

M.A. COURSE DESCRIPTIONS

CMHC 500 *Orientation to Counselor Professional Identity and Function (3 hours)*: This course introduces students to concepts regarding the professional functioning of licensed professional counselors, marriage and family therapists, and human services workers, including history, roles, professional organizations, standards, and credentialing. Current issues in the practice of counseling and marriage and family therapy in a variety of professional settings are explored. Students are also introduced to program policies, graduate level writing and APA style.

CMHC 501 *Ethical and Legal Issues in Counseling (3 hours)*: This course introduces students to concepts regarding the professional functioning of counselors and marriage and family therapists including history, roles, professional organizations, ethics, legalities, standards, and credentialing. Current issues in therapeutic practice in a variety of professional settings are explored.

CMHC 502 *Human Growth and Development (3 hours)*: This course includes a survey of the organic, social, and psychological factors that influence the development of personality. It seeks to understand what makes a person distinctively different along with a critical evaluation of various theories of personality development, particularly as they relate to questions of values and religious commitment.

CMHC 503 *Research and Program Evaluation (3 hours)*: Prerequisite: MATH 201 or equivalent (or PSYC 355), CMHC 500, 501, 502, 505, 510, 598. Students learn the importance of scientific inquiry in the fields of counseling and marriage and family therapy. Emphasis is on research methods (designs, statistical analysis, needs assessment, and program evaluation) and locating, interpreting, and evaluating research and program evaluation articles that inform evidence-based practice. Ethical and cultural relevance is also addressed.

CMHC 504 *Social and Cultural Foundations in Counseling (3 hours)*: Prerequisite: CMHC 500. This course focuses on the contribution of ethnic background to family makeup and functioning. Major ethnic groups are studied along with the counseling, social justice, and advocacy approaches appropriate to each. In a similar fashion, the overarching cultural context of relationships, including factors such as age, race, gender, sexual orientation, religious and spiritual values, mental and physical characteristics, education, family values, socioeconomic status, and within group as well as between group cultural differences are examined. Theories of multicultural counseling, identity development, pluralistic trends, and systems-oriented intervention strategies (couple, family, group, and community) are considered. Counselor cultural self-awareness and the role of counseling in eliminating biases, prejudice, oppression, and discrimination are emphasized.

CMHC 505 *Counseling Techniques & the Helping Relationship (3 hours)*: Prerequisites: CMHC 500, 501, 502. This experiential and didactic course provides students an understanding of effective interventions from individual, relational and system perspectives. Students also examine personal characteristics and their effect on individual, couple, and family counseling using case discussion and analysis.

CMHC 506 *Integration of Spirituality and Counseling (3 hours)*: Students critically examine the implications of a Christian worldview for counseling and marriage and family practice. Ethical issues relevant to the use of spiritual and religious interventions with individuals, couples, and families are considered, along with current research related to spirituality and counseling.

CMHC 510 *Theories of Counseling (3 hours)*: Prerequisites: CMHC 500. This course provides an intensive look at selected theories of counseling and psychotherapy. Theoretical and empirical foundations of individual, relational, and systemic approaches are examined. Students are encouraged to begin to define their own theoretical approach to their work with individuals, couples, and families.

CMHC 512 *Group Counseling (Group Process) (3 hours)*: Prerequisites: CMHC 500, 501, 502, 505, 510, 598, 646. This course enables students to understand the types of groups, their purpose, development and dynamics, counseling theories, and group counseling methods and skills. Ethical and legal considerations of group counseling are also explored. Students are required to participate in small groups for educational and self-assessment purposes.

CMHC 521 *Assessment Techniques in Counseling (Individual Appraisal) (3 hours)*: Prerequisites: CMHC 500, 501, 502, 505, 510, 598, 646. A survey of the appraisal methods in counseling, marriage and family therapy and education is given. Basic psychometric properties of these are also examined along with issues related to the use and interpretation of tests. Emphasis is on the use of tests by counselors, marriage and family therapists and educators.

