PATH 610

Spiritual Formation II

*Note: All content provided in the professor’s notes, course chart and course syllabus are based on the professor’s opinion and may vary from professor to professor & student to student. All content may be changed without notice. This information is for the purpose to provide analysis but is not binding in any form.
From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the overall level of difficulty of this course?

Level of demand = 3
This is a one unit course. Therefore, the demand is low due to the quantity of product expected. This does not reflect the quality of the course or the expectation of student performance.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the reading requirements in this course?

Level of demand = 4
Compared to other courses (e.g. BIBL 104, PLED 450, etc), the reading is much lighter. This course relies heavily on other learning activities in addition to reading.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the lecture requirements in this course?

Level of demand = 0
This course relies heavily on text and personal research and reflection.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the online exam requirements in this course?

Level of demand = 0
This course requires no examinations.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the discussion board requirements in this course?

Level of demand = 6
This course contains five online Graded–Discussion Boards. There are time-sensitive requirements for each discussion board (meaning, the student must post within particular assigned weeks of the course) but the requirements are clearly stated and defined.

From a Scale 1-10 (1 = low demands; 5 = moderate demands; 10 = very demanding), How would you rate the level of the written paper requirements in this course?
Level of demand = 5
This course contains three short written assignments and one personal exercise in spiritual formation (a journal project).

Additional comments:

One of the strengths of this course is the breadth of exposure to historical and contemporary perspectives and experience with the activities of spiritual formation.

Course Agenda and Assignments
PATH 610

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With correlated graded learning activities
For assignment details, refer to the Course FAQs Sheet and the individual module’s Learning Activities folders. See the Additional Materials folders for study resources. Remember to reference the course texts in assignments.
Unit I: “What are the Effects of Spiritual Formation?”

Module One: Faith Development (Romans 4:12, 18ff)

Learning Activity – Discussion: Study the faith of Abraham discussed by Paul in Romans 4, utilizing personal study tools and referring to Dr. Mike’s outline on faith in this module’s Additional Materials folder. Post two messages to the Discussion Board (link below): 1) Identify and describe the “footsteps of faith” illustrated by Abraham, and 2) Reflect upon the implications of these factors in spiritual formation. Do not duplicate someone else’s submission; add to the discussion as it unfolds.

Additional Materials: “Let’s Talk about Faith”

Module Two: Conditions of Discipleship (“follow me”)

Learning Activity – Paper: Write a three-page paper on the conditions of discipleship addressed by Jesus to his disciples. Describe the “conditions” and reflect upon their application in spiritual formation. Utilize Stott, Dr. Mike’s outlines in the Additional Materials folder, and at least two other sources (may be journal or on-line sources).

Additional Materials: Stott text and outlines of “On Following Jesus” and “Conditions of Discipleship”

Module Three: Worship

Learning Activity – Discussion: After reviewing personal study resources and Dr. Mike’s “Let’s Talk about Worship” outline (found in this module’s Additional Materials folder), post two discussion messages (see link below) on “How can the directives of Hebrews 13:15, 16 be practically applied in a worship service?” and “What are the effects of worship on spiritual formation?”

Additional Materials: “Let’s Talk about Worship”

Module Four: Marks of Maturity

Learning Activity – Paper: Write a two-page paper on the “Marks of Maturity” (the evidences of Christian life and growth) stated by Paul or David in either Galatians 5:22-26 (fruit of the Spirit), Colossians 3:12-17, or Psalm 15 (vv. 1-5). Provide a general introduction to the “list” you’ve
chosen and then reflect upon three (3) of the individual “marks” and why you believe they would be indicators of spiritual formation.

Additional Materials: Textbooks and personal study

**Unit II: Exercises in Spiritual Formation.**

**Learning Activity – Unit Project: Personal Journal, due by the final day of the course.**

Journal the exercise of the disciplines for 3 weeks (21 days) – reflecting upon your experiences and the suggestions in Foster’s text. See the *Unit Project Instructions* document in the “About Your Course” folder on Blackboard.
Module Five: An Historical Perspective

Learning Activity – Discussion: Practice the discipline of “study” by reading for one hour, from the source(s) of your choice, about an historical figure whose life of spiritual discipline you would like to explore (strongly suggested are one of the “ancients” – St. Augustine, St. Francis, St. John of the Cross, Anselm, et al). Note the articles on monasticism and mysticism in the Additional Materials folder. Post one message to the Discussion Board (see link below) identifying the character and the lessons you learned from exploring his or her pilgrimage/spiritual life. Post a second message interacting with at least two classmates.

