster Name
1	Dr. Arline Edwards-Joseph, Dr. Tracy Knighton	Trauma Informed Care: Developing Resilience in Children Living in Rural Areas and Developing Nations after Natural Disasters.
2	Dr. Joy Mwendwa, Jeridith Lord, Maria Moore, Robyn Lindley, Joan Furlani	Healing Journey of Domestic Violence Survivors in the Military: A Holistic Perspective
3	Brooke Mize, Dr. Krista Kirk	Mixed Orientation Marriages: Characteristics, Struggles, and Counseling
4	Donna Soliday, Victoria Evans, Jessica Wiggs, Dr. Joy Mwendwa	COVID-19 Response: Barriers to Growth in Online Counseling Supervision
5	Dr. Ed Barker	Surviving the Other war: Group Intervention for Military Sexual Trauma

Session 4 – 1:30 – 2:30pm

All Sessions Include 1 CE hour

Clinical: Country as Client: Promoting Multicultural Humility and Self-Awareness through Study Abroad

Presenter: Dr. Kristy Ford, Dr. Jeffrey Boatner, and Dr. Jama Davis

Benefits of multicultural experiences are numerous, including increased self-awareness, cultural humility, and cultural competency. In this presentation, the “country as client” framework will be discussed as a way to promote multicultural sensitivity during cross-cultural experiences, enabling counselors to consider how the world is understood and experienced by their client(s).

Educators: Female Faculty: Factors for Success in Christian and Non-Christian Institutions

Presenters: Dr. Nivischi Edwards, Dr. Patti Hinkley, Dr. Melvin Pride, Linje Boston, and Katie Askren

Female faculty members often report feeling pressured and challenged to successfully balance their scholarship and academic duties with their home responsibilities. This session will provide the results of an original research study conducted in the spring of 2019 where the female faculty members were surveyed regarding their definition of success.

Session 5 – 2:45 – 3:45pm

All Sessions Include 1 CE hour

Clinical: Environmental and treatment considerations for Intimate partner violence (IPV) following the impact of COVID-19

Presenter: Dr. Daria White and Dr. Jama Davis

This presentation discusses the implications for working with domestic violence victims and survivors prior to and during the COVID-19 pandemic. It explores the challenges of the changing framework for counseling from traditional to telehealth services. Evidence-based treatments, interventions, and resources will be shared with participants.

Educators: Racial Microaggression: The Successful Navigating of Faculty Women of Color in the Academy

Presenters: Dr. Nivischi Edwards, Dr. April Crable, Dr. Arleezah Marrah, and Dr. Arline Edwards-Joseph

Racial microaggressions are defined as “brief and commonplace daily verbal, behavioral, and environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial slights and insults to the target person or group” (Sue et al., 2007, p. 273). As faculty women of color in the academy, we are often navigating a number of challenges. Being a numerical minority in a workplace is associated with a number of stressful experiences and mistreatment (Kanter, 1977). One such stressor is successfully navigating the inevitable experience of racial microaggressions (RMAS) in the academy. In this session, a panel of faculty women of color will share their experiences, strengths, and hopes about their journey in the academy and how they thrive despite various oppressive realities.

Special Topic: The Salience of Cross-Cultural Consideration in Counseling for Patients with Major Neurocognitive Disorder Alzheimer’s Disease and their Caregivers

Presenters: Dr. Stephanie Ford

Neurocognitive Disorder due to Alzheimer’s Disease impacted 5.8 million people in the United States in 2019 (Alzheimer’s Association, 2019). Prevalence rates are higher for African Americans and Hispanics. Cross-cultural counseling strategies are essential to address decision making; well-being of patients and their caregivers; while

addressing adversity and lived experiences.

Session 6 – 4:00 – 5:00pm

All Sessions Include 1 CE hour

Clinical: A Stronger Circle: A Systemic Approach to Resilience and Self Care for Counselors and their Families

Presenter: Dr. Aaron Jackson

This session will present information about how counselor and family resilience is promoted through a systemic approach to self-care.

Educators: Constructing Hope by Improving the School Counselor-Principal Relationship

Presenters: Dr. Laura Martin, Dr. Denise Ebersole

Everybody wins when there is a collaborative relationship between the school counselor and principal. Join us as we delve into specific evidence-based recommendations for improving this partnership. Our presentation will help school counselors leverage their unique skills to maximize their partnership with principals so that increased collaboration can occur.

