ORIENTATION TO CLINICAL MENTAL HEALTH (LUO CMHC)

Stacey Lilley, Ph.D., LPSC, LPC-S
Liberty University to develop Christ-centered men and women with the values, knowledge, and skills essential to impact the world. Through its residential and online programs, the University educates men and women who will make important contributions to their workplaces and communities, follow their chosen vocations as callings to glorify God, and fulfill the Great Commission.

Department: 60 hours of counseling courses that provide students with a thorough curricular experience in the areas of integration of faith and spirituality into practice …This degree prepares individuals for licensure and national certification and careers in mental health agencies, hospital programs, private practices, faith based counseling centers, and other public and private facilities.
COMMITMENT TO DIVERSITY

Liberty University is a school founded upon the fundamental Christian values of grace, truth, and love for all persons. As believers in Christ, we must demonstrate our commitment to loving others (cf. Matthew 22:34-40; Mark 12:28-34; Luke 10:25-28).

• Through recruitment and retention measures, increase diverse representation of students, faculty, and staff;
• Promote full implementation of professional standards of practice and multicultural counseling competencies across the curriculum and in specialized courses;
• To include issues of diversity across instructional programs and professional development activities;
• To develop graduate assistantship opportunities to serve diverse student groups;
• To provide departmental opportunities for students and faculty to engage in the exchange of ideas and information related to diversity;
• To maintain ongoing educational opportunities and equality of access to our academic community; and
• To equip students to ethically utilize spirituality as a force for healing when and where appropriate.
STUDENT EXPECTATIONS

Academic and professional standards of LU and the counseling profession

• Students are expected to use the American Counseling Association “Code of Ethics and Standards of Practice,” CMHC Handbook, the Graduate Student Honor Code, and the Liberty Way as guides for their behavior throughout their program. Students will undergo periodic evaluation by the Counseling faculty for suitability as students and prospective counselors.

• Students must remain in good academic standing, are required to maintain high ethical standards, and must demonstrate evidence of functional competency in fulfilling the professional roles required by the discipline.

• Students must pass a comprehensive examination that requires the ability to analyze, synthesize, and integrate the core curricular content within the counseling discipline.
FUN FACTS

• For CMHC around 75 fulltime faculty
• Around 6100 students in our program
• At least 7 faculty that are president of their state organization, state division or other leadership position
• Faculty on CACREP Board
• Faculty who won a national grant

• PS - We move to CANVAS in January (bye bye BB)
  • Always print your syllabus
WHAT MAKES OUR DEPARTMENT SPECIAL

- CACREP Accreditation
  - Consistency in courses (SME)
- COUC 500 with 050 – introduction to our program and LU
- Faculty Advisor assigned after your first semester
  - BB Non-term Course: Professional Counselor Student Communication Center
- Clinical work is face to face class each week for 3 semesters with faculty: Practicum and Internship I & II
- Prepares you for licensure – many programs do not
PRESENTATION TITLE

Master of Arts in Clinical Mental Health Counseling (MA)
2020-2021 Degree Completion Plan

EARLY CORE COURSES (21 hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Title</th>
<th>Hours</th>
<th>Sem</th>
<th>Grade</th>
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<tbody>
<tr>
<td>COUC 500</td>
<td>Organization &amp; Personality of Identity &amp; Function</td>
<td>3</td>
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<tr>
<td>COUC 501</td>
<td>Ethics &amp; Legal Issues in Counseling</td>
<td>3</td>
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<tr>
<td>COUC 502</td>
<td>Human Growth &amp; Development</td>
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<tr>
<td>COUC 504</td>
<td>Multicultural Counseling</td>
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<tr>
<td>COUC 505</td>
<td>Counseling Techniques &amp; Helping Relationships</td>
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<tr>
<td>COUC 506</td>
<td>Integration of Spirituality &amp; Counseling</td>
<td>3</td>
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<tr>
<td>COUC 510</td>
<td>Theories of Counseling</td>
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ADVANCED CORE COURSES (18 hours)

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<tr>
<td>COUC 512</td>
<td>Group Counseling</td>
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<tr>
<td>COUC 515</td>
<td>Research &amp; Program Evaluation</td>
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<tr>
<td>COUC 521</td>
<td>Assessment Techniques in Counseling</td>
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<tr>
<td>COUC 522</td>
<td>Career Development &amp; Counseling</td>
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<tr>
<td>COUC 546</td>
<td>Psychopharmacology</td>
<td>3</td>
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<td>COUC 601</td>
<td>Theories of Family Systems</td>
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SPECIALIZATION COURSES (18 hours)

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<tr>
<td>COUC 667</td>
<td>Clinical Diagnosis &amp; Treatment Planning</td>
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<td>CITS 670</td>
<td>Comprehensive Exam CPC 1</td>
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<td>CITS 671</td>
<td>Comprehensive Exam CPC 2</td>
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<td>COUC 691</td>
<td>Substance Abuse: Diagnosis, Treatment &amp; Prevention</td>
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<td>COUC 698</td>
<td>Counseling Processes</td>
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ELECTIVE COURSES (3 hours)