Additional Materials: “The New Monasticism” and “Reclaiming Mysticism for Christ”

Module Six: The Ordinances of the Church

Learning Activity – Discussion: Reflecting upon the discipline of “worship.” Attend a corporate worship service at an orthodox protestant church of your choice (but different from your own), and post one message (at least two paragraphs) to the Discussion Board (see link below) describing/explaining the experience and how it affected your life and spiritual formation. Focus upon your experiences with the ordinances, and feel free to interact with the experience(s) of other class members.

Additional Materials: Search the internet, interview a pastor, and utilize personal study tools to explore the ordinances (or sacraments) of both your tradition and the one you observe.

Module Seven: The Exercise of Discipline


Additional Materials: Personal study tools

Module Eight: The Fruit of Formation

Project: submit your “Personal Exercise in Spiritual Formation” journal

Learning Activity – Discussion: After submitting your personal journal, post a discussion-response reflecting upon your personal spiritual growth during PATH 510 and 610. Include references to our texts, biblical
passages, and personal experiences, insights and reflection. This may be a condensation of your summary plan in the journal; the intention is not to make more work but to share your insights with the rest of the class.

### Liberty Theological Seminary
Course Syllabus

**PATH 610: Spiritual Formation II**

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### Course Description

As a consequence of the fall of man, spiritual formation demands a transformation – a complete renovation of an individual – resulting in conformation to the image of God in Christ Jesus. This course explores the results of this (trans)formation in an individual’s life, utilizing biblical, traditional, and contemporary resources. It will also provide an opportunity for the student to experience the effects of the disciplines vital to the creation of character and integrity in the life of God’s servant.

### Rationale

The Spiritual Formation courses reside at the intersection of two planes. The first facilitates the junction of the spiritual with the physical in human existence, the second integrates the theoretical with the practical in academic pursuits. The exploration of spiritual formation provides the scholar with data for study and the minister with directive for service. Both dimensions are critical and facilitate the renewing of the mind and the discipline of the body.

### Prerequisites

PATH 510: Spiritual Formation I

### Materials List

**Texts:**


**Suggested Additional Materials:**

Articles & outlines posted in the module folders found in “Course Content” on Blackboard

**Learning Outcomes**

By the conclusion of this course, it is the intention of the instructor that every student will…

**Cognitive**
- Be able to identify and describe the effects of spiritual (trans)formation
- Be able to communicate with clarity the impact of traditional and contemporary worship upon spiritual formation
- Understand the role of discipline in an individual’s life

**Affective**
- Appreciate the role and contribution of the Body of Christ in individual growth
- Be motivated to participate in personal and corporate spiritual formation

**Behavioral**
- Put into practice the personal plan prepared in the student’s journal

**Grading Policies**

The nine learning activities (assignments) for this course will be worth a total of 1000 points. Papers and discussion activities should be based upon class materials, research, and personal reflection. Grade points will be distributed thus:
1) 200 pts: A Personal Exercise in Spiritual Formation (a journal project)
2-4) 300 pts: Three short paper assignments (100 pts. each)
5-9) 500 pts: Five interactive discussions via the on-line discussion board (100 pts. each)

**Grading Scale:**
- A: 940-1000 pts
- B: 870-939 pts
- C: 760-869 pts
- D: 650-759 pts
- F: 000-649 pts
Attendance Policies

While resident attendance is obviously not required in a DLP/on-line course, a student’s regular attention to course work is. Therefore, “attendance” in this course is measured and determined by the timely submission of assignments. Every week (each Module of the course lasts for one week) a written response or posted discussion is due by the end of the Module (depending upon the start day of the course, the exercise is due by the end of the corresponding week and prior to the start of the next Module).

Agenda of Class Sessions

For further information, refer to the separate Course Agenda and Assignments document and the Course FAQs sheet – both found in the “About Your Course” folder on Blackboard. See the individual module’s Learning Activities folders for assignment details. Also refer to Additional Materials folders for individual module resources.

Learning Activity – Required Reading: There are two required texts for this course (see above). You should read Stott for Unit I (Modules 1-4) and reference him in those assignments. Foster should be read for Unit II (Modules 5-8) and referenced, specifically, in the Unit Project and in the unit’s learning activities. Although no formal report or log is required for these readings, assignment grades will reflect the amount of attention given to them.

Unit I: “What are the Effects of Spiritual Formation?”

Module One: Faith Development (Romans 4:12, 18ff)
Module Two: Conditions of Discipleship (“follow me”)
Module Three: Worship
Module Four: Marks of Maturity

Unit II: Exercises in Spiritual Formation.

Learning Activity – Unit Project: Personal Journal, due by the final day of the course. Journal the exercise of the disciplines for 3 weeks (21 days) – reflecting upon your experiences and the suggestions in Foster’s text. See the Unit Project Instructions document in the “About Your Course” folder on Blackboard.
Module Five: An Historical Perspective
Module Six: The Ordinances of the Church
Module Seven: The Exercise of Discipline
Module Eight: The Fruit of Formation