Special Topic: Covert Spousal Abuse: An Epidemic of Hidden Oppression

Presenters: Jenna Ryan, Dr. Michael Takacs

With renewed cultural interest in topics like oppression and social injustice, the staggering statistics of women across all racial and socioeconomic categories being systematically abused and oppressed in their own homes cannot be ignored. This session helps define and identify covert spousal abuse and explores opportunities for supporting affected women.

Keynote Presenter

Dr. S. Kent Butler

S. Kent Butler, Jr. holds a Ph.D. in Educational Psychology, with a concentration in Counseling Psychology, from the University of Connecticut. He is a Licensed Professional Counselor (LPC), Nationally Certified Counselor (NCC), and Nationally Certified School Counselor (NCSC). In February of 2020, Dr. Butler was elected President-Elect of the American Counseling Association (ACA). His presidential year is 2021 – 2022. In July of 2019, Dr. Butler was appointed Interim Chief Equity, Inclusion and Diversity Officer at the University of Central Florida. In March of 2020, he was selected as a Fellow within the National Association of Chief Diversity Officer in Higher Education's Chief Diversity Officer Fellows Program (NADOHE-CDOFP). He is a 2020 – 2021 cohort (C-7) member. The professional leadership program mentors new and early career Chief Diversity Officers. Dr. Butler was also recently promoted to Professor of Counselor Education at the University of Central Florida and has served as a Faculty Fellow for Inclusive Excellence within the Office of the Provost.



Dr. Butler presently serves as faculty advisor to CHI SIGMA IOTA International Honor Society (CSI), the Counselor Education Doctoral Student Organization (CEDSO), Project for Haiti Knights, and the National Association for the Advancement of Colored People (NAACP). He served as the Principal Investigator, for The High-Risk Delinquent and Dependent Child Educational Research Project: Situational Environmental Circumstances Mentoring Program (SEC), which was a partnership between the University of Central Florida and several Florida universities. This grant opportunity has transitioned into the UCF Young Knights Mentoring Project a program that supports students at Hungerford Elementary School in Eatonville, FL.

Also on the national level, Dr. Butler has served the Association for Multicultural Counseling and Development (AMCD) as the 2011 – 2012 President and ACA Governing Council Representative (2015 – 2018). He is honored to be a member of AMCD's Multicultural Counseling Competencies Revisions Committee (2014 – 2015) which produced the ACA-AMCD endorsed Multicultural Social Justice Counseling Competencies (MSJCC). In April of 2016, Dr. Butler was bestowed with the prestigious ACA Fellow Award. His research and academic interests lie in the areas of Multicultural and International Counseling, Social Justice, Mentoring, Counseling work as it relates specifically to African American males, Group Counseling, School Counseling, and Multicultural Supervision.

Presenter Biographies

Richard Albright

Dr. Albright is an Associate Professor at Liberty University. He has had many years of experience as a school counselor and as a therapist serving children and families. His passion is for supporting kids and families to tap into their strengths and resources to achieve their greatest potential.

Katie Askren

Katie is a PhD Counselor Education and Supervision Student who holds an MA in Professional Counseling, a BS in Psychology, and a BS in Religion. She has served as a counselor in the private-practice setting, in substance-abuse, and within a prison. She is experienced in relief work and disaster care within the United States and abroad including Thailand, Mexico, El Salvador, and Russia. Katie has presented at VCA and VACES on topics including counselor self-care and multicultural competence through social justice work.

Ed Barker

Born in Japan to U. S. military personnel, Dr. Ed Barker has spent his life in a wide variety of locations. Prominent among these is the nearly 20 years he lived and worked in Sweden. He has served as a college counselor, Director of Counseling, Dean of Students, High School Counselor, Doctoral Program Director, ESL instructor overseas, Director of 2 disparate Master's level programs, University Department Chair, and teacher at the Middle School, High School, Community College, Undergraduate, Masters and Doctoral levels in a number of areas and institutions.

Jeff Boatner

Dr. Jeffrey Boatner has served in positions of academic leadership at Liberty University and currently serves as a core faculty member for the Department of Counselor Education and Family Studies. He is a Licensed Professional Counselor and licensed Marriage and Family Therapist in the state of Virginia, where he is also registered to provide clinical supervision. Dr. Boatner has over 10 years of clinical experience working in a wide range of positions with a community mental health agency. His doctoral research focused on the father-daughter relationship and clinical interventions that can help to strengthen this relationship.