CMHC 522 *Career Development and Counseling (3 hours)*: Prerequisites: CMHC 500, 501, 502, 505, 510, 598, 646. This course provides students an understanding of career development and related life factors. Students study career development theory and decision-making models, procedures for planning and conducting effective job searches, assessment instruments and techniques relevant to career planning and decision-making, and the use of career information. Emphasis is placed on understanding the interrelationships between career development and career decision-making and such factors as God's calling, family, socio-economic status, leisure, individual interests and abilities, and other life roles.

Clinical Mental Health Counseling Specialty Courses:

CMHC 598 *Counseling Practicum (3 hours)*: Prerequisites: CMHC 500, 501, 502, 505, 510. Students will complete a supervised counseling-related experience in a professional setting. The primary focus is on the introduction to the counseling environment and the development of counseling related skills, ethics, and professionalism based on observation and exposure to the counseling field.

CMHC 601 *Marriage and Family Counseling I (3 hours)*: Prerequisites: CMHC 500, 501, 502, 505, 510, 598. This course considers the dynamics of marriage and family relationships from a systems perspective. The emphasis is on understanding the family and other systems theories, the structure and function of marriage, various aspects of the marital relationship and family systems, and models of family and systematic interventions.

CMHC 604 *Crisis Counseling (3 hours)*: Prerequisites: CMHC 500, 501, 502, 505, 510, 598, 646. An examination of the theory and practice of crisis intervention and approaches to brief therapy.

CMHC 646 *Psychopathology and Counseling (3 hours)*: Prerequisites: CMHC 500, 501, 502. This course studies various forms of psychopathology, etiological factors, differential diagnoses, and current therapeutic approaches. Students are introduced to the DSM, with attention also given to relational and systemic considerations.

CMHC 667 Clinical Diagnosis and Treatment Planning (3 hours): Prerequisites: CMHC 501, 502, 503, 505, 510, 521, 598, 646. Students become knowledgeable of the principles of clinical diagnosis and the development of treatment plans. The current edition of the Diagnostic and Statistical Manual is emphasized, with consideration also given to dimensional, relational, and systemic issues important in diagnosis and treatment planning.

CMHC 699 Counseling Internship (3 hours*) Prerequisites: CMHC 500, 501, 502, 503, 504, 505, 506, 510, 512, 521, 598, 601, 646, 667, 698. *This course may be repeated. This course requires student participation in a supervised counseling experience in an approved site. While gaining direct service experience with clients, students regularly meet with an approved onsite supervisor. Student counseling performance is evaluated throughout the internship.

CMHC 670 Comprehensive Exam – CPCE (0 hours): Prerequisites: CMHC 500, 501, 502, 503, 504, 505, 506, 510, 512, 521, 522, 667 must be taken no earlier than completion of the prerequisite courses listed. The Comprehensive Exam-CPCE (Counselor Preparation Comprehensive Exam) must be successfully completed prior to degree conferral.

CMHC 671 Comprehensive Exam – Integration (0 hours): Prerequisites: CMHC 500, 501, 502, 503, 504, 505, 506, 510, 512, 521, 522, and 667 can taken no earlier than completion of the prerequisite courses listed. The Comprehensive Exam-Integration must be successfully completed prior to degree conferral.

CMHC 691 Substance Abuse: Diagnosis, Treatment, and Prevention (3hrs): Prerequisite: CMHC 500, 501, 502, 505, 510, 598, 646. A course designed to introduce the student to current counseling treatment techniques for substance abuse. Emphasis is placed on etiological factors, physiological and psychological effects, and related behaviors.

CMHC 711 Diagnosis and Treatment and Addictive Behaviors (3 hours): Prerequisites: Ph. D student or M.A. student who has completed CMHC 500, 501, 502, 505, 510, 598, 646. The psychological and psychosocial effects of various drugs are examined, along with current information about the addictive patterns and behaviors of individuals, couples and families. Emphasis is placed on counseling skills and techniques from individual, relational, and systemic perspectives in working with various types of addictive behaviors.

