# CEFS 699 Internship Quick Facts for Clinical Supervisors for students on Marriage and Family Therapy degree

## Responsibilities of the Clinical Supervisor:

- Provide an orientation to the site for the student, including such items as policies, structure, personnel, and resources of the site.
- 2. Provide access to site manuals, policy statements, and files as needed.
- 3. Assist the student in refining details of fieldwork activities appropriate to the site.
- 4. Provide structure for the student to achieve fieldwork objectives.
- 5. Establish regularly scheduled supervisory meetings with the student to discuss therapeutic concerns, provide feedback, plan tasks, discuss other aspects of the fieldwork experience, and insure appropriate note-taking and record keeping.
- 6. Critique observed and/or recorded counseling sessions.
- 7. Provide evaluations of the student's counseling skills and progress, review these with the student, and give the original evaluations to the student. The student is responsible for uploading these forms on Blackboard.
- Initiate immediate contact with the student's Faculty Supervisor (professor) if problems are encountered with the student during the placement.

#### Supervisor credential requirements:

The following licenses that typically qualify include: Licensed Professional Counselors (LPC), Licensed Mental Health Counselor (LMHC), Licensed Marriage and Family Therapists (LMFT), Licensed Clinical Psychologists (LCP), Licensed Clinical Social Workers (LCSW), Psychiatrists, and Ph.D. in Counselor Education and Supervision from an accredited university. Note: Students who plan to seek state licensure in a state other than Virginia upon graduation are responsible to know and understand any unique supervision requirements of their state licensure board.

### Student hour requirements:

|                         | Internship: |
|-------------------------|-------------|
| Direct Client Contact:  | 240         |
| Individual Supervision: | 25          |
| Group Supervision:      | 25          |
| Related Activities:     | 310         |

#### Description of categories:

#### Direct Client Contact includes hours:

- a. as a co-therapist
- b. as a solo therapist in individual, marital, family, or group therapy
- c. in intake interviews

#### **Individual Supervision** includes:

a. individual supervision with your supervisor

## **Group Supervision includes:**

a. weekly group supervision (supervisor meeting with three or more supervisees at the same time).

#### **Related Activities** include:

- a. learning the policies and procedures of counseling agency,
- b. discussing clients or therapy-related issues with any of the agency staff,
- c. researching effective treatment strategies for clients,
- reviewing case notes, preparing for sessions, and writing up case notes after sessions,
- e. updating intake histories for ongoing clients with whom other therapists are working,
- f. learning to use the DSM-IV-TR effectively and accurately, and mastering the material in treatment planning books,
- g. researching issues or assisting supervisor in clinically related tasks.