Lynn Bohecker

Dr. Lynn Bohecker specializes in counselor education and supervision and marriage and family counseling. She has worked in a wide range of settings such as a non-profit agency, a county agency, and a private clinical practice located in the Nazarene church. She has taught counselor education in secular and faith-based institutions of higher education. Her teaching interests include any CACREP core classes, marriage and family specialization courses, and particularly research and evaluation focused courses. Her research interests include an emphasis on spirituality and religion in counseling, group work, and counselor identity.

Linje Boston

Linje Boston is a statistician who has been in the consulting field for more than 15 years. He has had the pleasure of working with clients of all sizes. In his current role, he contributes to the Data and Analytics division of Daugherty Business Solutions' Atlanta branch. He holds a master's in Statistics from the University of Michigan.

Krystoffer Bowman MA, LPC

Krystoffer L. Bowman is a Licensed Professional Counselor in Colorado Springs in private practice delivering mental health care, consultation, lecture, supervision in the local and international audiences, with experience teaching at Barstow Community College and Colorado Christian University. Krystoffer is a retired veteran and prior law enforcement officer with certification as an animal assisted therapist, EMDR, Board Certified Tele-Mental Health Provider (BC-TMMH), Sexual Recovery Therapist, Partner Recovery Therapist, Intimacy Anorexia Therapist, and Partner Betrayal Trauma Therapist with specialization in narcissistic personality disorder, oppositional defiant disorder, and addictive behaviors around technology and work/performance. Krystoffer holds an Associate's Degree in Information Systems Technology,

Bachelor of Science Degree in Criminal Justice with a concentration in Criminal Intelligence from Purdue University, Graduate Certification in Contemporary Theory in Mental Health Services and Master of Science Degree in General Mental Health Counseling (CACREP) from Capella University and is a Doctoral Candidate in Doctor of Philosophy in Counselor Education and Supervision (CACREP) from Liberty University.

Capri Brooks

Dr. Capri Brooks is a professor of Counselor Education at Liberty University. She has been working in the field of counseling for over 15 years. Prior to becoming a counselor educator in 2014, Brooks spent time working in both clinical counseling and school counseling where she specialized in children and adolescents. She spent time working in public mental health, day treatment programs, and school-based therapy. Dr. Brooks is a National Certified Counselor and a National Certified School Counselor. She is a Licensed Professional Counselor-Supervisor and a Licensed School Counselor. She is president-elect for the Mississippi Licensed Professional Counselor Association.

Henry Bruns

Dr. Bruns is an experienced clinician and serves as a supervisor for a local community mental health agency.

Jonna Byars

Dr. Byars is an Associate Professor in the Department of Counselor Education and Family Studies at Liberty University. She is a Licensed Professional Counselor and Board Certified Counselor with over 15 years' experience teaching counseling classes and clinical work. She specializes in addictive disorders, and adolescent and women's issues, trauma and grief. She has spoken on addiction and women's issues in a wide variety of contexts including civic, religious and academic settings. She has conducted research on women's issues and addictive disorders.

William Carroll

William Carroll is a practicing counselor in Marietta, GA. He Earned his master's degree in Professional Counseling from Liberty University in 2013. He is currently studying Counselor Education and Supervision at Liberty University. Mr. Carroll's professional work focuses on developmental disorders including autism and related disorders.

Sonya Cheyne

Sonya Cheyne, PhD [smheckler@liberty.edu] earned her Master of Education in Counseling and Human Development from Hardin-Simmons University and a Doctor of Philosophy from Regent University in Counselor Education and Supervision. She is a Licensed Professional Counselor and Licensed Professional Counselor Supervisor in Texas. A Diplomate Clinician in Viktor Frankl's Logotherapy, Dr. Cheyne also holds the National Certified Counselor certification. Dr. Cheyne is an Associate Professor in the Center for Counseling and Family Studies at Liberty University and maintains a small private practice in a rural service area.

April Crable

Dr. April R. Crable, Ph.D., MBA, LPC, NCC, SOTP, CSAC is a Licensed Professional Counselor in the states of Arizona, Florida, Texas, New York, and Virginia. Additionally, she is both a Certified Substance Abuse Counselor and Sex Offender Treatment Provider in the state of Virginia.