M.A. Counseling Elective Courses

COUN 507 Theology and Spirituality in Counseling (3 hours): An examination of the content, comprehensiveness, and validity of several counseling theories that have been developed by prominent Christian counselors.

COUN 602 Marriage and Family Counseling II (3 hours): Prerequisites: COUN/CMHC 500, 501, 502, 505, 510, 598, 601, 646. This course is an experiential exploration of selected, major treatment approaches utilized in premarital, marital and family counseling. Development of practical skills, interventions and techniques constitute the primary focus.

COUN 603 Premarital and Marital Counseling (3 hours): Prerequisites: COUN/CMHC 500, 501, 502, 505, 510, 598, 646. This course introduces students to a variety of approaches that have been developed for through premarital counseling. The course also teaches students a conceptual model of understanding the variety of ways marriages can become dysfunctional, and introduces them to short-term method that can be used when those kinds of problems develop.

COUN 605 Community and Agency Counseling (3 hours): Prerequisites: COUN 500, 501, 502, 505, 510, 598, 646. This course provides an overview of the theory and practice of counseling in human services agencies and other community settings. Emphasis is given to principles and practices of community outreach, intervention, education, consultation, and client advocacy in multicultural settings.

COUN 610 Human Sexuality (3 hours): Prerequisites: COUN 500, 501, 502, 505, 510, 598, 646. An analysis of the physiological, psychological, cultural, and religious aspects of a wide range of topics in the area of human sexuality. Emphasis is on the development of an understanding and appreciation of the role of sexuality in individuals, couples and families throughout the various phases of the life cycle.

COUN 611 Counseling Children and Their Families (3 hours): Prerequisites: COUN 500, 501, 502, 505, 510, 598, 646. The developmental and psychological needs and problems of children are examined through the analysis of personality types and family structure. Counseling techniques (e.g. play therapy) for children are also examined.

COUN 620 Counseling Adolescents and Their Families (3 hours): Prerequisites: COUN 500, 501, 502, 505, 510, 598, 646. This course examines the transitions of adolescence emphasizing family, social, spiritual/moral, and physical issues. Counseling theories and practices for working with adolescents are explored. Opportunities for application of theory are provided.

COUN 625 Psychopharmacology and Counseling (3 hours): Prerequisites: COUN 500, 501, 502, 505, 510, 598, 646. This course is designed to teach the prospective counselor about the history and development of psychopharmacologic agents, the biochemical nature of the central nervous system and its relationship to psychopharmacology. The legitimate use of medications and their importance for treatment are also examined.

COUN 630 Gerontology and Counseling (3 hours): This course acquaints the counselor with the issues and problems unique to the elderly in American society. Topics such as suffering, societal attitude, and family structures are examined.

COUN 687 Counseling Women (3 hours): Prerequisite: COUN/CMHC 500, 501, 502, 505, 510, 598, 646. This course examines the most common problems women bring to counseling, including developmental and situational crises. It explores biblical perspectives and the most effective treatments for these situations.

COUN 695 Directed Research in Counseling (1 to 3 hours): Prerequisite: Offered to M.A. and Th.M. students or by permission of instructor and advisor: Designed for advanced students in good standing who have demonstrated an ability to work on their own. Students will work with the instructor in developing a proposal for guided research in a specified area of counseling.

COUN 697 Seminar in Counseling (3 hours): An intensive study of a specific subject in counseling. This course allows variation in the approach and content of the regular curriculum.

COUN716 Consultation and Counseling (3 hours): Prerequisites: Ph.D. student or MA student who has completed COUN 646. Consultation strategies working with individuals and groups are surveyed. Topics, problems and research are taken from counseling, adult education, community service agencies, and instructional technology.