Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.
COURSE SYLLABUS

PSYC 309
HEALTHY SEXUALITY

COURSE DESCRIPTION
This course provides a foundational understanding of healthy sexuality based on a psychological and Scriptural foundation. Special attention is given to foundations of sexual development, sexual enrichment, challenges, and brokenness, and controversial issues surrounding healthy sexuality.

RATIONALE
Our pressing concern at the inception of class is that God cares about how we perceive, understand, and behave in regards to our sexuality. This course seeks to meet that challenge by equipping students to biblically guide individuals towards healthy sexuality.

I. PREREQUISITES
For information regarding prerequisites for this course, please refer to the Academic Course Catalog.

II. REQUIRED RESOURCE PURCHASES
Click on the following link to view the required resource(s) for the term in which you are registered: http://bookstore.mbsdirecnet.net/liberty.htm

III. ADDITIONAL MATERIALS FOR LEARNING
A. Computer with basic audio/video output equipment
B. Internet access (broadband recommended)
C. Microsoft Word
   (Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES
Upon successful completion of this course, the student will be able to:
A. Identify the major sexual problems facing today's churches and the origins of modern sexual distortions.
B. Describe God's plan for a person's love life from first attraction through each married season of life.
C. Recognize the miracle of sexuality and reproduction, and understand the basic biology of sexual differentiation.
D. Understand the biblical and theological parameters that attend to adolescent sexuality, romantic relationships, and dating.
E. Recognize the categories and specific diagnoses of sexual dysfunction.
F. Identify and implement intervention strategies for sex offenders and victims.

V. COURSE REQUIREMENTS AND ASSIGNMENTS
A. Textbook readings and lecture presentations/notes
B. Course Requirements Checklist
   After reading the Syllabus and Student Expectations, the student will complete the related checklist found in Module/Week 1.
C. Discussion Board Forums (8)
   The student will complete 8 Discussion Board Forums that specifically relate to the weekly reading. Each Forum will be completed in 2 parts: 1) the student will submit a thread in answer to the question provided no later than 11:59 p.m. (ET) on Friday of the module/week assigned (250 word minimum), and 2) the student will then post replies to at least 2 other classmates’ threads no later than 11:59 p.m. (ET) on Monday of the same module/week (150 word minimum each). The only exception is in Module/Week 8 when the replies are due by 11:59 p.m. on Friday.
D. Perspectives on Sexuality Paper
   The student will write a 5-page paper outlining their views on healthy sexuality. Specifically, what are the essential elements that characterize healthy sexuality and in what ways do they contribute to an individual’s wholeness and wellbeing? The student should support their perspectives with Scripture and specific content presented within the class (textbook, presentations lectures, etc.). Papers should be written in APA format, including a title page and reference page. This paper will be due by 11:59 p.m. (ET) on Monday of Module/Week 4.
E. Truth in Media Paper
   The student will identify a theme regarding sexuality propagated in the media in order to evaluate its veracity against the content presented in class. The student will collect 10 current articles on the topic and write a 10-page paper. The paper will summarize the content, compare and contrast with the course material, and provide practical applications for the therapeutic context. Papers should be written in APA format, including a title page, abstract, and reference page. This paper will be due by 11:59 p.m. (ET) on Monday of Module/Week 7.
F. Exams (5)
   The student will complete 5 exams which cover the material presented in the presentations and lecture notes. Each exam is open book/open notes and comprised of multiple-choice and true/false questions. All exams will be due by 11:59 p.m. (ET) on Monday of the assigned module/week with the exception of Exam 5, which will be due by 11:59 p.m. on Friday of Module/Week 8.

VI. COURSE GRADING AND POLICIES
A. Points
B. Scale

A = 900–1010   B = 800–899   C = 700–799   D = 600–699   F = 0–599

C. Late Assignment Policy

If the student is unable to complete an assignment on time, then he or she must contact the instructor immediately by email.

Assignments that are submitted after the due date without prior approval from the instructor will receive the following deductions:

1. Late assignments submitted within one week of the due date will receive a 10% deduction.

2. Assignments submitted more than one week late will receive a 20% deduction.

3. Assignments submitted two weeks late or after the final date of the class will not be accepted.

4. Late Discussion Board threads or replies will not be accepted.

Special circumstances (e.g. death in the family, personal health issues) will be reviewed by the instructor on a case-by-case basis.

D. Dual Relationship & Limits of Confidentiality

The faculty is responsible to interact with counseling students in a supervisory capacity/role. As such, faculty may provide students professional principles, guidance, and recommendations as it relates to the context of the student-client setting. The faculty are responsible to avoid dual relationships with students such as entering a student-counselor or student-pastor relationship. Thus, the faculty do not provide personal counseling addressing student personal problems. If a faculty member perceives that a student is in need of personal or professional counseling then that faculty member will recommend that the student pursue either pastoral or professional assistance from a counselor in their community.

In the event of a student’s disclosure, either verbally, or in writing, of either threat of serious or foreseeable harm to self or others, abuse or neglect of a minor, elderly or disabled person, or current involvement in criminal activity, the faculty, staff, administrator or supervisor, will take immediate action. This action may include, but is not limited to, immediate notification of appropriate state law enforcement or social services personnel, emergency contacts, and notification of
the appropriate program chair or distance learning dean. The incident and action taken will become part of the student’s permanent record.

E. Disability Assistance

Students with a documented disability may contact Liberty University Online’s Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations. Further information can be found at www.liberty.edu/disabilitysupport
# Course Schedule

**PSYC 309**


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<thead>
<tr>
<th>Module/Week</th>
<th>Reading &amp; Study</th>
<th>Assignments</th>
<th>Points</th>
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<td>Course Requirements Checklist</td>
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**Total**: 1010

*DB = Discussion Board*

**NOTE**: Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.