Denise Daniel

Dr. Denise Daniel, PhD, LPC, ACS, RN is a Professor in the Department of Counselor Education & Family Studies at Liberty University. She specializes in group work and counseling ethics.

Laura Daniel

Dr. Laura Daniel is a core faculty member in the Department of Counselor Education and Family Studies at Liberty University. She holds a Ph.D. Counseling and Counselor Education, The University of North Carolina at Greensboro (2012) and a M.Ed. Marriage and Family Counseling, The College of William and Mary (2006). She is a Licensed

Professional Counselor in the Commonwealth of Virginia. She is the primary researcher for the study presented here conducted in the Summer 2020 school term.

Jama Davis

Dr. Jama Davis began teaching at Liberty in 2007 and has over 30 years of clinical and educational experience. Dr. Davis is a Licensed Mental Health Counselor in Indiana and Licensed Professional Counselor in North Carolina. Clinical work for Dr. Davis has focused extensively on trauma, eating disorders, mood and anxiety disorders, women's issues and leadership transitions. She has counseled and taught internationally, most recently working with women leaders in Rwanda. Her research interests include loneliness and leadership, trauma and resilience, and women's issues.

Karin Dumont

Dr. Karin Dumont is a Licensed Clinical Mental Health Counselor Supervisor, a National Certified Counselor, a Certified Clinical Mental Health Counselor, a Licensed Clinical Addiction Specialist, and an Approved Clinical Supervisor having earned a PhD in Professional Counseling in 2010. She practiced for over 20 years in the profession of counseling, specializing in addiction counseling. She has experience in regular outpatient, intensive outpatient, inpatient crisis stabilization, and detox services. She has taught in the Department of Counselor Education and Family Studies at Liberty University for 13 years and assisted in the development of the Masters in Addiction Counseling program.

Denise Ebersole

Dr. Denise Ebersole is an Associate Professor of Counseling and core faculty member at Liberty University. Dr. Ebersole is a Licensed Professional Counselor (LPC), Approved Clinical Supervisor (ACS), Nationally Certified Counselor (NCC), Nationally Certified School Counselor (NCSC), and is certified in elementary (K-6) and secondary school counseling (7-12) and supervision of school guidance (K-12) in PA. She earned a Ph.D. in Counselor Education and Supervision from Regent University, an M.Ed. in School Counseling from Millersville University, and a B.A. in Psychology from Bloomsburg University. Previous positions include being a K-12 school counseling department coordinator, high school and middle school counselor.

Nivischi Edwards

With a Doctoral degree in Counselor Education from the University of Central Florida, Master's degree in Community Counseling from Andrews University, and Bachelor's degree in Psychology from Syracuse University, Dr. Nivischi has been a practicing clinician for over 20 years. She operates a virtual private practice, is a Counselor Educator, and conducts research on female faculty success, racial microaggression, and couple issues. She has presented nationally and internationally on these topics. Learn more here: <https://drnivischi.com>.

Arline Edwards-Joseph

Dr. Arline Edwards-Joseph is a counselor educator who earned her doctorate degree from North Carolina State University and has been a counselor educator at Liberty University since 2018. She has worked in the counseling profession for over 25 years, nationally and internationally. Her research includes international and multicultural issues in counseling.

Victoria Evans

Victoria Evans is a doctoral student in Counselor Education and Supervision (CACREP-accredited) program at Liberty University. Victoria received her Master of Arts in Clinical Mental Health Counseling (CACREP) and a Master of Arts in Human Services Counseling: Crisis Response and Trauma from Liberty University. She holds a Bachelor of Science in Psychology from King University and a Bachelor of Science in Biology (with a minor in Chemistry) from Emory & Henry College. She also holds an Associate of Applied Sciences from Virginia Highlands Community College. Victoria currently works as a crisis counselor at a community service board. Her research interests include trauma-related counseling and multicultural issues, with a specific focus on Appalachian culture in conjunction with mental health.

Courtney Evans

Courtney Evans, PhD, LCMHC/QS, RPT, ACS, BC-TMHC, is core faculty at Liberty University in the Department of Counselor Education and Family studies. In addition to this, she works in/owns a private practice. She also provides clinical supervision.