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TOTAL HOURS 60

SUGGESTED COURSE SEQUENCE

First Semester

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Seventh Semester

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<tr>
<td>COUC 699</td>
<td>Elective</td>
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TOTAL 69

Notes
2. COUC 699 must be taken a minimum of two times, and may be taken a third time
3. Choose one 500-550 level courses from the following: CITS, COUC, CRIS, LIFC, or SUBS
4. COUC 602, 603, 610, 611 & 620 can be used to fulfill the 60 hour requirement for LPC in VA. These courses can be taken after the 4th semester (as long as COUC 601 is completed by this time), and may or may not be one-week intensives

Editory: Catalog Year 2019-20
IMPORTANT THINGS YOU NEED TO KNOW

Regarding Courses

• When registering for classes uses Academic Advising or be sure to sign up for COUC (not CEFS)
  • Double check suspicious answers
• Pay attention to sequencing – it matters
• Register early and let your academic/faculty advisor know if you have a problem
• Plan accordingly
IMPORTANT THINGS YOU NEED TO KNOW

Courses continued

• This program has 2 mandatory intensives:
  • *Not recommended to take 505 (techniques) and 512 (group) the same semester*
  • 667 is optional
  • *Plan ahead for intensives: Monday – Friday all day*
• Tevera is the tracking system we use for CACPREP & licensure
  • *Benchmarks are in each course*
  • *We don’t retroactively correct courses if you miss a benchmark*
• Research (COUC 515) has a math pre-requisite of 3 credit hours in stats
BREAK IN ENROLLMENT

- Candidates who discontinue course work for a period of one academic year will break enrollment. The academic year begins with the start of the fall semester and ends with the conclusion of the summer term.

- Candidates who break enrollment must apply for readmission to Liberty University and the CMHC Program.

- If accepted, the candidate will be placed on the current DCP; candidates cannot return to a previous DCP. Candidates should contact academic advising with additional questions related to broken enrollment policy.
PROFESSIONAL DEVELOPMENT/RESEARCH

Make time for what interests you

• It matters so make a plan and make it happen
• Multiple payoff theory
• Reach out to faculty who can mentor you
• Research: poster, presentation, article
• Join your organizations: state, regional, national
  • State, ACA, AACC
• Attend conferences, training, seminars (local, regional, national)
• CSI – local chapter
• Leadership in organization as a student – need a representative
PRACTICUM & INTERNSHIP

Tips for being successful

- Must have a 3.0 to begin (no more than 2 Cs in program)
- Check pre-requisites
- You must take at least 3 semesters (cannot work hard and complete in 2 semesters)
- All 3 courses have a hybrid component (weekly meeting with online work)
- Utilize the website: https://www.liberty.edu/behavioral-sciences/counselor-ed/masters/professional-counseling-practicum-coun-698/
- Begin early in finding a location
- Plan so you can adjust work and responsibilities
- Background check & Liability Insurance
BECOMING LICENSED AFTER GRADUATION

Regarding State Licensure (LPC, LCMH, LMHP etc.)

- “Resident in Counseling” – every state is different
- A CACREP degree is helpful to the process
- You are responsible to know what your state requires
  - Check face to face hours (FL is 1000 instead of 600)
  - Supervision Hours
  - Additional coursework (CA human sexuality)
- Know who is allowed to do your supervision and what this will cost you
- Map out your time (2-3 years post secondary degree)
- Your state may allow your NCE exam to be your state exam
  - Can be taken your last semester in school – through email invite
EXAMS REQUIRED FOR GRADUATION

COMP Exam & Integration

• 2 Exams required
  • CPCE Exam – 3 attempts
  • Integration Exam (based on 506 course)

• Wonderful website https://www.liberty.edu/behavioral-sciences/counselor-ed/nce-ncc-applications/

• Best to take NCE as a student
SUPPORT FOR YOU

We want to see you succeed

- Communicate with your professor – always and first
  - *Share in your stressors and joy – prayer*
  - *Personal disposition*
- We offer additional support/skills when needed
- Student Support & Development Committee
- Remediation Team
TOOLS YOU NEED

- DCP – make notes and track
- Connect with fellow students
- Library (amazing)
- IT Help Desk: (866) 447-2869
- APA 7th Ed – Professional Paper
  - Online Writing/Resume Center
- Free IT Software
  - MS Teams/Webex great resources
- Career Center
HELPFUL PEOPLE

- Brandi Chamberlin, Ph.D. - Online Chair
- Stacey Lilley, Ph.D. – Program Director
- Bonnie Gould, M.A. – Program Support Coordinator
- Kelli Yuzon, M.A. – Associate Director of Clinical Training
Questions and Answer Time

Dr. Stacey Lilley  sclilley@liberty.edu