Kristy Ford

Dr. Ford is a Licensed Mental Health Counselor and National Certified Counselor specializing in clinical supervision and counseling research. Her clinical experience includes private practice, pastoral counseling, managed care, and community-based care. Her research has focused on the use of spiritual interventions in counseling and multicultural issues related to religious accommodation of mindfulness practice in treatment, and she has presented research findings at national conferences. Her continued research and teaching interests include the integration of spirituality and effective counseling practice, mindfulness practice, attachment-based treatments, and neuroscience.

Stephanie J.W. Ford

Dr. Stephanie JW Ford is a counselor educator. She has served as a professor/ faculty at land based, online, and hybrid graduate counseling programs. In addition to her work in education she has provided counseling services in various clinical settings. Stephanie's scholarship focuses on cultural humility and diversity in counseling, supervision, and education; psychosocial stressors and cultural considerations for patients diagnosed with Alzheimer's disease and their caregivers; and supporting educators, transition from teaching to online during the recent COVID-19 pandemic. Stephanie is committed to using her skills and knowledge to promote wellness and create promising tomorrow for all.

Joan Furlani

Ms. Furlani is a masters of counseling student in the professional counseling (CACREP accredited) program at Liberty University. Her research interests include exploring how spirituality and religion affect meaning making and growth after experiencing a trauma or bereavement. Another topic of interest is how one's worldview affects what experiences are experienced as trauma. She desires to pursue a rigorous Counselor Education and Supervision program in the future where these research interests will be explored.

Katlyn Greene, MS

Katie Greene is a professional school counselor in Virginia and has been working at the elementary level for seven years. Her background consists of working with young children who are experiencing low-socioeconomic status as well as trauma and she is currently a Counselor Education and Supervision doctorate student at Liberty University. Her research interests include working with youth who are depressed and experience suicidal ideation as well as self-regulation and trauma interventions in the school setting.

Patti Hinkley

Dr. Hinkley is a professor in the online Clinical Mental Health Counseling program at Liberty University. She has been teaching counseling classes at Liberty for 33 years while also serving in various administrative roles, including Executive Director, Associate Dean and Department Chair for the online program. Dr. Hinkley is also a Licensed Professional Counselor, a Licensed Marriage and Family Therapist, and a Nationally Certified Counselor. She has practiced as a professional counselor for 19 years in a part-time private practice. Her current research includes counselor education program success, faculty/student success, and women's issues.

Kevin Hooker

Kevin Hooker, BA is a graduate student studying Clinical Mental Health Counseling at Liberty University. Upon graduating, he aspires to earn a Ph.D. in either social or general psychology, and study the psychology of esports and streaming. He is an avid gamer and streamer who has had conversations with professionals who research this topic. He currently lives in Colorado.

Denise Hughes

Denise Hughes is an outpatient clinician at the Center for Human Development in West Springfield, Massachusetts where she provides counseling services to individuals and couples. She has a master's degree in professional counseling from Liberty University and a master's degree in business administration from Western New England University. Denise has worked in the business field and has been teaching marketing courses at Westfield State University in Westfield, Massachusetts for the past 19 years. She has business experience in marketing and research, and clinical experience in crisis and outpatient mental health services. Her research interests include betrayal trauma, adoption adjustment, and the role of attachment in development and marriage.

Kevin Hull

Dr. Kevin Hull owns and operates Hull and Associates, P.A. a private practice in Lakeland, Florida. Dr. Hull is a licensed counselor who has worked with children, adolescents, adults, and families on the Autism spectrum since 2001. Dr. Hull has been a professor for 17 years and is currently a CORE assistant faculty with Liberty University. He has published books, chapters for textbooks and a journal article related to play therapy and ASD. Dr. Hull specializes in using electronic devices in play therapy and his dissertation work examined the use of video/computer games with children with emotional difficulties.

Brad Imhoff

Dr. Brad Imhoff earned his Ph.D. in Counselor Education & Supervision from Ohio University and currently works as an Assistant Professor in the online Clinical Mental Health Counseling program at Liberty University. Dr. Imhoff has been a licensed counselor for ten years with most of his clinical work being in addictions. His scholarly interests include treating substance and behavioral addictions, the understanding and treatment of Social Anxiety Disorder, and the integration of counseling and faith.

Aaron Jackson

Dr. Aaron Hugh Jackson has been active in the mental health field for over 20 years. He has provided services in both public and private sectors. He is currently a full-time faculty member in the Counselor Education and Family Studies Department at Liberty University.

Steve Johnson

Steve Johnson is the Director of clinical training for the department of Counselor Education and Family Studies at Liberty University. He is experienced as both a faculty internship supervisor and clinical site supervisor. He is a licensed professional counselor, licensed marriage and family therapist, and approved clinical supervisor.

Patricia Kimball

Dr. Patricia Kimball is a professor of clinical mental health counseling at Liberty University. She has worked as a licensed professional counselor in Virginia for over 18 years and provided clinical supervision for multiple levels of counselors in training for the past 14 years. She has over 12 years of experience working with counselors in training in the classroom. Dr. Kimball has presented at multiple national, regional and state counseling conferences on counselor education and supervision focusing on ethics, training future counselors and experiences of counselor educators.

Krista Kirk

Dr. Krista Kirk is a counseling professor at Liberty University in the Clinical Mental Health Counseling program. In addition to being a professor, Dr. Kirk provides counseling services to the under-served population in the Bronx, NY.

Tracy Knighton

Dr. Tracy M. Knighton is a licensed professional counselor and certified school counselor in the state of Georgia. She has been a Counselor Educator for over 10 years and has been in public education for over 20 years. Currently, she is a Behavior Intervention Specialist with a school system in Southwest Georgia and an Assistant Professor in the School

Counseling Program at Liberty University. Her research focus includes the areas of self-care, school counseling topics, resilience, and issues of trauma. She is a certified trauma and crisis counselor, certified grief specialist, and a certified anger management specialist.

Summer Perhay Kuba

Dr. Summer Perhay Kuba has diverse counseling experience working with children/students ranging from toddlerhood to the college level. She has provided therapeutic services to children in a residential shelter for abused children and has worked in the school setting focusing specifically on elementary and middle school students. After earning her Education Specialist Degree in School Counseling, she went on to earn her Doctor of Philosophy degree in Counseling also from Florida Atlantic University. In addition, Dr. Perhay Kuba served as the Chair of the Board of Directors for the Florida School Counselor Association in 2016 and continues to serve as their advocacy chair.

Jeridith Lord

Jeridith Lord is a Licensed Professional Counselor and stationed in England as a contractor with the United States Air Force. She is the subject matter expert on domestic violence and serves all US military bases in the UK, Norway, and Greece. She graduated with her MA in Counseling from Liberty University in 2018 and specializes in crisis and trauma. Jeridith was nominated as the 2020 RAF Mildenhall Spouse of the Year and uses this platform to advocate for educational and employment opportunities for military spouses.

Robyn Lindley

Ms. Lindley is a masters of counseling student in the professional counseling (CACREP accredited) program at Liberty University. She received her Bachelor's degree from the University of Texas—Dallas. Her research interests include PTSD in the military, treatment of this population using psychotropics and its integration with CBT among this population. Neuroscience in counseling is an added area of interest that she would like to pursue in her doctoral studies in the future.

Arleezah Marrah

Dr. Marrah is an Assistant Professor at Liberty University. She has presented research on racial trauma, cultural diversity, and Black women experiences in the academy. Dr. Marrah has written book chapters on cultural diversity in the counseling field. Her teaching interests include race-based trauma and women issues in counseling.

Laura Martin

Dr. Laura Martin is an Associate Professor of Counseling and core faculty member at Liberty University and has been teaching and counseling college students for over ten years. She is a licensed professional counselor (LPC), an approved clinical supervisor and a Nationally Certified Counselor (NCC). She earned a Ph.D. in Counselor Education and Supervision from Regent University, an M.Ed. in School Counseling from Millersville University and a B.S. in Biology from Millersville University. Previous professional positions include tenured faculty counselor, adjunct faculty and therapeutic support for adolescents and families.

Candace McLain

Dr. McLain has over 20 years of clinical mental health counseling experience and 12 years of university teaching expertise 6 of which served as administrative leadership in a CACREP Counseling program. Dr. McLain's clinical work included but was not limited to working in adolescent residential treatment, substance abuse counselling, and private practice. In addition, Dr. McLain has served in multiple roles in her prior academic experiences such as Program Director, Clinical Coordinator, Coordinator of assessment and Admission, Coordinator of Remediation and Student Support, Online Program Developer and Full time Faculty. Her areas of passion in counselor education supervision are online adult education and technology, complex trauma informed education and supervision, spirituality in counseling and counseling in military families. She is currently a member of ACES, CCA and ASERVIC and volunteers teaching and

offering education supervision in her local community charter and public schools. In addition, she serves on the ACES Technology Interest Network.

Brooke Mize

Brooke Mize is a graduate student in the Clinical Mental Health Counseling Program at Liberty University. Upon graduation, she plans to fulfill the requirements of becoming a Licensed Clinical Mental Health Counselor. Her research interests include sexuality and gender.

Maria Moore

Maria Moore is a doctoral student in Counselor Education and Supervision (CACREP-accredited) program at Liberty University. Maria's received her Master of Arts in Marriage and Family Therapy from Liberty University. She holds a Bachelor of Arts in Psychology from Columbia College and An Associate of Arts in Early Childhood Education from Community College of Southern Nevada. Maria currently works with combat veterans, military sexual trauma victims, and their families. Her research interest includes multicultural counseling and leadership development, and Post traumatic stress disorder in the military population.

Joy Mwendwa

Dr. Joy Maweu Mwendwa is an Associate Professor in the Department of Counselor Education and Family Studies at Liberty University. She has also worked in the counseling field for over 15 years including in a college counseling center, in community mental health, in religious settings, and internationally in Eastern Africa. Her research interests are on qualitative and indigenous research methodology, the development of the profession of counseling internationally, multicultural competence and the supervisory relationship.

Miranda Nicholson

Miranda Nicholson is a graduate student at Liberty University in the Clinical Mental Health Counseling program. In addition to being a student, Miranda currently works as a behavioral aide for Autistic children in Buffalo, NY.

Frimpong Kwame Nyanor MA, LPC

Frimpong Nyanor is an associate professional counselor who is licensed in the state of Georgia. He earned his master's degree in Marriage and Family therapy from Liberty University in 2018. Currently, Kwame is studying Counselor Education and Supervision at Liberty University. Kwame's professional work focuses on married couples, he is a prepare-enrich and SYMBIB facilitator.

Derek Parker

Derek Parker is a Licensed Professional Counselor in the state of Pennsylvania and is a Per Annum Professor in the Department of Psychology and Counseling at Marywood University. He currently is a doctoral student at Liberty University where he is studying Counselor Education and Supervision. He currently serves as Treasurer of the Pennsylvania Counseling Association (PCA) and is involved in both PCA and the American Counseling Association (ACA). He has also worked in the Human Services field for over 12 years including the fields of mental health, addiction, family-based therapy, and developmental disabilities. His research interests are on social justice issues, supervision, and addiction.

Melvin Pride

Dr. Melvin E. Pride is a Licensed Professional Counselor in Virginia, a Licensed Clinical Professional Counselor in Maryland and a National Certified Counselor. He is an Associate Professor of Counseling at Liberty University. A former business executive, Dr. Pride has over 20 years of counseling and teaching experience. He has served previously as Liberty's Clinical Director of Counseling. In addition, Dr. Pride has mentored several male and female faculty members with the goal of contributing to their success.

Caitlyn Royal

My name is Caitlyn Royal and I recently graduated from Liberty University with my Doctorate in Marriage and Family Counseling. I live in Texas and currently I am a LPC-Intern working at a private practice. Counseling has always been a dream of mine and God has been so faithful to provide exactly what I need and when I need it. God has opened many doors and has given me the opportunity to be where I am today!

Jenna Ryan

Jenna Ryan is a graduate student in Liberty University's Clinical Mental Health Counseling program. She is passionate about finding opportunities for clinicians to partner with the local church to help provide holistic care for clients. She hopes to focus her counseling career on issues of abuse, trauma, and personality disorders.

Laurel Shaler

Dr. Laurel Shaler holds a PhD in Counselor Education and Supervision and is an Associate Professor at Liberty University. She is a licensed and national certified counselor counselor and a licensed clinical/independent social worker. She is the author of "Reclaiming Sanity: Hope and Healing for Trauma, Stress, and Overwhelming Life Events" and "Relational Reset: Unlearning the Habits that Hold You Back." Learn more at www.drilaurelshaler.com.

Robyn Simmons

Dr. Simmons has been in the counseling profession for over 20 years, with clinical experience in both the public and private sectors and faculty appointments in both on-ground and online counselor training programs. Dr. Simmons research and clinical interests include sexual trauma, vicarious trauma, play therapy, and professional identity issues. She has numerous publications in professional counseling journals, textbook chapters, and professional newsletters and has presented locally, regionally, nationally, and internationally on these topics. Additionally, she serves as a board member for the Committee on Church Cooperation.

Donna Soliday, MA, Resident in Counseling

Ms. Donna Soliday is a doctoral student in the Counselor Education and Supervision (CACREP-accredited) program at Liberty University. Donna received her Master of Arts in Professional Counseling, and her Master of Arts in Human Services with an emphasis on Marriage and Family, from Liberty University. She also holds a Bachelor of Arts in Psychology from the University of Dubuque in Dubuque, Iowa. Her research interests include the use of faith and prayer in counseling, and how religion and spirituality can add perspective to the concerns and problems of clients.

Michael Takacs

Dr. Mike Takacs is a professor of Counseling at Liberty University and has worked in clinical practice for many years. Born and raised in New York, he moved to central Virginia where he for his education at Liberty University. Dr. Takacs is a licensed professional counselor in Virginia and maintains a moderate client load in clinical outpatient practice.

Rebecca Taylor

Rebecca Taylor, PhD, NCC, LCPC (IL), is a Professor and Core Faculty member in the Liberty University CACREP accredited School Counseling Program. Dr. Taylor was the program director for the Graduate Professional and School Counseling Programs at Olivet Nazarene University, in addition to teaching, prior to joining the faculty at Liberty University. She has co-authored a chapter on female survivors of childhood sexual abuse. She has presented at professional conferences. Dr. Taylor has a background in community mental health, in addition to her academic career. In her counseling career, she has worked extensively with survivors of childhood sexual abuse.

Christina Villarreal-Davis

Dr. Villarreal-Davis is an Assistant Professor at Liberty University and founder of Wellspring of Life Counseling and Play Therapy Center. She is a Licensed Professional Counselor and Supervisor (TX), a National Certified Counselor, and a Registered Play Therapist and Supervisor. She specializes in working with children utilizing play and sandtray therapy. Dr. Villarreal-Davis also specializes in Child Parent Relationship Therapy (CPRT) and has conducted research using this approach with Hispanic families. Her teaching and research interests include play therapy, sandtray therapy, CPRT,

counseling children and adolescents, working with children in foster care, PTSD/trauma, couples counseling, and neurobiology in counseling.

Angela Waggoner

Angela Waggoner is a private practice clinician at Safe Haven Counseling Center in Pearland, Texas where she provides counseling services to individuals, families, and couples. She has a master's degree in professional counseling from Liberty University and working toward her Ph.D. in counseling education and supervision from Liberty University. She is a Licensed Professional Counselor - Supervisor in both Texas and Louisiana and a Licensed Professional Counselor and Supervisor in Virginia. Angela began her work in private practice on January 1, 2013. Angela specializes in crisis, trauma, human trafficking, and abuse issues.

Daria White

Dr. Daria White is a native of Bulgaria with a Ph.D. in Counseling and Supervision. She has 20 years of experience in the fields of mental health counseling, social work, and peacebuilding. She has integrated conflict transformation and counseling practices, focusing on multicultural dynamics and ethics in her work with refugees from the Middle East, survivors of domestic violence, and communities that have experienced trauma, marginalization, and political oppression. Dr. White is an Assistant Professor at Liberty University, continuing work and involvement with trauma and restorative justice work in her home country Bulgaria.

Jessica Wiggs, MA, LAPC, NCC

Jessica Wiggs is a doctoral student in Counselor Education and Supervision with an emphasis in Advanced Clinical Mental Health (CACREP – accredited) program at Liberty University. Jessica received her Master's in Professional Counseling with a certificate in Military Resilience from Liberty University. She holds a Bachelor's degree in Psychology from Brenau University. Jessica currently works as the program manager overseeing daily operations at a Behavioral Health Crisis Center. Her research interests include trauma, veterans, psychopathology, Severe and Persistent Mental Illness, and individuals who have been institutionalized through incarceration or long-time psychiatric hospitalization.